

Financial Stress Increases Employee Healthcare Costs

Presented by



The Problem

75% of employees experiencing financial stress also experience physical symptoms.

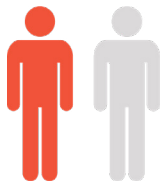
Financially stressed employees are

2x

more likely to report poor overall health

4x

more likely to complain of headaches, depression, or other health issues



1 out of 2

employees with financial stress say that they **avoid getting healthcare** due to worries about how much it will cost.



33%

of individuals and families with employer-based insurance and an HDHP **don't have enough saved** to cover the deductible.



19.4%

of employees not using financial wellbeing benefits saw an **increase in healthcare costs** in 2019

The Good News

Employees leveraging financial wellness programs saw their healthcare costs

decrease by

4.5%



That adds up for employers. Companies with financial wellbeing programs in place see a saving of

\$271.50

per employee

