BRAND NEW!
24/7 Dad® Key Behaviors Workshop:
A Short-Length Fatherhood Program

End of Year Spend Down?
Our Resource Bundles
Make it Easy!

Page 3
Page 17 -19
Welcome to FatherSource™
by National Fatherhood Initiative®

Table of Contents

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>24/7 Dad®&lt;br&gt;Key Behaviors Workshop</td>
</tr>
<tr>
<td>4</td>
<td>Program Training</td>
</tr>
<tr>
<td>5</td>
<td>Online Staff Training</td>
</tr>
<tr>
<td>6</td>
<td>Staff Training for Fatherhood Discussions</td>
</tr>
<tr>
<td>7</td>
<td>Fathering in 15™&lt;br&gt;Online Learning Experience</td>
</tr>
<tr>
<td>8-9</td>
<td>24/7 Dad® Program and Workshop</td>
</tr>
<tr>
<td>10-12</td>
<td>Programs &amp; Resources for Incarcerated Dads</td>
</tr>
<tr>
<td>13</td>
<td>FatherTopics™ Booster Sessions For Non-Custodial Dads</td>
</tr>
<tr>
<td>14</td>
<td>Understanding Dad™ for Moms</td>
</tr>
<tr>
<td>15</td>
<td>Resources for Moms</td>
</tr>
<tr>
<td>16</td>
<td>FatherTopics™ Booster Sessions</td>
</tr>
<tr>
<td>17-19</td>
<td>Resource Bundles</td>
</tr>
<tr>
<td>20-21</td>
<td>Poster Sets</td>
</tr>
<tr>
<td>22</td>
<td>Child Development Guides</td>
</tr>
<tr>
<td>23</td>
<td>Pocket Guides</td>
</tr>
<tr>
<td>24-25</td>
<td>Brochures</td>
</tr>
<tr>
<td>26</td>
<td>Tip Cards</td>
</tr>
<tr>
<td>27</td>
<td>Father Facts 8</td>
</tr>
<tr>
<td>27</td>
<td>Free Resources</td>
</tr>
<tr>
<td>28-29</td>
<td>Resource Index</td>
</tr>
<tr>
<td>30</td>
<td>Ordering Information</td>
</tr>
<tr>
<td>31</td>
<td>Order Form</td>
</tr>
</tbody>
</table>

"Welcome to FatherSource™

We’re a 501(c)(3) non-profit organization started in 1994 to reverse the nation’s trend toward father absence. Our mission is to transform organizations and communities to intentionally and proactively engage fathers in their children’s lives. Our vision is for every child to grow up with an involved, responsible, and committed father.

We accomplish our mission by equipping thousands of family service organizations with affordable and customizable fatherhood curriculum kits, fatherhood program training, and fatherhood skill-building resources to work directly with fathers and families.

FatherSource™ by National Fatherhood Initiative® is your partner for high quality resources and programs that build the skills of dads (and moms!) around involved, responsible fatherhood. Our evidence-based programs and budget-friendly resources allow you to find the best tools to help you effectively engage fathers. If you would like assistance selecting programs or resources for the families you serve, just give us a call! We’re here to help.

Hours:  M-F, 8:30am-5pm EST
Phone:  240-912-1263
Fax:    301-948-6776
Email:  fathersource@fatherhood.org
Meet the newest member of the 24/7 Dad® family of programs! A short-length workshop to help dads become the best dads they can be.

Program Length
- 7 Sections: Sections 1 and 7 are 1/2 hour, sections 2-6 are 1 hour
- Can also be facilitated as a 1-day workshop in 8 hours, including a 1-hour break (e.g. for lunch)

Program Delivery
Delivered in a group setting by a facilitator(s), or can be used one-on-one and in a home-based setting.

Training Options
The Workshop Guide in the Facilitator’s Manual provides all necessary facilitator information to run the workshop successfully.

Kit Contents
- (1) 24/7 Dad® Key Behaviors Workshop Facilitator’s Manual with Workshop Guide
- (10) 24/7 Dad® Key Behaviors Workshop Fathering Handbooks
- (10) Quick Reference Cards (perforated tear-out inside handbook front cover)
- (1) 24/7 Dad® USB Flash Drive with supporting resources

Program Description
This short-length workshop helps fathers develop a set of behaviors that will help them become the best fathers possible. It's great for any father (whether they've participated in 24/7 Dad® or not), and you can deliver it in as little time as one day (8 hours including lunch break). You can easily facilitate this workshop with groups of fathers or with only one father (i.e. one-on-one) using the separate guides for each in the Facilitator’s Manual.

24/7 Dad® Key Behaviors Workshop is also excellent for use in short stay facilities and reentry programs!

Topics Covered
The 12 Key Behaviors
1. Works with an Accountability Partner or Partners (Self-Awareness)
2. Reflects on a Weekly Basis (Self-Awareness)
3. Takes Care of Physical Health on a Regular Basis (Caring for Self)
4. Takes Care of Emotional/Mental Health on a Regular Basis (Caring for Self)
5. Develops Skills that Reflect His Role in the Family (Fathering Skills)
6. Models Healthy Masculinity (Fathering Skills)
7. Disciplines His Children in Healthy Ways (Parenting Skills)
8. Nurtures His Children (Parenting Skills)
9. Communicates Well with Mom and Their Children (Relationship Skills)
10. Builds and Maintains a Good Relationship with Mom (Relationship Skills)
11. Pays It Forward (Bonus)
12. Engages with His Community (Bonus)
Program Training

Core Program Training

Get expert training on facilitating NFI’s core fatherhood programs with our Program Training Institutes! We have several training options throughout the year to fit your budget and staff needs.

Learn everything you need to know about the program of your choice including: the program description, format, and topics; and the session descriptions and content. Choose from our many training options below.

Public Webinar Training
Dynamic, online program training institutes from the comfort of your office! Delivered via webinar by expert NFI staff with engaging content, discussions, and interactive polls.

Training Available For:
- 24/7 Dad®
- InsideOut Dad®

Upcoming Dates
- 24/7 Dad® November 17th, 2020
- 24/7 Dad® February 9th, 2021
- InsideOut Dad® August 23rd, 2021
- 24/7 Dad® May 11th, 2021

For Groups: Custom Webinar Training
Bring your staff together in a room or remotely for a custom webinar training. Email info@fatherhood.org for a quote.

Training Available:
- 24/7 Dad®
- InsideOut Dad®
- Understanding Dad™

Customized Webinar
Starting At
$249
Per Person

Prices Include Trainer Travel
1 Day Training $6999
2 Day Training $7999

Add a 1-Day Recruitment & Retention Workshop to a 1-Day 24/7 Dad® Training for an extra $1000!
On-Demand & Live Webinar Training for Anyone Working with Fathers

Earn your Certificates from National Fatherhood Initiative® in Father Engagement, Effective Facilitation, and Recruitment & Retention.

**Training Type**
- Online, on-demand, at your own pace

**Description**
Offered by the nation’s fatherhood leader, and delivered by NFI President Christopher Brown, the On Demand Father Engagement Certificate™ (FEC) from National Fatherhood Initiative® provides individuals with an affordable, convenient, on demand training around 5 core competencies for effective father engagement. Earning the FEC will add credibility to your work with organizations and in your community, with funders and on grant proposals, and generally help you excel in your work with fathers and families.

**Topics Covered**
1. **Foundational:** How to Create a Father-Friendly Organization
2. **Program Design:** 7 Best Practices in Designing a Fatherhood Program
3. **Recruitment & Retention:** How to Think Like a Marketer When Marketing a Fatherhood Program
4. **Involving Moms:** How to Work with Moms to Encourage Father Involvement
5. **Fundraising:** How to Develop a Funding Plan for a Fatherhood Program

**COMPLETION TIME:** APPROX. 4 HOURS

**JUST $199 Per Person**
FEC-01
www.fatherhood.org/fec

**Training Type**
- Online, on-demand, at your own pace

**Description**
Offered by the nation’s fatherhood leader and delivered by NFI President Christopher Brown, the Effective Facilitation Training teaches you the characteristics and skills to be an excellent fatherhood program facilitator, adult learning styles that affect how your participants learn and engage, and how to properly prepare to effectively facilitate each and every session you lead.

The training program is offered online, on demand, allowing you to learn at your own pace. Individuals who complete the Effective Facilitation Training will receive a Certificate and web badge.

You can use these facilitation skills with any fatherhood program or curriculum of your choosing!

**Topics Covered**
- Part 1 > The Facilitator: Characteristics and Skills
- Part 2 > The Participants (Fathers): Learning Styles, Autonomy, Mastery & Purpose, Cognitive Biases
- Part 3 > Facilitation: Your Role, Preparation, and Techniques

**COMPLETION TIME:** APPROX. 6 HOURS

**JUST $199 Per Person**
EFC-01
www.fatherhood.org/efc

**Training Type**
- Live webinar, see schedule

**Description**
Join NFI President Christopher Brown to receive your Recruitment and Retention Certificate™. Develop the attitudes, knowledge, and skills to help your organization, or any other, recruit and retain dads.

**Topics Covered**
- The proper mindset to succeed with recruitment and retention
- The “Build-Measure-Assess-Refine” loop to develop a successful recruitment and retention plan
- The necessary foundation to succeed with recruitment and retention, and how to build it with customized recruitment and retention tactics
- Examples of NFI partners’ recruitment and retention successes
- Cutting-edge, research-based concepts to identify breakthrough recruitment and retention tactics
- Free resources to build, measure, assess, and refine your plan

**WEBINAR RUNTIME:** 5 HOURS (PLUS 1HR LUNCH BREAK)

**JUST $249 Per Person**
limit 20 people per webinar
www.fatherhood.org/rrc

TO ORDER: www.fathersource.org | (240) 912-1263 | (301) 948-6776 fax
Not Sure What to Discuss with Dads and Moms? These Guides Can Help.

Product Description
17 Vital Topics to Discuss with Dads is a valuable resource to aide you in having discussions with dads at any time and in any setting. Organizations who work one-on-one with dads can use this guide to lead discussions and facilitate valuable, structured conversations—especially in home-visiting settings. This guide is extremely helpful to those who make presentations to dads in the community, such as at schools or businesses/workplaces, and for those who already run a group-based fatherhood program or workshop and wish to delve further into certain topics.

Delivery Options
Organizations who work one-on-one with dads can use this guide to lead discussions and facilitate valuable, structured conversations—especially in home-visiting settings. This guide is extremely helpful to those who make presentations to families in the community, such as at schools or businesses/workplaces, and for those who offer direct services to fathers and wish to delve further into certain topics around involved fatherhood.

Topics Covered
- Topic 1: Family of Origin
- Topic 2: Masculinity and Fatherhood
- Topic 3: Fathering Skills
- Topic 4: Child Development
- Topic 5: Raising Boys, Raising Girls
- Topic 6: Discipline
- Topic 7: Gender Communication
- Topic 8: Building Healthy Marriages and Relationships
- Topic 9: Dealing with Emotions
- Topic 10: Grief and Loss
- Topic 11: Men’s Health
- Topic 12: Sexuality
- Topic 13: Intimacy
- Topic 14: Power of Spirituality
- Topic 15: Power of a Fathers’ Support Group and Network
- Topic 16: Balancing Work and Family
- Topic 17: Financial Responsibility

Product Description
14 Vital Topics to Discuss with Moms is a valuable resource to aide you and your staff in having discussions with moms at any time and in any setting about specific topics related the importance of a father’s involvement (see list below) and how she can help to encourage his involvement for the benefit of her children.

Delivery Options
Organizations who work one-on-one with moms can use this guide to lead discussions and facilitate valuable, structured conversations—especially in home-visiting settings. This guide is extremely helpful to those who make presentations to families in the community, such as at schools or businesses/workplaces, and for those who offer direct services to mothers and wish to delve further into certain topics around moms’ relationships with dads.

Topics Covered
- Topic 1: Co-Parenting
- Topic 2: Gender Communication
- Topic 3: Dad’s Importance to Child Well-Being
- Topic 4: Restrictive Maternal Gatekeeping
- Topic 5: For Your Children’s Sake
- Topic 6: Trusting Dad
- Topic 7: Mutual Respect
- Topic 8: Conflict Resolution
- Topic 9: Power and Control
- Topic 10: Angry with Dad
- Topic 11: When Dad is Absent
- Topic 12: Family of Origin
- Topic 13: Discipline of Children
- Topic 14: Listening
TO ORDER: www.fathersource.org | (240) 912-1263 | (301) 948-6776 fax

CONGRATULATIONS! You’ve seen the text. Now, please read it aloud to ensure it’s accessible to all.
Over 440 organizations in 47 states and Washington D.C. offer 24/7 Dad® to dads in their communities! Will you join them?

$649 Complete Program Kit

$849 Each Additional Fathering Handbooks

Program Length (Both Versions)
12 core sessions + 1 optional introductory session at approximately 2 hours each.

Program Delivery (Both Versions)
Group setting, delivered by a facilitator(s), or one-on-one and in a home-based setting.

Training Options (Applies to Both Versions)
Program Guide in Facilitator’s Manual provides background, philosophy, and all necessary facilitator information to run the program successfully.
- Public webinar training is available (see page 4).
- Custom webinar training and in-person training at your location are also available (see page 4).

SAVE $200!

24/7 Dad® AM/PM Bundle
- 1 - 24/7 Dad® A.M. Complete Program Kit
- 1 - 24/7 Dad® P.M. Complete Program Kit

24/7 DAD® A.M. COMPLETE PROGRAM KIT
CNA-91 - $649 EACH
EXTRA A.M. FATHERING HANDBOOKS
CNA-93 - $8.49 EACH (ENGLISH)
CNA-93SP - $8.49 EACH (SPANISH)

EXTRA FACILITATOR’S MANUALS
AVAILABLE IN ENGLISH AND SPANISH.
PLEASE CALL 240-912-1263

www.fatherhood.org/247dad

Program Description
24/7 Dad® is an evidence-based fatherhood program in two versions—A.M., a basic skill-building program and P.M., a more in-depth skill-building program. Diverse organizations across the nation use the program to improve the knowledge, behavior, and skills of dads of all races, religions, and demographics. The program is built on the basis that fathers can be nurturers, and for men, nurturing is a learned skill. Throughout the program, men examine their own fatherhood history, learn the 5 characteristics of a 24/7 Dad®, and other important behaviors such as working with mom and proper child discipline to help them be the best dads they can be.

Now in its Third Edition, 24/7 Dad® has been enhanced to meet requests and suggestions made by facilitators in the field. Research-based additions such as the "My 24/7 Dad Checklist", videos to enhance and add variety to the delivery of the program, father-attendee materials now provided in Spanish, and reference cards in the fathering handbooks bring this program to the next level.

Kit Contents
- (1) 24/7 Dad® A.M (or PM) Facilitator’s Manual
- (10) 24/7 Dad® AM (or PM) Fathering Handbooks: Dads will use and write in to participate in activities
- (10) Quick Reference Cards
- (1) 24/7 Dad® USB Flash Drive with supporting resources
With just 7 sections that can also be delivered as a one-day workshop, 24/7 Dad® Key Behaviors Workshop gives you the flexibility to deliver it to groups of dads or to dads one-on-one!

Need a Short-Length Workshop? Our NEW 24/7 Dad® Key Behaviors Workshop is the Answer!

With just 7 sections that can also be delivered as a one-day workshop, 24/7 Dad® Key Behaviors Workshop gives you the flexibility to deliver it to groups of dads or to dads one-on-one!

See Page 3 for Details

Topics Covered

24/7 Dad® A.M.
- Family History
- What it Means to Be a Man
- Showing and Handling Feelings
- Men’s Health
- Communication
- The Father’s Role

24/7 Dad® P.M.
- Fathering and The 24/7 Dad
- Power and Control
- Boyhood to Manhood
- Competition and Fathering
- Dealing with Anger
- Improving my Communication Skills
- Discipline
- Children’s Growth
- Getting Involved with your Child(ren)
- Working with Mom and Co-Parenting
- Dads and Work
- My 24/7 Dad® Checklist

24/7 Dad® A.M. (or P.M.) with Booster Sessions for Non-Custodial Dads

All topics covered in the 24/7 Dad® A.M. (or P.M.) Program, PLUS 5 separate 2-hour booster sessions your organization can run for non-custodial fathers:
- Workforce Readiness
- Rights & Responsibilities
- Visitation
- Child Support
- Money Management

Bundle Includes:
- Everything in the 24/7 Dad® A.M. (or P.M.) Complete Program Kit
- 1 - FatherTopics Collection Booster Sessions + CD-ROM with Instruction Guide, Session Handouts, and Binder-Ready, 3-Hole punched facilitator sessions with dividers.

A.M. - CNA-100 - $799 PER KIT
P.M. - CNA-99 - $799 PER KIT
**Out of the Ashes DVD + Discussion Guide**

*Out of the Ashes* is a powerful 32-minute film—a one-act play, of sorts—intended to start the discussion and healing process with children and fathers impacted by a father’s incarceration.

**Length**

32-minute film, and 3, 1.5 - 2-hour sessions/discussions.

**Topics Covered:**

- The impact of incarceration on children, fathers, and families
- Discussion questions around feelings about incarceration
- Discussion questions around the reunion of fathers, children, and families after incarceration
- Discussion questions for currently and formerly incarcerated dads
- Discussion questions for children of currently and formerly incarcerated dads

**Product Contents**

- DVD with movie, trailer, and actor biographies
- Facilitated Discussion Guide downloaded online for free after purchase

**Out of the Ashes DVD + Discussion Guide**

$59.99 DVD

$59.99 DVD
WITH DISCUSSION GUIDE

**InsideOut Dad® Guide to Family Ties**

Incarcerated fathers who create meaningful ties with their children and family on the outside are the best prisoners on the inside. The InsideOut Dad Guide® to Family Ties covers many topics that help incarcerated fathers learn the importance of getting in touch - and staying in touch - with their family, maybe even for the first time. It also helps incarcerated fathers create strong ties between themselves and their children, and between them and the mother(s) of their child(ren).

By connecting with their children, incarcerated fathers are motivated to maintain good behavior to keep visiting rights, which is beneficial for both the facility and correctional officers working with them. In addition, research shows that fathers who connect with their children (and families) prior to release have a higher likelihood of staying out of jail/prison.

**Program Delivery**

- Self-paced guide.
- Facilitator’s Instruction Guide available for download.

**Product Contents**

- Guide for the father to write in and keep (bound for maximum security standards).

**Complete Program Kit**

CNA-79  $59.99 EACH

NFI-107  $189.00  25 PACK
NFI-106  $10.49 EACH

**Additional InsideOut Dad® Christian: First Edition**

Prepare incarcerated fathers for a successful reentry with InsideOut Dad® Christian! This Biblically-based reentry program reconnects inmates with their children and introduces them to the transforming power of the Gospel.

Developed in partnership with Prison Fellowship and based on the successful InsideOut Dad® program, InsideOut Dad® Christian provides a firm foundation of Biblical principles and weaves scriptural truths throughout the sessions. Perfect for prison ministries and other para-church organizations, InsideOut Dad® Christian helps you to plant a seed of hope and grace to stop the cycle of brokenness and crime.

**Program Length**

12 core sessions, 26 optional sessions, and a reentry module

**Kit Contents**

- (1) InsideOut Dad® Christian Activities Manual with a guide for facilitating each session
- (1) InsideOut Dad® Christian Facilitator’s Guide with information about the program’s underlying principles
- (10) InsideOut Dad® Christian Fathering Handbooks dads can keep as a reference
- (1) InsideOut® Dad Christian CD-ROM - includes Evaluation and Marketing Tools, Certificate of Completion, and more

**Complete Program Kit**

CNA-79  $59.99

CNA-79  $59.99

**Additional InsideOut Dad® Christian: First Edition Fathering Handbooks**

CNA-82  $10.49 EACH

CNA-82  $10.49 EACH

Note: All books are bound to meet maximum security standards.
Over 410 organizations/facilities in 46 states and Washington D.C. offer Inside Out Dad® to the dads they serve in correctional systems and reentry. It is also used by the Federal Bureau of Prisons.

**Programs for Incarcerated Dads**

**Complete Program Kit**

$699

CNA-200

**Additional Fathering Handbooks**

$9.99

CNA-203

---

Short-Term Stay Facility? See our NEW 24/7 Dad® Key Behaviors Workshop on Page 3!

**Program Length**

12 core sessions and 6 optional reentry sessions at approximately 2 hours each.

**Program Delivery**

Delivered in a group setting by a Facilitator(s), or can be used one-on-one. Facilitator Training available.

**Training Options**

- Program Guide in Facilitator’s Manual provides background, philosophy, and all necessary facilitator information to run the program successfully.
- Public webinar training is available (see page 4)
- Custom webinar training and in-person training at your location are also available (see page 4).

**Kit Contents**

- (1) InsideOut Dad® Facilitator’s Manual: Core Sessions
- (1) InsideOut Dad® Facilitator’s Manual: Optional Reentry Sessions
- (10) InsideOut Dad® Fathering Handbooks
- (1) InsideOut® Dad USB Flash Drive with supporting resources

**Topics Covered**

**Core Sessions**

- Family History and The InsideOut Dad
- What it Means to Be a Man
- Showing and Handling Feelings
- Men’s Health
- Fathering from the Inside
- Communication
- The Father’s Role
- Children’s Growth
- Discipline

- Working with Mom and Co-Parenting

**Optional Reentry Sessions**

- Fathering on the Outside
- Responsibilities and Child Support
- Visits Upon Release
- Communication Patterns
- Safe Communication
- Money Management

**Program Description**

InsideOut Dad® gets rave reviews from inmates and facilitators alike. When incarcerated fathers are given the vision that they play a unique and irreplaceable role in their children's lives, hearts change, men change - families’ and children's lives change.

InsideOut Dad® is an evidence-based program, proven to develop pro-fathering attitudes, knowledge, and skills, giving fathers the necessary strategies to prepare them for release. The core program sessions feature unique exercises and research-based tools and techniques to encourage fathering from the inside. The optional reentry sessions help fathers prepare for responsibilities and challenges they will face on the outside.

Join the thousands of jails, prisons, and reentry programs across the nation using InsideOut Dad® to give incarcerated fathers the tools they need to become involved, responsible, and committed fathers.
The InsideOut Dad® Curriculum Bundle

The InsideOut Dad® Bundle Includes other Helpful Resources for Incarcerated Fathers:

- 1 - InsideOut Dad® Complete Program Kit (CNA-200)
- 1 (25) pk - InsideOut Dad® Guide to Family Ties (CNA-107)
- 1 (50) pk - Staying Involved With Your Children While Incarcerated Brochure (NFI-11)
- 1 (50) pk - 14 Things Dads in Prison Should Do Before Or After Release Brochure (NFI-61)
- 1 (50) pk - 20 Ways to Connect with Your Children and Family After Release Brochure (NFI-05)

IODB-03 $945

www.fatherhood.org/bundles

Brochures for Incarcerated Dads

www.fatherhood.org/brochures

INVOLVED WHILE INCARCERATED

STAYING INVOLVED WITH YOUR CHILDREN WHILE INCARCERATED
MAINTENIENDOSE EN CONTACTO CON SUS HIJOS MIENTRAS ESTÁ ENCARCELADO
Incarcerated fathers may be locked up, but they don’t have to be locked out of healthy relationships with their kids. This brochure offers incarcerated fathers ten tips on staying connected to their children.

NFI-11 $18.99 50 PACK (ENGLISH)
NFI-16 $18.99 50 PACK (SPANISH)

REENTRY PLANNING

14 THINGS DADS IN PRISON SHOULD DO BEFORE OR RIGHT AFTER RELEASE
14 COSAS QUE LOS PADRES EN PRISIÓN DEBERÍAN HACER ANTES O JUSTO DESPUÉS DE SU LIBERACIÓN
Help incarcerated dads make a successful reentry transition! This brochure helps inmates create a plan for their lives after release with ideas for reuniting with family, taking care of finances, getting employment, and more.

NFI-61 $18.99 50 PACK (ENGLISH)
NFI-61SP $18.99 50 PACK (SPANISH)

REENTRY FAMILY CONNECTION

20 WAYS TO CONNECT WITH YOUR CHILDREN AND FAMILY AFTER RELEASE
Fathers face many challenges upon release. With these 20 tips, dads can prepare, prevent, and partner for post-release success and connect for the long haul. Research shows that when dads connect with their children and families after release, they are more likely to stay out of prison.

NFI-05 $18.99 50 PACK (ENGLISH ONLY)

REENTRY CHILD RECONNECTION

HOW TO CONNECT WITH YOUR MINOR CHILD AFTER A LONG ABSENCE
CÓMO COMUNICARTE CON TU HIJO MENOR DESPUÉS DE UNA LARGA Ausencia
Help fathers take the necessary steps to reconnect with their child(ren) and work through “maternal gatekeeping” which can sometimes prevent a father’s access to his child(ren). The content is divided into two stages, with key steps dads can take.

NFI-91 $18.99 50 PACK (ENGLISH)
NFI-91SP $18.99 50 PACK (SPANISH)

www.fatherhood.org/brochures
Product Description

FatherTopics™ Collection for Non-Custodial Dads consists of five separate 2-hour sessions your organization can run for non-custodial fathers to help them succeed as involved fathers. Your organization can offer 1, 2, 3, or more sessions in any number and combination. Your organization can also add any number of combination of them to any National Fatherhood Initiative® (NFI) fatherhood programs or any other fatherhood program.

The collection covers some of the most critical issues faced by non-custodial fathers.

Resource Background:

In 2011, the City of New York’s Department of Youth and Community Development (DYCD) contracted with NFI to create a version of 24/7 Dad® that organizations in the city would use with non-custodial fathers. The resulting DYCD version of 24/7 Dad® included new session content to provide information on some of the most critical issues faced by non-custodial fathers that don’t directly address pro-fathering knowledge, attitudes, and skills.

Consequently, NFI decided to use that newly designed content to create FatherTopics™ Collection for Non-Custodial Dads, so that facilitators and organizations across the country could provide these well-received sessions to non-custodial fathers wherever they reside, and regardless of location. The reaction to these field-tested sessions, from facilitators and non-custodial fathers in New York City, has been overwhelmingly positive.
Program for Moms

UNDERSTANDING DAD™ Complete Program Kit
CNA-180 - $549

Additional Mother’s Handbooks
CNA-181 - $8.49 Each

Complete Program Kit | Additional Mother’s Handbooks
---|---
$549 | $8.49 Each
CNA-180 | CNA-181

www.fatherhood.org/moms

Program Length
8 sessions at approximately 2-3 hours each.

Program Delivery
Group setting, delivered by a facilitator(s) or one-on-one.

Training Options
» Program Guide in Facilitator’s Manual provides all necessary facilitator info to run the program successfully.
» In-person facilitator training at your location is available (see page 4).

Program Description
Understanding Dad™ is a unique program that helps mothers improve the relationships they have with fathers, for the benefit of their children. This program helps mothers better understand the importance of involving dad in their children’s lives, and how to better communicate with the father(s) of their child(ren).

Oftentimes, the mothers’ gatekeeping behavior that can prevent or reduce fathers’ access to their children - when fathers’ involvement in their children’s lives would actually benefit their children. This program encourages self-awareness and helps moms improve the communications skills they need to improve their relationships with the fathers of their children.

Understanding Dad™ raises mothers’ awareness about the importance of father involvement in the lives of their children. It helps mothers to reflect on how their own developmental histories have and continue to influence the relationships with the fathers of their children. It also teaches mothers communication skills to improve the partnership between them and the fathers of their children in raising their children (e.g. co-parenting when mothers and fathers are no longer together).

Topics Covered
✅ My Life as a Mom
✅ My Father’s Impact
✅ My Mother’s Impact
✅ Me and My Children’s Father
✅ The Impact on My Children
✅ Patterns of Communication
✅ Open, Safe Communication
✅ How to Listen

Kit Contents
► (1) Understanding Dad™ Facilitator’s Manual
► (10) Understanding Dad™ Mother’s Handbooks for use during the program and that the moms can keep
► (1) Thumb drive with supporting resources

EXTRA FACILITATOR’S MANUALS AVAILABLE. PLEASE CALL 240-912-1263
COMMUNICATION

POCKETBOOK FOR MOMS: A POCKETBOOK FULL OF WAYS TO COMMUNICATE WITH DAD™

Helps moms understand how to talk with dads so they can raise healthy children together. Creating trust and a good communication pattern with dad is important, and this guide will help.

NFI-108 $13.99 5 PACK (ENGLISH ONLY)

CO-PARENTING

POCKETBOOK FOR MOMS: A POCKETBOOK FULL OF WAYS TO BE A GREAT CO-PARENT™

This pocketbook focuses on helping moms understand the challenges - and the importance of - being a good co-parent for the benefit of her children. It addresses expectations, how to handle difficult situations and differences, and acting with empathy to ensure the best outcome for her children.

NFI-101 $13.99 5 PACK (ENGLISH ONLY)

NEW MOMS INVOLVING DADS

POCKETBOOK FOR NEW MOMS: A POCKETBOOK FULL OF REASONS FOR NEW MOMS TO INVOLVE DADS™

Help new or expectant moms understand the benefits that she, her baby—and even dad!—will experience when dad is involved right from the start. Moms learn why it's important to get dads involved and tips to get him "in the game."

NFI-109 $13.99 5 PACK (ENGLISH ONLY)

Tip Cards & Pocketbooks for Moms

COMMUNICATION

10 WAYS MOM CAN BETTER COMMUNICATE WITH DAD

10 MANERAS PARA QUE MAMÁ SE COMMUNIQUE MEJOR CON PAPÁ

Communication can be one of the biggest challenges for couples, and especially for those who are separated and co-parenting. This tip card equips mom with ways she can better communicate with dad for the benefit of her children.

NFI-98 $13.99 50 PACK (ENGLISH)
NFI-98SP $13.99 50 PACK (SPANISH)

CO-PARENTING

10 WAYS MOM CAN BE A GREAT CO-PARENT

10 MANERAS PARA QUE MAMÁ SEA BUENA EN LA CRIANZA COMPARTIDA

Co-parenting takes BOTH parents’ commitment and involvement. This tip card provides mom with simple tips for being a good co-parent - all for the benefit of her children.

NFI-99 $13.99 50 PACK (ENGLISH)
NFI-99SP $13.99 50 PACK (SPANISH)

Understanding Dad™ with Mom As Gateway™ Booster Sessions

Use this bundle to create a powerful 12-week program for moms that addresses moms’ gatekeeping behavior in a more comprehensive way, than either resource alone.

- Start with the optional opening session in Understanding Dad™ as session one.
- Follow it with the eight core sessions of Understanding Dad™.
- End the program with the three sessions of Mom as Gateway™ (see page 16).

Bundle Includes:

- 1 - Understanding Dad™ Complete Program Kit
- 1 - Mom as Gateway™ Booster Session (Binder-ready, 3-hole punched)

UBD-01 $667

For Moms

www.fatherhood.org/pocketguides

www.fatherhood.org/tipcards

www.fatherhood.org/pocketguides

www.fatherhood.org/tipcards

15

TO ORDER: www.fathersource.org | (240) 912-1263 | (301) 948-6776 fax
Use our collection of FatherTopics™ Booster Sessions as stand-alone workshops or supplemental sessions to a fatherhood program, such as NFI’s 24/7 Dad®, InsideOut Dad®, and Understanding Dad™. Each Booster Session offers an affordable way to address a specific topic (e.g. communication and co-parenting) in-depth and in as little as one-half day or a full day. 3-hole punched to add to your existing curriculum binder!

**Product Type**
Printed, binder-ready, 3-hole punched session guides.

**Delivery Options**
Intended for use as stand-alone sessions or as booster sessions to your fatherhood programming.

---

**Mom as Gateway™**

**Program Length**
3, 1-hour sessions.

**Description**
This session for moms helps you break down barriers between mothers and fathers by addressing what is known as Maternal Gatekeeping - when a mother’s beliefs about a father, as well as her behaviors, hinder a father’s involvement - and facilitate helpful discussions and efforts towards co-parenting.

**Topics Covered**
- The Role of the Gatekeeper
- Power and Control Between Men & Women in Relationships
- Minimize Excessive Gatekeeping

**Session Contents**
- (3) Session Guides with step-by-step instructions
- Handouts for each session that you can photocopy

---

**Talking with Mom™: Essential Communication Skills for Dads**

**Program Length**
3, 1.5 - 2-hour sessions.

**Description**
This 3-session program helps fathers become better communicators with the mother(s) of their children by learning about communication patterns, creating a safe environment for effective communication, and developing effective listening skills.

**Topics Covered**
- Self-Awareness, Caring for Self, Relationships
- How to Talk Openly
- How to Listen

**Session Contents**
- (3) Session Guides with step-by-step instructions
- Handouts for each session that you can photocopy

---

**Understanding Domestic Violence™**

**Program Length**
3, 1-hour sessions.

**Description**
This session helps the dads you serve and your facilitators/organization understand the many types of domestic violence, the impact it has on fathers and families, and how it can be addressed with men you’re in contact with.

**Topics Covered**
- Definitions of domestic violence and its prevalence in society
- The family impact of domestic violence and its effects on children
- The cyclical nature of domestic violence
- How to recognize the early warning signs of domestic violence
- How to foster non-violence in the home

**Session Contents**
- (3) Session Guides with step-by-step instructions
- Handouts for each session that you can photocopy

---

[www.fatherhood.org/booster-sessions](http://www.fatherhood.org/booster-sessions)
FATHER INVOLVEMENT STARTER BUNDLE

Our newest resource bundle, and the only one available in both English and Spanish, gives you the best of the best! Perfect for practitioners who are just starting out with father engagement, or for those looking for a great collection of some of our best sellers.

From tips for dads on how to help their child in school, ways to be a better dad, and how to better manage money—to co-parenting tips for mom and dads and the importance of an involved father—this bundle is sure to contain just what you need to better engage dads in their children’s lives. It also includes our strength-based Father Facts posters to help you show dads—and moms—that your facility/facilities are father-friendly and that remind staff of the importance of serving dads.

Bundle Includes:
- 1 Poster Set: Set of 5 Father Facts Posters (NFI-59, NFI-62)
- 1 pk (50) - Tip Card: 10 Tips to Help Your Child In School (NFI-74, NFI-77)
- 1 pk (50) - Tip Card: 10 Ways to Be a Better Dad (NFI-72, NFI-73)
- 1 pk (50) - Tip Card: 10 Ways Mom Can Be a Great Co-parent (NFI-99, NFI-99SP)
- 1 pk (50) - Brochure: How Dad Can Be a Good Co-parent (NFI-93, NFI-93SP)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95, NFI-95SP)
- 1 pk (50) - Brochure: How to Better Manage Money w/Spending Plan Worksheet (NFI-97, NFI-97SP)

FISB-01 $163.00 (ENGLISH)
FISBS-01 $163.00 (SPANISH)
SHIPPING INCLUDED!

NEW & EXPECTANT DADS BUNDLE

One of NFI’s specialties is guidance and advice for new and expectant dads. That’s because dads and moms are most highly motivated for dads to be involved in the lives of their children during the prenatal and immediate postnatal periods.

Reaching dads during this time increases the chance that they’ll stay involved for the long haul!

Bundle Includes:
- 1 (50pk) Brochure: 12 Questions to Ask Before Your Baby Arrives (NFI-39)
- 1 (50pk) Brochure: The Importance of An Involved Father (NFI-95)
- 1 (50pk) Brochure: So You’re a New Father or About to Become One (NFI-13)
- 1 (50pk) Tip Card: 10 Tips for Expectant Dads (NFI-96)
- 1 (50pk) Tip Card: 10 Tips for New Dads (NFI-73)
- 1 (5pk) New Dad’s Pocket Guide (NFI-102)
- 1 (5pk) Help Me Grow: The First Year (NFI-120)

NEDB-01 $128 SHIPPING INCLUDED!
THE HOME VISITATION BUNDLE

It’s vital to include dads in home visits so that they understand the important role they play in their children’s lives—and that it’s never too late for dads to get involved! It’s also important for moms to understand dads’ unique role, and how to better communicate with them so that dads and moms can parent more effectively, together. Use this bundle along with any evidence-based home visiting curriculum to include fathers. This bundle includes our popular Vital Topics Guides along with other resources on being a better dad, creating a peaceful home, effective discipline, communication, and more.

Bundle Includes:

- 1 - 14 Vital Topics for Staff to Discuss with Moms (NFI-08) (Printed Guide)
- 1 - 17 Vital Topics for Staff to Discuss with Dads (NFI-09) (Printed Guide)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95)
- 1 pk (50) - Brochure: 10 Ways to Be a Better Dad (NFI-01)
- 1 pk (50) - Brochure: 12 Ways To Create A Peaceful Home (NFI-40)
- 1 pk (50) - Brochure: Keeping Your Child Safe (NFI-12)
- 1 pk (50) - Tip Card: 12 Tips for Effectively Disciplining Your Children (NFI-94)
- 5 pks (5) - Help Me Grow: The First Year Guide (NFI-120)
- 5 pks (5) - New Dad’s Pocket Guide (NFI-102)
- 5 pks (5) - New Moms: A Pocketbook Full of Reasons for New Moms to Involve Dads (NFI-109)
- 5 pks (5) - For Moms: A Pocketbook Full of Ways to Communicate with Dad

HVB-01 $463.00 SHIPPING INCLUDED!

HEAD START BUNDLE

Research shows that fathers prefer parenting resources that speak specifically to them in their role as a dad—and our Head Start Bundle helps programs do just that!

Meet your Head Start Program father engagement requirements with our professionally-designed and research-based tip cards, brochures, and guides to help strengthen the role of fathers in their families, schools, and communities.

Bundle Includes:

- 1 (50pk) Brochure: How to Help Your Child In School (NFI-32)
- 1 (50pk) Brochure: The Importance of an Involved Father (NFI-95)
- 1 (50pk) Brochure: How To Better Manage Money (With Spending Plan Worksheet) (NFI-97)
- 1 (50pk) Brochure: 10 Ways to Be a Better Dad (NFI-01)
- 1 (50pk) Tip Card: 12 Tips to Balance Work & Family (NFI-83)
- 1 (50pk) Tip Card: 12 Tips for Effectively Disciplining Your Child (NFI-94)
- 5 (5pks) Dad’s Pocket Guide (NFI-103)
- 5 (5pks) Help Me Grow: The Toddler & Pre-School Years (NFI-121)

HSB-01 $269 SHIPPING INCLUDED!
THE CO-PARENTING BUNDLE

Positive co-parenting is vital for the health and well-being of children. This bundle includes resources for moms and dads to help them develop effective co-parenting skills, as well as better ways to communicate, discipline their children, and work together for the ultimate benefit of their children.

Bundle Includes:

- 1 - 14 Vital Topics for Staff to Discuss with Moms (NFI-08) (Printed Guide)
- 1 - 17 Vital Topics for Staff to Discuss with Dads (NFI-09) (Printed Guide)
- 1 pk (50) - Brochure: How to Resolve Conflict with the Mother of Your Child (NFI-06)
- 1 pk (50) - Brochure: How Dad Can be a Good Co-Parent (NFI-93)
- 1 pk (50) - Brochure: 10 Ways to Be a Better Dad (NFI-01)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95)
- 1 pk (50) - Tip Card: 10 Tips on Co-Parenting Tip Card (NFI-92)
- 1 pk (50) - Tip Card: 12 Tips for Effectively Disciplining Your Children Tip Card (NFI-94)
- 5 pks (5) - For Moms: A Pocketbook Full of Ways to Communicate with Dad (NFI-108)
- 1 pk (5) - For Moms: A Pocketbook Full of Ways to be a Great Co-Parent (NFI-101)

CPB-01 $299.00 SHIPPING INCLUDED!

THE SPANISH RESOURCE BUNDLE

The Spanish Resource Bundle includes one of every resource we offer in Spanish and helps you include Spanish speakers in your programs. It also makes it easy to acquire a collection of Spanish resources to use with Spanish-speaking moms and dads. You can always purchase additional packs of our Spanish resources as you deplete your inventory.

The Bundle Includes:

- 1 Poster Set: Poster Set of 3 (Horizontal 22”x28”) Spanish (NFI-88)
- 1 pk (50) - Brochure: How Dad Can Be a Great Co-parent (NFI-93SP)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95SP)
- 1 pk (50) - Brochure: 10 Tips To Help Your Child Do Well in School (NFI-48)
- 1 pk (50) - Brochure: How to Resolve Conflict with the Mother of Your Child (NFI-06SP)
- 1 pk (50) - Brochure: 12 Ways to Create a Peaceful Home (NFI-53)
- 1 pk (50) - Brochure: 12 Ways to Balance Work & Family (NFI-54)
- 1 pk (50) - Tip Card: 10 Ways Mom Can Be a Great Co-Parent (NFI-99SP)
- 1 pk (50) - Tip Card: 10 Ways Mom Can Better Communicate with Dad (NFI-98SP)
- 1 pk (50) - Tip Card: 10 Ways To Be A Better Dad (NFI-75)
- 1 pk (50) - Tip Card: 10 Tips on Co-Parenting for the Sake of Your Child (NFI-92SP)

SRB-01 $204.00 SHIPPING INCLUDED!
“Just the Facts” Posters Help Staff Members—and Clients—Understand Important Facts about Father Involvement

Keep father involvement top-of-mind for both clients and staff.

This set of STRENGTH-BASED Father Facts posters highlights some of the most important and applicable data on the benefits of father involvement.

Display the posters in your center to show your dedication to increasing the number of children who grow up with involved fathers. Or, display them during your fatherhood program sessions to generate discussions and help fathers understand their important role.

Designed in a standard 22” x 28” poster size for easy framing.

SET OF 5 ENGLISH 22” x 28” POSTERS
$49
NFI-59

SET OF 5 SPANISH 22” x 28” POSTERS
$49
NFI-62
POSTERS: Full-color, High-quality

Encourage dads with these full-color posters that remind fathers of their important and irreplaceable role!

Designed in a standard 22” x 28” poster size for easy framing.

**POSTERS IN SPANISH**

NFI-68 $49.00 for set of 5
Full-color 22” x 28” posters. Not sold separately. Not available in Spanish.

NFI-80 $49.00 for set of 5
Full-color 22” x 28” posters. Not sold separately. Not available in Spanish.

NFI-88 $19.00 for set of 3 (Spanish)
Full-color 22” x 28” Spanish language posters. Not sold separately. Posters read: “Give Your Kids What They Need To Succeed. You,” and “Every girl needs a leading man” Tagline on each poster: “Have You Been A Dad Today?”

**SET OF 5 POSTERS**

22” x 28”

$49

NFI-62

$49

NFI-80

$19

NFI-88

TO ORDER: www.fathersource.org | (240) 912-1263 | (301) 948-6776 fax
Often times, dads are unsure of how to be actively involved with their children as they grow. That’s why these unique guides go beyond simple child development charts. They help dads learn about the physical, mental, emotional, and social changes their children will go through (THINGS TO KNOW), and gives them practical ways they can be actively involved in their child’s growth based on their age range (WAYS TO GROW). Available in three age-ranges below.
Pocket Guides
Packs of 5 for just $13.99

NEW DADS

New Dad’s Pocket Guide™
This handy guide has essential hints, tips, and strategies that every new dad needs to know! The New Dad’s Pocket Guide™ helps dad get involved right from the start by increasing health literacy; includes important child health and safety information, ideas for connecting to his newborn, and more.

DADS OF PRESCHOOL & SCHOOL AGED CHILDREN

Dad’s Pocket Guide™
It's never been easier to give dads of preschoolers and school-aged children the information they need to stay involved in their children’s lives in meaningful ways. An updated version of the popular Daddy Pack, this handy guide has essential health and education hints, tips, and strategies that every dad needs to know.
ANY DAD
THE IMPORTANCE OF AN INVOLVED FATHER
LA IMPORTANCIA DE SER UN PADRE QUE PARTICIPA
Our newest brochure communicates the importance of an involved father by outlining the benefits his children will experience when he is involved in their lives.
NFI-95 $18.99 50 PACK (ENGLISH)
NFI-95SP $18.99 50 PACK (SPANISH)

10 WAYS TO BE A BETTER DAD
10 CONSEJOS PARA SER UN MEJOR PADRE
Our best selling brochure offers 10 easy suggestions to help any father become a great dad.
NFI-01 $18.99 50 PACK (ENGLISH)
NFI-02 $18.99 50 PACK (SPANISH)

NEW DADS
SO YOU’RE A NEW FATHER OR ABOUT TO BECOME ONE
ASÍ QUE ACABA DE SER PADRE O LO VA A SER MUY PRONTO
New fathers face a series of new and exciting challenges. This brochure provides new and expectant fathers with a ten point plan for enjoying and succeeding at the job of a lifetime—being a dad!
NFI-13 $18.99 50 PACK (ENGLISH)
NFI-15 $18.99 50 PACK (SPANISH)

SCHOOL INVOLVEMENT
10 TIPS TO HELP YOUR CHILD DO WELL IN SCHOOL
10 CONSEJOS PARA AYUDAR A SU HIJO A HACER BIEN EN LA ESCUELA
Children with involved dads have a better chance of succeeding in school. This brochure offers ten practical tips to help dads give their children a jump-start for academic success.
NFI-32 $18.99 50 PACK (ENGLISH)
NFI-48 $18.99 50 PACK (SPANISH)

CHILD SAFETY
A CHECKLIST FOR KEEPING YOUR CHILD SAFE FROM NEWBORN TO TODDLER
COMO MANTENER A SU HIJO SEGURO QUE NACE HASTA QUE COMIENZA A CAMINAR
Keeping children healthy and safe is a priority for all parents, especially during those exploratory toddler years. This helpful checklist provides the information needed to childproof a home and prevent common household accidents.
NFI-12 $18.99 50 PACK (ENGLISH)
NFI-47 $18.99 50 PACK (SPANISH)

PREGNATAL FOR DADS
12 QUESTIONS TO ASK BEFORE YOUR BABY ARRIVES
12 PREGUNTAS PARA HACERTE ANTES DE QUE LLEGUE TU BEBÉ
This brochure helps men who are about to become fathers think critically about one of the most important jobs they will ever have—becoming a dad. The brochure asks dads to take 3 Looks: Look in, Look out, and Look up.
NFI-39 $18.99 50 PACK (ENGLISH)
NFI-39SP $18.99 50 PACK (SPANISH)

MARRIAGE
THE SEVEN BENEFITS OF MARRIAGE FOR MEN
LOS 7 BENEFICIOS DE MATRIMONIO PARA LOS HOMBRES
Does marriage really matter? Yes, it does! This brochure speaks directly to men about the impact of marriage on a man’s sex life, financial future, and most importantly, his relationships with his children.
NFI-30 $18.99 50 PACK (ENGLISH)
NFI-46 $18.99 50 PACK (SPANISH)
TRUST & RESPECT
BUILDING TRUST & RESPECT WITH THE MOTHER OF YOUR CHILD
CONSTRUYENDO CONFIANZA Y RESPETO CON LA MADRE DE SU HIJO
It’s vital that parents have trust and respect for each other. Raising a healthy child depends on it!
NFI-07 $18.99 50 PACK (ENGLISH)
NFI-07SP $18.99 50 PACK (SPANISH)

CO-PARENTING
HOW DAD CAN BE A GOOD CO-PARENT
CÓMO EL PAPA PUEDE SER BUENO EN LA CRIANZA COMPARTIDA
Parents who live apart can face an uphill battle in being good parents. Most often, dads are the parents separated from their children. This brochure gives dads practical tips and an action plan for being a good co-parent.
NFI-93 $18.99 50 PACK (ENGLISH)
NFI-93SP $18.99 50 PACK (SPANISH)

WORK/FAMILY BALANCE
12 WAYS TO BALANCE WORK AND FAMILY
12 FORMAS DE LOGRAR UN EQUILIBRIO ENTRE EL TRABAJO Y LA FAMILIA
This brochure outlines twelve simple things fathers can do to succeed at work and at home. Perfect for human resource managers and employers alike.
NFI-37 $18.99 50 PACK (ENGLISH)
NFI-54 $18.99 50 PACK (SPANISH)

MONEY MANAGEMENT
HOW TO BETTER MANAGE MONEY (WITH SPENDING PLAN WORKSHEET)
CÓMO ADMINISTRAR EL DINERO DE LA MEJOR MANERA (CON UNA PLANILLA DE PLAN DE GASTOS)
This brochure covers 7 things to know, as well as actions to take, that will help dads better manage their own—or their family’s—money. Includes a spending plan worksheet for even better success!
NFI-97 $18.99 50 PACK (ENGLISH)
NFI-97SP $18.99 50 PACK (SPANISH)

RESOLVING CONFLICT
HOW TO RESOLVE CONFLICT WITH THE mother of your child
CÓMO RESOLVER CONFLICTOS CON LA MADRE DE SU HIJO
Conflict between parents can be one of the biggest barriers to father involvement. This brochure outlines 7 tips to help dad think the right away about conflict, and provides dad with ways to better resolve conflict with the mother of his child(ren).
NFI-06 $18.99 50 PACK (ENGLISH)
NFI-06SP $18.99 50 PACK (SPANISH)

RECONNECTION
HOW TO CONNECT WITH YOUR MINOR CHILD AFTER A LONG ABSENCE
CÓMO COMUNICARTE CON TÚ HIJO MENOR DE EDAD DESPUÉS DE UNA LARGA AUSENCIA
Help fathers take the necessary steps to reconnect with their child(ren) and work through “maternal gatekeeping” which can sometimes prevent a father’s access to his child(ren). The content is divided into two stages, with key steps dads can take.
NFI-91 $18.99 50 PACK (ENGLISH)
NFI-91SP $18.99 50 PACK (SPANISH)

SEE PAGE 12 FOR OUR SELECTION OF CORRECTIONS & REENTRY BROCHURES
10 WAYS TO BE A BETTER DAD
10 MANERAS DE SER UN MEJOR PADRE
Our most popular brochure in a tip card. This tip card offers easy suggestions to help any father become a great dad!
NFI-72 $13.99 50 PACK (ENGLISH)
NFI-75 $13.99 50 PACK (SPANISH)

SCHOOL INVOLVEMENT
10 TIPS TO HELP YOUR CHILD IN SCHOOL
10 CONSEJOS PARA AYUDAR A SU NIÑO EN ESCUELA
Studies show that children with involved dads do better in school. This tip card offers ten practical tips to help dads give their children a jumpstart for academic success.
NFI-74 $13.99 50 PACK (ENGLISH)
NFI-77 $13.99 50 PACK (SPANISH)

DISCIPLINE
12 TIPS FOR EFFECTIVELY DISCIPLINING YOUR CHILD
Discipline can mean very different things from one dad to another. This card provides tips on effective discipline - what it is, and what it is not.
NFI-94 $13.99 50 PACK (ENGLISH ONLY)

MARRIAGE
THE 7 BENEFITS OF MARRIAGE FOR MEN
Marriage is good for men (and benefits children!) This tip card helps men learn about the impact of marriage on a man’s sex life, financial future, and most importantly, his relationships with his children.
NFI-82 $13.99 50 PACK (ENGLISH ONLY)

NEW DADS
10 TIPS FOR NEW DADS
10 CONSEJOS PARA NUEVOS PAPÁS
This tip card provides new and expectant fathers with 10 tips for engaging with their baby, and enjoying and succeeding at the job of a lifetime—being a dad!
NFI-73 $13.99 50 PACK (ENGLISH)
NFI-76 $13.99 50 PACK (SPANISH)

EXPECTANT DADS
10 TIPS FOR EXPECTANT DADS
It’s never too early to be an involved father. This tip card provides expectant fathers with 10 tips to help dad bond with baby while helping mom-to-be.
NFI-96 $13.99 50 PACK (ENGLISH ONLY)

CO-PARENTING
10 TIPS ON CO-PARENTING
10 CONSEJOS SOBRE LA CRIANZA COMPARTIDA PARA EL BIEN DE SU HIJO
These 10 tips will help dads successfully co-parent, while keeping the impact on their child in the front of their minds.
NFI-92 $13.99 50 PACK (ENGLISH)
NFI-92SP $13.99 50 PACK (SPANISH)

WORK/FAMILY BALANCE
12 WAYS TO BALANCE WORK AND FAMILY
Balancing work and family can be challenging. Children spell love “T-I-M-E”, but providing for them financially is also important. This tip card provides twelve simple things fathers can do to succeed at work and at home.
NFI-83 $13.99 50 PACK (ENGLISH ONLY)
Father Facts 8

The latest facts and statistics on father absence!

PDF Download
$69.99
FF8-DLD

Product Description
Published in 2019, the Eighth Edition of Father Facts is chock full of the most comprehensive research available on father absence and involvement!

Father Facts 8 provides unparalleled depth and breadth of information on the consequences of father absence for children with regard to alcohol and substance abuse, child abuse, crime, educational attainment, emotional and behavioral problems, physical health, poverty, and suicide. It remains the premier reference manual for anyone interested in promoting responsible fatherhood.

Topics Covered
- 212 new studies published 2015-2019
- State- and national-level data on father absence
- The societal costs of father absence
- Incarceration as a cause of father absence
- Attitudes and predictors of father involvement
- Father access and visitation with children
- The impact of marriage on father involvement; women’s well-being and marital satisfaction
- Impact of Father Involvement on Pre- and Post-Natal Paternal and Maternal Stress and Depression
- Data on the many types of fathers: non-custodial, non-resident, single, divorced, teen, incarcerated, military, stay-at-home, and step-fathers; millennials as fathers; grandfathers raising grandchildren

Product Type:
This product is available as an easy-to-navigate PDF document. After placing your order, you will receive an email that contains a link to download, save, and print the file to access the data immediately!

Free Resources to Help You Succeed with Our Core Programs

How to Deliver 24/7 Dad® in Four Weeks
This guide focuses on advice and guidance in the form of tips to help you effectively deliver 24/7 Dad® in as little as four weeks. (Also includes other time frames/formats.) Apply the information in this guide to modify the delivery of 24/7 Dad® to meet challenging time constraints.

www.fatherhood.org/247-dad-in-four-weeks

How to Use 24/7 Dad® with Teen Dads
This guide focuses on advice and guidance in the form of tips to help you effectively facilitate 24/7 Dad® with teen dads. Apply these tips to help teen dads with the broader challenges they face, and run 24/7 Dad® effectively with them.

www.fatherhood.org/247-dad-teen-guide

How to Run InsideOut Dad® 3rd Ed. in Jails
Use this guide along with the Session Guides in the InsideOut Dad® Facilitator’s Manual to run a shortened version of InsideOut Dad® in a jail or other short-stay facility. NFI created this guide to assist staff in short-stay settings to cover critical content from the program while they still have access to inmates/clients.

www.fatherhood.org/iod-3rd-guide-for-jails

TO ORDER: www.fathersource.org | (240) 912-1263 | (301) 948-6776 fax

27
### Resource Index

**BROCHURES**
- 7 Benefits of Marriage for Men ................................................. NFI-30  (Pack of 50) $18.99  24
- 7 Benefits of Marriage for Men (Spanish) ................................. NFI-46  (Pack of 50) $18.99  24
- 10 Ways to be a Better Dad ..................................................... NFI-01  (Pack of 50) $18.99  24
- 10 Ways to be a Better Dad (Spanish) ....................................... NFI-02  (Pack of 50) $18.99  24
- 10 Tips to Help Your Child Do Well in School ......................... NFI-032 (Pack of 50) $18.99  24
- 10 Tips To Help Your Child Do Well in School (Spanish) ....... NFI-048 (Pack of 50) $18.99  24
- 12 Questions to Ask Before Your Baby Arrives ....................... NFI-39  (Pack of 50) $18.99  24
- 12 Questions to Ask Before Your Baby Arrives (Spanish) ....... NFI-39SP (Pack of 50) $18.99  24
- 12 Ways to Balance Work and Family ....................................... NFI-37  (Pack of 50) $18.99  25
- 12 Ways to Balance Work and Family (Spanish) .................... NFI-54  (Pack of 50) $18.99  25
- 12 Ways to Create A Peaceful Home ........................................ NFI-40  (Pack of 50) $18.99  24
- 12 Ways to Create A Peaceful Home (Spanish) ....................... NFI-53  (Pack of 50) $18.99  24
- 14 Things Dads in Prison Should Do Before or Right After Release NFI-61  (Pack of 50) $18.99  12
- 14 Things Dads in Prison Should Do Before or Right After Release (Spanish) NFI-61SP  (Pack of 50) $18.99  12
- 20 Ways to Connect with Your Children and Family After Release NFI-05  (Pack of 50) $18.99  12
- 20 Ways to Connect with Your Children and Family After Release (Spanish) NFI-05SP  (Pack of 50) $18.99  12
- How Dad Can Be a Great Co-Parent ......................................... NFI-93  
- How Dad Can Be a Great Co-Parent (Spanish) ....................... NFI-93SP  
- A Checklist for Keeping Your Child Safe from Newborn to Toddler NFI-47  (Pack of 50) $18.99  24
- Building Trust & Respect with the Mother of Your Child .......... NFI-07  (Pack of 50) $18.99  25
- Building Trust & Respect with the Mother of Your Child (Spanish) NFI-07SP  (Pack of 50) $18.99  25
- How to Connect with Your Minor Child After a Long Absence  NFI-91  (Pack of 50) $18.99  12, 25
- How to Connect with Your Minor Child After a Long Absence (Spanish) NFI-91SP  (Pack of 50) $18.99  12, 25
- How to Better Manage Money (with Spending Plan Worksheet) NFI-97  (Pack of 50) $18.99  25
- How to Better Manage Money (with Spending Plan Worksheet) (Spanish) NFI-97SP  (Pack of 50) $18.99  25
- How Dad Can Be a Great Co-Parent ....................................... NFI-93  (Pack of 50) $18.99  25
- How Dad Can Be a Great Co-Parent (Spanish) ...................... NFI-93SP  (Pack of 50) $18.99  25
- How to Resolve Conflict with the Mother of Your Child .......... NFI-06  (Pack of 50) $18.99  25
- How to Resolve Conflict with the Mother of Your Child (Spanish) NFI-06SP  (Pack of 50) $18.99  25
- So You're a New Father or About to Become One .................. NFI-13  (Pack of 50) $18.99  24
- So You’re a New Father or About to Become One (Spanish) ...... NFI-13SP  (Pack of 50) $18.99  24
- Staying Involved With Your Children While Incarcerated .......... NFI-11  (Pack of 50) $18.99  12
- Staying Involved With Your Children While Incarcerated (Spanish) NFI-11SP  (Pack of 50) $18.99  12
- The Importance of an Involved Father ................................... NFI-01  (Pack of 50) $18.99  24
- The Importance of an Involved Father (Spanish) .................. NFI-01SP  (Pack of 50) $18.99  24

**COMPLETE PROGRAM KITS**
- 24/7 Dad® AM Program Kit .................................................... CNA-91  $649  8, 9
- 24/7 Dad® AM Fathering Handbook (English, Spanish) .......... CNA-93, 93SP  $8.49  8, 9
- 24/7 Dad® AM Program Kit .................................................... CNA-95  $649  8, 9
- 24/7 Dad® PM Fathering Handbook (English, Spanish) .......... CNA-97, 97SP  $8.49  8, 9
- 24/7 Dad® AM with Booster Sessions for Non-Custodial Dads CNA-100  $799  9
- 24/7 Dad® PM with Booster Sessions for Non-Custodial Dads CNA-99  $799  9
- 24/7 Dad® AM & PM Program Kit Bundle ................................. 247APB-01  $1098  9
- 24/7 Dad® Key Behaviors Workshop ....................................... CNA-73  $479  3
- InsideOut Dad® Third Edition Curriculum Kit ......................... CNA-200  $699  11
- Understanding Dad™ Awareness & Communication Program Kit CNA-180  $549  14
- Understanding Dad™ Awareness & Communication Program Mother’s Handbooks CNA-181  $8.49  14

**FATHERTOPICS™ BOOSTER SESSIONS**
- FatherTopics™ Collection Booster Sessions for Non-Custodial Dads CNA-190  $159  13
- Talking with Mom’ Booster Session ........................................ CNA-178  $52.99  16
- Mom As Gateway™ Booster Session ....................................... CNA-177  $52.99  16
- Understanding Domestic Violence™ Booster Session ................ CNA-176  $52.99  16

**GUIDES & EGUIDES**
- 14 Vital Topics for Staff to Discuss with Moms to Increase Dad’s Involvement NFI-08  $43.99  6
- 17 Vital Topics for Staff to Discuss with Dads ........................ NFI-09  $43.99  6
- New Dad’s Pocket Guide™ (5-pack) ....................................... NFI-102  $13.99  23
- New Dad’s Pocket Guide™ (5-pack) (Spanish) ....................... NFI-104  $13.99  23
- Dad’s Pocket Guide™ (5-pack) ............................................. NFI-103  $13.99  23
- Dad’s Pocket Guide™ (5-pack) (Spanish) ............................... NFI-105  $13.99  23
<table>
<thead>
<tr>
<th><strong>GUIDES &amp; EGUIDES (CONTINUED)</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Help Me Grow: The First Year (5-pack)</td>
<td>NFI-120</td>
</tr>
<tr>
<td>Help Me Grow: The Toddler &amp; Pre-School Years (5-pack)</td>
<td>NFI-121</td>
</tr>
<tr>
<td>Help Me Grow: The Elementary School Years (5-pack)</td>
<td>NFI-122</td>
</tr>
<tr>
<td>Help Me Grow Bundle: (1) of Each 5-Pack</td>
<td>NFI-123</td>
</tr>
<tr>
<td>Pocketbook for Moms’ Full of Ways to Be a Great Co-Parent</td>
<td>NFI-101</td>
</tr>
<tr>
<td>Pocketbook for Moms’ (5-pack)</td>
<td>NFI-108</td>
</tr>
<tr>
<td>Pocketbook for New Moms’ (5-pack)</td>
<td>NFI-109</td>
</tr>
<tr>
<td>InsideOut Dad™ Guide to Family Ties</td>
<td>NFI-106</td>
</tr>
<tr>
<td>InsideOut Dad™ Guide to Family Ties (25 pack)</td>
<td>NFI-107</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>POSTERS</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Poster Series (set of 5, Horizontal) 22” x 28”</td>
<td>NFI-68</td>
</tr>
<tr>
<td>Poster Series (set of 5, Vertical) 22” x 28”</td>
<td>NFI-80</td>
</tr>
<tr>
<td>Poster Series (set of 3 Spanish posters) 22” x 28”</td>
<td>NFI-88</td>
</tr>
<tr>
<td>Poster Series - Just the Facts (set of 5, Horizontal) 22” x 28”</td>
<td>NFI-59</td>
</tr>
<tr>
<td>Poster Series - Just the Facts(set of 5, Horizontal) 22” x 28” (Spanish)</td>
<td>NFI-62</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>RESEARCH</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Father Facts™ 8th Edition (PDF Download)</td>
<td>DLD-17</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>TIP CARDS</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>7 Benefits of Marriage for Men (pack of 50)</td>
<td>NFI-82</td>
</tr>
<tr>
<td>10 Tips for Expectant Dads (pack of 50)</td>
<td>NFI-96</td>
</tr>
<tr>
<td>10 Tips on Co-parenting (pack of 50)</td>
<td>NFI-92</td>
</tr>
<tr>
<td>10 Tips on Co-parenting (pack of 50) (Spanish)</td>
<td>NFI-92SP</td>
</tr>
<tr>
<td>10 Ways to be a Better Dad (pack of 50)</td>
<td>NFI-72</td>
</tr>
<tr>
<td>10 Ways to be a Better Dad (pack of 50) (Spanish)</td>
<td>NFI-75</td>
</tr>
<tr>
<td>10 Ways Mom Can be a Great Co-Parent (pack of 50)</td>
<td>NFI-99</td>
</tr>
<tr>
<td>10 Ways Mom Can be a Great Co-Parent (pack of 50) (Spanish)</td>
<td>NFI-99SP</td>
</tr>
<tr>
<td>10 Ways Mom Can Better Communicate with Dad (pack of 50)</td>
<td>NFI-98</td>
</tr>
<tr>
<td>10 Ways Mom Can Better Communicate with Dad (pack of 50) (Spanish)</td>
<td>NFI-98SP</td>
</tr>
<tr>
<td>10 Tips to Help Your Child in School (pack of 50)</td>
<td>NFI-74</td>
</tr>
<tr>
<td>10 Tips to Help Your Child in School (pack of 50) (Spanish)</td>
<td>NFI-77</td>
</tr>
<tr>
<td>10 Tips for New Dads (pack of 50)</td>
<td>NFI-73</td>
</tr>
<tr>
<td>10 Tips for New Dads (pack of 50) (Spanish)</td>
<td>NFI-76</td>
</tr>
<tr>
<td>12 Tips for Effectively Disciplining Your Child (pack of 50)</td>
<td>NFI-94</td>
</tr>
<tr>
<td>12 Ways to Balance Work and Family (pack of 50)</td>
<td>NFI-83</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>TRAINING</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Live Webinar Recruitment &amp; Retention Training</td>
<td></td>
</tr>
<tr>
<td>On Demand Father Engagement Training</td>
<td>FEC-01</td>
</tr>
<tr>
<td>On Demand Effective Facilitation Training</td>
<td>FEC-01</td>
</tr>
<tr>
<td>Curricula Training Institutes</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>RESOURCE AND PROGRAM BUNDLES</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>24/7 Dad’ A.M. with Booster Sessions for Non-Custodial Dads</td>
<td>CNA-100</td>
</tr>
<tr>
<td>24/7 Dad’ PM with Booster Sessions for Non-Custodial Dads</td>
<td>CNA-99</td>
</tr>
<tr>
<td>24/7 Dad’ AM + PM Program Kits (Save $200)</td>
<td>247APB-01</td>
</tr>
<tr>
<td>Co-Parenting Bundle</td>
<td>CPB-01</td>
</tr>
<tr>
<td>Father Involvement Starter Bundle</td>
<td>FISB-01</td>
</tr>
<tr>
<td>Father Involvement Starter Bundle (Spanish)</td>
<td>FISBSP-01</td>
</tr>
<tr>
<td>Head Start Bundle</td>
<td>HSB-01</td>
</tr>
<tr>
<td>Home Visitation Bundle</td>
<td>HVB-01</td>
</tr>
<tr>
<td>InsideOut Dad™ Third Edition Bundle</td>
<td>IOBD-03</td>
</tr>
<tr>
<td>New &amp; Expectant Dads Bundle</td>
<td>NEDB-01</td>
</tr>
<tr>
<td>Spanish Resource Bundle</td>
<td>SRB-01</td>
</tr>
<tr>
<td>Understanding Dad™ with Mom As Gateway Booster Session</td>
<td>UDB-01</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>OTHER RESOURCES</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Fathering in 15”</td>
<td>F15-01</td>
</tr>
<tr>
<td>Fathering in 15” (Spanish)</td>
<td>F15SP-01</td>
</tr>
<tr>
<td>Out of the Ashes (DVD + Discussion Guide)</td>
<td>OTA-DVD</td>
</tr>
</tbody>
</table>
**PAYMENT**

All orders must be prepaid. Purchase orders are accepted by fax or online from government agencies and private companies or organizations. Purchase orders must include shipping charges and proper signature(s) or they will not be processed, and will be returned to the customer for modification.

Prices are subject to change without notification. It is not always possible to keep all titles in stock. We will ship all available publications promptly and back order any out of stock items. If you paid by check and wish to cancel your order before it has shipped, you will be issued a credit. If you paid by credit card, a credit will be issued.

**RETURN/REFUND POLICY**

No returns or refunds. Items damaged during shipping will be replaced with like items at no additional cost.

**SHIPPING & HANDLING**

For fastest service, order online. Standard orders are shipped via FedEx Ground. FedEx cannot deliver to P.O. boxes. Orders from outside the U.S. must be prepaid in U.S. currency drawn against a U.S. bank and must include additional shipping charges. The customer is responsible for all import duties and taxes. For international shipping, or shipping to Alaska, Hawaii, or Puerto Rico, please contact NFI before placing your order to ensure accurate shipping charges.

**PURCHASE ORDERS - accepted at online checkout too!**

Signed and numbered purchase order forms must be attached for your order to be processed. If no purchase order is attached, we cannot process your order. Purchase orders must include the full price of your order, including shipping and handling charges.

*FatherSOURCE™ is operated by National Fatherhood Initiative® (NFI). To place an order, visit www.fathersource.org. For customer service please call 240-912-1263. To reach NFI’s main office, please call 301-948-0599.*
To speed order processing, please verify pricing at www.fathersource.org before mailing your order form.

<table>
<thead>
<tr>
<th>TITLE</th>
<th>ITEM NO.</th>
<th>QTY.</th>
<th>PRICE EACH</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**SALES TAX** (ID, KY, and MD residents add 6%, SD residents add 4%, CA residents add 7.25%)

**SHIPPING & HANDLING** (see page 30)

**TOTAL**

**BILL TO**

<table>
<thead>
<tr>
<th>DATE</th>
<th>NAME</th>
<th>ORGANIZATION</th>
<th>ADDRESS (CANNOT SHIP TO P.O. BOXES)</th>
<th>CITY / STATE / ZIP</th>
<th>PHONE</th>
<th>FAX</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**SHIP TO (if same as bill to, check here)**

<table>
<thead>
<tr>
<th>NAME</th>
<th>ORGANIZATION</th>
<th>ADDRESS (CANNOT SHIP TO P.O. BOXES)</th>
<th>CITY / STATE / ZIP</th>
<th>PHONE</th>
<th>FAX</th>
<th>EMAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**PAYMENT**

- Signed & Numbered Purchase Order attached (Businesses or governmental units only.)
- **Credit Card (circle one)**
  - Name & address on credit card must match Bill To info.
    - AmEx  /  Visa  /  MasterCard  /  Discover

<table>
<thead>
<tr>
<th>CREDIT CARD NUMBER</th>
<th>EXPIRATION</th>
<th>SECURITY CODE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>(3-4 digit code located on front/back of card)</td>
</tr>
</tbody>
</table>

**CHECK OR MONEY ORDER**

Please make payable to:
National Fatherhood Initiative®
(Must be accompanied by official order form)

PO Box 37635, PMB 84123
Philadelphia, PA, 19101-0635

Rush delivery options are available. Additional rush delivery fees apply.
Please call 240-912-1263 prior to ordering.
HELP DADS UNLOCK THE KEY BEHAVIORS of being a great dad with our NEW, short-length workshop!

BONUS! The Workshop Facilitator's Manual contains separate Program Guides for delivering to groups AND to dads one-on-one!

Complete Program Kit $479.00 CNA-73

See Page 3 for Details