

Leadercast

**shift**



# Conscious Leadership: The Three Centers

*Deni Tato*

*CEO of Corporate Consciousness | Enneagram Teacher |  
Executive Coach*



## **There are three centers of intelligence where we take in and process information:**

**Head:** the source of intellectual intelligence; thought-based

**Body:** the source of somatic intelligence; our instincts

**Heart:** the source of emotional intelligence; feelings-based and focused on others

Historically, each generation has relied on a different center in the workplace. Our grandparents relied on their bodies in their manufacturing and farming jobs. In the last 60 years, we have leveraged our minds through jobs requiring accumulating knowledge. However, with artificial intelligence, machines will soon be able to accomplish things faster and better than humans.

Now it's time for a shift to focus on our heart center. As leaders, we need to invest in people emotionally and inspire them. We should help employees discover their purpose and then help them connect that purpose to the work they do.

## **Main Points**

We have access to all three centers and use them every day, but each person tends to rely more heavily on one in comparison to the others.

When we are aware of all three centers of intelligence, we bring integrity and wholeness to our actions.

Soft skills are being held in higher regard.

“It’s time for heart-based leaders to shine.”