

# Deciding To Go Out?

## 3 QUESTIONS TO ASK YOURSELF

In general, the more closely you interact with others and the longer that interaction, the higher the risk of COVID-19 spread. When deciding to meet up with family and friends this holiday season, consider these three questions:



### HOW MANY PEOPLE WILL YOU INTERACT WITH?

- Interacting with **more people** raises your risk.
- Being in a group of people who aren't social distancing or wearing masks increases your risk.
- Engaging with **new people** (those who don't live with you) raises your risk.



### WILL YOU BE 6 FEET APART? OUTDOORS OR INDOORS?

- The **closer** you are to people who may be infected, the greater your risk of getting sick.
- Distancing is especially important for people who are at a higher risk for severe illness.
- Indoor spaces are more risky than outdoor spaces where it might be harder to keep people apart and there's less ventilation.



### HOW LONG WILL YOU BE INTERACTING WITH PEOPLE?

- Spending **more time** with people who may be infected increases your risk of becoming infected.
- Spending more time with others increases **their** risk of becoming infected if there is any chance you might already be infected.