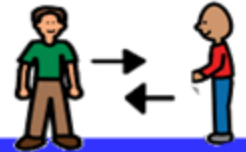


# How to Help Everyone Stay Healthy

If you are sick, stay home and rest.



Avoid being close to people.



Wear a mask.



Don't touch your eyes, nose or mouth.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Wash your hands many times a day.



Clean surfaces and objects that are touched frequently.



Use hand sanitizer  
IF soap and water are not available.

