

TARGETCARE

SERVICES & ESTIMATED PRICING

HIGH-TOUCH • FOCUSED • CUSTOMIZED

SCREENINGS & ASSESSMENTS; \$55- \$105 PEPY

TargetCare to provide: clinical staff for day of screening event & review of results, designated Account Manager, individual & aggregate reporting, event set up, event promotion & communication, access to digital platform for scheduling.

HEALTH COACHING; \$18- \$22 PEPM

- Includes Registered Nurse (RN) operating as a Health Coach and initial and ongoing training.
- Management oversight of the health management program includes: electronic health record quality assurance, ongoing technology and software updates, employee communications, employee compliance, account management and consulting, monthly Rx and medical claims data importation, aggregation and audit of data and population data analytics.
- Platform access includes: ongoing technology and software updates, electronic scheduling, tracking tools, device integration, health library, newsletter, messaging with health coach, activity tracking, points tracking, quarterly challenges, access to KYN results and online assessments.

CLINIC SERVICES; \$500- \$600 PEPY

- Includes Nurse Practitioner (RN) operating as the clinic provider and initial and ongoing training. Also includes employee access to the health clinic for acute care and disease and lifestyle management, oversight and management of clinic staff, scope of care adherence and risk identification.
- Management oversight of the health management program includes: electronic health record quality assurance, ongoing technology and software updates, employee communications, population monitoring and program compliance, account management and consulting, monthly Rx and medical claims data importation, aggregation and audit of data and population data analytics.
- Platform access includes: ongoing technology and software updates, electronic scheduling, tracking tools, device integration, health library, newsletter, messaging with health coach, activity tracking, points tracking, quarterly challenges, access to KYN results and online assessments.

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ACCESS TO ENGAGEMENT PLATFORM; \$2.50-\$5 PEPM

Platform capabilities include: ongoing technology and software updates, electronic scheduling, tracking tools, device integration, health library, newsletter, messaging with health coach, activity tracking, points tracking, quarterly challenges, access to KYN results and online assessments.

12 WEEK PROGRAMS; \$250 PER PARTICIPANT

- Stress management, diabetes management, weight management, tobacco cessation
- Individual coaching & engaging group sessions with program workbook & assignments

LUNCH & LEARNS; \$350 PER HOUR

- How to Get Better Sleep, Every Day
Ways to Get Moving, Financial Wellness, Stress Management, Healthy & Inexpensive Meal Prep

MANAGEMENT DETAILS FURTHER OUTLINED

- Standard Reporting
 - Aggregate Data (baseline & comparative)
 - Utilization
 - ROI
 - Individual health summary report
 - Quality Metrics
 - Participation
 - Compliance
- Program Management & Dedicated Account Manager
 - Communication strategy & consulting
 - Marketing & promotion (materials, supplies & management)
 - Quarterly strategy meetings
 - Annual presentation of aggregate data
 - Ongoing program evaluation & communication
- Management of Clinical Staff
 - Credentials
 - Initial & ongoing training
 - Ongoing provider management; scheduling, staffing, etc