

TARGETCARE EMPLOYEE HEALTH PROGRAMS



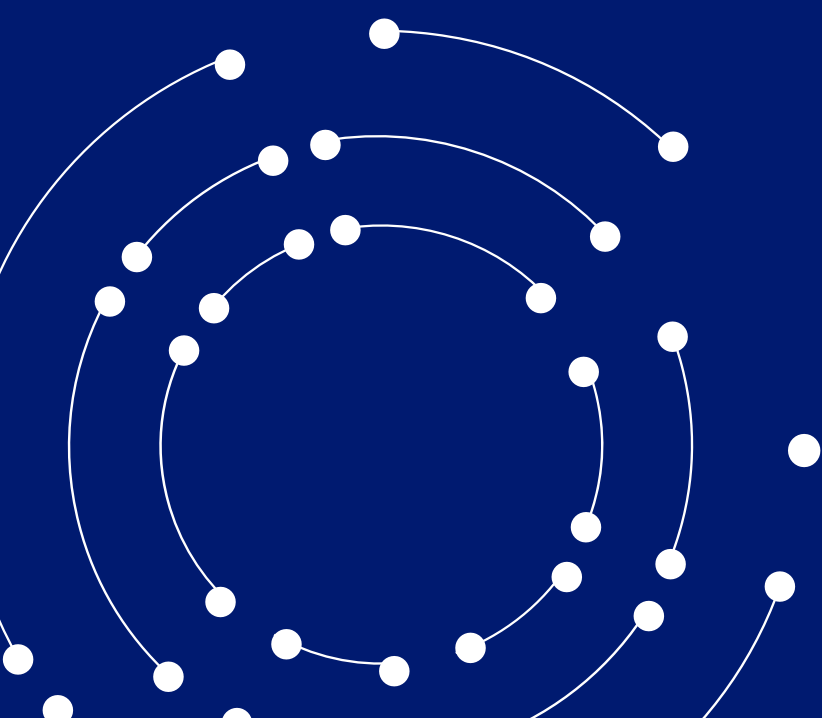
16+ years of helping employers lower
healthcare costs by improving employee
health & well-being



COMMON CHALLENGES

We help employers who are challenged by the following:

- + **Controlling Costs**
Healthier employees are less costly.
- + **Increasing Productivity & Reducing Absenteeism**
Healthier employees are more productive & miss less work
- + **Improving Morale & Company Culture**
A company that cares about the health of their employees is often seen as a better place to work.



TARGETCARE HEALTH PROGRAMS

Our goal is to manage the health of your population through an individualized, clinical approach.



TargetCare health coaches focus on driving lifestyle behavior change & treating chronic illness to improve the health of your employees through personalized one-on-one coaching.



With proven success showing ROI through the reduction of risk related to chronic disease--the #1 driver of health care costs



Providing year over year data to assess the health risks of organizations as a whole and forecast risk for the future health of the organization

FINANCIAL IMPACT PER CONDITION

COST PER OCCURANCE



Obesity



Pre-Diabetes



Uncontrolled Diabetes



Hypertension



Hyperlipidemia



Smoking

CASE STUDY: PROJECTED PROGRAM SAVINGS THROUGH RISK REDUCTION

Metric	Year 1 Occurrence*	Percent of Reduction	Year 2 Occurrence**	Risk Reduction Total Cost
Obesity	178	11%	159	\$77,755.35
Uncontrolled Diabetes	17	26%	13	\$77,448.10
Pre-Diabetes	66	34%	44	\$185,695.59
Hypertension	63	62%	24	\$47,477
Hyperlipidemia	84	32%	57	\$38,756

*Year 1 Occurrence: Based on 2019 biometric data provided by ABC Client

*Year 2 Occurrence: Based on average year over year outcomes from TargetCare health coaching program