

TargetCare's Customized Health Management Services



Healthcare has never been more complex than it is today. Employers and benefits consultants face a myriad of new challenges including:

- ✓ Rising healthcare costs
- ✓ Disengaged employees
- ✓ Decreased productivity
- ✓ High-risk employee populations
- ✓ Lack of access to health resources and quality care

TargetCare offers measurable, customized health management services to help address employee wellness challenges. This brochure will help you understand the problems we solve with the solutions we provide.



Health Clinics

We deploy and manage on-site health clinics that offer services such as acute care, preventative care, disease management, vaccines and immunizations, health navigation, care gap management, and pharmacy dispensing.



Testing & Screenings

Results from blood draws and biometric screenings support our clinical assessments to provide a comprehensive picture of each employee's health, complete with tests on liver and kidney function, hydration, and more.



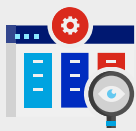
Health Coaching

Personalized health coaching helps employees identify and achieve their personal health and wellness goals through goal setting, accountability and engagement, readiness to change, and motivational interviewing techniques.



Mental Health

Stress and lifestyle management services help address the challenges of behavioral health with interactive tools, educational resources, and one-on-one access to health professionals for anxiety and stress support.



Digital Platform

A dynamic, fully integrated patient management tool serves as an online portal for effectively managing your wellness program as a whole as well as the health and well-being of each participant.



Engagement Programs

Our team facilitates customized engagement programs to encourage group participation in wellness initiatives, on-site or virtual lunch and learns, targeted programs with group and individual sessions, digital platform access including webinars, challenges, device integration, messaging, and incentive tracking capabilities.



Data Analytics & Reporting

Measure your program's effectiveness with personal health scorecards, participation reports, aggregate data, program savings reports, ROI/VOI reports, and more.

Have questions about any of our health management services? Let's talk!

