



Common Household Items for Virtual Speech Therapy

Articulation

Notes/Activities

- Identify the target sound in books/magazines/newspapers.
- Use a straw to illustrate centralizing airflow.
- Hold the paper/tissue in front of the mouth to illustrate the release of air for certain sounds.
- Look around the room for objects that begin with the target sound.

Useful Household Items

- Books
- Magazine/newspaper
- Small Mirror
- Straw
- Paper/tissue
- Objects beginning with the target sound

Fluency

Notes/Activities

- Use books/magazines/pictures to elicit spontaneous speech for practicing strategies.
- A balloon can be used to practice breath control. Practice easy breathing with a paper or tissue held in front of the mouth.
- Use the clock for pacing, especially if you can hear the ticks.
- Illustrate 'bumpy' vs. 'smooth' speech with lego/bubble wrap vs. wax paper or the smooth table top.

Useful Household Items

- Books
- Magazine/newspaper
- Photograph or drawing
- Balloon
- Paper/Tissue
- Clock/watch with second hand
- Rubber band/hair scrunchie
- Lego piece/bubble wrap
- Wax paper

Language

Basic Concepts

Superlatives

Antonym/Synonym

WH and YES/NO Questions

Defining/describing

Compare/Contrast

Categorization

Association

Notes/Activities

- Use objects for receptive activities such as following directions or receptive identification.
- Use objects for expressive activities– define/describe features of the object.
- Answer WH or YES/NO questions about the object.
- Incorporate discussion of Antonym/synonym, Associated objects, Category, Function or other applicable descriptors (e.g., open/closed, new/old, smelly, yummy) for any object.

Useful Household Items

Touch Concepts

- Sandpaper
- Nail File
- Sponge
- Playdough
- Ice in a cup
- Fork
- Stuffed animal
- Cotton Ball
- Wet Wipe
- Band-Aid
- Tape
- Hairbrush

Shape Concepts

- Paper
- Ball
- Bowl
- Block
- Picture frame
- Leaf
- Box
- Dry pasta
- Beads
- Paper
- Couch
- Chair
- Table

Parts

- Pencil
- Flashlight
- Chair
- Laptop/computer
- Apple or piece of fruit
- Book
- Pants/Shirt
- Stuffed animal
- Doll/action figure

Sound Concepts

- Bell
- Whistle
- Toy that makes noise

Color/Visual Concept

- Aluminum foil
- Flashlight
- Gift Wrap/bag
- Ornament
- Photograph

Quantity Concepts

- Coins
- Cereal
- Toothpicks
- Paperclips
- Beads

Size/Weight Concepts

- Coins
- Feather
- Tissue
- Straw
- Thread/floss
- Dictionary
- Encyclopedia

Composition

- Book
- Spoon
- Pencil
- Table
- Ice in a cup
- Water bottle
- Cup/glass
- T-shirt or clothing item

Notes/Activities

- Generate a sentence or story about a favorite toy (e.g., stuffed animal). Have they gone on any trips? Create a story with the doll as the main character.
- Tell/describe a photograph or drawing. What is happening in the picture?
- Teach the therapist/group how to play a favorite game.
- Answer WH questions about the object or picture. Identify/search for parts of speech, suffix/prefix, etc. in reading material.
- Describe/explain the plot of a favorite book from memory.
- Identify problems within a book or newspaper article. What are possible solutions? What would happen if... ?
- Discuss causes, formulate opinions, and make predictions based on articles/stories.
- Discuss feelings and behaviors of people pictured or described.

Useful Household Items

- Stuffed animal
- Doll/action figure
- Photograph or drawing
- Favorite game
- Favorite book
- Magazine/newspaper

Following Directions

Prepositions

Notes/Activities

- Practice following directions by manipulating small objects in relation to the 'open' objects (e.g., 'put the paper clip inside the box').
- Long/bendable objects can be used to practice 'around' or 'through.'
- Make a craft based on his/her ability level.

Useful Household Items

- Empty box
- Bowl
- Pot
- Pillowcase
- Bucket
- Belt
- String
- Paper clip
- Coins
- Beads
- Spoon
- Dice
- Key
- Paper
- Child scissors
- Tape/glue
- Other common craft supplies