

The Update



NOVEMBER, 2020

A SUNSET THANKSGIVING

A HOLIDAY FABLE WITH A COVID-ERA LESSON.

A long time ago—no one remembers the exact year, but it was soon after the Second World War—residents of Sunset House (known then as The Old Ladies Home of Toledo) were anxiously anticipating the Thanksgiving holiday. It was a bittersweet time, to be sure. While thankful that the fighting abroad had ended, the country mourned its heroes who sacrificed everything for their country. Everyone looked forward to seeing family and friends—and counting their blessings with loved ones. The winter chill had come early, and the first few days of Thanksgiving week were unusually cold and crisp. Newspapers hinted that the season's first significant snowfall could be just around the corner.

“Nonsense,” scoffed Mary to some fellow residents conversing in the House’s parlor. “Heavy snow before December is unheard of in these parts.” Although most laughed in agreement with Mary, there was more than one nervous smile among the group.

Thanksgiving Morning

Sunset House residents awakened on Thursday to see large snowflakes falling outside their apartment windows.

“The first thing I did was turn on my radio,” recalled Margaret at the time.

“The announcer was saying that an unexpected blizzard had blown into the region. I knew right then that this would be a Thanksgiving like no other.”

To read the full story, visit sunset-communities.org/a-sunsetthanksgiving



OPEN ENROLLMENT PERIOD FOR MEDICARE AND SOCIAL SECURITY

Just a reminder that the period for Medicare Open Enrollment has begun. Open enrollment began on **October 15, 2020** and continues through **December 7, 2020**. Individuals who live in the community and have Medicare, can make changes to their health and prescription drug plans for the upcoming year. Coverage will begin January 1, 2021. Those residents in our skilled nursing areas are allowed to make changes monthly.

If you are satisfied with your current coverage, you do not need to do anything. You can decide to stay in original Medicare or join a Medicare Advantage Plan (such as an HMO or PPO). If you’re already in a Medicare Advantage plan, you may use the Open Enrollment period to switch back to Medicare. Additional information is available at Medicare.gov and or by calling 1-800-MEDICARE.

Sunset Communities cannot handle open enrollment for you, however, our business office at either campus, may be able to answer any questions you have.

SOCIAL SECURITY OFFERS COLA BENEFIT IN 2021

Based on the Consumer Price Index from the third quarter of 2019 through the third quarter of 2020, Social Security and Social Security Income (SSI) beneficiaries will receive a cost of living adjustment (COLA) of 1.3% for 2021. Social Security beneficiaries will begin January 1, 2021. Supplemental Security Income will begin December 31, 2020.

For additional information on COLA or the Social Security benefit, please visit: ssa.gov.

UPDATED CONTACT INFORMATION

Please make sure your contact information, including a valid email address is updated and provided to the building.

Also, everyone should have recently received a face sheet for their resident who lives in a Sunset Community. Take a few minutes to review this document to correct and update the information on this sheet, including Medicare numbers.

SUNSET HOUSE THE WOODLANDS ASHANTI HOSPICE & PALLIATIVE CARE
SUNSET VILLAGE FIELDSTONE VILLAS at Sunset Village



The Update is published monthly for family and friends of Sunset Retirement Communities. It is available on-line at www.sunset-communities.org or through email. You may opt-out at any time.



SUNSET HOUSE

HOLIDAY OPEN HOUSE

Regrettably, due to COVID 19, Sunset Communities has made the decision to cancel our annual Open House at Sunset House. The well being and safety of our residents, visitors and staff remain at the forefront of our decision.

We will be engaging in creative and special ways to celebrate the upcoming holidays with our residents and staff.



THE WOODLANDS

HALLOWEEN—WOODLANDS STYLE!

Fun pumpkins, scary skeletons and good fun! It's all how The Woodlands residents and staff celebrate Halloween.

Residents participated in a "Reverse Trick or Treat". Those who wished to dress up in a costume went door to door providing treats for their neighbors. All enjoyed this twist on Halloween during COVID!



Pumpkins, decorated by the creative staff were also on display!



FIELDSTONE VILLAS
AT SUNSET VILLAGE

HOW ABOUT A SWEET TREAT?

Fieldstone Villas will kick off the Holiday season with a special Open House on **Sunday, November 22 from 1pm—4 pm.**

Guests will be able to tour unoccupied Villas, and the Fieldstone Villa Clubhouse to learn more about the exciting lifestyle living in a villa can provide. We ask that all visitors wear masks and practice social distancing. As a thank you for visiting, each guest will receive a pumpkin roll for your holiday celebration! Please call Heather at 419-386-2686 for additional information.



SUNSET VILLAGE

THANKSGIVING AND ANNUAL HOLIDAY OPEN HOUSE CELEBRATION

Sunset Village will not be holding a Thanksgiving dinner for residents and family this year. We are sorry for any inconvenience this may cause, but due to the current pandemic crisis we must remain vigilant in all precautions to keep our at-risk population safe.

We have also made the difficult decision to not hold our Annual Holiday Open House. We know you'll agree that we must do everything we can to keep our residents, visitors and our staff healthy and well, and still be able to follow all recommended safety precautions.

Sunset Village's annual Holiday Home Shopping has also been cancelled this year.

We will look for creative and special ways to commemorate the holidays with our residents.



ASHANTI HOSPICE

ASHANTI MEMORIAL CELEBRATION

Each year, Ashanti Hospice and Palliative Care hosts a Memorial Gathering to honor and remember those we lost. This year, we will remember family and friends that we have lost from August 1, 2019 to July 31, 2020.

As current pandemic conditions make gathering together and to be able to safely practice social distancing impossible, Ashanti Hospice has organized a memorial program available to view on our website, [www. sunset-communities.org](http://www.sunset-communities.org). This will be available **Sunday, November 22nd.** You may log on at anytime to watch the tribute.

It has a been our honor to care for your loved one and we are saddened that we cannot celebrate their memory together.

