# **TargetCare Case Study**

Manufacturing Client

### **Industry**

Manufacturing

### Locations

3

#### Size

460 employees

### Trending Industry Challenges Pertaining to Healthcare

High turnover, high claims, low engagement

### **Background**

- Partnership began in 2015
- Started with Clinical Health Assessments (CHA) at work sites
- Delivery of chronic disease summary report to each employee at prescheduled one-on-one follow up consults
- Consults take place at the work site and/or telephonically with a TargetCare provider
- For ongoing intervention, an onsite clinic was established at the headquarter location and offered a health coaching program both through the clinic and at additional (2) locations.
- Data is evaluated on an aggregate level to provide a comparison (from one year to the next) of overall risk reductions and health measurement improvements

### PROGRAM SAVINGS THROUGH RISK REDUCTION

cost per occurrence

\$16,082

**Uncontrolled Diabetes** 

\$8,041

Pre-Diabetes

27% of participants in the uncontrolled diabetic category moved out of their condition category resulting in an overall cost avoidance of

\$48,245.36

1/3 of the pre-diabetic population tested out of the pre-diabetes category resulting in an overall cost avoidance of

\$225,145.02

cost per occurrence

\$3,841

Obesity

Positive movement out of the obese condition category resulted in an overall cost avoidance of

\$46,086.38

\$1,164
Hypertension

50% of the hypertensive population moved out of the hypertensive category resulting in an overall cost avoidance of \$31.437



Total program costs avoided were \$844,925.



This client reported an annual ROI of 3:1

## Areas of overall value and savings include

Risk reduction, office visits (primary care or specialty), lost work time associated with office visit, lab costs, absenteeism, presenteeism

