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10-Week SAT Study Plan For School Partners

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Dear School Partner

We created this 10-week study schedule to offer you and your students some guidance in making the most of Magoosh SAT. We hope that, out of the box or with a few tweaks to suit your learning environment, this plan will help you to provide your students with a rich and comprehensive SAT study experience while avoiding the overwhelm that can come with the SAT's varied curriculum.

This SAT schedule is more streamlined and structured than the ones we typically suggest for individual students. It is divided into 3 sections spanning a total of 10 weeks, but can easily be extended up to about 12 weeks or trimmed down to 8 weeks as your situation requires. If the pacing is relaxed substantially, this schedule could also be adapted with relatively little effort to cover a 15- to 18-week semester.

This schedule is divided into chunks we call assignments, each of which consists of a lesson playlist and a set of associated practice problems. These assignments range in estimated length from 20 to 80 minutes. In all, we expect the material outlined here to take just over 55 hours to complete, or about 5 $\frac{1}{2}$ hours a week. This is lighter than our traditional self-study schedules but likely far too heavy for students who aren't enrolled in a class or getting class credit.

If you or your students need to **lighten this schedule**, we recommend keeping the Part A assignments intact and retaining 1 of the 2 practice exams. We also encourage students to keep an Error & Reflection log regardless of how many lessons they watch or problems they solve. What can be cut, then? That will depend on your cohort of students, but here are some considerations:

- If your students are consistently strong on their math fundamentals (for instance, if you teach in a science-and-technology-focused school or program), it will make sense to mark some of the arithmetic and algebra topics in Part B as optional.
- If your students are strong readers and writers in English, some of the more elementary writing topics can be marked optional. On the other hand, if your school or program serves a population of English language learners, it will likely be important to hold onto these topics and consider making cuts elsewhere.

If you wish to **extend this schedule** by a week or two, consider adding some of these activities for the gaps between sections:

- Intersperse short research assignments on colleges and college majors.
- Lead discussions or workshops on college applications.
- Devote time to teach general test-taking skills and stress reduction practices.
- Spread out the workload by moving practice exams and Error Log writeups into the gap weeks.
- Have students work in groups to discuss study habits and strategies (not scores!).

Magoosh 10-Week SAT Study Schedule

When your SAT date is in the distant future (three months can seem like forever), it can be tough to stay focused and not get distracted by other more pressing deadlines.

The best way to stay on track and reach your goal is with a study schedule—so voilà! Save the study schedule below on your computer or phone, print it out, tape it to your mirror, check it off—whatever you need to do to keep yourself accountable. You will thank yourself when you ace the test.

How This Study Plan Is Organized

This is a weekly schedule that is designed to give you some flexibility. The SAT is important, but it shouldn't be your entire life. You need time to do other things, and you'll want to decide which days to devote to studying. The ideal schedule is 2–3 times per week. Some of these study slots need to be long enough for your practice exams, which take 3–4 hours each to complete.

One great option would be to set aside 1.5 hours on, say, Tuesday and Thursday, and 4 hours on Saturday. Most weeks, you won't need to use all of that time, but routines can do wonders for peace of mind and focus.

The point is to dedicate specific days to study, so whether that means regular study on Monday, Wednesday, and Friday, or a marathon study session every Sunday, create your SAT study schedule as soon as possible.

Each week, your homework will consist of some combination of the following:

- **Magoosh Lessons:** View our lesson videos to learn strategies and review concepts. If you're completely comfortable with a topic already, you might want to skim through a lesson quickly. Never pass over a required lesson completely, though, because there might be helpful tips and tricks you didn't know.
- **Quizzes:** Short drills follow many of the lesson sets and are designed to help you practice the techniques you just learned.
- **Practice Questions:** Curated lists of practice questions test your conceptual knowledge a little more broadly and cumulatively than the quizzes do.
- Video Explanations: Watch the explanation videos for questions that you missed. The most important part of your SAT practice is learning how to identify where and why you make mistakes.
- **Practice Tests:** Twice during this study plan, you will need to set aside 3 to 4 hours to take practice exams. This is massively important for building up your stamina and getting used to the paper-pencil format.
- Extra Practice and Review: In the last third of the study plan, you will have seen nearly all of our lessons on the Reading and Writing sections. This means that you will have been exposed to the concepts, but it's still important to keep practicing them. Thus, we'll include some bonus practice sessions in each of these areas to help you stay in shape.

The items in **bold** are part of lesson-and-practice bundles we call assignments. You can think of these as similar to chapters in a traditional textbook. If you are working with an instructor, coach, or tutor, they will likely refer to the assignments by the titles used in your weekly schedule (e.g., "Factoring" or "Comparison Passages").

Jumping Ahead with Lessons

It's always okay to watch lessons earlier than they're scheduled or watch them out of order. You'll also notice that when you finish answering and reviewing a practice question, lesson titles pop up with links to the videos that teach topics related to the question you just answered. If you have time, take the opportunity to watch some! You can always skim the transcript and then decide if it's worth watching all the way through.

Materials

- Magoosh SAT Premium Account
- SAT Student Website
- Notebook with 3 sections:
 - Notes from lessons and videos
 - Error & Reflection Log (described in Week 1)
 - Class notes (if applicable)
- Calculator
- Pencils

Part A: Learn Strategies and Review Fundamentals

We cover a lot of ground during the first 4 weeks of this course. You'll be watching quite a few lessons, but you'll also be jumping into a significant number of practice questions in all four sections.

It's fine to watch lessons on a higher speed, but please discipline yourself to stick with them.

If you are strong on these topics already—especially in math—you may feel that some of this material is "easy" and can be skipped. We advise against it! The lesson videos will not only give you a good conceptual refresher, they will also cover the material in a way that applies specifically to the exam. If you put in the time to review the basics at least once, you will avoid making "rookie" mistakes and will be better able to identify—and fix—your true knowledge gaps.

Assignments for Part A

Reading & Writing	2:58	Math	8:23	
Intro + Strategies	21 min	Intro to SAT Math	39 min	
Wrong Answer Choices	26 min	Math Strategies	42 min	
Sentence Structure - Part I	22 min	Mental Math	37 min	
Sentence Structure - Part II	25 min	Arithmetic: Fundamentals	49 min	
Usage - Part I	17 min	Arithmetic: Decimals	46 min	
Usage - Part II	32 min	Arithmetic: Fractions - Part	I 35 min	
The Essay - Part I	18 min	Arithmetic: Fractions - Part	II28 min	
The Essay - Part II	18 min	Ratios and Percents: Part I	34 min	
		Ratios and Percents: Part II	25 min	
		Ratios and Percents: Ratios 37 min		

Ratios and Percents: Ratios	3/min
Algebra: Fundamentals	53 min
Factoring Expressions	44 min
Linear & Quadratic Eq	34 min

Practice Exam

2:30

Week 1: Introductory Lessons, Practice Exam

Our goal this week is to get you acquainted with the basics of the SAT. The first module in each section is essentially a "tour" of that section, giving you a sense of what to expect before you jump into your first practice exam. We'll also be jumpstarting our discussion of thinking mathematically on the SAT, which is a topic many students struggle with. This week, that means taking a look at some mental math tactics that can save you time and improve accuracy. Next week, we'll talk about math strategy a little more broadly.

Assignments

Reading & Writing

- Introduction + Strategies
 Math
- Introduction to SAT Math
- Math Strategies
- Mental Math

Error & Reflection Log

- Set up a log to track practice questions or exam questions you struggled with.
- You can read more about how, and why, to use an error log here:
 - How Do I Make an Error Log? Do I Need One?
 - Formatting and Organizing Your Error Log

Practice Exam

This week, you will be taking a full-length practice SAT. You have access to full-length practice exams through Magoosh, but your instructor or coach may prefer that you use one of the several official exams available through the College Board website. Be sure to check which exam you will be using, especially if you are using Magoosh SAT as part of a class.

When you take practice exams, try to mimic the conditions of the test as closely as possible: no phone, no music, no internet, and no TV! You need 2.5 hours of <u>complete solitude</u> for this.

Week 2: Writing and Math

For the next several weeks, we'll be doing a little Math and alternating between the two "verbal" sections of the SAT: Writing and Reading. One advantage of going back and forth like this is that you will be able to see both the similarities and the differences between these two sections. Writing and Reading test your language skills in different but overlapping ways, so don't be surprised if you find that working on one section helps you a bit with the other, too!

Assignments

Writing

- Sentence Structure Part I
- Sentence Structure Part II
- Math
- Arithmetic: Fundamentals
- Arithmetic: Decimals

Optional reading/watching:

- <u>Ultimate SAT Guessing Tricks</u> (Video Post)
- SAT Scores: Everything You Need to Know

Week 3: Reading and Math

This week, we'll do for Reading what we've already done for Writing: expand our discussion of the basics and delve into the different question types you can expect to see. On the Math front, we'll ramp up our work on fractions and deal with another potentially tricky set of topics: percents and percent change.

Assignments

Reading

- Wrong Answer Choices Math
- Arithmetic: Fractions Part I
- Arithmetic: Fractions Part II
- Ratios and Percents: Percents Part I
- Ratios and Percents: Percents Part II
- Ratios and Percents: Ratios

Optional reading/watching:

• SAT Reading Practice: Everything You Need to Know to Score Big

Week 4: Writing and Math

In this week's assignments, we'll wrap up some unfinished business in Writing and briefly go over the SAT Essay. In Math, we'll launch into some algebra essentials. A lot of algebra and geometry questions will depend on your knowledge of (and comfort level with) arithmetic, so remember that you can always go back and review the arithmetic material from past weeks if you need to.

Assignments

Writing

- Usage Part I
- Usage Part II
- The Essay Part I
- The Essay Part II

Math

- Algebra: Fundamentals
- Algebra: Factoring Expressions
- Algebra: Linear & Quadratic Equations

Optional reading/watching:

SAT Math Practice: How to Study Smarter and Score Higher

Part B: A Deeper Dive

Now that you know the overall strategies for the SAT and have reviewed the fundamentals, we're going to delve into some of the more technical aspects of each section. In Writing, we'll be looking at punctuation and organization; in Reading, we'll focus on the role played by logical reasoning and vocabulary. Finally, we'll continue working our way up the SAT Math skill tree, focusing on algebra, word problems, and geometry.

Assignments for Part B

Reading & Writing	3:35	Math	9:54
Information and Ideas	32 min	Algebra: Systems of Equations	44 min
Vocabulary in Context	25 min	Algebra: Special Equation Types	63 min
Text Structure and Purpose	30 min	Word Problems: Fundamentals	57 min
Punctuation	36 min	Word Problems: Motion	54 min
Effective Language Use	32 min	Powers & Roots: Fundamentals	22 min
Command of Evidence	30 min	Powers & Roots: Exponents	39 min
Cross-Text Connections	18 min	Powers & Roots: Roots - Part I	44 min
Rhetorical Synthesis	18 min	Powers & Roots: Roots - Part II	42 min
		Powers & Roots: Putting It All Together	46 min
		Geometry: Fundamentals	53 min
		Geometry: Triangles	51 min
		Geometry: Quads + Other Polygons	48 min

Geometry: Circles

31 min

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Week 5: Reading and Math

This week, the focus returns to Reading. Having sketched out the basics in Part A, we'll now look at some of the trickier question types. In Math, we'll forge ahead with the algebra needed to confidently answer word problems—a topic covered in even more detail next week.

Assignments

Reading

- Information and Ideas
- Vocabulary in Context
- Text Structure and Purpose Math
- Algebra: Systems of Equations
- Algebra: Special Equation Types
- Word Problems: Fundamentals

Optional reading/watching:

- The SAT Reading Paired Passage
- SAT Math: Word Problems

Week 6: Writing and Math

This week, we'll cover a few challenging topics in Writing and wrap up our Math word problem coverage. We'll also tackle our last big arithmetic subject— exponents and roots—and then immediately show how it can be applied in algebra questions.

Assignments

- Punctuation
- Effective Language Use Math
- Word Problems: Motion
- Powers & Roots: Fundamentals
- Powers & Roots: Exponents
- Powers & Roots: Roots Part I
- Powers & Roots: Roots Part II
- Powers & Roots: Putting It All Together

Optional reading/watching:

- SAT Identifying Sentence Errors Practice Questions
- <u>SAT Identifying Sentence Errors Answers and Explanations</u>

Week 7: Writing and Math

The Reading & Writing question types we'll cover this week require high-level comprehension and analytical skills. If you find that you strongly prefer (or strongly dislike) these types of questions, take note! On test day, you can use these preferences to decide which problems to tackle when.

Meanwhile, the Math march continues from algebra into geometry. Even if you are fairly comfortable with this material, it may be worth reviewing, since it's much easier to do well on trigonometry problems if you are rock-solid in your understanding of triangle and circle properties.

Assignments

Reading & Writing

- Command of Evidence
- Cross-Text Connections
- Rhetorical Synthesis

Math

- Geometry: Fundamentals
- Geometry: Triangles
- Geometry: Quads + Other Polygons
- Geometry: Circles

Optional reading/watching:

<u>SAT Geometry: Angle Diagram Questions</u>

Part C: Advanced Topics and Review

Now that we're in the last leg of the study plan, we're going to ramp up on the practice problems and scale back just a bit on the weekly lessons. You'll still learn new SAT content, but your main tasks are to review, consolidate, and apply what you've already learned. It's rewarding to see it all come together!

New in this part will be the use of the Custom Practice feature, which you can find by clicking on any of the section names at the top of your screen when logged into Magoosh. If you click "Math," for example, you will get a "Math Practice Questions" menu that lets you pick math subjects to practice, along with difficulty level and number of questions. For now, when you see a section-specific "Custom Practice" item, select "Unanswered" and consider using the default "Adaptive" difficulty setting, which will adjust the difficulty based on your level of performance. As for subjects—it's your choice! Pick the ones you want to brush up on, or hit "Select All" for a comprehensive challenge.

Assignments for Part C

Reading & Writing		Math, cont'd	
Custom Practice	2 h	Word Problems: Sequences	47 min
		Special Problem Types	28 min
Math	9:00	Trigonometry: Fundamentals	32 min
*Geom: 3D Figures + All Togethe	r 48 min	Trigonometry: Unit Circle - Part I	32 min
Coordinate Geom: Fundamentals	s 26 min	Trigonometry: Unit Circle - Part I	24 min
Graphing Lines	48 min	Functions and Formulas	33 min
Dist.& Reflections	27 min	Adv Topics: Complex Numbers	27 min
*Graphing Quads	28 min	Funcs & Polynomials Part I	30 min
Stats and Data Analysis: Part I	26 min	Funcs & Polynomials Part II	24 min
Stats and Data Analysis: Part II	26 min		
Stats and Data Analysis: Analysis	s 34 min	Practice Exam	2:30

Week 8: All-Section Review, Advanced Math

At this point, if you've been following the study plan, you have seen all of the basic Reading and Writing content you will be expected to know on the test, and you've learned some strategies for working through each section. As your test date approaches, it's important to keep practicing these strategies at least a little bit each week. Accordingly, this week and next week will focus on practice across all three of these sections. To really challenge yourself in these areas, check out the problem sets under "Optional Reading."

We'll also explore the last few Math topics that you'll need for the exam. These are not as fundamental as the topics covered in Parts A and B of the guide—if you are still struggling with anything from those weeks, it may be wise to review it before (or, time depending, instead of) moving on to these advanced topics. Definitely make sure you have shored up the basics—arithmetic, algebra, and plane geometry—before tackling anything starred as optional.

Assignments

Reading & Writing

- Custom Practice (30+ questions) Math
- *Geom: 3D Figures + All Together
- Coordinate Geom: Fundamentals
- Coordinate Geom: Graphing Lines
- Coordinate Geom: Dist.& Reflections
- *Coordinate Geom: Graphing Quads
- Stats and Data Analysis: Stats Part I
- Stats and Data Analysis: Stats Part II

Optional reading/watching:

- SAT Passport to Advanced Math: Working with Polynomials
- <u>SAT Passport to Advanced Math: Coordinate Geometry</u>

Practice questions are included in the assignments; optional (but recommended!) assignments are starred. Continue to update your error log.

Week 9: All-Section Review, Advanced Math

Just as with last week, the name of the game for Reading and Writing is "practice and review." This is your chance to surface any weak areas that you haven't had a chance to work on until now, and to review any lessons that can help you shore up your knowledge in those areas.

In Math, we are entering the most advanced math material that is covered on the SAT. Again, if you are struggling with any of the Part A / Part B Math topics, those should take precedence.

Assignments

Reading & Writing

- Custom Practice (30+ questions) Math
- Statistics and Data Analysis: Data Analysis
- Word Problems: Sequences
- Word Problems: Special Problem Types
- Trigonometry: Fundamentals
- Trigonometry: Unit Circle Part I
- Trigonometry: Unit Circle Part II
- Trigonometry: Functions and Formulas

Optional reading/watching:

• Video lessons on any topics that show up frequently in your error log.

Continue to update your error log.

Week 10: Last of the Math, Practice Exam

We're in the home stretch! There are two major goals for this week: block aside the time for your second full practice exam, and review the very last of the Math topics you'll likely encounter on test day. If you have additional study time beyond that, use it to do one last run-through of any/Reading/Writing topics that are still giving you trouble.

Assignments

Math

- Advanced Topics: Complex Numbers
- Advanced Topics: Functions and Polynomials Part I
- Advanced Topics: Functions and Polynomials Part II

Practice Exam

 This time around, use an official exam from the College Board website. (If you're in a class or program, confirm which exam to use with your instructor or coach.) Remember that Magoosh academic-help specialists are happy to answer questions about official materials.

Optional (but recommended!) assignments are starred. Continue to update your error log.

The Day Before the Test

Review your notes, your entire error log, and any flashcards you may be working with. Then, make yourself a "cheat sheet" of final reminders to review the morning of the exam. This can include things like "Watch out for parallel sentence structure!" and "The area of a trapezoid is (base 1 + base 2)/2 × height."

Review last-minute test-day tips once more and pack your bag. Now, put away all your other SAT materials. Move your flashcards, books, and notebooks out of sight. Don't do searches online about the SAT unless you need to print your registration ticket or check the location.

Instead, watch a movie (avoid caffeine), play sports, do art, talk with friends ... you get the idea!

Test Day

It's test day ... which means no last-minute prep!

Do some light exercise, eat a full breakfast consisting of foods your body is used to digesting, and don't make sweeping changes to your caffeine intake. If you normally drink caffeine in the morning, go ahead, but dial it down a notch because you probably have more adrenaline in your system than usual. Give yourself plenty of time to get to the test center.

Don't forget:

- Admissions Ticket
- #2 Pencils (Not Mechanical)
- Calculator
- Jacket or Sweatshirt

- Photo ID
- Drink
- Watch
- Snack

Review your list of last-minute pointers before you go into the testing center so you can walk into the test confident that you have put in three months of hard work and are ready to show it!