



## Coronavirus Disease 2019 (COVID-19) Quarantine and Isolation Guidance by Population

Population	<b>General Public</b>
<b>Use of Masks</b>	Cloth masks in public
<b>Admission Testing</b>	N/A
<b>Quarantine Duration</b>	14 days from last day of exposure to the case/symptomatic close contact
<b>Work During Quarantine?</b>	No
<b>Isolation Duration</b>	<p><b>Symptomatic person</b>            Isolate for at least 7 days until:</p> <ol style="list-style-type: none"> <li>1) Symptom free for 3 full days without use of fever reducer</li> <li>-AND-</li> <li>2) At least 7 days from symptom onset</li> </ol>
	<p><b>Asymptomatic person—tested positive but never developed symptoms</b></p> <ul style="list-style-type: none"> <li>• Isolate for 7 days from date of positive test</li> <li>• After 7 days of isolation, for 3 days must wear cloth mask and maintain 6 feet distancing</li> </ul>
<b>End Isolation/ Back to Work</b>	<p><b>Use symptom-based strategy</b></p> <ol style="list-style-type: none"> <li>1) Symptom free for 3 full days without use of fever reducer</li> <li>-AND-</li> <li>2) At least 7 days from symptom onset</li> </ol>
	<p><b>Consider test-based approach if immuno-compromised</b>            Two negative tests 24 hours apart</p>
	Testing or proof of test results is not required for return to work
<b>Work During Isolation?</b>	No
<b>Surveillance Testing</b>	No
<b>Where to Test</b>	<ul style="list-style-type: none"> <li>• CVS drive-up test site: may self-refer</li> <li>• RI National Guard drive-up test site: requires healthcare provider order</li> <li>• Respiratory Clinic: may self-refer</li> <li>• Other sites: see <a href="https://health.ri.gov/covid/testing/">https://health.ri.gov/covid/testing/</a></li> </ul>

<b>Population</b>	<b>Workers: customer/client-facing businesses and nonprofit organizations, office-based businesses and non-profit organizations</b>
<b>Use of Masks</b>	Cloth mask at work, or surgical mask or more protective equipment as required for the nature of the work involved  Cloth mask in public
<b>Quarantine Duration</b>	14 days from last day of exposure to the case/symptomatic close contact
<b>Work During Quarantine?</b>	No
<b>Isolation Duration</b>	<p><b>Symptomatic person</b> Isolate for at least 7 days until:</p> <ol style="list-style-type: none"> <li>1) Symptom free for 3 full days without use of fever reducer</li> <li>-AND-</li> <li>2) At least 7 days from symptom onset</li> </ol> <p><b>Asymptomatic person—tested positive but never developed symptoms</b></p> <ul style="list-style-type: none"> <li>• Isolate for 7 days from date of positive test</li> <li>• After 7 days of isolation, for 3 days must wear cloth mask and maintain 6 feet distancing</li> </ul>
<b>End Isolation/ Back to Work</b>	<p><b>Use symptom-based strategy</b></p> <ol style="list-style-type: none"> <li>1) Symptom free for 3 full days without use of fever reducer</li> <li>-AND-</li> <li>2) At least 7 days from symptom onset</li> </ol> <p><b>Consider test-based approach if immuno-compromised</b></p> <p>Two negative tests 24 hours apart</p> <p>Testing or proof of test results is not required for return to work</p>
<b>Work During Isolation?</b>	No
<b>Surveillance Testing</b>	No
<b>Where to Test</b>	<ul style="list-style-type: none"> <li>• CVS drive-up test site: may self-refer</li> <li>• RI National Guard drive-up test site: requires healthcare provider order</li> <li>• Respiratory Clinic: may self-refer</li> <li>• Other sites: see <a href="https://health.ri.gov/covid/testing/">https://health.ri.gov/covid/testing/</a></li> </ul>

Population	<b>Essential Critical Infrastructure Workers: Healthcare workers, public health, public safety, and social service providers</b>
<b>Use of Masks</b>	Surgical masks at work and in all healthcare settings (patient care and non-patient care areas) Higher level of personal protective equipment (PPE) as indicated
<b>Quarantine Duration</b>	14 days from last day of exposure to the case/symptomatic close contact
<b>Work During Quarantine?</b>	Yes, if needed for staffing <ul style="list-style-type: none"> <li>• Must wear surgical mask and monitor temperature and symptoms every 4 hours at work</li> <li>• Must cease working and isolate if symptoms develop</li> </ul>
<b>Isolation Duration</b>	<b>Symptomatic person</b> Isolate for at least 7 days until: 1) Symptom free for 3 full days without use of fever reducer -AND- 2) At least 7 days from symptom onset
	<b>Asymptomatic person—tested positive but never developed symptoms</b> <ul style="list-style-type: none"> <li>• Isolate for 10 days from date of positive test</li> <li>• Then, for 4 days must wear facemask at all times at work</li> </ul>
<b>End Isolation/ Back to Work</b>	<b>Use symptom and test-based strategy for those who were symptomatic*</b> 1) Symptom free for 3 full days without use of fever reducer -AND- 2) At least 7 days from symptom onset -AND- 3) One negative test (healthcare workers only) <b>Asymptomatic* and tested positive</b> 10 days from positive test, no repeat test needed *Restricted from contact with severely immunocompromised patients (e.g., transplant, hematology-oncology) until <u>14 days after illness onset/test positive</u>
	<b>Consider test-based strategy if immuno-compromised</b> Two negative tests 24 hours apart
<b>Work During Isolation?</b>	Yes, in limited circumstances: <ul style="list-style-type: none"> <li>• If needed to fill a critical staffing position</li> <li>• Must be <b>asymptomatic</b></li> <li>• Must monitor temperature and symptoms every 4 hours at work</li> <li>• Must wear a surgical mask (or higher level of PPE as needed for patient care) at all times</li> <li>• May only care for COVID+ patients</li> <li>• Must remain in units caring only for COVID+ patients other than entering/exiting facility</li> <li>• Must cease working and isolate if symptoms develop</li> <li>• May not care for severely immunocompromised patients (e.g., transplant, hematology-oncology)</li> </ul>
<b>Surveillance Testing</b>	No
<b>Where to Test</b>	<b>Initial symptomatic:</b> <ul style="list-style-type: none"> <li>• CVS or call RIDOH 222-2577 or other testing options: <a href="https://health.ri.gov/covid/testing/">https://health.ri.gov/covid/testing/</a></li> </ul> <b>Asymptomatic surveillance:</b> <ul style="list-style-type: none"> <li>• Coordinated by RIDOH as needed for specific settings</li> </ul> <b>Symptoms resolved and test for return to work:</b> <ul style="list-style-type: none"> <li>• Call RIDOH 222-2577 or other testing options: <a href="https://health.ri.gov/covid/testing/">https://health.ri.gov/covid/testing/</a></li> </ul>

Population	Nursing Home and Long-Term Care Facility Staff
<b>Use of Masks</b>	Surgical masks in all healthcare settings (patient care and non-patient care areas) Higher level of PPE as indicated
<b>Quarantine Duration</b>	14 days from last day of exposure to the case/symptomatic close contact
<b>Work During Quarantine?</b>	Yes, if needed for staffing <ul style="list-style-type: none"> <li>• Must wear surgical mask and monitor temperature and symptoms every 4 hours at work</li> <li>• Must cease working and isolate if symptoms develop</li> </ul>
<b>Isolation Duration</b>	<b>Symptomatic person</b> Isolate for at least 7 days until: <ol style="list-style-type: none"> <li>1) Symptom free for 3 full days without use of fever reducer -AND-</li> <li>2) At least 7 days from symptom onset</li> </ol>
	<b>Asymptomatic person—tested positive but never developed symptoms</b> <ul style="list-style-type: none"> <li>• Test every 4 days until 2 negative tests 24 hours apart</li> <li>• Once negative, if individual continues to have no symptoms, allow back to work</li> <li>• Continue facemask at all times at work for 14 days from initial positive test</li> </ul>
<b>End Isolation/ Back to Work</b>	<b>Use symptom and test-based strategy for those who were symptomatic*</b> <ol style="list-style-type: none"> <li>1) Symptom free for 3 full days without use of fever reducer -AND-</li> <li>2) At least 7 days from symptom onset -AND-</li> <li>3) One negative test</li> </ol> <b>Asymptomatic* and tested positive:</b> see above under isolation duration *Restricted from contact with severely immunocompromised patients (e.g., transplant, hematology-oncology) until <u>14 days after illness onset/test positive</u>
	<b>Consider test-based strategy if immuno-compromised</b> Two negative tests 24 hours apart
<b>Work During Isolation?</b>	Yes, in limited circumstances: <ul style="list-style-type: none"> <li>• If needed to fill a critical staffing position</li> <li>• Must be <b>asymptomatic</b></li> <li>• Must monitor temperature and symptoms every 4 hours at work</li> <li>• Must wear a surgical mask (or higher level of PPE as needed for patient care) at all times</li> <li>• May only care for COVID+ patients</li> <li>• Must remain in units caring only for COVID+ patients other than entering/exiting facility</li> <li>• Must cease working and isolate if symptoms develop</li> <li>• May not care for severely immunocompromised patients (e.g., transplant, hematology-oncology)</li> </ul>
<b>Surveillance Testing</b>	<ul style="list-style-type: none"> <li>• Periodic testing of asymptomatic staff as coordinated by RIDOH</li> </ul>
<b>Where to Test</b>	<b>Initial symptomatic:</b> <ul style="list-style-type: none"> <li>• CVS or call RIDOH 222-2577 to schedule</li> </ul> <b>Asymptomatic surveillance:</b> <ul style="list-style-type: none"> <li>• Coordinated by RIDOH as needed for specific settings</li> </ul> <b>Symptoms resolved and test for return to work:</b> <ul style="list-style-type: none"> <li>• Call RIDOH 222-2577 or other testing options: <a href="https://health.ri.gov/covid/testing/">https://health.ri.gov/covid/testing/</a></li> </ul>

<b>Population</b>	<b>Congregate Care Facility Staff</b> <b>Group Homes, Homeless Shelters</b>
<b>Use of Masks</b>	Surgical mask, cloth mask Appropriate PPE for close contact or direct care of residents
<b>Quarantine Duration</b>	14 days from last day of exposure to the case/symptomatic close contact
<b>Work During Quarantine?</b>	Yes, if needed for staffing <ul style="list-style-type: none"> <li>• Must wear surgical mask and monitor temperature and symptoms every 4 hours at work</li> <li>• Must cease working and isolate if symptoms develop</li> </ul>
<b>Isolation Duration</b>	<b>Symptomatic person</b> Isolate for at least 7 days until: 1) Symptom free for 3 full days without use of fever reducer -AND- 2) At least 7 days from symptom onset
	<b>Asymptomatic person—tested positive but never developed symptoms</b> <ul style="list-style-type: none"> <li>• Test every 4 days until 2 negative tests 24 hours apart</li> <li>• Once negative, if individual continues to have no symptoms, allow back to work</li> <li>• Continue facemask at all times at work for 14 days from initial positive test</li> </ul>
<b>End Isolation/ Back to Work</b>	<b>Use symptom and test-based strategy for those who were symptomatic*</b> 1) Symptom free for 3 full days without use of fever reducer -AND- 2) At least 7 days from symptom onset -AND- 3) One negative test <b>Asymptomatic* and tested positive:</b> see above under isolation duration *Restricted from contact with severely immunocompromised patients (e.g., transplant, hematology-oncology) until <u>14 days after illness onset/test positive</u>
	<b>Consider test-based strategy if immuno-compromised</b> Two negative tests 24 hours apart
<b>Work During Isolation?</b>	Yes, in limited circumstances: <ul style="list-style-type: none"> <li>• If needed to fill a critical staffing position</li> <li>• Must be <b>asymptomatic</b></li> <li>• Must monitor temperature and symptoms every 4 hours at work</li> <li>• Must wear a surgical mask (or higher level of PPE as needed for patient care) at all times</li> <li>• May only care for COVID+ patients</li> <li>• Must remain in units caring only for COVID+ patients other than entering/exiting facility</li> <li>• Must cease working and isolate if symptoms develop</li> <li>• May not care for severely immunocompromised patients (e.g., transplant, hematology-oncology)</li> </ul>
<b>Surveillance Testing</b>	Periodic testing of asymptomatic staff as coordinated by RIDOH
<b>Where to Test</b>	<b>Initial symptomatic:</b> <ul style="list-style-type: none"> <li>• CVS or call RIDOH 222-2577 to schedule</li> </ul> <b>Asymptomatic surveillance:</b> <ul style="list-style-type: none"> <li>• Coordinated by RIDOH as needed for specific settings</li> </ul> <b>Symptoms resolved and test for return to work:</b> <ul style="list-style-type: none"> <li>• Call RIDOH 222-2577 or other testing options: <a href="https://health.ri.gov/covid/testing/">https://health.ri.gov/covid/testing/</a></li> </ul>

<b>Population</b>	<b>Nursing Home and Long-Term Care Facility Resident</b>
<b>Use of Masks</b>	Cloth mask if tolerated when outside of bedroom
<b>Out of Facility Visits</b>	Visits outside of the facility: consider a Person Under Investigation (PUI) for COVID-19 during an outpatient, Emergency Department (ED), or hospital visit Some hospitals are opting to test all patients upon admission
<b>Quarantine Duration</b>	14 days from last day of exposure to the case/symptomatic close contact <ul style="list-style-type: none"> <li>Quarantine for 14 days in existing room if roommate is positive and private room unavailable</li> <li>Quarantine for 14 days from hospital or ED visit discharge</li> <li><u>Hospital discharge</u> to quarantine facility or COVID-negative facility: negative result from one test from a nasopharyngeal specimen within 48-72 hours before discharge</li> <li><u>ED discharge</u> to quarantine facility or COVID-negative facility: perform test from a nasopharyngeal specimen prior to emergency department discharge (<u>do not</u> have to wait for results before discharging)</li> </ul>
<b>Isolation Duration</b>	<b>Symptomatic person</b> Isolate on COVID+ unit until illness resolves (varies by individual) and two tests 24 hours apart are negative
	<b>Asymptomatic person—tested positive but never developed symptoms</b> Isolate on COVID+ unit and conduct serial testing per RIDOH guidance until two tests 24 hours apart are negative. Timeframe will vary by facility outbreak pattern.
<b>End Isolation</b>	<b>Use test-based strategy only</b> Two negative tests 24 hours apart
	<b>Transfer back to home facility from COVID+ Nursing Home</b> Two negative tests 24 hours apart
<b>Surveillance Testing</b>	Periodic testing of asymptomatic residents as coordinated by RIDOH
<b>Where to Test</b>	Testing arranged by RIDOH 222-2577

<b>Population</b>	<b>Congregate Care Facility Resident</b> Group Homes, Homeless Shelters
<b>Use of Masks</b>	Cloth mask if tolerated
<b>Admission Testing</b>	<ul style="list-style-type: none"> <li>• DCYF testing select group home admissions</li> <li>• <u>Hospital discharge</u> to congregate care facility: <ul style="list-style-type: none"> <li>○ Negative result of one test from a nasopharyngeal specimen within 48-72 hours before discharge</li> <li>○ Or, must have test sent prior to discharge to a congregate care setting and plan in place to notify patient/facility of result</li> </ul> </li> <li>• <u>ED discharge</u> to congregate care facility: perform test from a nasopharyngeal specimen prior to discharge to a congregate care setting and have a plan in place to notify patient/facility of result (<u>do not</u> have to wait for results before discharging)</li> </ul>
<b>Quarantine Duration</b>	<p>14 days from last day of exposure to the case/symptomatic close contact</p> <ul style="list-style-type: none"> <li>• Quarantine for 14 days in existing room if roommate is positive and private room unavailable</li> <li>• Quarantine for 14 days from hospital or ED visit discharge</li> </ul> <p>In homeless shelters and facilities where adherence to quarantine is challenging:</p> <ul style="list-style-type: none"> <li>• Resident must wear cloth mask at all times as tolerated</li> <li>• Implement best possible social distancing</li> <li>• Diligent symptom monitoring</li> </ul>
<b>Isolation Duration</b>	<p><b>Symptomatic person</b></p> <p>Isolate for at least 7 days until:</p> <p>1) Symptom free for 3 full days without use of fever reducer -AND- 2) At least 7 days from symptom onset</p> <hr/> <p><b>Asymptomatic person—tested positive but never developed symptoms</b></p> <p>Isolate for 10 days from date of positive test</p>
<b>End Isolation</b>	<p><b>Use symptom-based strategy</b></p> <p>RIDOH will determine if one negative test is required for ending isolation on a case-by-case basis</p>
<b>Surveillance Testing</b>	Periodic testing of asymptomatic residents as coordinated by RIDOH
<b>Where to Test</b>	Testing arranged by RIDOH 222-2577