Best Habit-Tracking Apps to Download



Designed to help you set goals, keep track of your habits and tackle your bad habits for free

- Momentum Habit Tracker- has a number of great features which makes it ideal for keeping track of habits and routines.
- 2 Habitify- simple and aesthetically pleasing. It presents you with a list of your habits for the day, and lets you check them off as you complete them.
- Productive Habit Tracker- keeps track of your successes, allowing you to measure your improvement and stay motivated.
- Habitica- this app's unique video game inspired design makes keeping track of your habits and goals fun.
- **StickK** upon signing up, you create a commitment contract with yourself and the app to reach your goals.
- Habitshare- blends a social networking site with a habit tracker, allowing you to grow habits with family and friends.
- **Streaks** built around encouraging you to maintain a 12-day streak of a good habit, which is a great way to stay motivated.
- 8 Habit List- great at tracking habits over a long period of time, enabling you to easily make sense of your progress.

