

DO YOU KNOW WHAT IS GOING IN YOUR BODY?

E-cigarettes, including JUULs and vape pens, use a battery to heat up a special liquid into an aerosol that users inhale. It's not just harmless water vapor. E-cigarette composition and effects vary, but here is a list of some things that have been found in e-cigarettes.

1

Nicotine

Highly addictive substance that negatively affects adolescent brain development

2

Propylene Glycol

A common additive in food; also used to make things like antifreeze, paint solvent, and artificial smoke in fog machines

3

Carcinogens

Chemicals known to cause cancer, including acetaldehyde and formaldehyde.

4

Cadmium

A toxic metal found in traditional cigarettes that causes breathing problems and disease

5

Acrolein

A herbicide primarily used to kill weeds. Can cause irreversible lung damage

6

Diacetyl

A chemical linked to a lung disease called bronchiolitis obliterans, (aka 'popcorn lung')

7

Diethylene Glycol

A toxic chemical used in antifreeze that is linked to lung disease

8

Benzene

A volatile organic compound found in car exhaust

