



POOL SCHEDULE

**EFFECTIVE
APRIL 24**

LAP POOL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 Lanes Lap 1 Lane Open 7:00am-4:00pm	5 lanes Lap 1 Lane Open 5:30 -3:00pm	5 lanes Lap 1 Lane Open 5:30 -3:00pm	5 lanes Lap 1 Lane Open 5:30am-8am	5 lanes Lap 1 Lane Open 5:30 -3:00pm	5 lanes Lap 1 Lane Open 5:30 -3:00pm	5 Lanes Lap 1 Lane Open 7:00am-8:45am
			Deep Water (2) Lap (4) 8-8:45am			Zumba (2) Lap (4) 8:45-9:30am
			5 lanes Lap 1 Lane Open 8:45 -3:00pm			Summer Swim Team Prep (4) Lap (2) 10-11am
						5 Lanes Lap 1 Lane Open 11am-4:00pm
	Swim Team (4) Lap (2) 3-7:30pm	Swim Team (4) Lap (2) 3-7:30pm	Swim Team (4) Lap (2) 3-7:30pm	Swim Team (4) Lap (2) 3-7:30pm	Swim Team (4) Lap (2) 3-7:30pm	

All lanes open
 Swim Team

SPA

Monday - Friday 5:30am - 7:30pm
Saturday 7:00am -4:00pm
Sunday 7:00am - 3:00pm

BABY POOL

Monday - Friday 5:30am - 7:30pm
Saturday & Sunday 7:00am -4:00pm



POOL SCHEDULE

EFFECTIVE
APRIL 24

THERAPY POOL

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Left	Right	Left	Right	Left	Right	Left	Right	Left	Right	Left	Right	Left	Right
Open 7am - 4pm		Open 5:30am-8:00am		Open 5:30am-8:00am		Open 5:30am-11:00am		Open 5:30am-9:00am		Open 5:30am - 9am		Open 7am - 4pm	
		Aqua Sculpt & Tone 8:00am-8:45am		Aqua Sculpt & Tone 9:00am-9:45am				Aqua Sculpt & Tone 9:00am-9:45am		Aqua Yoga 9:00am -9:45am			
		Open 8:45am-7:30pm		Open 9:45am-6:30pm		Arena Rx (Closed Class) 11:00am-11:45am		Open 9:45am-7:30pm		Open 9:45am-7:30pm			
				Aqua Sculpt & Tone 6:30-7:15pm		Open 11:45am-7:30pm							

Registration is required for water aquatics classes



All Open
 Water Aerobics

*** The Therapy Pool can be used for swim lessons***