

THERAPY... THE WAY IT WAS MEANT TO BE.



Senior Rehabilitation

950 EAST COUNTY LINE ROAD, SUITE C

RIDGELAND, MISSISSIPPI 39157

P 601.308.5117 F 601.308.5103

www.performancerehabseniorcare.com

Performance Rehab Senior Care is licensed by Medicare as a Rehabilitation Agency and provides comprehensive, outpatient rehabilitation solutions inside retirement and assisted living facilities. Services include full-time “caring” therapists, inside your facility with all necessary equipment and supplies that you would find in an outpatient clinic. Performance Rehab Senior Care also offers many voluntary services such as exercise programs, fall prevention and balance testing. Performance Rehab Senior Care also provides personal care services such as dressing, bathing and other services.

Our onsite staff includes experienced physical, occupational and speech therapists and offers a broad range of programs specifically designed to meet the needs of the aging community. These programs are therapeutic, educational, and most importantly made out to be FUN! Some may find that our approach and philosophy is a little different. Our team thrives to be involved and while confirming that all of our elderly patients’ needs are identified and addressed.

Performance Rehab Senior Care offers patients and facilities many services that are free of charge including exercise classes, balance testing and fall prevention programs, health fairs and social events. Our experienced team of therapists is committed

to serving our communities in any capacity. Performance Rehab Senior Care can evaluate and treat many common conditions that affect the physical condition of the aging population. Therapists being very involved within our facilities has proven to be the successful way to keep people more independent for a longer period of time.



OUR TEAM BELIEVES IN DELIVERING QUALITY CARE AND COMPASSION ,WHILE EDUCATING AND ENHANCING THE LIVES OF RESIDENTS, FAMILIES AND CAREGIVERS.

COMPREHENSIVE THERAPY SERVICES

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Interactive Metronome (IM)
- Fall Prevention
- Balance Training

CUSTOMIZED SENIOR CARE SERVICES

- Rehabilitation of Musculoskeletal Disorders
- Pre & Post Surgical Patients
- Foot & Ankle Rehabilitation
- Spine Stabilization & Rehabilitation
- Vestibular & Neurological Rehabilitation
- Balance & Gait Assessment
- ADL & Self Care Training
- Memory Therapy
- Manual Therapy
- Arthritis Management
- Pain Management Through Modalities
- Personalized Treatment Plans & Assistance Services
- Exercise Classes