

ALLERGIES OR COVID-19?

Allergies typically cause nasal symptoms such as a runny nose and sinus congestion but do not usually result in a fever, as is found with coronavirus or the flu. While some symptoms of the coronavirus overlap with allergies, there are differences.

COMMON ALLERGY SYMPTOMS:

- Sneezing
- Runny or stuffy nose
- Itchy or watery eyes
- Post-nasal drip
- Ear congestion
- Mild Fatigue

LESS COMMON ALLERGY SYMPTOMS:

- Headache
- Shortness of breath
- Coughing
- Wheezing

ALLERGIES VS. COVID-19

- Timeline & past history- often people with allergies have a history of seasonal allergies. Allergy symptoms tend to be more long-lasting than viral symptoms.
- Allergy symptoms often respond to allergy medications.
- Allergies typically make people itchy. Itchiness is not a symptom of viral illness.