

Age in Place with PEACE OF MIND

KENDAL AT HOME MAKES IT POSSIBLE

Research shows nearly **87 percent** of people age 65 and older want to stay in their homes for as long as possible. With Kendal at Home, you can safely stay in the home you love for the rest of your life.



Kendal at Home is a unique and innovative program that combines the security of a continuing care retirement community with the freedom and independence of living in your home. Kendal at Home's comprehensive continuing care services are delivered based on a mutually developed plan between members and their Care Coordination team.

Kendal at Home QUICK STATS

- Affiliate of Kendal Corporation, a system of not-for-profit retirement communities, programs and services
- Founded on the principles of the Religious Society of Friends (Quakers)
- Established in 2004
- Serves more than 200 older adults
- Available in 10 northeast Ohio counties
- Services are transferable, so if you move, Kendal at Home moves with you

Kendal at Home LIFE PLAN COORDINATION

When you join Kendal at Home as a healthy and independent member, you immediately begin to build a relationship with the Life Plan team. The Life Plan team will provide support for you and will work with your physician to develop a plan that will emphasize preventative care and wellness. This will help keep you as healthy as possible for as long as possible, maintaining your independence to its fullest potential.

Available 24 hours a day, seven days a week, your Life Plan Team also serves as your personal advocate for any issues you may experience. Your team serves as a liaison in executing your plan while you retain the ultimate decision making power.

A Focus on Health & Wellness

All Kendal at Home members have access to our Wellness and Social Programs like our Healthy Aging Days. In addition, Kendal at Home encourages socialization among its members. Member-organized groups range from birdwatching groups to book clubs and more!



Kendal at Home provides Transportation Services for events and medical appointments. If you are unable to prepare meals, food will be provided for you. Homemaker and Companion Services are also available if necessary.

When you join Kendal at Home, all efforts are made to keep you in your home for as long as possible. **Should the time come when you need more extensive care, though, Kendal at Home provides options:**

- **Assisted Living** is available if staying at home is no longer possible but you do not require 24-hour medical care.
- **Nursing Homes** are available if you can no longer remain in your home or in an assisted living home.

Why I Chose Kendal at Home

“I chose Kendal at Home in 2009 after a thorough and diligent evaluation of my personal needs and options open to me. Kendal at Home means marvelous, helpful people. They are extraordinarily competent to assist me in my times of need. Every time I have had to ask for help the response has been immediate, thoughtful, and complete.”

- Kendal at Home member Gerald

“Now I am on the verge of retirement, Kendal at Home means more to us than ever. It means Marsha and I can stay in our beautiful home as long as possible. It means that whenever one of us needs help, our care coordinator is only a phone call away. And it means we can sleep easily with the knowledge that, as we grow older and need extra help, we will always be taken care of.”

- Kendal at Home member Warren

When you join Kendal at Home, you gain the confidence you need to age in place and your family gains peace of mind about your future. **To request more information about Kendal at Home, visit us online at www.kendalathome.org.**