

## HELP DADS UNLOCK THE KEY BEHAVIORS

of being a great dad with our NEW, short-length workshop!

### Take your fatherhood program to the next level with the 24/7 Dad® Key Behaviors Workshop!

This workshop helps fathers develop 12 key behaviors that are associated with the five characteristics, or traits, of the 24/7 Dad from NFI's evidence-based 24/7 Dad® program. They are: Self-Awareness, Caring for Self, Fathering Skills, Parenting Skills, and Relationship Skills.

Please review the 12 key behaviors to the right.

### **The Ultimate Flexible Workshop!**

- ✓ Great for ANY father (whether they've participated in NFI's 24/7 Dad® programs or not!)
- ✓ Can be delivered as a one-day, 8 hour workshop
- ✓ Can be delivered in 7 sections (30 min. 1 hr. per section)
- Can be delivered to small or large groups
- ✓ Can be delivered to just one father (e.g. in a home-based setting)

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#### **BONUS!**

The Workshop Facilitator's Manual contains separate Program Guides for delivering to groups *AND* to dads one-on-one!

Complete Program Kit \$57900 CNA-73

### **The 12 Key Behaviors**

- 1. Works with an Accountability Partner(s)
- 2. Reflects on a Weekly Basis
- 3. Takes Care of Physical Health
- 4. Takes Care of Emotional/
  Mental Health
- 5. Develops Skills that Reflect His Role in the Family
- 6. Models Healthy Masculinity
- 7. Disciplines His Children in Healthy Ways
- 8. Nurtures His Children
- 9. Communicates Well with Mom and Their Children
- 10. Builds and Maintains a Good Relationship with Mom
- 11. Pays It Forward
- 12. Engages with His Community



To Order: www.fathersource.org | call 240-912-1263 | fax 301-948-6776

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