

	A	B	C	D	E	F	G
1	State		Time Frame	Contact Email	Contact Name	Contact Phone	Website
2	Alaska	AK	Not stated	jerrine.regester@alaska.gov	Eric Peters	907-465-8509	http://dhss.alaska.gov/dph/HealthPlanning/Pages/workforce/workforce_home.aspx
3	Arizona	AZ	Oct 1 - Sept 30	ana.lyn.roschetti@azdhs.gov	Ana Lyn Roscetti	602-542-1066	https://www.azdhs.gov/prevention/health-systems-development/workforce-programs/j-1-visa-waiver/index.php
4	Arkansas	AR	Oct 1 - Oct 10	jane.gaskill@arkansas.gov	Jane Gaskill	501-661-2201	https://www.healthy.arkansas.gov/programs-services/topics/j-1-visa-waiver-program
5	California	CA	Oct 1 - Sept 30	j-1visa-waiverprogram@dhs.ca.gov	N/A	N/A	https://www.dhcs.ca.gov/services/rural/Pages/J-1-VisaWaiver.aspx
6	Colorado	CO	Oct 1 - Sept 30	natalie.kwofie@state.co.us	Natalie Kwofie	303-692-2514	https://www.colorado.gov/pacific/cdph/j-1-visa-waiver-program
7	Connecticut	CT	Oct 1-Oct 15	Ruonan.wang@ct.gov	Ruonan Wang	860-509-8057	https://portal.ct.gov/DPH/Practitioner-Licensing-Investigations/J-1-Visa-Program/J-1-Visa-Waiver-Program
8	Delaware	DE	See web site. Sites must be pre-approved.	Joan.Barnwell@state.de.us	Joan Barnwell	302-744-4786	https://www.dhss.delaware.gov/dhss/dph/hsm/j1visaarb.html
9	Florida	FL	Oct 5 - Oct 16	FL_PCO@flhealth.gov	Debbie Rich	850-245-4009	https://dch.georgia.gov/georgias-j-1-visa-waiver-program
10	Georgia	GA	Aug 1 - Aug 31	beth.walker@dch.ga.gov	Beth Walker	229-276-2750	https://health.hawaii.gov/opcrh/home/provider-recruitment-and-retention/
11	Hawaii	HI	First come, first served	RogerScott.Daniels@doh.hawaii.gov	Scott Daniels	808- 961-9460	https://healthandwelfare.idaho.gov/Portals/0/Health/Rural%20Health/1%20Checklist%204-17.pdf
12	Idaho	ID	First come, first served	ruralhealth@dhw.idaho.gov	Alex Prado	208-334-0669	https://www.dph.illinois.gov/topics-services/life-stages-populations/rural-underserved-populations/j-1-waiver-program
13	Illinois	IL	Oct 1 - Oct 31 and other additional dates	dph_crh@illinois.gov	Dianne Roberts	217-782-1624	https://www.indianapca.org/page/678hhssearchterms-%22j-1%22
14	Indiana	IN	Oct 1 but look at primary care	nmorrison@indianapca.org	Natalie Morrison	765-918-4431	https://idph.iowa.gov/policy-and-workforce-services/Rural-Health-and-Primary-Care/Workforce-Recruitment-and-Retention-Programs/J-1-Visa-Waivers
15	Iowa	IA	Sept 1 until full	cristie.duric@idph.iowa.gov	Cristie Duric	515-229-3913	https://chfs.ky.gov/agencies/dph/dpqi/hcab/Pages/J1visa-waiver.aspx
16	Kentucky	KY	Oct 1 - Oct 31	shellie.wingate@ky.gov	Shellie Wingate	502-564-8966	https://dh.la.gov/index.cfm/page/792
17	Louisiana	LA	Oct 1 - Dec 31	yasmeen.mohammed@la.gov	Yasmeen Mohammed	225-342-4702	https://www.maine.gov/dhhs/mecdc/public-health-systems/rhcp/j1-visa-waiver-program.shtml
18	Maine	ME	Oct 1 - Sept 30	nicole.breton@maine.gov	Nicole Breton	207-287-5524	https://pophealth.health.maryland.gov/Pages/J-1-Visa-Waiver-Program.aspx
19	Maryland	MD	Oct 1 - Dec 1 for primary care and then open	mdh.providerworkforceprograms@maryland.gov	Sara Seitz	410-767- 6123	https://www.mass.gov/how-to/apply-for-the-conrad-30-j-1-visa-waiver-program
20	Massachusetts	MA	Oct 1 - Dec 31	nicole.watson@state.ma.us	Nicole Watson	617-624-6051	https://www.michigan.gov/mdhhs/0,5885,7-339-71551_2945_47635-215486--,00.html
21	Michigan	MI	Sept 1 - Nov 2	LintonM3@michigan.gov	Megan Linton	517-335-6713	https://www.health.state.mn.us/facilities/ruralhealth/1/index.html
22	Minnesota	MN	Sept 15 - Oct 15	paia.vang@state.mn.us	Paia Vang	651-201-3856	https://msdh.ms.gov/msdhsite/_static/44,455,112,181.html
23	Mississippi	MS	Oct 1st	Kara.Aldridge@msdh.state.ms.us	Kara M. Aldridge	601-576-7400	https://health.mo.gov/living/families/primarycare/j1visa/index.php
24	Missouri	MO	Oct 1-Oct 30	ORHPInfo@health.mo.gov	Aleasha Jones	573-751-6441	https://dphhs.mt.gov/publichealth/primarycare/j1-visa-program
25	Montana	MT	Oct 1st	abuss@mt.gov	Ann Buss	406-444-4119	http://dhhs.ne.gov/Pages/Rural-Health-Visa-Waiver.aspx
26	Nebraska	NE	October 1st	Thomas.rauner@nebraska.gov	Tom Rauner	402-471-0148	http://dphb.nv.gov/Programs/Conrad30/Conrad30-Home/
27	Nevada	NV	First come, first served	nvpc@health.nv.gov	Heather Mitchell	775-684-2204	https://www.dhhs.nh.gov/dphs/bchs/rhcp/visa.htm
28	New Hampshire	NH	First come, first served	Janine.wainwright@dhs.nh.gov	Jan Wainwright	603-271-2276	https://nj.gov/health/fhs/primarycare/provider-placement/
29	New Jersey	NJ	First come, first served	linda.anderson@doh.nj.gov	Linda D. Anderson	609-292-1495	https://www.nmhealth.org/about/phd/pchb/oprh/jwvp/
30	New Mexico	NM	October 1st	jasmn.hendrickson@state.nm.us	Jasmin Hendrickson	505-222-8672	https://www.health.ny.gov/professionals/j-1_visas_waivers/
31	New York	NY	Oct 1-December 3	steven.swanson@health.ny.gov	Steve Swanson	518-473-7019	https://www.ncdhs.gov/j-1-visa-waiver-guidelines
32	North Carolina	NC	Oct 1-Sept 20	N/A	Margaret L. Sauer	919-527-6440	https://doh.sd.gov/providers/ruralhealth/j1-waiver/
33	North Dakota	ND	Oct 1 - Sept 30	DeAnn.Sprenger@state.sd.us	DeAnn Sprenger	600-738-2301	https://odh.ohio.gov/wps/portal/gov/odh/jknow-our-programs/primary-care-office/j-1-Visa-Waiver-Program/
34	Ohio	OH	Oct 1	PCRH@odh.ohio.gov	Hend Mostafa	614-466-1629	https://sharedsystems.dhssohio.state.or.us/DHSForms/Served/le8279.pdf
35	Oklahoma	OK	First come, first served	JanaC@health.ok.gov	Jana Castleberry	405-271-9444, ext. 56520	https://www.health.pa.gov/topics/Health-Planning/Pages/Physician-Visa-Waiver.aspx
36	Oregon	OR	Oct 1 - Sept 30	dia.shuhart@dhssohio.state.or.us	Dia Shuhart	503-373-0364	https://health.ri.gov/programs/detail.php?pgm_id=155
37	Pennsylvania	PA	Oct 1 - First come, first served	WaiverPrograms@pa.gov	Jacqueline Austin	717-772-5298	http://www.scdhcc.gov/Health/FHPF/WaiversforHealthcareProfessionalShortages/ApplicationReviewProcess/
38	Rhode Island	RI	Oct 1	Jill.D'Errico@health.ri.gov	Jill D'Errico	401-222-1488	https://doh.sc.gov/providers/ruralhealth/j1-waiver/process.aspx
39	South Carolina	SC	First come, first served	Jordanma@dhec.sc.gov	Mark Jordan	803-898-0766	https://www.tn.gov/health/health-program-areas/rural-health/1.html
40	South Dakota	SD	Oct 1	Deann.sprenger@state.sd.us	DeAnn Sprenger	600-738-2301	https://www.dshs.texas.gov/chpr/j1info.shtm
41	Tennessee	TN	First come, first served	ann.cranford@tn.gov	Ann Cranford	615-741-2101	https://ruralhealth.health.utah.gov/workforce-development/primary-care-office-pco/j-1-visa-waivers/
42	Texas	TX	Sept 8 - Sept 21	Conrad30@dshs.texas.gov	Nicole Avellanet	512-776-6164	https://www.vdh.virginia.gov/health-equity/conrad-30-waiver-program-overview/
43	Utah	UT	Oct 1 - Sept 30	mpayne@utah.gov	Mason Payne	801-273-6619	https://www.doh.wa.gov/ForPublicHealthandHealthcareProviders/RuralHealth/WorkforceRecruitmentandRetention
44	Vermont	VT	First come, first served	Luca.Fernandez@vermont.gov	Luca Fernandez	802-859-5921	https://dhr.wv.gov/ruralhealth/1conrad30arc/Pages/default.aspx
45	Virginia	VA	Oct 1 - Aug 31	olivette.burroughs@vdh.virginia.gov	Olivette Burroughs	804-864-7435	https://www.dhs.wisconsin.gov/primarycare/j-1visa/index.htm
46	Washington	WA	Oct 1	Claudia.shanley@doh.wa.gov	Claudia Shanley	360-236-2815	https://health.wyo.gov/publichealth/rural/officeofruralhealth/primary-care-office/
47	West Virginia	WV	First come, first served	bethihem.s.amare@wv.gov	Bethihem S. Amare	304-356-4217	
48	Wisconsin	WI	First come, first served	dhsprimarycareoffice@dhs.wisconsin.gov	Jaime Olson	608-267-1440	
49	Wyoming	WY	First come, first served	keri.wagner@wyo.gov	Keri Wagner	307-777-6512	