



Daily Schedule for School or Daycare Closures

Before 9:00	Morning routine <ul style="list-style-type: none"> <input type="checkbox"/> Eat breakfast <input type="checkbox"/> Get dressed <input type="checkbox"/> Brush teeth / comb hair
9—10:15	Schoolwork or educational activities <ul style="list-style-type: none"> <input type="checkbox"/> Math <input type="checkbox"/> Science
10:15—10:30	Morning snack
10:30—11:00	Free play (outdoors, if weather permits)
11—12:00	Quiet activity – choose one of the following: <ul style="list-style-type: none"> <input type="checkbox"/> Reading <input type="checkbox"/> Puzzle(s) <input type="checkbox"/> Arts, crafts, or creative toys and projects
12—1:00	Lunch and family time
1—2:00	Chores: <ul style="list-style-type: none"> <input type="checkbox"/> Chore 1: _____ <input type="checkbox"/> Chore 2: _____
2—3:30	Schoolwork or educational activities <ul style="list-style-type: none"> <input type="checkbox"/> Reading/English Language Arts (ELA) <input type="checkbox"/> Social studies <input type="checkbox"/> Musical instrument
3:30—4:00	Afternoon snack and fresh air / outdoor play
4—5:00	Quiet activity of choice (<i>may include electronics</i>)
5—6:00	Family walk or outdoor activity
6—7:00	Eat dinner, followed by kitchen clean-up
7:00—Bedtime	Family free time
_____	Bedtime

