



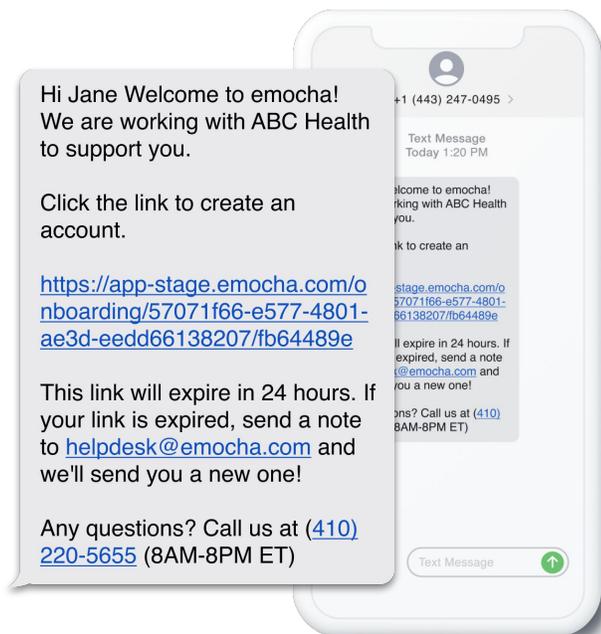
emocha Health[®]

The City of Baltimore
Mobile Health Self-Screening Program

Mobile App User Guide

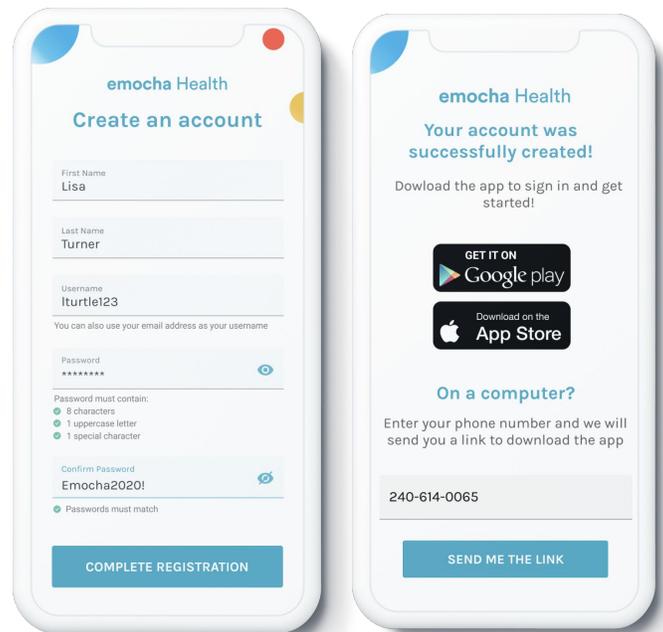
Getting Started

01 Welcome Message



You will receive a SMS from emocha. Tap the link provided to set up your account. This expires in **24 hours**.

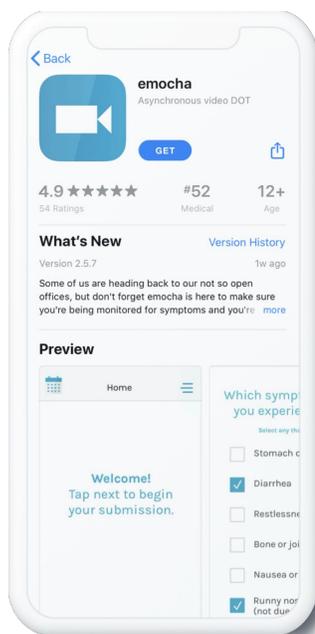
02 Create your account



Enter your **First Name** and **Last Name** for identity verification, and create a **Username** of your choosing.

Create your **Password**. This must include at least 8 characters, 1 uppercase letter, 1 number, and 1 special character.

03 Download



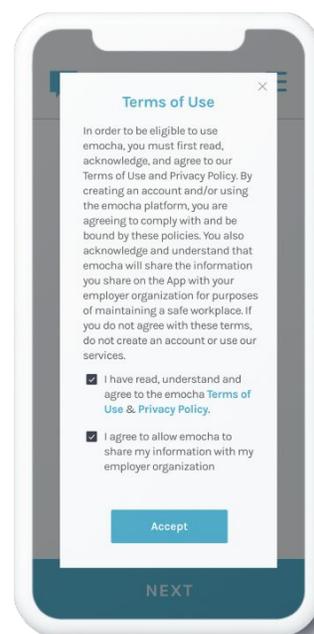
After you have created your account, download the emocha app from the Apple App Store or the Google Play Store.

04 Login



Log in with the username and password you just created.

05 Terms of Use

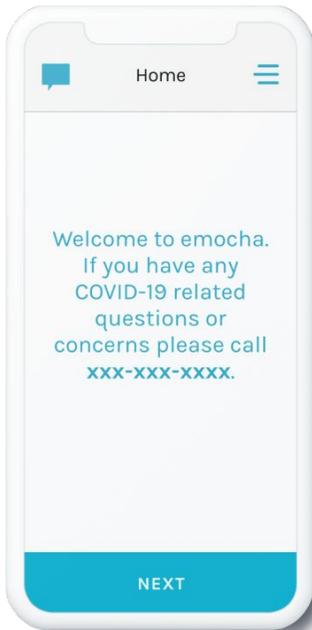


**Note: all data submitted to emocha's HIPAA-secure platform will only be viewed and accessible by emocha's public health monitoring team, and subject to legal requirements surrounding Protected Health Information.*

Submit consent to emocha's Terms & Conditions.

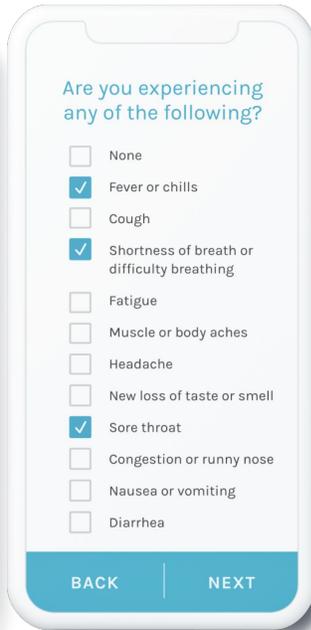
Daily Video Check-in* (With symptoms)

01 Home



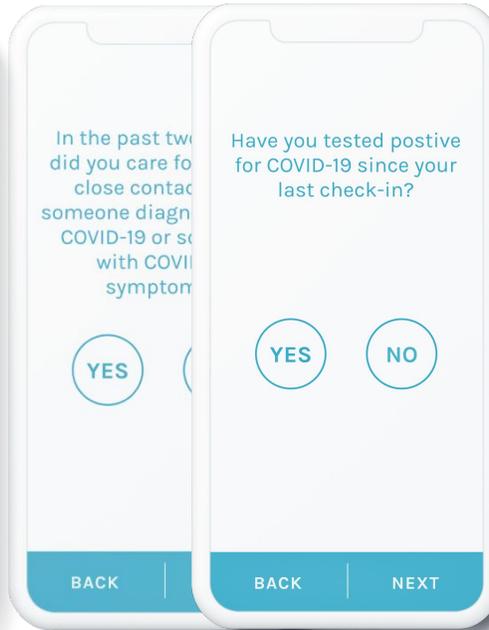
When ready to submit, tap "Next" to begin a check-in..

02 Symptoms



If experiencing any symptoms, select all that apply.

03 COVID Exposure and Test



Answer the COVID-19 community exposure question, disclose if you have tested positive for COVID-19 since your last check-in.

04 Record



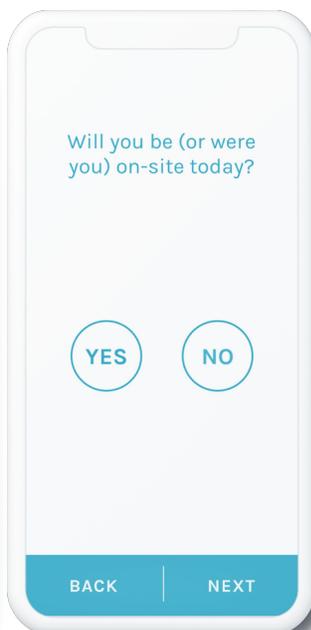
Record a short video check-in.

05 Temperature



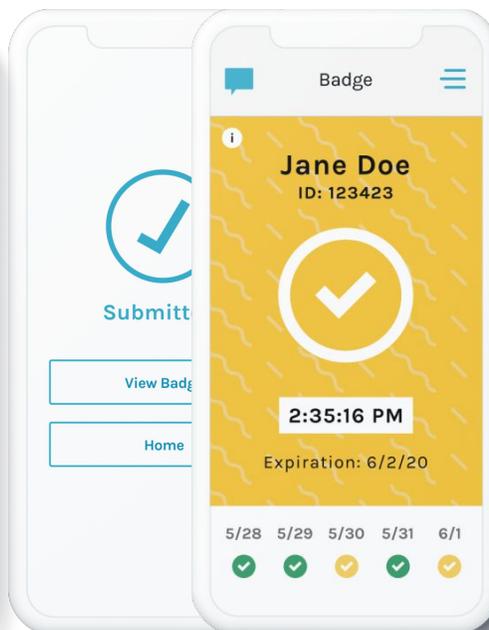
Input temperature reading if possible.

06 On-site



State if you will be, or were, on-site that day (vs. remote)

07 Complete and View Badge



Tap "View Badge" or "Home" to complete check-in. The combination of data entered related to temperature, symptoms, and exposure determines the color of the digital badge.

*Note: protocol may differ by entity.

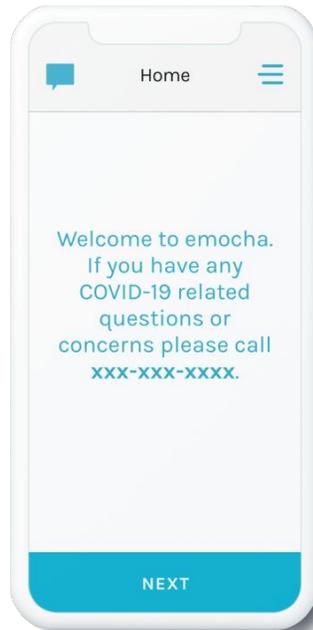
Daily Video Check-in* (Without symptoms)

Check in with emocha as recommended.

Answer the symptom-related and COVID-19 exposure questions.

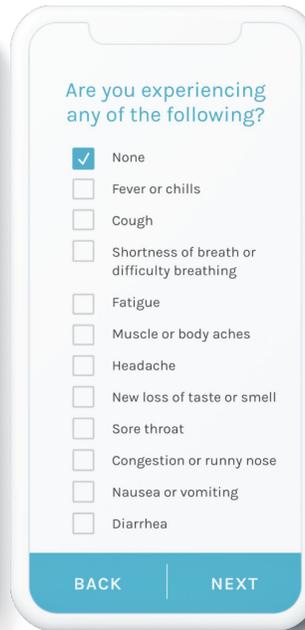
Record temperature reading. If you do not have a thermometer, you can skip this screen.

01 Home



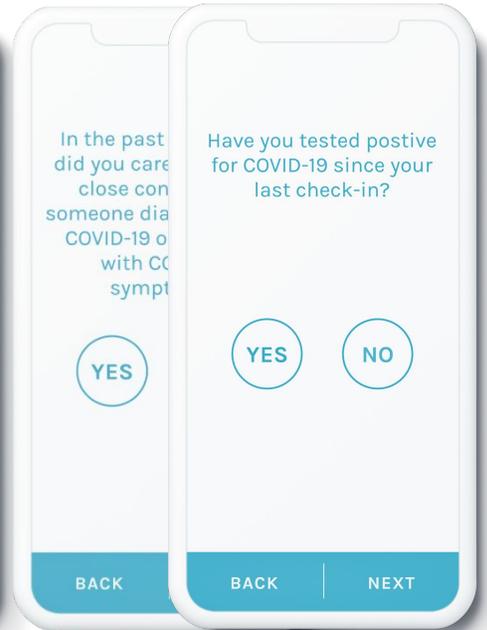
If ready to submit, tap "Next" to begin a submission.

02 Symptoms



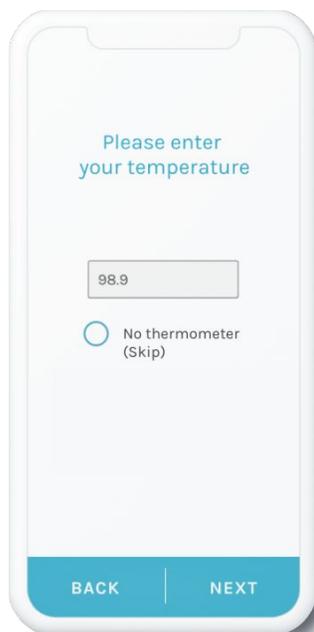
If experiencing no symptoms, select "None" and tap "Next".

03 COVID Exposure and Test



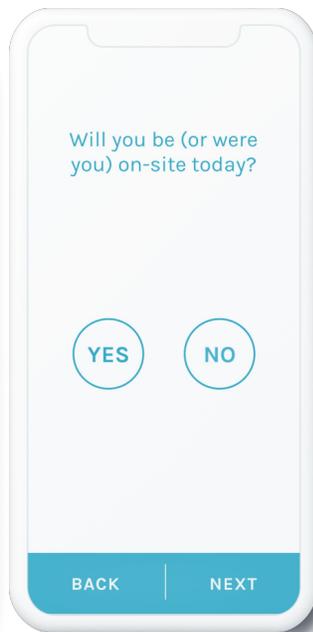
Answer the COVID-19 community exposure question, disclose if you have tested positive for COVID-19 since your last check-in.

04 Temperature



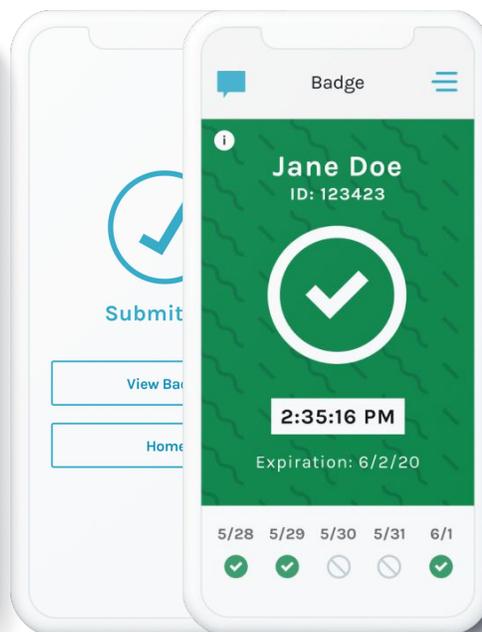
Input temperature reading if possible.

05 On-site



State if you will be, or were, on-site that day (vs. remote)

06 Complete and View Badge



Tap "View Badge" or "Home" to complete check-in. The combination of data entered related to temperature, symptoms, and exposure determines the color of the digital badge.

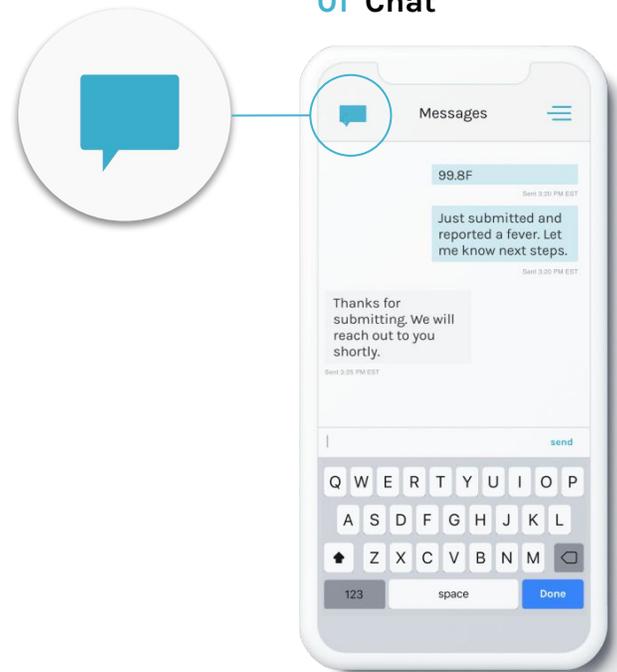
*Note: protocol may differ by entity.

Explore More Features

You can communicate with care teams via the “Chat” function, and ask any questions / report technical issues.

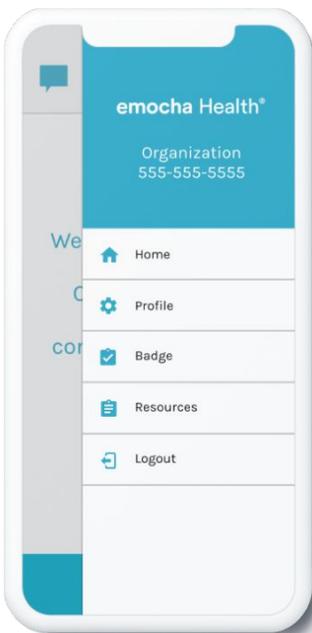
Check out “Menu” for additional tools. The “Progress” page will demonstrate how you are doing. You can customize several of these features on your “Profile” page.

01 Chat



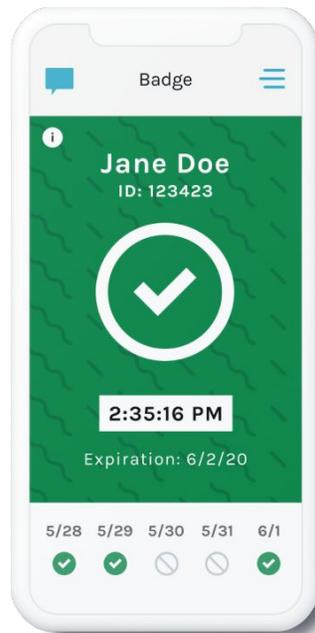
Tap on the chat icon, located on the top-left, to communicate with care team.

02 Menu



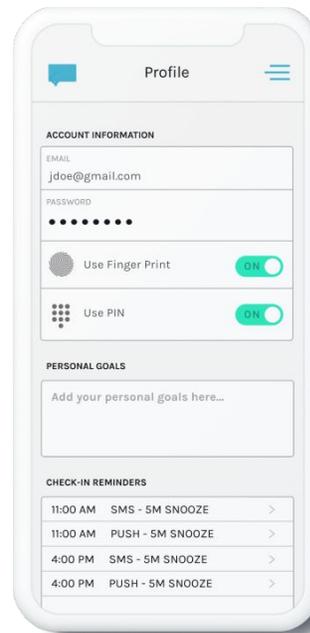
Tap on the three bars, located on the top-right, to access the main menu and explore more options.

03 Digital Badge



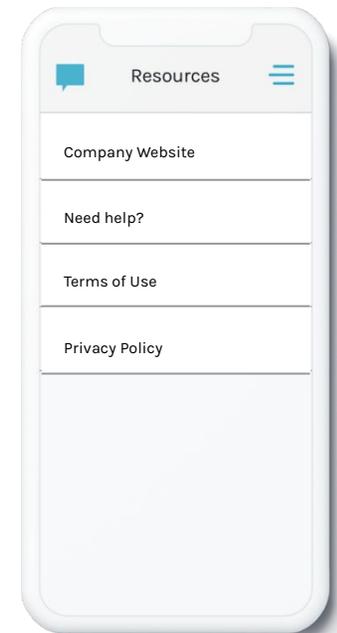
You will receive a digital badge to enable return-to-work decisions.

04 Profile



Set up an easy login with fingerprint or PIN ID, and set reminders for check-in intervals.

05 Resources

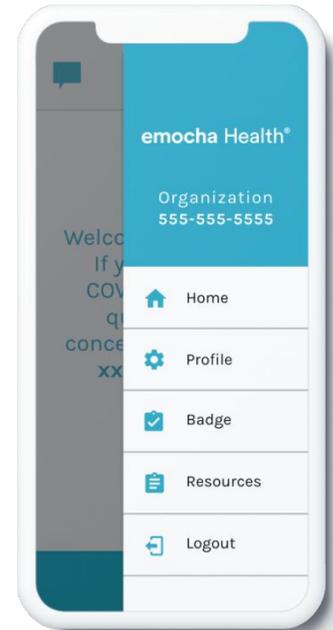


Access additional resources and links on the program in the “Resources” tab.

Digital Badge

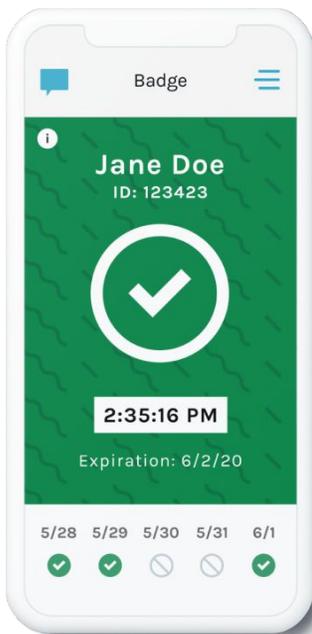
Color-coded digital badges communicate your return-to-work status. emocha allows employers to configure this badge logic.

Menu

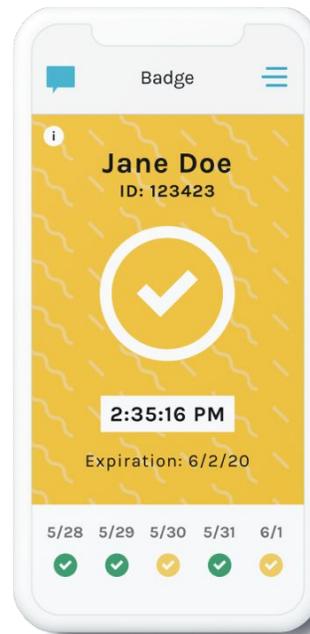


Tap on menu and tap "Badge" to see your badge status.

Green Badge



Yellow Badge



Gray Badge



The combination of data entered related to temperature, symptoms, and exposure determines the color of your digital badge. Note: if you do not have a thermometer, a "no thermometer" icon will appear in the top right corner of your green badge.

A gray badge is displayed when you forget to check-in.

emocha Health[®]

www.emocha.com | helpdesk@emocha.com | [@emochaHealth](https://twitter.com/emochaHealth)