

HAND WASHING 101

PROPER WASHING FIGHTS THE SPREAD OF CORONAVIRUS



1) WET HANDS

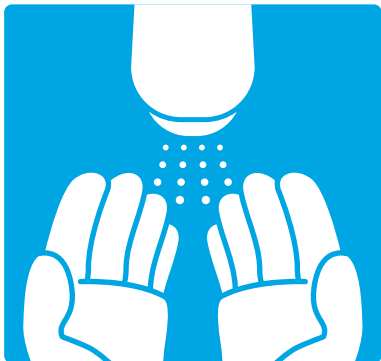


2) USE SOAP



3) WASH

Wash for 20 seconds.
Under fingernails,
between fingers,
back of hands & wrists.



4) RINSE



5) DRY HANDS



6) TURN OFF
WATER

with paper towel.

WHEN TO WASH

After blowing your nose,
coughing or sneezing.

After being in contact
with someone who is or
may be sick.

After using the restroom.

Before, during and after
preparing food.

Before eating food.

After touching trash,
used tissues, etc.

STAY HEALTHY!



CONCORDANCE
HEALTHCARE SOLUTIONS