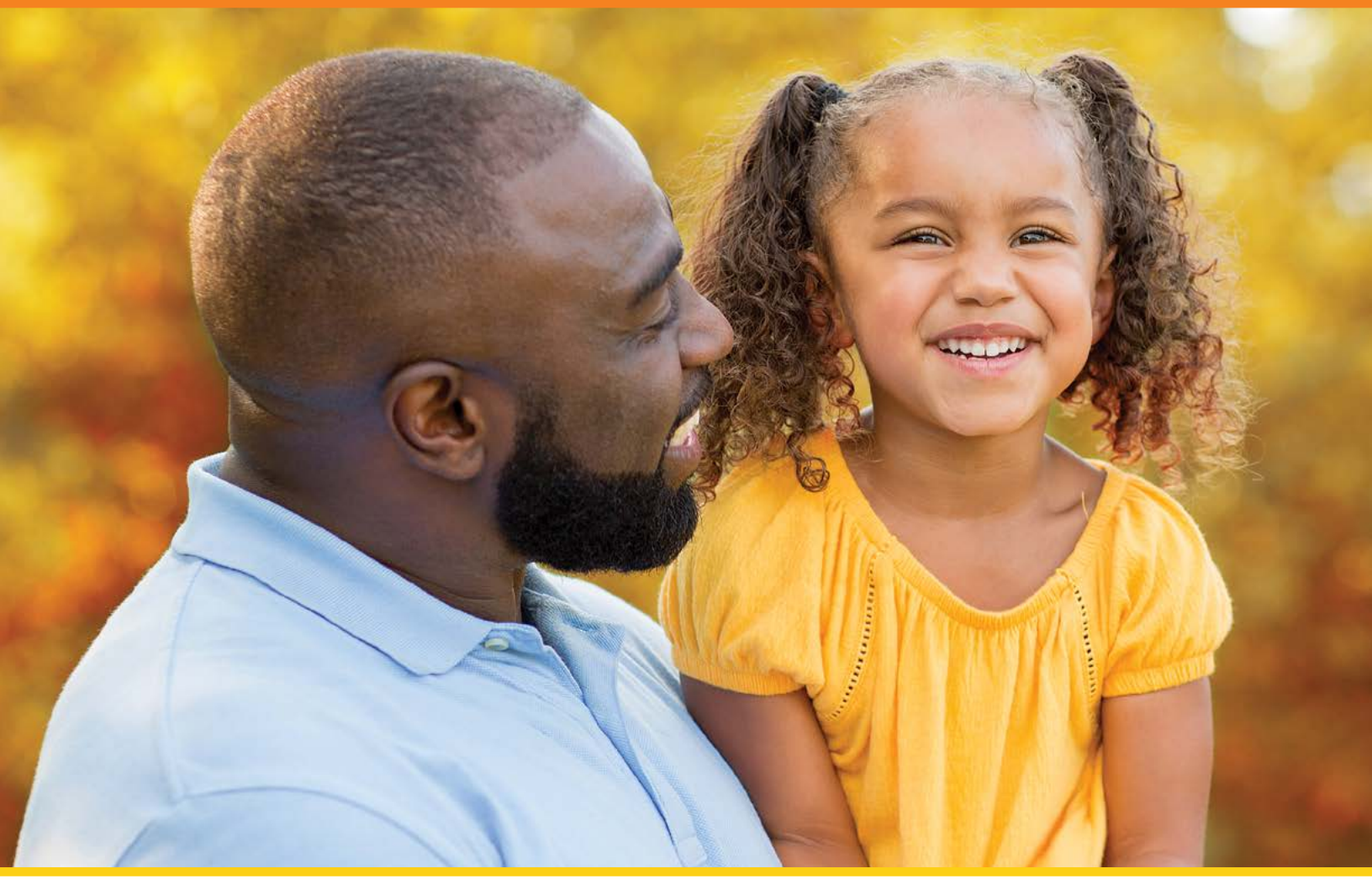
FATHER SOURCE™ by National Fatherhood Initiative®

THE Fatherhood RESOURCE CENTER



BRAND NEW!

24/7 Dad® Key Behaviors Workshop: A Short-Length Fatherhood Program

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End of Year Spend Down?

Our Resource Bundles Make it Easy!

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FATHER SOURCE™ by National Fatherhood Initiative®

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Welcome to FatherSource™

by National Fatherhood Initiative®!

We're a 501(c)(3) non-profit organization started in 1994 to reverse the nation's trend toward father absence. Our mission is to transform organizations and communities to intentionally and proactively engage fathers in their children's lives. Our vision is for every child to grow up with an involved, responsible, and committed father.

We accomplish our mission by equipping thousands of family service organizations with affordable and customizable fatherhood curriculum kits, fatherhood program training, and fatherhood skill-building resources to work directly with fathers and families.

FatherSource™ by National Fatherhood Initiative® is your partner for high quality resources and programs that build the skills of dads (and moms!) around involved, responsible fatherhood. Our evidence-based programs and budget-friendly resources allow you to find the best tools to help you effectively engage fathers. If you would like assistance selecting programs or resources for the families you serve, just give us a call! We're here to help.

Hours: M-F, 8:30am-5pm EST
Phone: 240-912-1263
Fax: 301-948-6776
Email: fathersource@fatherhood.org

24:7 DAD KEY BEHAVIORS WORKSHOP

Meet the the newest member of the 24/7 Dad® family of programs! A short-length workshop to help dads become the best dads they can be.

Complete Workshop Kit	Additional Fathering Handbooks
$479	$6.99 Each
CNA-73	CNA-75

www.fatherhood.org/key-behaviors

24/7 DAD® KEY BEHAVIORS COMPLETE WORKSHOP KIT
CNA-73 - $479 EACH

EXTRA FATHERING HANDBOOKS
CNA-75 - $6.99 EACH (ENGLISH)

EXTRA FACILITATOR'S MANUALS AVAILABLE. PLEASE CALL 240-912-1263

Program Length

- 7 Sections: Sections 1 and 7 are 1/2 hour, sections 2-6 are 1 hour
- Can also be facilitated as a 1-day workshop in 8 hours, including a 1-hour break (e.g. for lunch)

Program Delivery

Delivered in a group setting by a facilitator(s), or can be used one-on-one and in a home-based setting.

Training Options

The Workshop Guide in the Facilitator's Manual provides all necessary facilitator information to run the workshop successfully.

Kit Contents

- (1) 24/7 Dad® Key Behaviors Workshop Facilitator's Manual with Workshop Guide
- (10) 24/7 Dad® Key Behaviors Workshop Fathering Handbooks
- (10) Quick Reference Cards (perforated tear-out inside hanbook front cover)
- (1) 24/7 Dad® USB Flash Drive with supporting resources

Program Description

This short-length workshop helps fathers develop a set of behaviors that will help them become the best fathers possible. It's great for any father (whether they've participated in 24/7 Dad® or not), and you can deliver it in as little time as one day (8 hours including lunch break). You can easily facilitate this workshop with groups of fathers or with only one father (i.e. one-on-one) using the separate guides for each in the Facilitator's Manual..

24/7 Dad® Key Behaviors Workshop is also excellent for use in short stay facilities and reentry programs!

Topics Covered

The 12 Key Behaviors

1. Works with an Accountability Partner or Partners (Self-Awareness)
2. Reflects on a Weekly Basis (Self-Awareness)
3. Takes Care of Physical Health on a Regular Basis (Caring for Self)
4. Takes Care of Emotional/Mental Health on a Regular Basis (Caring for Self)
5. Develops Skills that Reflect His Role in the Family (Fathering Skills)
6. Models Healthy Masculinity (Fathering Skills)
7. Disciplines His Children in Healthy Ways (Parenting Skills)
8. Nurtures His Children (Parenting Skills)
9. Communicates Well with Mom and Their Children (Relationship Skills)
10. Builds and Maintains a Good Relationship with Mom (Relationship Skills)
11. Pays It Forward (Bonus)
12. Engages with His Community (Bonus)

Core Program Training

www.fatherhood.org/training

Get expert training on facilitating NFI's core fatherhood programs with our Program Training Institutes! We have several training options throughout the year to fit your budget and staff needs.

24:7 DAD® | InsideOut DAD® | UNDERSTANDING DAD™ An Awareness & Communication Program for Moms | RECRUITMENT & RETENTION CERTIFICATE – National Fatherhood Initiative

Learn everything you need to know about the program of your choice including: the program description, format, and topics; and the session descriptions and content. Choose from our many training options below.

Public Webinar Training

Dynamic, online program training institutes from the comfort of your office! Delivered via webinar by expert NFI staff with engaging content, discussions, and interactive polls.

Training Available For:

- 24/7 Dad®
- InsideOut Dad®

Upcoming Dates

- 24/7 Dad® November 17th, 2020
- 24/7 Dad® February 9th, 2021
- InsideOut Dad® August 23rd, 2021
- 24/7 Dad® May 11th, 2021

Starting At $249 Per Person

For Groups: Custom Webinar Training

Bring your staff together in a room or remotely for a custom webinar training. Email info@fatherhood.org for a quote.

Training Available:

- 24/7 Dad®
- InsideOut Dad®
- Understanding Dad™

Customized Webinar $2999

For Groups: Training at Your Location

Available all year long, our expert staff travel to your location to deliver dynamic, hands-on training to equip you to successfully facilitate the program of your choice. Invite staff and other community partners. Email info@fatherhood.org for a quote.

Training Available:

- 24/7 Dad®
- InsideOut Dad®
- Understanding Dad™
- Recruitment & Retention Training (1 Day Only)

Prices Include Trainer Travel

1 Day Training	2 Day Training	*Add a 1-Day Recruitment & Retention Workshop to a 1-Day 24/7 Dad® Training for an extra $1000!*
$6999	$7999	$7999

On-Demand & Live Webinar Training for Anyone Working with Fathers

Earn your Certificates from National Fatherhood Initiative® in Father Engagement, Effective Facilitation, and Recruitment & Retention.

Training Type

Online, on-demand, at your own pace

Description

Offered by the nation's fatherhood leader, and delivered by NFI President Christopher Brown, the On Demand Father Engagement Certificate™ (FEC) from National Fatherhood Initiative® provides individuals with an affordable, convenient, on demand training around 5 core competencies for effective father engagement. Earning the FEC will add credibility to your work with organizations and in your community, with funders and on grant proposals, and generally help you excel in your work with fathers and families.

Topics Covered

1. **Foundational:** How to Create a Father-Friendly Organization
2. **Program Design:** 7 Best Practices in Designing a Fatherhood Program
3. **Recruitment & Retention:** How to Think Like a Marketer When Marketing a Fatherhood Program
4. **Involving Moms:** How to Work with Moms to Encourage Father Involvement
5. **Fundraising:** How to Develop a Funding Plan for a Fatherhood Program

COMPLETION TIME:
APPROX. 4 HOURS

JUST $249 Per Person
FEC-01
www.fatherhood.org/fec

Training Type

Online, on-demand, at your own pace

Description

Offered by the nation's fatherhood leader and delivered by NFI President Christopher Brown, the Effective Facilitation Training teaches you the characteristics and skills to be an excellent fatherhood program facilitator, adult learning styles that affect how your participants learn and engage, and how to properly prepare to effectively facilitate each and every session you lead.

The training program is offered online, on demand, allowing you to learn at your own pace. Individuals who complete the Effective Facilitation Training will receive a Certificate and web badge.

You can use these facilitation skills with any fatherhood program or curriculum of your choosing!

Topics Covered

- **Part 1 > The Facilitator:** Characteristics and Skills
- **Part 2 > The Participants (Fathers):** Learning Styles, Autonomy, Mastery & Purpose, Cognitive Biases
- **Part 3 > Facilitation:** Your Role, Preparation, and Techniques

COMPLETION TIME:
APPROX. 6 HOURS

JUST $249 Per Person
EFC-01
www.fatherhood.org/efc

Training Type

Live webinar, see schedule

Description

Join NFI President Christopher Brown to receive your Recruitment and Retention Certificate™. Develop the attitudes, knowledge, and skills to help your organization, or any other, recruit and retain dads.

Topics Covered

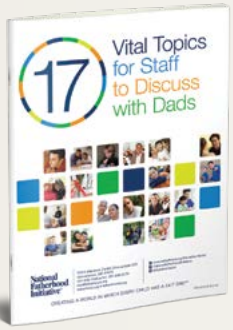
- The proper mindset to succeed with recruitment and retention
- The "Build-Measure-Assess-Refine" loop to develop a successful recruitment and retention plan
- The necessary foundation to succeed with recruitment and retention, and how to build it with customized recruitment and retention tactics
- Examples of NFI partners' recruitment and retention successes
- Cutting-edge, research-based concepts to identify breakthrough recruitment and retention tactics
- Free resources to build, measure, assess, and refine your plan

WEBINAR RUNTIME:
5 HOURS
(PLUS 1HR LUNCH BREAK)

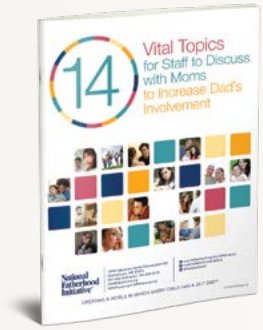
JUST $249 Per Person
limit 20 people per webinar
www.fatherhood.org/rrc

Not Sure What to Discuss with Dads and Moms? *These Guides Can Help.*

NOW PRINTED AS A BOUND GUIDE for EASY USE!



Bound Guide
$43.99
NFI-09



For Moms

Bound Guide
$43.99
NFI-08

Product Description

17 Vital Topics to Discuss with Dads is a valuable resource to aide you in having discussions with dads at any time and in any setting. Organizations who work one-on-one with dads can use this guide to lead discussions and facilitate valuable, structured conversations—especially in home-visiting settings. This guide is extremely helpful to those who make presentations to dads in the community, such as at schools or businesses/workplaces, and for those who already run a group-based fatherhood program or workshop and wish to delve further into certain topics.

Delivery Options

Organizations who work one-on-one with dads can use this guide to lead discussions and facilitate valuable, structured conversations - especially in home-visiting settings. This guide is extremely helpful to those who make presentations to families in the community, such as at schools or businesses/workplaces, and for those who offer direct services to fathers and wish to delve further into certain topics around involved fatherhood.

Topics Covered

- **Topic 1:** Family of Origin
- **Topic 2:** Masculinity and Fatherhood
- **Topic 3:** Fathering Skills
- **Topic 4:** Child Development
- **Topic 5:** Raising Boys, Raising Girls
- **Topic 6:** Discipline
- **Topic 7:** Gender Communication
- **Topic 8:** Building Healthy Marriages and Relationships
- **Topic 9:** Dealing with Emotions
- **Topic 10:** Grief and Loss
- **Topic 11:** Men's Health
- **Topic 12:** Sexuality
- **Topic 13:** Intimacy
- **Topic 14:** Power of Spirituality
- **Topic 15:** Power of a Fathers' Support Group and Network
- **Topic 16:** Balancing Work and Family
- **Topic 17:** Financial Responsibility

www.fatherhood.org/14issues

Product Description

14 Vital Topics to Discuss with Moms is a valuable resource to aide you and your staff in having discussions with moms at any time and in any setting about specific topics related the importance of a father's involvement (see list below) and how she can help to encourage his involvement for the benefit of her children.

- Do you wonder how to convince a mother to encourage the father of her child to be more involved in that child's life?
- Have you tried to convince a mother to allow the father of her child to be more involved only to be thwarted in your attempt?
- Do you work with a mother who can't seem to say one nice thing about the father of their children?
- Do you ever wonder why a certain couple can't seem to put their children first—who think about no one other than themselves?

These are the kinds of questions asked by many staff and practitioners who work with mothers, fathers, and families—and that this guide helps to address.

Delivery Options

Organizations who work one-on-one with moms can use this guide to lead discussions and facilitate valuable, structured conversations - especially in home-visiting settings. This guide is extremely helpful to those who make presentations to families in the community, such as at schools or businesses/workplaces, and for those who offer direct services to mothers and wish to delve further into certain topics around moms' relationships with dads.

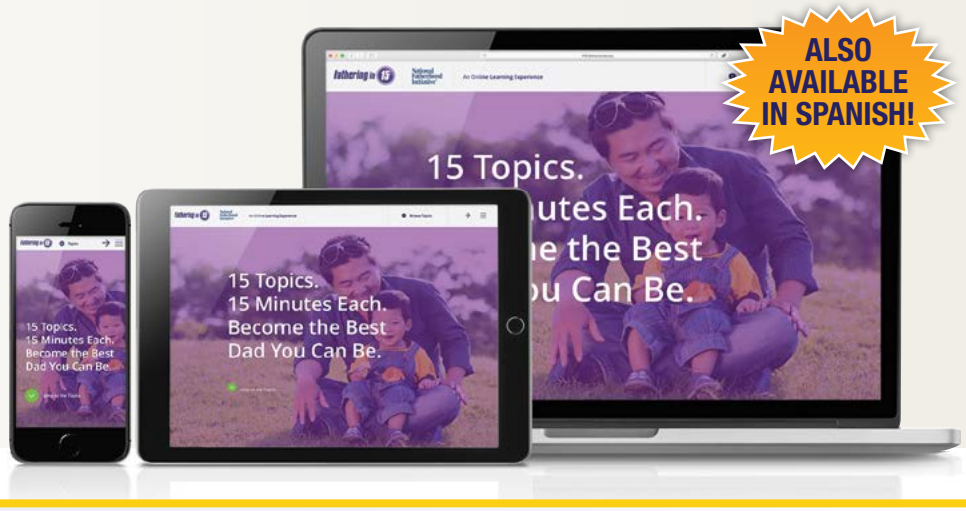
Topics Covered

- **Topic 1:** Co-Parenting
- **Topic 2:** Gender Communication
- **Topic 3:** Dad's Importance to Child Well-Being
- **Topic 4:** Restrictive Maternal Gatekeeping
- **Topic 5:** For Your Children's Sake
- **Topic 6:** Trusting Dad
- **Topic 7:** Mutual Respect
- **Topic 8:** Conflict Resolution
- **Topic 9:** Power and Control
- **Topic 10:** Angry with Dad
- **Topic 11:** When Dad is Absent
- **Topic 12:** Family of Origin
- **Topic 13:** Discipline of Children
- **Topic 14:** Listening

www.fatherhood.org/17issues

Fathering in 15™

An Online Learning Experience



Annual Subscription

JUST $199 Per Location

Unlimited Access, Unlimited Use!

English F15-01 . . . . . $199
Spanish F15SP-01 . . . . . $199

VOLUME PRICING	
1 Location	$199
2 Locations	$398
3 Locations	$597
4 Locations	$796
5 + Locations	$995

*One annual subscription required per organization location or site.

Request Your FREE Sample Site TODAY!

1. Go to www.fatherhood.org/f15-sample
2. Enter your information and click "SUBMIT"
3. You will receive an email in a few days with your one week sample URL

214 organizations in 45 states and Washington D.C. offer Fathering in 15™ to the dads they serve. *Will you join them?*

TOPICS COVERED:

1. Family History
2. Being a Man and Dad
3. Handling Emotions
4. Grief and Loss
5. Your Health
6. You and Mom
7. Talking with Mom
8. Co-Parenting
9. Fathering Skills
10. Child Development
11. Child Discipline
12. Sexuality
13. Intimacy
14. Work-Family Balance
15. Managing Money

Watch the demo video at:
www.fatherhood.org/f15-demo

Program Delivery

Self-guided and accessed via custom URL in any web browser on any device (e.g. desktop, laptop, tablet, mobile phone).

Structure/Length

15 topics take approximately 15 minutes each to complete.

Product Description

Fathering in 15™ is an interactive, subscription-based, online tool that helps organizations build the skills of dads anytime, anywhere. Fathering in 15™ takes dads through 15 interactive, engaging topics, each in 15 minutes. The best part is that it's accessible on any computer or mobile device for just $199 per location per year.

Fathering in 15™ is ideal for organizations that can't dedicate staff to facilitate a fatherhood program or who need a resource for work with dads one-on-one. It's also ideal for reaching dads who can't or won't travel to an organization's location. Use Fathering in 15™ as a stand-alone resource, or use it to compliment an existing group-based fatherhood or parenting program for dads.

Product Contents

- Customized website with your organization name
- 15 sessions containing text and short videos
- Pre- and Post-Survey (via online survey tool)
- Customized certificate of completion with your organization logo
- Marketing materials for printing

24:7 DAD®

Over 440 organizations in 47 states and Washington D.C. offer 24/7 Dad® to dads in their communities! Will you join them?

Complete Program Kit	Additional Fathering Handbooks
$649	$8.49 Each

www.fatherhood.org/247dad

24/7 DAD® A.M. COMPLETE PROGRAM KIT
CNA-91 - $649 EACH

EXTRA A.M. FATHERING HANDBOOKS
CNA-93 - $8.49 EACH (ENGLISH)
CNA-93SP - $8.49 EACH (*SPANISH*)

EXTRA FACILITATOR'S MANUALS AVAILABLE IN ENGLISH AND SPANISH.

PLEASE CALL 240-912-1263

Program Length (Both Versions)

12 core sessions + 1 optional introductory session at approximately 2 hours each.

Program Delivery (Both Versions)

Group setting, delivered by a facilitator(s), or one-on-one and in a home-based setting.

Training Options (Applies to Both Versions)

Program Guide in Facilitator's Manual provides background, philosophy, and all necessary facilitator information to run the program successfully.

- Public webinar training is available (see page 4).
- Custom webinar training and in-person training at your location are also available (see page 4).

SAVE $200!

24/7 Dad® AM/PM Bundle

- 1 - 24/7 Dad® A.M. Complete Program Kit
- 1 - 24/7 Dad® P.M. Complete Program Kit

247APB-01 - $1098

Program Description

24/7 Dad® is an evidence-based fatherhood program in two versions—A.M., a basic skill-building program and P.M., a more in-depth skill-building program. Diverse organizations across the nation use the program to improve the knowledge, behavior, and skills of dads of all races, religions, and demographics. The program is built on the basis that fathers can be nurturers, and for men, nurturing is a learned skill. Throughout the program, men examine their own fatherhood history, learn the 5 characteristics of a 24/7 Dad®, and other important behaviors such as working with mom and proper child discipline to help them be the best dads they can be.

Now in it's Third Edition, 24/7 Dad® has been enhanced to meet requests and suggestions made by facilitators in the field. Research-based additions such as the "My 24/7 Dad Checklist", videos to enhance and add variety to the delivery of the program, father-attendee materials now provided in Spanish, and reference cards in the fathering handbooks bring this program to the next level.

Kit Contents

- (1) 24/7 Dad® AM (or PM) Facilitator's Manual
- (10) 24/7 Dad® AM (or PM) Fathering Handbooks: Dads will use and write in to participate in activities
- (10) Quick Reference Cards
- (1) 24/7 Dad® USB Flash Drive with supporting resources

24/7 DAD® P.M. COMPLETE PROGRAM KIT
CNA-95 - $649 EACH

EXTRA P.M. FATHERING HANDBOOKS
CNA-97 - $8.49 EACH (ENGLISH)
CNA-97SP - $8.49 EACH (*SPANISH*)

EXTRA FACILITATOR'S MANUALS AVAILABLE IN ENGLISH AND SPANISH.
PLEASE CALL 240-912-1263

Need a Short-Length Workshop?

Our NEW 24/7 Dad® Key Behaviors Workshop is the Answer!

With just 7 sections that can also be delivered as a one-day workshop, 24/7 Dad® Key Behaviors Workshop gives you the flexibility to deliver it to groups of dads or to dads one-on-one!

24/7 DAD® KEY BEHAVIORS COMPLETE WORKSHOP KIT
CNA-73 - $479 EACH

EXTRA FATHERING HANDBOOKS
CNA-75 - $6.99 EACH (ENGLISH)

See Page 3 for Details

EXTRA FACILITATOR'S MANUALS AVAILABLE.
PLEASE CALL 240-912-1263

Topics Covered

24/7 Dad® A.M.

- Family History
- What it Means to Be a Man
- Showing and Handling Feelings
- Men's Health
- Communication
- The Father's Role
- Discipline
- Children's Growth
- Getting Involved with your Child(ren)
- Working with Mom and Co-Parenting
- Dads and Work
- My 24/7 Dad® Checklist

24/7 Dad® P.M.

- Fathering and The 24/7 Dad
- Power and Control
- Boyhood to Manhood
- Competition and Fathering
- Dealing with Anger
- Improving my Communication Skills
- Knowing Myself
- Fun with the Kids
- Family Ties
- Stress, Alcohol, and Work
- Sex, Love, and Relationships
- My 24/7 Dad® Checklist

24/7 Dad® A.M. (or P.M.) with Booster Sessions for Non-Custodial Dads

All topics covered in the 24/7 Dad® A.M. (or P.M.) Program, PLUS 5 separate 2-hour booster sessions your organization can run for non-custodial fathers:

- Workforce Readiness
- Rights & Responsibilities
- Visitation
- Child Support
- Money Management

Bundle Includes:

- Everything in the 24/7 Dad® A.M. (or P.M.) Complete Program Kit
- 1 - FatherTopics Collection Booster Sessions + CD-ROM with Instruction Guide, Session Handouts, and Binder-Ready, 3-Hole punched facilitator sessions with dividers.

A.M. - CNA-100 - $799 PER KIT
P.M. - CNA-99 - $799 PER KIT

Out of the Ashes DVD + Discussion Guide

Watch the trailer at:
www.fatherhood.org/OA

GREAT REENTRY RESOURCE

OTA-DVD $59.99 DVD
WITH DISCUSSION GUIDE

Out of the Ashes is a powerful 32-minute film—a one-act play, of sorts—intended to start the discussion and healing process with children and fathers impacted by a father's incarceration.

Length

32-minute film, and 3, 1.5 - 2-hour sessions/discussions.

Topics Covered:

- The impact of incarceration on children, fathers, and families
- Discussion questions around feelings about incarceration
- Discussion questions around the reunion of fathers, children, and families after incarceration
- Discussion questions for currently and formerly incarcerated dads
- Discussion questions for children of currently and formerly incarcerated dads

Product Contents

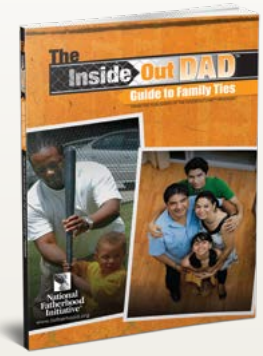
- DVD with movie, trailer, and actor biographies
- Facilitated Discussion Guide downloaded online for free after purchase

DVD + Disussion Guide
$59.99
OTA-DVD

InsideOut Dad® Guide to Family Ties

www.fatherhood.org/iod-guide

GREAT REENTRY RESOURCE



NFI-107 $189.00 25 PACK
NFI-106 $10.49 EACH

Incarcerated fathers who create meaningful ties with their children and family on the outside are the best prisoners on the inside. The InsideOut Dad Guide® to Family Ties covers many topics that help incarcerated fathers learn the importance of getting in touch - and staying in touch - with their family, maybe even for the first time. It also helps incarcerated fathers create strong ties between themselves and their children, and between them and the mother(s) of their child(ren).

By connecting with their children, incarcerated fathers are motivated to maintain good behavior to keep visiting rights, which is beneficial for both the facility and correctional officers working with them. In addition, research shows that fathers who connect with their children (and families) prior to release have a higher likelihood of staying out of jail/prison.

Program Delivery

- Self-paced guide.
- Facilitator's Instruction Guide available for download.

Product Contents

- Guide for the father to write in and keep (bound for maximum security standards).
- Facilitator's Instruction Guide, Post-Surveys, Answer Sheet, Certificate of Completion, Letter of Completion.

25 Pack of Guides	Individual Guide
$189	$10.49 Each
Save $2.75 Per Guide!	
NFI-107	NFI-106

InsideOut Dad® Christian: First Edition

www.fatherhood.org/iodchristian

Inside Out Dad® Christian First Edition Complete Program Kit
CNA-79 $599 EACH

Additional InsideOut Dad® Christian: First Edition Fathering Handbooks
CNA-82 $10.49 EACH

Prepare incarcerated fathers for a successful reentry with InsideOut Dad® Christian! This Biblically-based reentry program reconnects inmates with their children and introduces them to the transforming power of the Gospel.

Developed in partnership with Prison Fellowship and based on the successful InsideOut Dad® program, InsideOut Dad® Christian provides a firm foundation of Biblical principles and weaves scriptural truths throughout the sessions. Perfect for prison ministries and other para-church organizations, InsideOut Dad® Christian helps you to plant a seed of hope and grace to stop the cycle of brokenness and crime.

Complete Program Kit	Additional Fathering Handbooks
$599	$10.49 Each
CNA-79	CNA-82

Program Length

12 core sessions, 26 optional sessions, and a reentry module

Kit Contents

- (1) InsideOut Dad® Christian Activities Manual with a guide for facilitating each session
- (1) InsideOut Dad® Christian Facilitator's Guide with information about the program's underlying principles
- (10) InsideOut Dad® Christian Fathering Handbooks dads can keep as a reference
- (1) InsideOut® Dad Christian CD-ROM - includes Evaluation and Marketing Tools, Certificate of Completion, and more

Note: All books are bound to meet maximum security standards.

Inside Out DAD® Third Edition

Over 410 organizations/facilities in 46 states and Washington D.C. offer Inside Out Dad® to the dads they serve in correctional systems and reentry. It is also used by the Federal Bureau of Prisons.

Complete Program Kit	Additional Fathering Handbooks
$699	$9.99 Each
CNA-200	CNA-203

www.fatherhood.org/iod

INSIDEOUT DAD® COMPLETE PROGRAM KIT
CNA-200 - $699 EACH

EXTRA FATHERING HANDBOOKS
CNA-203 - $9.99 EACH (ENGLISH)
CNA-204 - $9.99 EACH (*SPANISH*)

EXTRA FACILITATOR'S MANUALS AVAILABLE. PLEASE CALL 240-912-1263

SEE BUNDLE OPTION ON NEXT PAGE!

Program Length

12 core sessions and 6 optional reentry sessions at approximately 2 hours each.

Program Delivery

Delivered in a group setting by a Facilitator(s), or can be used one-on-one. Facilitator Training available.

Training Options

- Program Guide in Facilitator's Manual provides background, philosophy, and all necessary facilitator information to run the program successfully.
- Public webinar training is available (see page 4)
- Custom webinar training and in-person training at your location are also available (see page 4).

Kit Contents

- (1) InsideOut Dad® Facilitator's Manual: Core Sessions
- (1) InsideOut Dad® Facilitator's Manual: Optional Reentry Sessions
- (10) InsideOut Dad® Fathering Handbooks
- (1) InsideOut® Dad USB Flash Drive with supporting resources

Note: **All books are bound to meet maximum security standards.**

Short-Term Stay Facility? See our NEW 24/7 Dad® Key Behaviors Workshop on Page 3!

Program Description

InsideOut Dad® gets rave reviews from inmates and facilitators alike. When incarcerated fathers are given the vision that they play a unique and irreplaceable role in their children's lives, hearts change, men change - families' and children's lives change.

InsideOut Dad® is an evidence-based program, proven to develop pro-fathering attitudes, knowledge, and skills, giving fathers the necessary strategies to prepare them for release. The core program sessions feature unique exercises and research-based tools and techniques to encourage fathering from the inside. The optional reentry sessions help fathers prepare for responsibilities and challenges they will face on the outside.

Join the thousands of jails, prisons, and reentry programs across the nation using InsideOut Dad® to give incarcerated fathers the tools they need to become involved, responsible, and committed fathers.

Topics Covered

Core Sessions

- Family History and The InsideOut Dad
- What it Means to Be a Man
- Showing and Handling Feelings
- Men's Health
- Fathering from the Inside
- Communication
- The Father's Role
- Children's Growth
- Discipline
- Working with Mom and Co-Parenting

Optional Reentry Sessions

- Fathering on the Outside
- Responsibilities and Child Support
- Visits Upon Release
- Communication Patterns
- Safe Communication
- Money Management

The InsideOut Dad® Curriculum Bundle

www.fatherhood.org/bundles

Inside Out DAD® Third Edition

The InsideOut Dad® Bundle Includes other Helpful Resources for Incarcerated Fathers:

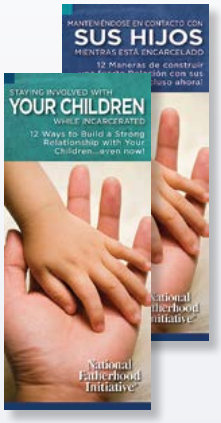
- 1 - InsideOut Dad® Complete Program Kit (CNA-200)
- 1 (25) pk - InsideOut Dad® Guide to Family Ties (CNA-107)
- 1 (50) pk - Staying Involved With Your Children While Incarcerated Brochure (NFI-11)
- 1 (50) pk - 14 Things Dads in Prison Should Do Before Or After Release Brochure (NFI-61)
- 1 (50) pk - 20 Ways to Connect with Your Children and Family After Release Brochure (NFI-05)

IODB-03 $945

Brochures for Incarcerated Dads

www.fatherhood.org/brochures

INVOLVED WHILE INCARCERATED



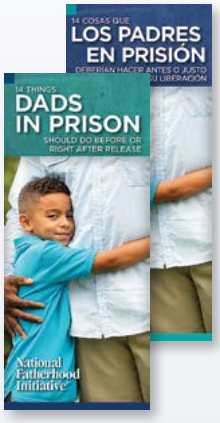
STAYING INVOLVED WITH YOUR CHILDREN WHILE INCARCERATED

MAINTÉNIENDOSE EN CONTACTO CON SUS HIJOS MIENTRAS ESTÁ ENCARCELADO

Incarcerated fathers may be locked up, but they don't have to be locked out of healthy relationships with their kids. This brochure offers incarcerated fathers ten tips on staying connected to their children.

NFI-11 $18.99 50 PACK (ENGLISH)
NFI-16 $18.99 50 PACK (*SPANISH*)

REENTRY PLANNING



14 THINGS DADS IN PRISON SHOULD DO BEFORE OR RIGHT AFTER RELEASE

14 COSAS QUE LOS PADRES EN PRISIÓN DEBERÍAN HACER ANTES O JUSTO DESPUÉS DE SU LIBERACIÓN

Help incarcerated dads make a successful reentry transition! This brochure helps inmates create a plan for their lives after release with ideas for reuniting with family, taking care of finances, getting employment, and more.

NFI-61 $18.99 50 PACK (ENGLISH)
NFI-61SP $18.99 50 PACK (*SPANISH*)

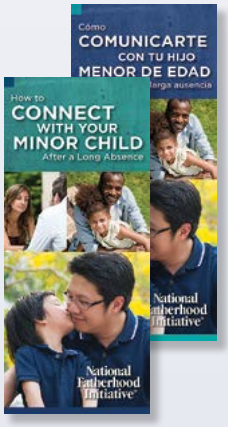
REENTRY FAMILY CONNECTION

20 WAYS TO CONNECT WITH YOUR CHILDREN AND FAMILY AFTER RELEASE

Fathers face many challenges upon release. With these 20 tips, dads can prepare, prevent, and partner for post-release success and connect for the long haul. Research shows that when dads connect with their children and families after release, they are more likely to stay out of prison.

NFI-05 $18.99 50 PACK (ENGLISH ONLY)

REENTRY CHILD RECONNECTION



HOW TO CONNECT WITH YOUR MINOR CHILD AFTER A LONG ABSENCE

CÓMO COMUNICARTE CON TU HIJO MENOR DE EDAD DESPUÉS DE UNA LARGA AUSENCIA

Help fathers take the necessary steps to reconnect with their child(ren) and work through "maternal gatekeeping" which can sometimes prevent a father's access to his child(ren). The content is divided into two stages, with key steps dads can take.

NFI-91 $18.99 50 PACK (ENGLISH)
NFI-91SP $18.99 50 PACK (*SPANISH*)

FATHERTOPICS™ COLLECTION
Booster Sessions For Non-Custodial Dads

GREAT REENTRY RESOURCE

PER PACK
$159
CNA-190

www.fatherhood.org/ftcfncd

Product Type

Printed, binder-ready, 3-hole punched session guides with CD-ROM.

Program Length

5, 2-hour sessions.

Program Delivery

- Run one or all five topical sessions with non-custodial fathers you serve.
- Use whichever sessions you need, whenever you need them in a group setting or one-on-one.
- Add one or more sessions to the content of an existing fatherhood program.
- Substitute one or more sessions for sessions in your current programming for non-custodial fathers.

Topics Covered

- ✔ Workforce Readiness
- ✔ Rights & Responsibilities
- ✔ Visitation
- ✔ Child Support
- ✔ Money Management

Kit Contents

- Binder-Ready, 3-Hole Punched Sessions
- CD-ROM with Instruction Guide and Session Handouts

Product Description

FatherTopics™ Collection for Non-Custodial Dads consists of five separate 2-hour sessions your organization can run for non-custodial fathers to help them succeed as involved fathers. Your organization can offer 1, 2, 3, or more sessions in any number and combination. Your organization can also add any number of combination of them to any National Fatherhood Initiative® (NFI) fatherhood programs or any other fatherhood program.

The collection covers some of the most critical issues faced by non-custodial fathers.

Resource Background:

In 2011, the City of New York's Department of Youth and Community Development (DYCD) contracted with NFI to create a version of 24/7 Dad® that organizations in the city would use with non-custodial fathers. The resulting DYCD version of 24/7 Dad® included new session content to provide information on some of the most critical issues faced by non-custodial fathers that don't directly address pro-fathering knowledge, attitudes, and skills.

Consequently, NFI decided to use that newly designed content to create FatherTopics™ Collection for Non-Custodial Dads, so that facilitators and organizations across the country could provide these well-received sessions to non-custodial fathers wherever they reside, and regardless of location. The reaction to these field-tested sessions, from facilitators and non-custodial fathers in New York City, has been overwhelmingly positive.

UNDERSTANDING DAD™ An Awareness & Communication Program for Moms

Complete Program Kit	Additional Mother's Handbooks
$549	$8.49 Each
CNA-180	CNA-181

www.fatherhood.org/moms

UNDERSTANDING DAD™ COMPLETE PROGRAM KIT
CNA-180 - $549

EXTRA MOTHER'S HANDBOOKS
CNA-181 - $8.49 EACH

EXTRA FACILITATOR'S MANUALS AVAILABLE. PLEASE CALL 240-912-1263

Program Length
8 sessions at approximately 2-3 hours each.

Program Delivery
Group setting, delivered by a facilitator(s) or one-on-one.

Training Options
- Program Guide in Facilitator's Manual provides all necessary facilitator info to run the program successfully.
- In-person facilitator training at your location is available (see page 4).

Program Description

Understanding Dad™ is a unique program that helps mothers improve the relationships they have with fathers, for the benefit of their children. This program helps mothers better understand the importance of involving dad in their children's lives, and how to better communicate with the father(s) of their child(ren).

Oftentimes, the mothers' gatekeeping behavior that can prevent or reduce fathers' access to their children - when fathers' involvement in their children's lives would actually benefit their children. This program encourages self-awareness and helps moms improve the communications skills they need to improve their relationships with the fathers of their children.

Understanding Dad™ raises mothers' awareness about the importance of father involvement in the lives of their children. It helps mothers to reflect on how their own developmental histories have and continue to influence the relationships with the fathers of their children. It also teaches mothers communication skills to improve the partnership between them and the fathers of their children in raising their children (e.g. co-parenting when mothers and fathers are no longer together).

Kit Contents

- (1) Understanding Dad™ Facilitator's Manual
- (10) Understanding Dad™ Mother's Handbooks for use during the program and that the moms can keep
- (1) Thumb drive with supporting resources

Topics Covered

- ✔ My Life as a Mom
- ✔ My Father's Impact
- ✔ My Mother's Impact
- ✔ Me and My Children's Father
- ✔ The Impact on My Children
- ✔ Patterns of Communication
- ✔ Open, Safe Communication
- ✔ How to Listen

www.fatherhood.org/pocketguides

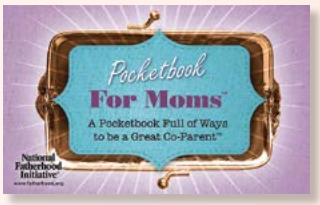
COMMUNICATION

POCKETBOOK FOR MOMS: A POCKETBOOK FULL OF WAYS TO COMMUNICATE WITH DAD™

Helps moms understand how to talk with dads so they can raise healthy children together. Creating trust and a good communication pattern with dad is important, and this guide will help.

NFI-108 $13.99 5 PACK (ENGLISH ONLY)

CO-PARENTING



POCKETBOOK FOR MOMS: A POCKETBOOK FULL OF WAYS TO BE A GREAT CO-PARENT™

This pocketbook focuses on helping moms understand the challenges - and the importance of - being a good co-parent for the beneift of her children. It addresses expectations, how to handle difficult situations and differences, and acting with empathy to ensure the best outcome for her children.

NFI-101 $13.99 5 PACK (ENGLISH ONLY)

NEW MOMS INVOLVING DADS

POCKETBOOK FOR NEW MOMS: A POCKETBOOK FULL OF REASONS FOR NEW MOMS TO INVOLVE DADS™

Help new or expectant moms understand the benefits that she, her baby—and even dad!—will experience when dad is involved right from the start. Moms learn why its important to get dads involved and tips to get him "in the game."

NFI-109 $13.99 5 PACK (ENGLISH ONLY)

Tip Cards & Pocketbooks for Moms

For Moms

www.fatherhood.org/tipcards

COMMUNICATION

10 WAYS MOM CAN BETTER COMMUNICATE WITH DAD

10 MANERAS PARA QUE MAMÁ SE COMMUNIQUE MEJOR CON PAPÁ

Communication can be one of the biggest challenges for couples, and especially for those who are separated and co-parenting. This tip card equips mom with ways she can better communicate with dad for the benefit of her children.

NFI-98 $13.99 50 PACK (ENGLISH)
NFI-98SP $13.99 50 PACK (*SPANISH*)

CO-PARENTING

10 WAYS MOM CAN BE A GREAT CO-PARENT

10 MANERAS PARA QUE MAMÁ SEA BUENA EN LA CRIANZA COMARTIDA

Co-parenting takes BOTH parents' commitment and involvement. This tip card provides mom with simple tips for being a good co-parent - all for the benefit of her children.

NFI-99 $13.99 50 PACK (ENGLISH)
NFI-99SP $13.99 50 PACK (*SPANISH*)

Understanding Dad™ *with Mom As Gateway™ Booster Sessions*

Use this bundle to create a powerful 12-week program for moms that addresses moms' gatekeeping behavior in a more comprehensive way, than either resource alone.

- Start with the optional opening session in Understanding Dad™ as session one.
- Follow it with the eight core sessions of Understanding Dad™.
- End the program with the three sessions of Mom as Gateway™ (see page 16).

Bundle Includes:

- ✔ 1 - Understanding Dad™ Complete Program Kit
- ✔ 1 - Mom as Gateway™ Booster Session (Binder-ready, 3-hole punched)

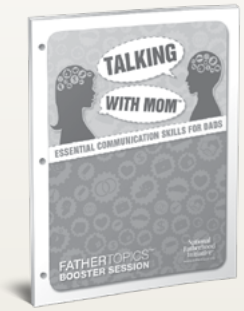
UDB-01 $667

FATHERTOPICS™
BOOSTER SESSIONS

Use our collection of FatherTopics™ Booster Sessions as stand-alone workshops or supplemental sessions to a fatherhood program, such as NFI's 24/7 Dad®, InsideOut Dad®, and Understanding Dad™. Each Booster Session offers an affordable way to address a specific topic (e.g. communication and co-parenting) in-depth and in as little as one-half day or a full day. 3-hole punched to add to your existing curriculum binder!

For Moms

CNA-177 $52.99



CNA-178 $52.99

CNA-176 $52.99

Product Type
Printed, binder-ready, 3-hole punched session guides.

Delivery Options
Intended for use as stand-alone sessions or as booster sessions to your fatherhood programming.

Mom as Gateway™

Program Length
3, 1-hour sessions.

Description
This session for moms helps you break down barriers between mothers and fathers by addressing what is known as Maternal Gatekeeping - when a mother's beliefs about a father, as well as her behaviors, hinder a father's involvement - and facilitate helpful discussions and efforts towards co-parenting.

Topics Covered
- ✔ The Role of the Gatekeeper
- ✔ Power and Control Between Men & Women in Relationships
- ✔ Minimize Excessive Gatekeeping

Session Contents
- ➤ (3) Session Guides with step-by-step instructions
- ➤ Handouts for each session that you can photocopy

Talking with Mom™: Essential Communication Skills for Dads

Program Length
3, 1.5 - 2-hour sessions.

Description
This 3-session program helps fathers become better communicators with the mother(s) of their children by learning about communication patterns, creating a safe environment for effective communication, and developing effective listening skills.

Topics Covered
- ✔ Self-Awareness, Caring for Self, Relationships
- ✔ How to Talk Openly
- ✔ How to Listen

Session Contents
- ➤ (3) Session Guides with step-by-step instructions
- ➤ Handouts for each session that you can photocopy

Understanding Domestic Violence™

Program Length
3, 1-hour sessions.

Description
This session helps the dads you serve and your facilitators/organization understand the many types of domestic violence, the impact it has on fathers and families, and how it can be addressed with men you're in contact with.

Topics Covered
- ✔ Definitions of domestic violence and its prevalence in society
- ✔ The family impact of domestic violence and its effects on children
- ✔ The cyclical nature of domestic violence
- ✔ How to recognize the early warning signs of domestic violence
- ✔ How to foster non-violence in the home

Session Contents
- ➤ (3) Session Guides with step-by-step instructions
- ➤ Handouts for each session that you can photocopy

www.fatherhood.org/booster-sessions

End of Year Spend-Down?
Resource Bundles Make it Easy!

www.fatherhood.org/bundles

FATHER INVOLVEMENT STARTER BUNDLE

Available in English or Spanish!

Our newest resource bundle, and the only one available in both English and Spanish, gives you the best of the best! Perfect for practitioners who are just starting out with father engagement, or for those looking for a great collection of some of our best sellers.

From tips for dads on how to help their child in school, ways to be a better dad, and how to better manage money—to co-parenting tips for mom and dads and the importance of an involved father—this bundle is sure to contain just what you need to better engage dads in their children's lives. It also includes our strength-based Father Facts posters to help you show dads—and moms—that your facility/facilities are father-friendly and that remind staff of the importance of serving dads.

Bundle Includes:

- 1 Poster Set: Set of 5 Father Facts Posters (NFI-59, *NFI-62*)
- 1 pk (50) - Tip Card: 10 Tips to Help Your Child In School (NFI-74, *NFI-77*)
- 1 pk (50) - Tip Card: 10 Ways to Be a Better Dad (NFI-72, *NFI-75*)
- 1 pk (50) - Tip Card: 10 Ways Mom Can Be a Great Co-parent (NFI-99, *NFI-99SP*)
- 1 pk (50) - Brochure: How Dad Can Be a Good Co-parent (NFI-93, *NFI-93SP*)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95, *NFI-95SP*)
- 1 pk (50) - Brochure: How to Better Manage Money w/Spending Plan Worksheet (NFI-97, *NFI-97SP*)

FISB-01 $163.00 (ENGLISH)
FISBSP-01 $163.00 (*SPANISH*)
SHIPPING INCLUDED!

NEW & EXPECTANT DADS BUNDLE

Perfect for Healthy Start Programs!

One of NFI's specialties is guidance and advice for new and expectant dads. That's because dads and moms are most highly motivated for dads to be involved in the lives of their children during the prenatal and immediate postnatal periods.

Reaching dads during this time increases the chance that they'll stay involved for the long haul!

Bundle Includes:

- 1 (50pk) Brochure: 12 Questions to Ask Before Your Baby Arrives (NFI-39)
- 1 (50pk) Brochure: The Importance of An Involved Father (NFI-95)
- 1 (50pk) Brochure: So You're a New Father or About to Become One (NFI-13)
- 1 (50pk) Tip Card: 10 Tips for Expectant Dads (NFI-96)
- 1 (50pk) Tip Card: 10 Tips for New Dads (NFI-73)
- 1 (5pk) New Dad's Pocket Guide (NFI-102)
- 1 (5pk) Help Me Grow: The First Year (NFI-120)

NEDB-01 $128 ***SHIPPING INCLUDED!***

www.fatherhood.org/bundles

THE HOME VISITATION BUNDLE

It's vital to include dads in home visits so that they understand the important role they play in their children's lives—and that it's never too late for dads to get involved! It's also important for moms to understand dads' unique role, and how to better communicate with them so that dads and moms can parent more effectively, together. Use this bundle along with any evidence-based home visiting curriculum to include fathers. This bundle includes our popular Vital Topics Guides along with other resources on being a better dad, creating a peaceful home, effective discipline, communication, and more.

Bundle Includes:

- 1 - 14 Vital Topics for Staff to Discuss with Moms (NFI-08) (Printed Guide)
- 1 - 17 Vital Topics for Staff to Discuss with Dads (NFI-09) (Printed Guide)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95)
- 1 pk (50) - Brochure: 10 Ways to Be a Better Dad (NFI-01)
- 1 pk (50) - Brochure: 12 Ways To Create A Peaceful Home (NFI-40)
- 1 pk (50) - Brochure: Keeping Your Child Safe (NFI-12)
- 1 pk (50) - Tip Card: 12 Tips for Effectively Disciplining Your Children (NFI-94)
- 5 pks (5) - Help Me Grow: The First Year Guide (NFI-120)
- 5 pks (5) - New Dad's Pocket Guide (NFI-102)
- 5 pks (5) - New Moms: A Pocketbook Full of Reasons for New Moms to Involve Dads (NFI-109)
- 5 pks (5) - For Moms: A Pocketbook Full of Ways (NFI-108) to Communicate with Dad

HVB-01 $463.00 ***SHIPPING INCLUDED!***

Can be used with any evidence-based home visiting model.

HEAD START BUNDLE

Research shows that fathers prefer parenting resources that speak specifically to them in their role as a dad—and our Head Start Bundle helps programs do just that!

Meet your Head Start Program father engagement requirements with our professionally-designed and research-based tip cards, brochures, and guides to help strengthen the role of fathers in their families, schools, and communities.

Bundle Includes:

- 1 (50pk) Brochure: How to Help Your Child In School (NFI-32)
- 1 (50pk) Brochure: The Importance of an Involved Father (NFI-95)
- 1 (50pk) Brochure: How To Better Manage Money (With Spending Plan Worksheet) (NFI-97)
- 1 (50pk) Brochure: 10 Ways to Be a Better Dad (NFI-01)
- 1 (50pk) Tip Card: 12 Tips to Balance Work & Family (NFI-83)
- 1 (50pk) Tip Card: 12 Tips for Effectively Disciplining Your Child (NFI-94)
- 5 (5pks) Dad's Pocket Guide (NFI-103)
- 5 (5pks) Help Me Grow: The Toddler & Pre-School Years (NFI-121)

HSB-01 $269 ***SHIPPING INCLUDED!***

THE CO-PARENTING BUNDLE

Positive co-parenting is vital for the health and well-being of children. This bundle includes resources for moms and dads to help them develop effective co-parenting skills, as well as better ways to communicate, discipline their children, and work together for the ultimate benefit of their children.

Bundle Includes:

- 1 - 14 Vital Topics for Staff to Discuss with Moms (NFI-08) (Printed Guide)
- 1 - 17 Vital Topics for Staff to Discuss with Dads (NFI-09) (Printed Guide)
- 1 pk (50) - Brochure: How to Resolve Conflict with the Mother of Your Child (NFI-06)
- 1 pk (50) - Brochure: How Dad Can be a Good Co-Parent (NFI-93)
- 1 pk (50) - Brochure: 10 Ways to Be a Better Dad (NFI-01)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95)
- 1 pk (50) - Tip Card: 10 Tips on Co-Parenting Tip Card (NFI-92)
- 1 pk (50) - Tip Card: 12 Tips for Effectively Disciplining Your Children Tip Card (NFI-94)
- 5 pks (5) - For Moms: A Pocketbook Full of Ways to Communicate with Dad (NFI-108)
- 1 pk (5) - For Moms: A Pocketbook Full of Ways to be a Great Co-Parent (NFI-101)

CPB-01 $299.00 ***SHIPPING INCLUDED!***

THE SPANISH RESOURCE BUNDLE

The Spanish Resource Bundle Includes one of every resource we offer in Spanish and helps you include Spanish speakers in your programs. It also makes it easy to acquire a collection of Spanish resources to use with Spanish-speaking moms and dads. You can always purchase additional packs of our Spanish resources as you deplete your inventory.

The Bundle Includes:

- 1 Poster Set: Poster Set of 3 (Horizontal 22"x28") Spanish (NFI-88)
- 1 pk (50) - Brochure: How Dad Can Be a Great Co-parent (NFI-93SP)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95SP)
- 1 pk (50) - Brochure: 10 Tips To Help Your Child Do Well in School (NFI-48)
- 1 pk (50) - Brochure: How to Resolve Conflict with the Mother of Your Child (NFI-06SP)
- 1 pk (50) - Brochure: 12 Ways to Create a Peaceful Home (NFI-53)
- 1 pk (50) - Brochure: 12 Ways to Balance Work & Family (NFI-54)
- 1 pk (50) - Tip Card: 10 Ways Mom Can Be a Great Co-Parent (NFI-99SP)
- 1 pk (50) - Tip Card: 10 Ways Mom Can Better Communicate with Dad (NFI-98SP)
- 1 pk (50) - Tip Card: 10 Ways To Be A Better Dad (NFI-75)
- 1 pk (50) - Tip Card: 10 Tips on Co-Parenting for the Sake of Your Child (NFI-92SP)

SRB-01 $204.00 ***SHIPPING INCLUDED!***

"Just the Facts" Posters Help Staff Members—and Clients—Understand Important Facts about Father Involvement

Keep father involvement top-of-mind for both clients and staff.

This set of STRENGTH-BASED Father Facts posters highlights some of the most important and applicable data on the benefits of father involvement.

Display the posters in your center to show your dedication to increasing the number of children who grow up with involved fathers. Or, display them during your fatherhood program sessions to generate discussions and help fathers understand their important role.

Designed in a standard 22" x 28" poster size for easy framing.

NFI-59 $49.00
for set of 5
(ENGLISH)

Full-color 22"x28" posters. Not sold separately.

SET OF 5 ENGLISH 22" x 28" POSTERS
$49
NFI-59

NFI-62 $49.00
for set of 5
(SPANISH)

Full-color 22"x28" posters. Not sold separately.

SET OF 5 SPANISH 22" x 28" POSTERS
$49
NFI-62

POSTERS: Full-color, High-quality

View larger poster images at
www.fatherhood.org/posters

Encourage dads with these full-color posters that remind fathers of their important and irreplaceable role!

Designed in a standard 22" x 28" poster size for easy framing.

NFI-68 $49.00 for set of 5
Full-color 22 x 28" posters.
Not sold separately.
Not available in Spanish.

SET OF 5 POSTERS
22" x 28"
$49
NFI-62

NFI-80 $49.00 for set of 5
Full-color 22"x28" posters.
Not sold separately.
Not available in Spanish.

SET OF 5 POSTERS
22" x 28"
$49
NFI-80

POSTERS IN SPANISH

NFI-88 $19.00 for set of 3 (Spanish)
Full-color 22 x 28" Spanish language posters. Not sold separately. Posters read: "*Give Your Kids What They Need To Succeed. You.*" and "*Every girl needs a leading man*" Tagline on each poster: "*Have You Been A Dad Today?*".

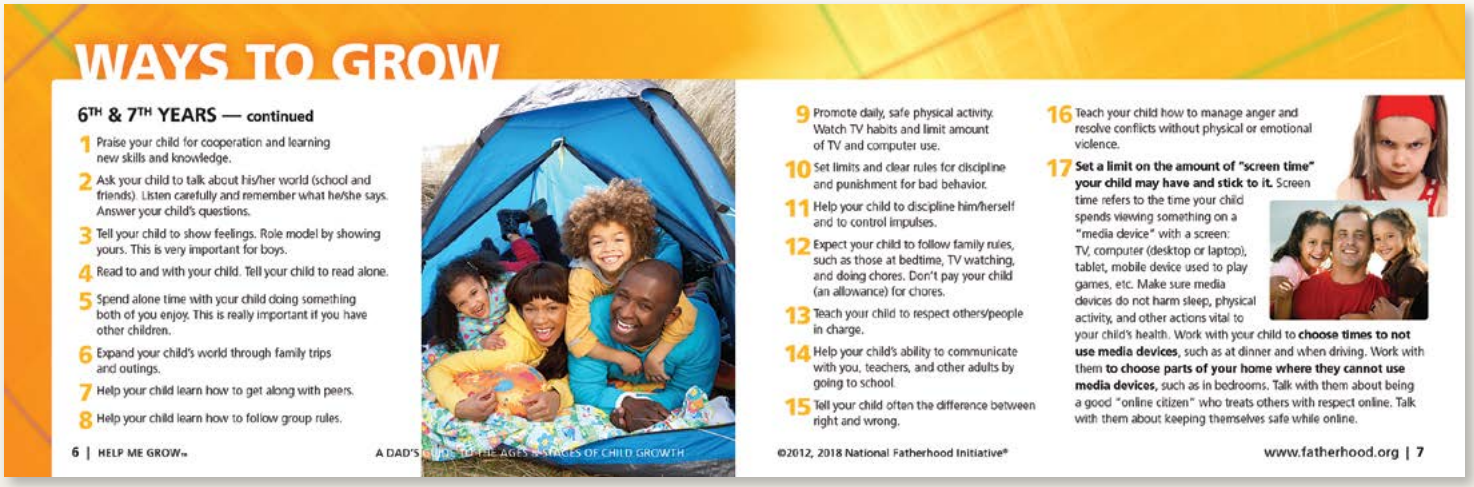
SET OF 3
SPANISH POSTERS
22" x 28"
$19
NFI-88

Help Me Grow™ Guides

Quick-Reference Guides to Help Dads Participate in their Child's Growth!

Great For Moms Too!

Often times, dads are unsure of how to be actively involved with their children as they grow. That's why these unique guides go beyond simple child development charts. They help dads learn about the physical, mental, emotional, and social changes their children will go through (THINGS TO KNOW), and gives them practical ways they can be actively involved in their child's growth based on their age range (WAYS TO GROW). Available in three age-ranges below.



With contributions from Dr. Kyle Pruett and Dr. Yvette Warren, Help Me Grow: A Dad's Guide to the Ages and Stages of Child Growth covers everything dads need to know about what to expect and not to expect in terms of child growth and development.

By reviewing the charts in thess guides, dad will learn about the physical, mental/emotional, and social changes his child will go through. The guides also include tips for dads to help their child grow. In turn, this information allows them to be a more involved, responsible father.

Knowing that children grow at different rates, the main thing is that his child is able to do these things at some point, even if at a later age. Dad can also share the charts with his child's mother so that she'll know what to expect as well!

HELP ME GROW™ BUNDLE

Get 1 of each 5-pack

NFI-123 $27.99
ONE OF EACH
5 PACK (ENGLISH ONLY)

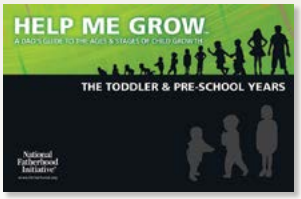
THE FIRST YEAR

Organized in 2-month intervals.

NFI-120 $13.99
5 PACK (ENGLISH ONLY)

THE TODDLER & PRE-SCHOOL YEARS

Organized by years 1-5.



NFI-121 $13.99
5 PACK (ENGLISH ONLY)

THE ELEMENTARY SCHOOL YEARS

Organized in 2-year intervals from years 6-11.

NFI-122 $13.99
5 PACK (ENGLISH ONLY)

Pocket Guides

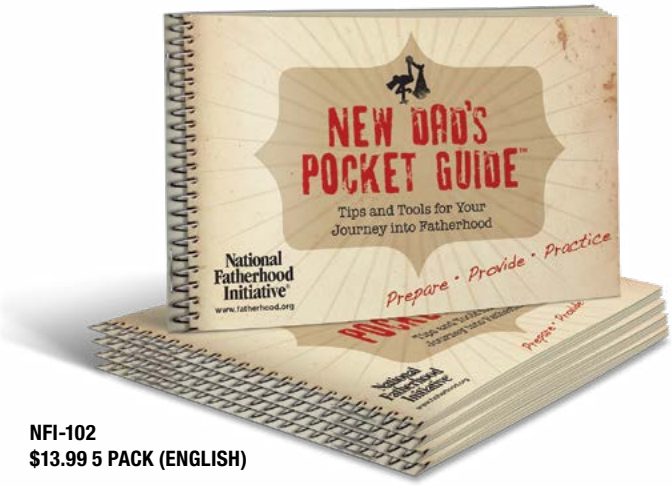
Packs of 5 for just $13.99

www.fatherhood.org/pocketguides

NEW DADS

New Dad's Pocket Guide™

This handy guide has essential hints, tips, and strategies that every new dad needs to know! The New Dad's Pocket Guide™ helps dad get involved right from the start by increasing health literacy; includes important child health and safety information, ideas for connecting to his newborn, and more.



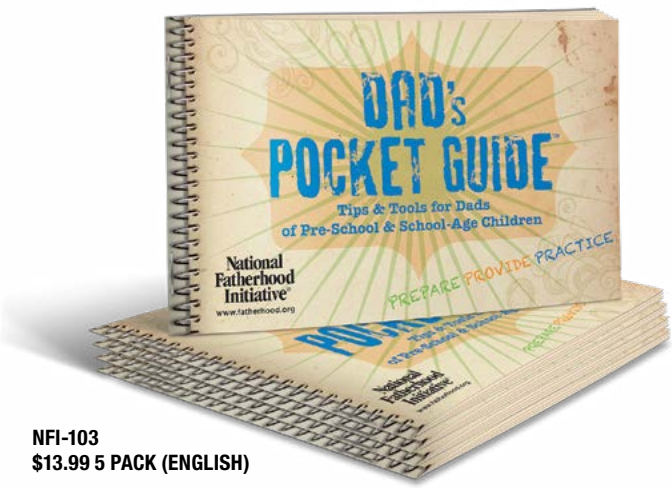
NFI-102
$13.99 5 PACK (ENGLISH)

NFI-104
$13.99 5 PACK (*SPANISH*)

DADS OF PRESCHOOL & SCHOOL AGED CHILDREN

Dad's Pocket Guide™

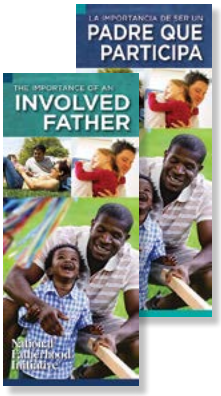
It's never been easier to give dads of preschoolers and school-aged children the information they need to stay involved in their children's lives in meaningful ways. An updated version of the popular Daddy Pack, this handy guide has essential health and education hints, tips, and strategies that every dad needs to know.



NFI-103
$13.99 5 PACK (ENGLISH)

NFI-105
$13.99 5 PACK (*SPANISH*)

ANY DAD

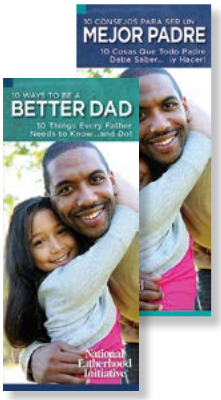


THE IMPORTANCE OF AN INVOLVED FATHER

LA IMPORTANCIA DE SER UN PADRE QUE PARTICIPA

Our newest brochure communicates the importance of an involved father by outlining the benefits his children will experience when he is involved in their lives.

NFI-95 $18.99 50 PACK (ENGLISH)
NFI-95SP $18.99 50 PACK (*SPANISH*)



10 WAYS TO BE A BETTER DAD

10 CONSEJOS PARA SER UN MEJOR PADRE

Our best selling brochure offers 10 easy suggestions to help any father become a great dad.

NFI-01 $18.99 50 PACK (ENGLISH)
NFI-02 $18.99 50 PACK (*SPANISH*)

NEW DADS

SO YOU'RE A NEW FATHER OR ABOUT TO BECOME ONE

ASÍ QUE ACABA DE SER PADRE O LO VA A SER MUY PRONTO

New fathers face a series of new and exciting challenges. This brochure provides new and expectant fathers with a ten point plan for enjoying and succeeding at the job of a lifetime—being a dad!

NFI-13 $18.99 50 PACK (ENGLISH)
NFI-15 $18.99 50 PACK (*SPANISH*)

PRENATAL FOR DADS

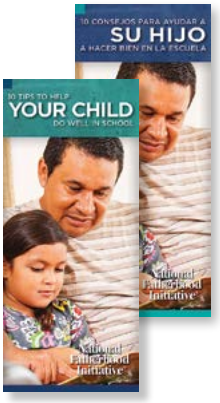
12 QUESTIONS TO ASK BEFORE YOUR BABY ARRIVES

12 PREGUNTAS PARA HACERTE ANTES DE QUE LLEGUE TU BEBÉ

This brochure helps men who are about to become fathers think critically about one of the most important jobs they will ever have - becoming a dad. The brochure asks dads to take 3 Looks: Look in, Look out, and Look up.

NFI-39 $18.99 50 PACK (ENGLISH)
NFI-39SP $18.99 50 PACK (*SPANISH*)

SCHOOL INVOLVEMENT



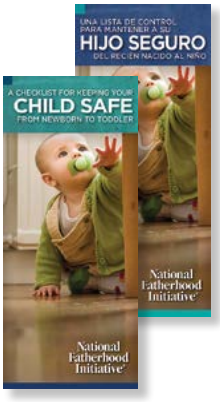
10 TIPS TO HELP YOUR CHILD DO WELL IN SCHOOL

10 CONSEJOS PARA AYUDAR A SU HIJO A HACER BIEN EN LA ESCUELA

Children with involved dads have a better chance of succeeding in school. This brochure offers ten practical tips to help dads give their children a jump-start for academic success.

NFI-32 $18.99 50 PACK (ENGLISH)
NFI-48 $18.99 50 PACK (*SPANISH*)

CHILD SAFETY



A CHECKLIST FOR KEEPING YOUR CHILD SAFE FROM NEWBORN TO TODDLER

COMO MANTENER A SU HIJO SEGURO QUE NACE HASTA QUE COMIENZA A CAMINAR

Keeping children healthy and safe is a priority for all parents, especially during those exploratory toddler years. This helpful checklist provides the information needed to childproof a home and prevent common household accidents.

NFI-12 $18.99 50 PACK (ENGLISH)
NFI-47 $18.99 50 PACK (*SPANISH*)

CHILD ABUSE PREVENTION

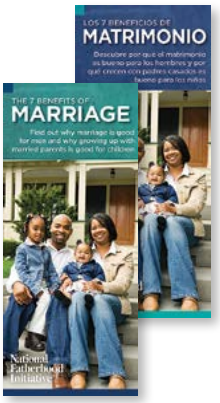
12 WAYS TO CREATE A PEACEFUL HOME

12 MANERAS DE CREAR UN HOGAR TRANQUILO

An emotionally and physically safe home environment is vital for healthy children and families. This brochure helps dads create a loving, caring environment where children can thrive.

NFI-40 $18.99 50 PACK (ENGLISH)
NFI-53 $18.99 50 PACK (*SPANISH*)

MARRIAGE



THE SEVEN BENEFITS OF MARRIAGE FOR MEN

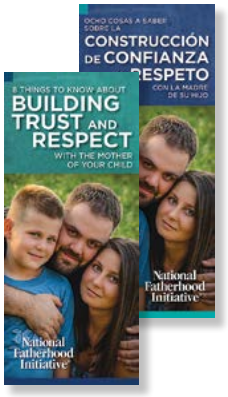
LOS 7 BENEFICIOS DE MATRIMONIO PARA LOS HOMBRES

Does marriage really matter? Yes, it does! This brochure speaks directly to men about the impact of marriage on a man's sex life, financial future, and most importantly, his relationships with his children.

NFI-30 $18.99 50 PACK (ENGLISH)
NFI-46 $18.99 50 PACK (*SPANISH*)

www.fatherhood.org/brochures

TRUST & RESPECT



BUILDING TRUST & RESPECT WITH THE MOTHER OF YOUR CHILD

CONSTRUYENDO CONFIANZA Y RESPETO CON LA MADRE DE SU HIJO

It's vital that parents have trust and respect for each other. Raising a healthy child depends on it!

NFI-07 $18.99 50 PACK (ENGLISH)
NFI-07SP $18.99 50 PACK (*SPANISH*)

CO-PARENTING

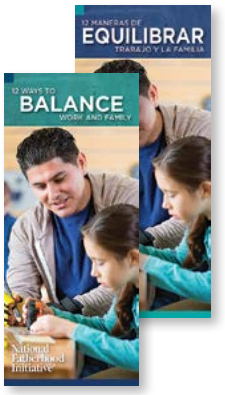
HOW DAD CAN BE A GOOD CO-PARENT

CÓMO EL PAPÁ PUEDE SER BUENO EN LA CRIANZA COMPARTIDA

Parents who live apart can face an uphill battle in being good parents. Most often, dads are the parents separated from their children. This brochure gives dads practical tips and an action plan for being a good co-parent.

NFI-93 $18.99 50 PACK (ENGLISH)
NFI-93SP $18.99 50 PACK (*SPANISH*)

WORK/FAMILY BALANCE



12 WAYS TO BALANCE WORK AND FAMILY

12 FORMAS DE LOGRAR UN EQUILIBRIO ENTRE EL TRABAJO Y LA FAMILIA

This brochure outlines twelve simple things fathers can do to succeed at work and at home. Perfect for human resource managers and employers alike.

NFI-37 $18.99 50 PACK (ENGLISH)
NFI-54 $18.99 50 PACK (*SPANISH*)

MONEY MANAGEMENT

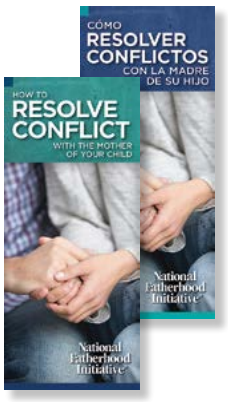
HOW TO BETTER MANAGE MONEY (WITH SPENDING PLAN WORKSHEET)

CÓMO ADMINISTRAR EL DINERO DE LA MEJOR MANERA (CON UNA PLANILLA DE PLAN DE GASTOS)

This brochure covers 7 things to know, as well as actions to take, that will help dads better manage their own—or their family's—money. Includes a spending plan worksheet for even better success!

NFI-97 $18.99 50 PACK (ENGLISH)
NFI-97SP $18.99 50 PACK (*SPANISH*)

RESOLVING CONFLICT



HOW TO RESOLVE CONFLICT WITH THE MOTHER OF YOUR CHILD

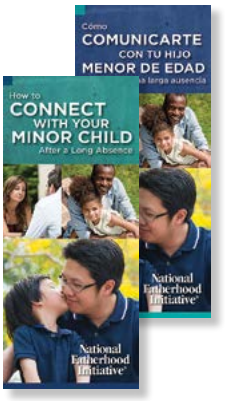
CÓMO RESOLVER CONFLICTOS CON LA MADRE DE SU HIJO

Conflict between parents can be one of the biggest barriers to father involvement. This brochure outlines 7 tips to help dad think the right away about conflict, and provides dad with ways to better resolve conflict with the mother of his child(ren).

NFI-06 $18.99 50 PACK (ENGLISH)
NFI-06SP $18.99 50 PACK (*SPANISH*)

RECONNECTION

Great for Reentry and Military



HOW TO CONNECT WITH YOUR MINOR CHILD AFTER A LONG ABSENCE

CÓMO COMUNICARTE CON TU HIJO MENOR DE EDAD DESPUÉS DE UNA LARGA AUSENCIA

Help fathers take the necessary steps to reconnect with their child(ren) and work through "maternal gatekeeping" which can sometimes prevent a father's access to his child(ren). The content is divided into two stages, with key steps dads can take.

NFI-91 $18.99 50 PACK (ENGLISH)
NFI-91SP $18.99 50 PACK (*SPANISH*)

SEE PAGE 12 FOR OUR SELECTION OF CORRECTIONS & REENTRY BROCHURES

www.fatherhood.org/tipcards

ANY DAD

10 WAYS TO BE A BETTER DAD

10 MANERAS DE SER UN MEJOR PADRE

Our most popular brochure in a tip card. This tip card offers easy suggestions to help any father become a great dad!

NFI-72 $13.99 50 PACK (ENGLISH)
NFI-75 $13.99 50 PACK (*SPANISH*)

SCHOOL INVOLVEMENT

10 TIPS TO HELP YOUR CHILD IN SCHOOL

10 CONSEJOS PARA AYUDAR A SU NIÑO EN ESCUELA

Studies show that children with involved dads do better in school. This tip card offers ten practical tips to help dads give their children a jumpstart for academic success.

NFI-74 $13.99 50 PACK (ENGLISH)
NFI-77 $13.99 50 PACK (*SPANISH*)

DISCIPLINE

12 TIPS FOR EFFECTIVELY DISCIPLINING YOUR CHILD

Discipline can mean very different things from one dad to another. This card provides tips on effective discipline - what it is, and what it is not.

NFI-94 $13.99 50 PACK (ENGLISH ONLY)

MARRIAGE

THE 7 BENEFITS OF MARRIAGE FOR MEN

Marriage is good for men (and benefits children!) This tip card helps men learn about the impact of marriage on a man's sex life, financial future, and most importantly, his relationships with his children.

NFI-82 $13.99 50 PACK (ENGLISH ONLY)

NEW DADS

10 TIPS FOR NEW DADS

10 CONSEJOS PARA NUEVOS PAPÁS

This tip card provides new and expectant fathers with 10 tips for engaging with their baby, and enjoying and succeeding at the job of a lifetime—being a dad!

NFI-73 $13.99 50 PACK (ENGLISH)
NFI-76 $13.99 50 PACK (*SPANISH*)

EXPECTANT DADS

10 TIPS FOR EXPECTANT DADS

It's never too early to be an involved father. This tip card provides expectant fathers with 10 tips to help dad bond with baby while helping mom-to-be.

NFI-96 $13.99 50 PACK (ENGLISH ONLY)

CO-PARENTING

10 TIPS ON CO-PARENTING

10 CONSEJOS SOBRE LA CRIANZA COMPARTIDA PARA EL BIEN DE SU HIJO

These 10 tips will help dads successfully co-parent, while keeping the impact on their child in the front of their minds.

NFI-92 $13.99 50 PACK (ENGLISH)
NFI-92SP $13.99 50 PACK (*SPANISH*)

WORK/FAMILY BALANCE

12 WAYS TO BALANCE WORK AND FAMILY

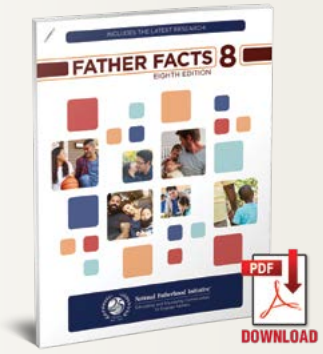
Balancing work and family can be challenging. Children spell love "T-I-M-E", but providing for them financially is also important. This tip card provides twelve simple things fathers can do to succeed at work and at home.

NFI-83 $13.99 50 PACK (ENGLISH ONLY)

FATHER FACTS 8

EIGHTH EDITION

The latest facts and statistics on father absence!



PDF Download

$69.99

FF8-DLD

Product Description

Published in 2019, the Eighth Edition of Father Facts is chock full of the most comprehensive research available on father absence and involvement!

Father Facts 8 provides unparalleled depth and breadth of information on the consequences of father absence for children with regard to alcohol and substance abuse, child abuse, crime, educational attainment, emotional and behavioral problems, physical health, poverty, and suicide. It remains the premier reference manual for anyone interested in promoting responsible fatherhood.

Topics Covered

- 212 new studies published 2015-2019
- State- and national-level data on father absence
- The societal costs of father absence
- Incarceration as a cause of father absence
- Attitudes and predictors of father involvement
- Father access and visitation with children
- The impact of marriage on father involvement; women's well-being and marital satisfaction
- Impact of Father Involvement on Pre- and Post-Natal Paternal and Maternal Stress and Depression
- Data on the many types of fathers: non-custodial, non-resident, single, divorced, teen, incarcerated, military, stay-at-home, and step-fathers; millennials as fathers; grandfathers raising grandchildren

Product Type:

This product is available as an easy-to-navigate PDF document. After placing your order, you will receive an email that contains a link to download, save, and print the file to access the data immediately!

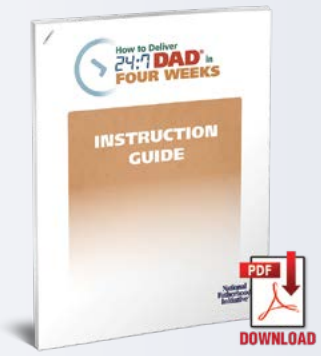
www.fatherhood.org/ff8

Free Resources

to Help You Succeed with Our Core Programs

How to Deliver 24/7 Dad® in Four Weeks

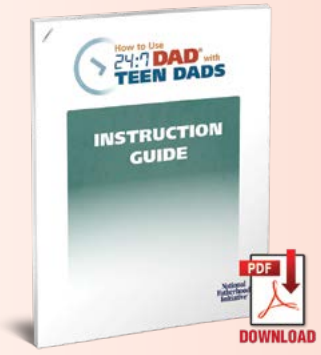
This guide focuses on advice and guidance in the form of tips to help you effectively deliver 24/7 Dad® in as little as four weeks. (Also includes other time frames/ formats.) Apply the information in this guide to modify the delivery of 24/7 Dad® to meet challenging time constraints.



www.fatherhood.org/247-dad-in-four-weeks

How to Use 24/7 Dad® with Teen Dads

This guide focuses on advice and guidance in the form of tips to help you effectively facilitate 24/7 Dad® with teen dads. Apply these tipsto help teen dads with the broader challenges they face, and run 24/7 Dad® effectively with them.



www.fatherhood.org/247-dad-teen-guide

How to Run InsideOut Dad® 3rd Ed. in Jails

Use this guide along with the Session Guides in the InsideOut Dad® Facilitator's Manual to run a shortened version of InsideOut Dad® in a jail or other short-stay facility. NFI created this guide to assist staff in short-stay settings to cover critical content from the program while they still have access to inmates/clients.

www.fatherhood.org/iod-3rd-guide-for-jails

BROCHURES

7 Benefits of Marriage for Men	NFI-30	*(Pack of 50)* $18.99	24
7 Benefits of Marriage for Men *(Spanish)*	NFI-46	*(Pack of 50)* $18.99	24
10 Ways to be a Better Dad	NFI-01	*(Pack of 50)* $18.99	24
10 Ways to be a Better Dad *(Spanish)*	NFI-02	*(Pack of 50)* $18.99	24
10 Tips to Help Your Child Do Well in School	NFI-32	*(Pack of 50)* $18.99	24
10 Tips To Help Your Child Do Well in School *(Spanish)*	NFI-48	*(Pack of 50)* $18.99	24
12 Questions to Ask Before Your Baby Arrives	NFI-39	*(Pack of 50)* $18.99	24
12 Questions to Ask Before Your Baby Arrives *(Spanish)*	NFI-39SP	*(Pack of 50)* $18.99	24
12 Ways to Balance Work and Family	NFI-37	*(Pack of 50)* $18.99	25
12 Ways to Balance Work and Family *(Spanish)*	NFI-54	*(Pack of 50)* $18.99	25
12 Ways to Create A Peaceful Home	NFI-40	*(Pack of 50)* $18.99	24
12 Ways to Create A Peaceful Home *(Spanish)*	NFI-53	*(Pack of 50)* $18.99	24
14 Things Dads in Prison Should Do Before or Right After Release	NFI-61	*(Pack of 50)* $18.99	12
14 Things Dads in Prison Should Do Before or Right After Release (*Spanish*)	NFI-61SP	*(Pack of 50)* $18.99	12
20 Ways to Connect with Your Children and Family After Release	NFI-05	*(Pack of 50)* $18.99	12
A Checklist for Keeping Your Child Safe from Newborn to Toddler	NFI-12	*(Pack of 50)* $18.99	24
A Checklist for Keeping Your Child Safe from Newborn to Toddler *(Spanish)*	NFI-47	*(Pack of 50)* $18.99	24
Building Trust & Respect with the Mother of Your Child	NFI-07	(Pack of 50) $18.99	25
Building Trust & Respect with the Mother of Your Child *(Spanish)*	NFI-07SP	(Pack of 50) $18.99	25
How to Connect with Your Minor Child After a Long Abscence	NFI-91	*(Pack of 50)* $18.99	12, 25
How to Connect with Your Minor Child After a Long Abscence (*Spanish*)	NFI-91SP	*(Pack of 50)* $18.99	12, 25
How to Better Manage Money (with Spending Plan Worksheet)	NFI-97	*(Pack of 50)* $18.99	25
How to Better Manage Money (with Spending Plan Worksheet) *(Spanish)*	NFI-97SP	*(Pack of 50)* $18.99	25
How Dad Can Be a Great Co-Parent	NFI-93	*(Pack of 50)* $18.99	25
How Dad Can Be a Great Co-Parent *(Spanish)*	NFI-93SP	*(Pack of 50)* $18.99	25
How to Resolve Conflict with the Mother of Your Child	NFI-06	(Pack of 50) $18.99	25
How to Resolve Conflict with the Mother of Your Child *(Spanish)*	NFI-06SP	(Pack of 50) $18.99	25
So You're a New Father or About to Become One	NFI-13	*(Pack of 50)* $18.99	24
So You're a New Father or About to Become One *(Spanish)*	NFI-15	*(Pack of 50)* $18.99	24
Staying Involved With Your Children While Incarcerated	NFI-11	*(Pack of 50)* $18.99	12
Staying Involved With Your Children While Incarcerated *(Spanish)*	NFI-16	*(Pack of 50)* $18.99	12
The Importance of an Involved Father	NFI-95	*(Pack of 50)* $18.99	24
The Importance of an Involved Father *(Spanish)*	NFI-95SP	*(Pack of 50)* $18.99	24

COMPLETE PROGRAM KITS

24/7 Dad® AM Program Kit	CNA-91	$649	8, 9
24/7 Dad® AM Fathering Handbook (English, Spanish)	CNA-93, 93SP	$8.49	8, 9
24/7 Dad® PM Program Kit	CNA-95	$649	8, 9
24/7 Dad® PM Fathering Handbook (English, Spanish)	CNA-97, 97SP	$8.49	8, 9
24/7 Dad® AM with Booster Sessions for Non-Custodial Dads	CNA-100	$799	9
24/7 Dad® PM with Booster Sessions for Non-Custodial Dads	CNA-99	$799	9
24/7 Dad® AM & PM Program Kit Bundle	247APB-01	$1098	9
24/7 Dad® Key Behaviors Workshop	CNA-73	$479	3
24/7 Dad® Key Behaviors Workshop Fathering Handbook	CNA-75	$6.99	3
InsideOut Dad® Third Edition Curriculum Kit	CNA-200	$699	11
InsideOut Dad® Third Edition Fathering Handbook (English, Spanish)	CNA-203, 204	$9.99	11
InsideOut Dad® First Edition Christian-based Curriculum Kit	CNA-79	$599	12
InsideOut Dad® First Edition Christian-based Fathering Handbook	CNA-82	$10.49	12
Understanding Dad™ Awareness & Communication Program Kit	CNA-180	$549	14
Understanding Dad™ Awareness & Communication Program Mother's Handbooks	CNA-181	$8.49	14

FATHERTOPICS™ BOOSTER SESSIONS

FatherTopics™ Collection Booster Sessions for Non-Custodial Dads	CNA-190	$159	13
Talking with Mom™ Booster Session	CNA-178	$52.99	16
Mom As Gateway™ Booster Session	CNA-177	$52.99	16
Understanding Domestic Violence™ Booster Session	CNA-176	$52.99	16

GUIDES & EGUIDES

14 Vital Topics for Staff to Discuss with Moms to Increase Dad's Involvement	NFI-08	$43.99	6
17 Vital Topics for Staff to Discuss with Dads	NFI-09	$43.99	6
New Dad's Pocket Guide™ (5-pack)	NFI-102	$13.99	23
New Dad's Pocket Guide™ (5-pack) *(Spanish)*	NFI-104	$13.99	23
Dad's Pocket Guide™ (5-pack)	NFI-103	$13.99	23
Dad's Pocket Guide™ (5-pack) *(Spanish)*	NFI-105	$13.99	23

GUIDES & EGUIDES (CONTINUED)

Help Me Grow: The First Year (5-pack)	NFI-120	$13.99	22
Help Me Grow: The Toddler & Pre-School Years (5-pack)	NFI-121	$13.99	22
Help Me Grow: The Elementary School Years (5-pack)	NFI-122	$13.99	22
Help Me Grow Bundle: (1) of Each 5-Pack	NFI-123	$27.99	22
Pocketbook for Moms™ Full of Ways to Be a Great Co-Parent	NFI-101	$13.99	15
Pocketbook for Moms™ (5-pack)	NFI-108	$13.99	15
Pocketbook for New Moms™ (5-pack)	NFI-109	$13.99	15
InsideOut Dad™ Guide to Family Ties	NFI-106	$10.49	10
InsideOut Dad™ Guide to Family Ties (25 pack)	NFI-107	$189.00	10

POSTERS

Poster Series (set of 5, Horizontal) 22" x 28"	NFI-68	$49	21
Poster Series (set of 5, Vertical) 22" x 28"	NFI-80	$49	21
Poster Series (set of 3 Spanish posters) 22" x 28"	NFI-88	$19	21
Poster Series - Just the Facts (set of 5, Horizontal) 22" x 28"	NFI-59	$49	20
Poster Series - Just the Facts(set of 5, Horizontal) 22" x 28" *(Spanish)*	NFI-62	$49	20

RESEARCH

Father Facts™ 8th Edition (PDF Download)	DLD-17	$69.99	27

TIP CARDS

7 Benefits of Marriage for Men (pack of 50)	NFI-82	$13.99	26
10 Tips for Expectant Dads (pack of 50)	NFI-96	$13.99	26
10 Tips on Co-parenting (pack of 50)	NFI-92	$13.99	26
10 Tips on Co-parenting (pack of 50) *(Spanish)*	NFI-92SP	$13.99	26
10 Ways to be a Better Dad (pack of 50)	NFI-72	$13.99	26
10 Ways to be a Better Dad (pack of 50) *(Spanish)*	NFI-75	$13.99	26
10 Ways Mom Can be a Great Co-Parent (pack of 50)	NFI-99	$13.99	15
10 Ways Mom Can be a Great Co-Parent (pack of 50) *(Spanish)*	NFI-99SP	$13.99	15
10 Ways Mom Can Better Communicate with Dad (pack of 50)	NFI-98	$13.99	15
10 Ways Mom Can Better Communicate with Dad (pack of 50) *(Spanish)*	NFI-98SP	$13.99	15
10 Tips to Help Your Child in School (pack of 50)	NFI-74	$13.99	26
10 Tips to Help Your Child in School (pack of 50) *(Spanish)*	NFI-77	$13.99	26
10 Tips for New Dads (pack of 50)	NFI-73	$13.99	26
10 Tips for New Dads (pack of 50) *(Spanish)*	NFI-76	$13.99	26
12 Tips for Effectively Disciplining Your Child (pack of 50)	NFI-94	$13.99	26
12 Ways to Balance Work and Family (pack of 50)	NFI-83	$13.99	26

TRAINING

Live Webinar Recruitment & Retention Training		$249	5
On Demand Father Engagement Training	FEC-01	$249	5
On Demand Effective Facilitation Training	EFC-01	$249	5
Curricula Training Institutes		See Details	4

RESOURCE AND PROGRAM BUNDLES

24/7 Dad® A.M. with Booster Sessions for Non-Custodial Dads	CNA-100	$799	9
24/7 Dad® PM with Booster Sessions for Non-Custodial Dads	CNA-99	$799	9
24/7 Dad® AM + PM Program Kits (Save $200)	247APB-01	$1098	9
Co-Parenting Bundle	CPB-01	$299	19
Father Involvement Starter Bundle	FISB-01	$163	17
Father Involvement Starter Bundle *(Spanish)*	FISBSP-01	$163	17
Head Start Bundle	HSB-01	$269	18
Home Visitation Bundle	HVB-01	$463	18
InsideOut Dad® Third Edition Bundle	IODB-03	$945	12
New & Expectant Dads Bundle	NEDB-01	$128	17
Spanish Resource Bundle	SRB-01	$204	19
Understanding Dad™ with Mom As Gateway Booster Session	UDB-01	$667	15

OTHER RESOURCES

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