

2020 DALLAS HEART WALK DIGITAL EXPERIENCE



American Heart Association.
Heart Walk.

SATURDAY, SEPTEMBER 12 2020

JOIN US AS WE WALK WHEREVER, AND RAISE TOGETHER TOWARD OUR GOAL OF 1 BILLION STEPS



This year, our goal is to have 100,000 participants, so make sure everyone on your team is registered so they do not miss out on the details coming soon! Then, get ready to "lace up" and "walk where you are", and

Join us for our live event on WFAA-ABC Channel 8 at 9:30am on Saturday, September 12, 2020

HEART WALK YOGA

Live yoga event

September 1st, 5 PM

YAPPY HOUR

Interactive happy hour with furry friends

August 27th, 5 PM

Share your selfies and comment along the way! Use **#DALLASHEARTWALK** and you may be featured on our social media pages.



To support the American Heart Association from your phone, Text HEARTWALK518 to 41444.

Contact Details: Heart Walk Care Team



214-441-4200



DallasHeartWalk@heart.org



<http://DallasHeartWalk.com>



<https://www.facebook.com/events/281739726226530>