Otterbein Sunset House Dipolate Otterbein Sunset House APRIL 2021

Our Mission: Enriching Individual Life Journeys.

Visitation Update Based on New "Guidelines"

Dear Residents, Families, and Friends:

In the last several days, the Centers for Medicare and Medicaid Services (CMS) and the state of Ohio Department of Health, issued several new "guidelines" for how nursing homes and assisted living must function in our work to ensure optimal safety and security for residents and partners. Find below the new and/or updated regulations:

- At this point, assisted living and nursing residents must still practice social distancing protocols in group settings – six feet between each participant.
- Concurrent therapy and group therapy is now permitted for residents not in quarantine and with social distancing protocols maintained.
- The campus may now offer outpatient therapy for all Otterbein Sunset residents.
- Eye protection (face shields or goggles) must be worn by visitors to residents in communities located in a county designated as red or yellow – at this point in time Lucas County is in a YELLOW status. Otterbein Sunset will provide the face shields in advance of every visit, and the shields/goggles will be disposed of or sanitized following the visit.
- Visitors to assisted living and/or nursing residents must escorted to and from the resident's room and/or the designated visitation area. We ask that when you are ready to leave, you simple pull the call light and staff will escort you to the closest exit.
- Compassionate care visits can now be extended to include residents with 1) new orders for antipsychotic, antidepressant or appetite stimulants; 2) when dementia has progressed; 3) when the resident is no longer responding to a loved one during window or virtual visit; or 4) should family members mention that they notice a change in an resident's grooming, cognition or appearance, while conducting window or virtual visit.
- Effective April 5, 2021, monthly base-line testing of residents for the COVID-19 virus will no longer be required. Testing will continue based upon symptoms and/or contact and positive results per our guidelines.

The new "guidelines" contain some good news, but also a couple of new restrictions as defined by CMS and the



ODH; but clearly all are intended to help provide optimal safety and protection for those we serve, and those of us, including you, that serve them.

Thank you for your continued support of us throughout this COVID journey. We are so happy that you are able to visit and enjoy time together again as a family! If you have any questions, please feel free to reach out to any member of our leadership team..

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CONCERN: INDOOR visitation is allowed in senior care communities in Ohio designated as GREEN or YELLOW by CMS. Lucas County had a COVID-19 positivity rate of 7.2% last week, 8.8% this week. Rates are announced each Monday, the next release April 5. Since Lucas County is identified as RED, Otterbein Sunset House and Otterbein Sunset Village will be forced to suspend INDOOR visitations, except in cases on compassionate care.

Our plea – If you aren't already on-board, please step up and vaccinate. INDOOR visitation is extremely valuable to our residents, your loved ones, and our partners.

Otterbein Sunset House and Otterbein Sunset Village Facebook Page

Please visit Facebook and Like the "Otterbein Sunset House" page or "Otterbein Sunset Village" page or both! This is a great way to receive exciting news and information that is happening on each campus. Including the many fun activities the elders are participating in.

From Around Our Communities



Sunset Village | 40 Days, 40 Items

Fieldstone Villas gave back during the Lent season this year. Residents were challenged to donate an item each day of Lent. The challenge was entitled 40 Days, 40 Items. The residents collected gently used items in their villas including clothes, nonperishable food items, shoes, toiletries, and cleaning items that they could donate to those in need. At this unique time in the world, Fieldstone Villas residents wanted to give to others in the area. All food items collected were sent to Sylvania Family Services Food Pantry. All other items were donated to a local Methodist Church Center.



Sunset House | Easter Church Service

Otterbein Sunset House and The Woodlands enjoy Easter with our elders on April 4th. We had a great turn out for our following Egg Hunt for Residents on Easter Day in each neighborhood as well. We hope you enjoyed your Easter with Otterbein Sunset House and The Woodlands.



Mother's Day Tea Party

Celebrate Mother's Day with Otterbein Sunset House and the Woodlands on May 7th. We are hosting a Mother's Day Tea for both our Assisted Living Elder at 1:30 p.m. and Healthcare Elders at 2:30 p.m. featuring Harpist, Susan Hedler. **Call (419) 724-1200 for more information.**



Mother's Day Drive Through Parade

Otterbein Sunset House and The Woodlands would like to help families celebrate Mother's Day while keeping our residents safe during Covid-19. On May 8th at 2:00 p.m. We will be hosting a Mother's Day Drive Trough Parade where families can drop off gifts if they so choose. **Call (419) 724-1200 for more information.**

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