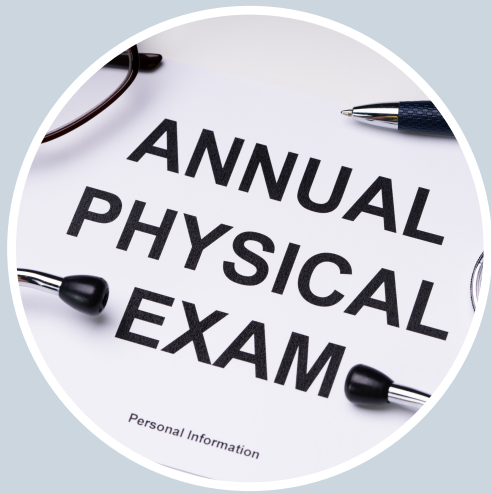


PREVENTATIVE SCREENINGS



HISTORY & PHYSICAL EXAM

A physical should be performed every 1–2 years for adults ages 19–49, and every year for adults ages 50 and older.

REGULAR WEIGHT, HEIGHT AND BMI PERCENTILE AND BMI MONITORING

- Who? Men and women
- When? Annually



MAMMOGRAPHY

- Who? Women aged 50–74 years
- When? Every other year

PAP SMEAR

- Who? Women aged 21–65 years
- When? Every 3 years

COLORECTOL CANCER SCREENING

- Who? Men and women over 50
- When? Every 10 years

