Know your rights in a changing energy market

Get help with an energy problem

Contact Citizens Advice if you need help with an energy problem – for example with your bills or meters, or if you're struggling to pay for the energy you use. We're the official source of free and independent energy advice and support.

Go to: citizensadvice.org.uk/energy

Or contact the Citizens Advice consumer service:

0808 223 1133 Mon-Fri, 9am-5pm Calls are free

Textphone: 18001 followed by 0808 223 1133 Write to us at: Citizens Advice consumer service Second Floor Fairfax House Merrion Street Leeds LS2 8IU

Take control and get a better energy deal

Want to save money by switching tariff or supplier?



Check out our price comparison tool energycompare.citizensadvice.org.uk

Reducing your bills

If you want to pay less without switching supplier, there are lots of things you can do to save money.

To find out more, contact:

Simple Energy Advice

(England and Wales)

simpleenergyadvice.org.uk

0800 444 202 Lines open: Mon-Fri, 8am-8pm Sat-Sun, 9am-5pm Calls are free

Nest (Wales only)

nest.gov.wales

0808 808 2244 Lines open: Mon-Fri, 9am-6pm Calls are free

Home Energy Scotland

(Scotland only)

homeenergyscotland.org

0808 808 2282 Lines open: Mon-Fri, 8am-8pm Sat, 9am-5pm Calls are free



