

Hysterosalpingogram



Directions to Clive Office:

From I-80, Exit west onto University Avenue. Turn north onto 124th Street. We are the second building on the east side of the road.



Date

Time



Diagnostic & Preventative Imaging Center

In Partnership With



UnityPoint Health
Des Moines

12368 Stratford Drive, Suite 300 • Clive, Iowa 50325

515-226-9810 IowaRadiology.com

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What is a Hysterosalpingogram?

A hysterosalpingogram (HSG) is an x-ray test performed under fluoroscopy that looks at the inside of the uterus and fallopian tubes. Fluoroscopy enables a real-time view of contrast flow through the fallopian tubes. It often is performed as part of an infertility work-up or to evaluate the uterus and fallopian tubes. It can also be used confirm blockage of the tubes for women who do not want to become pregnant.

How do I prepare for the exam?

You should wear a loose fitting two-piece outfit. You may take 600 mg of ibuprofen one hour prior to the exam.

For an infertility workup: Timing of the exam is critical. This test should be done approximately 6-12 days after the onset of menstruation.

What happens during the test?

Our technologist will obtain a detailed medical history. You will be asked to disrobe from the waist down, empty your bladder, and will be provided a gown or blanket. You will lie face-up on an examination table. The radiologist will insert a speculum into your vagina to access the cervix. The cervix is cleansed with an antiseptic soap and a flexible catheter is passed through the cervix into the uterus. Next, a contrast material is injected through the catheter. X-ray pictures are taken and viewed live on a TV monitor. The uterus will be imaged and the fallopian tubes will be evaluated. You may be asked to change positions if needed. After several pictures are obtained, the catheter is removed. You may experience cramping similar to menstrual cramps.

The exam takes approximately 30 minutes to complete.



After the Test

You may experience cramping and/or spotting for 24-48 hours following the exam.

When can I expect the results?

Our radiologist will discuss the results with you following your exam. In addition, he or she will analyze the images and send a signed report to your referring physician within 1 business day.

Questions?

If you have any questions or concerns about your procedure, please call us at 515-226-9810 or email us at schedule@iowaradiology.com. We are here to help.



515-226-9810

iowaradiology.com