



MEMORIAL DAY HOURS

CLUB / 7:00 AM - 4:00 PM

POOL / 7:30 AM - 3:30 PM

(The Recreation Pool and waterslides will open at 9:00am.

All other pools will open at 7:30am)

CHILDCARE / 8:30 AM - 12:00 PM

(No Arena Tots/Kids)

GROUP EXERCISE SCHEDULE

8:30-9:00 AM / **GRIT Strength** with Shaunna

9:15-9:45 AM / **BODYATTACK** with Justine

10:00-10:30 AM / **Zumba** with Candace

10:45-11:15 AM / **Yoga** with Colleen

SMOOTHIE BAR

OPEN for the season beginning Saturday, May 29!

Saturday-Sunday / 12:00-4:00 PM

Monday, May 31 / 12:00-4:00 PM

2030 FAST TRACK

CLOSED

