



COVID Response Plan

For the last 101 years, SAMBICA has been committed to the health and safety of all campers, guests, and staff members. This document summarizes the steps SAMBICA is taking to maintain this commitment in light of the COVID-19 outbreak.

SAMBICA now more than ever? Camp gives children a place to unplug, build healthy relationships, explore their strengths, and learn through PLAY...all in a safe, uplifting environment.

Our goal for SAMBICA in Summer 2020 is to create an exceptionally safe, super fun, adventurous day-camp environment for campers to experience how much God loves them!

With utmost concern for the well-being of our campers and staff, we are diligently following the guidance of the CDC and local health authorities to minimize health risks in our revised summer planning. We are committed to provide a safe and nurturing environment for children to learn, grow, and make life-long memories filled with hope during this unique time of history.

Sources

As this situation has developed rapidly, SAMBICA has been reviewing a range of sources of guidance as they have become available. These sources include:

- Centers for Disease Control (CDC) including their [Considerations for Youth and Summer Camps](#), as well as their [Camps Decision Tree](#).
- Washington State Department of Health (DOH) [Coronavirus Response](#) page and their [Summer Day Camps During the Covid-19 Outbreak](#) document.
- Public Health of Seattle and King County (Public Health) and their [Summer Camp Guidance](#) as well as [food service guidance](#).
- Washington State Governor's Office, including [phased re-opening plan](#).
- Nationwide networks of camps such as the Christian Camp and Conference Association (CCCA) and the American Camp Association (ACA).
- Individual camp contacts nationwide and locally.

Washington State DOH has issued guidance for how and when locally attended summer day camps, such as SAMBICA, can run. This guidance, [found here](#), is our authoritative guidance that we will be following. *Importantly, camps are allowed to operate following this guidance in **all phases** of the re-opening process.*

[See page 11 for an update based on new Washington State DoH face covering requirements effective July 25th, 2020](#)

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Summary of SAMBICA's COVID-Specific Adjustments

1. Overnight camps have been cancelled.
2. Camp capacities have been reduced.
3. Each camp is divided into pods of fewer than 50 campers. The pod system allows for these smaller groups to be separated into groups of 10 or fewer people (campers + staff) that will stay separated from other groups of 10. This is per [DOH guidance](#). SAMBICA typically has cabins of 10. The key difference this year is that those cabins will stay separated (6+ feet) from other cabins.
4. Additional and updated guidelines for cleanliness in all areas of camp, including Food Service and Activities. See page 4.
5. Daily Health Checks of all campers and staff will be completed each morning. See page 5.
6. Enhanced cleaning procedures and frequency throughout camp. See page 6.
7. Enhanced social distancing (six feet apart), or the use of cloth face coverings by team members and campers.
8. Enhanced education of campers and staff, as well as enhanced procedures regarding personal hygiene and respiratory etiquette. See page 7.
9. Ventilation will be maximized in all indoor spaces, though campers will spend almost all of their time outside.
10. Procedures are in place in the event that a camper or staff member either exhibits COVID symptoms or tests positive for COVID-19. See page 8.

Overall Themes That Our Camp Operations will Follow:

1. *We will stay with our group of 10 people, and 6+ feet apart from other groups of 10. (As per July 25th order from Gov Inslee: Campers and staff will use cloth face coverings any time they are not 6+ feet from others, including their group of 10)*
2. *We will make every effort to keep campers and staff safe and healthy, including going above and beyond guidelines when possible.*

Food Service and Activities Details

Food Service:

1. All standard food service best practices will be followed, per Public Health guidelines.
2. All campers and staff are required to wash their hands before entering the dining hall.
3. Doors will be propped open so that walking in and out of the dining hall can be accomplished touch-free.
4. The camp schedule is designed so that only one pod is eating lunch at a time. Groups of 10 will be spread 6+ feet apart from each other.
5. Lunch will be served onto plates by food service staff. No self-service stations (salad bar, buffet, etc) will be available.
6. Disposable plates and individually wrapped utensils will be used at all camper meals.
7. Wooden picnic tables will be covered with vinyl table cloths for easy and thorough sanitizing.
8. Food service staff will have face coverings and gloved hands during the entire food preparation and serving process.
9. Condiments will be served only in individual packets.
10. Tables will be set up outside and spread out at least 6 feet apart. For rainy days only, indoor dining will be spread out inside the dining hall.
11. Seating at each table will be limited.
12. Campers are welcome to bring their own lunch to camp and keep it in their backpack until lunch time.
13. Sanitization of touch items such as counter tops will occur between each pod's use of the dining hall.
14. Staff breakfasts will be served grab-and-go and dinners will be served in the same way as lunches.

Activities:

1. Touch-items will be wiped with sanitizing solution between each pod's or cabin's uses. This includes, boats, helmets, balls, golf clubs, frisbees, playground equipment, bows and arrows, etc.
2. Boat tubing capacity will be limited to two boat riders and two tubers (on a three-person tube). Seadoo rides will not be given to campers unless they are being towed (wakeboard, kneeboard, tube, etc). Banana boats will not be used. Because of decreased numbers of campers boating, each camper will have the opportunity to get almost as much boating time as previous summers.
3. Campers will only share areas (waterfront, field, dining hall, etc) with their pod. Even within those areas, they will stay 6+ feet from campers in other groups of 10.
4. High contact activities, such as tag games, have been eliminated.

Health Check Details

Each morning, campers will undergo a health screen before exiting their car. That health screen will consist of:

- Temperature check with a contactless thermometer
- Parents will answer the following questions regarding their camper:
 - o Has your camper had any of the following symptoms in the last 3 days?
 - Cough
 - Shortness of breath
 - Fever of 100.4°F or higher
 - Sore throat
 - Chills
 - New loss of taste or smell
 - Muscle or body aches
 - Nausea/vomiting/diarrhea
 - Congestion or runny nose (not related to seasonal allergies)
 - Unusual fatigue
 - o Does anyone in your household have any of the above symptoms?
 - o Has your camper been in close contact with anyone with suspected or confirmed COVID-19?
 - o Has your camper had any medication to reduce a fever before coming to camp?
- Any camper reading a temperature at or higher than 100.4°F or answering yes to any of the above questions will undergo further screening and an additional temperature check by the Camp Medic. After that check with the Camp Medic, any camper exhibiting COVID symptoms at drop off will not be able to attend camp.

If a camper presents **any** symptoms of illness at any time during the week, they will be sent home and must stay home until symptom free for 72 hours *and* 10 days have passed since symptom onset. Our office will be in touch with those families to process prorated refunds and/or re-enroll the camper for later in the summer.

All staff members will undergo a similar health screen on a daily basis, including temperature checks. Staff members are required to not come to work if they are showing any signs of illness, especially fever, cough, or shortness of breath. Backup plans are in place for any staff member who needs to stay home due to illness. Staff members may return after they are symptom free for 72 hours *and* 10 days have passed since symptom onset.

Enhanced Cleaning Procedures Throughout Camp

1. Bathrooms and frequently touched items.
 - a. All frequently touched items will be cleaned twice daily using a bleach cleaning solution.
 - b. Activity areas (waterfront areas, ropes course equipment, etc) will be sanitized between pod uses.
2. Dining Hall
 - a. All tables and countertops will be sanitized between each pod use.
3. Playgroups and Equipment
 - a. Touch items at activities will be sanitized between each pod's use and also between each cabin's use when possible.
 - b. Playgrounds will be thoroughly sanitized once daily as well as between cabin uses whenever possible.
4. Lost and Found
 - a. All lost and found items will be sprayed with disinfectant spray before being placed spread out on the designated table
 - b. Campers will be required to use hand sanitizer before retrieving an item from the table
5. Cleaning Supply Accessibility
 - a. All staff members will carry disinfectant wipes and hand sanitizer
 - b. All staff will have access to extra disinfectant and cleaning supplies kept in locked closets near to frequently used areas.

Enhanced Education and Procedures Regarding Personal Hygiene Etiquette

1. Hydration:
 - a. Campers and staff are asked to bring and carry a refillable water bottle with them at all times. Parents, please put your camper's name on their water bottle.
 - b. Touchless water bottle refill stations will be set up at the dining hall.
 - c. Disposable water bottles will be available to campers if they forget their water bottle.
 - d. Drinking fountains will not be available for drinking.

2. Hand Hygiene:
 - a. All staff members will carry hand sanitizer that is available for them and campers. Campers are encouraged to bring individual-sized hand sanitizer with them to camp. Hand sanitizer dispensers will be available throughout camp and at each activity.
 - b. Camp staff will teach hand washing to campers. Signs will be posted at sinks to reinforce proper hand washing. Washing for 20 seconds with soap and water is the standard that will be taught.
 - c. Extra hand wash stations will be brought in so that washing can happen throughout camp.
 - d. Hand washing at the dining hall will be monitored to ensure that each camper and staff member washes their hands before entering.

3. Personal Hygiene Etiquette:
 - a. Good personal hygiene etiquette will be taught and reinforced with all campers and staff members. This includes:
 - Cover coughs and sneezes with a tissue or elbow.
 - Throw away any used tissue immediately.
 - Wash hands after covering coughs and sneezes and after throwing away used tissues.
 - All trash cans will be touchless.

Procedures in the event that a camper or staff member either exhibits COVID symptoms or tests positive for COVID-19

COVID symptoms are defined as:

- Cough
- Shortness of breath
- Fever of 100.4°F or higher
- Sore throat
- Chills
- New loss of taste or smell
- Muscle or body aches
- Nausea/vomiting/diarrhea
- Congestion or runny nose (not related to seasonal allergies)
- Unusual fatigue

If a camper exhibits COVID symptoms:

1. Camper will be brought to the Medic Hut for further evaluation and to separate (6+ feet) from other campers and staff members.
2. Parent and/or the emergency contact will be called to pick up camper.
3. Areas that the camper has been in contact with will be sanitized.
4. If any other campers have had close contact with that camper, those families will be notified.
5. Camper may return after they are symptom free for 72 hours *and* 10 days have passed since symptom onset. King County recommends that anyone who has COVID symptoms or has had contact with anyone who has COVID symptoms get tested right away. They have a COVID-19 call center that can help with determining a testing location: 206-477-3977. We ask that camper families inform SAMBICA of their test results.
6. Our office will be in touch with those families to check in, process prorated refunds, and/or re-enroll the camper for later in the summer.

If a staff member exhibits COVID symptoms:

1. Staff member will notify their supervisor and immediately isolate in a pre-established quarantine area on camp, or return to their home if they live locally. Staff members will be required to stay away from camp when they are sick.
2. They will be replaced by another staff member according to our backup planning.
3. King County recommends that anyone who has COVID symptoms or has had contact with anyone who has COVID symptoms get tested right away. We will call the COVID call center to determine a testing location: 206-477-3977.
4. If any campers have had close contact with that staff member, those families will be notified.
5. Areas that the staff member have been in contact with will be sanitized. A professional sanitizing fogger is available if necessary.
6. Staff member may return after they are symptom free for 72 hours *and* 10 days have passed since symptom onset.

If a camper tests positive for COVID:

1. The camper would already have been removed from camp or not returned to camp. The areas that they had been in contact with would already have been cleaned. A professional sanitizing fogger is available if necessary.
2. Public Health will be notified.
3. Staff and families of campers who may have had close contact with that camper will be notified.

If a staff member tests positive for COVID:

1. The staff member would already have been removed from their position and quarantined on camp or at home. The areas that they had been in contact with would already have been cleaned. A professional sanitizing fogger is available if necessary.
2. Public Health will be notified.
3. Staff and families of campers who may have had close contact with that staff member will be notified.
4. Staff member may return after they are symptom free for 72 hours *and* 10 days have passed since symptom onset.

Other Measures to Keep Campers and Staff Safe

Campers:

- Attendance at camp is limited to King County residents or those who have been in King County for 14 days prior to camp.
- Drop-off and Pick-up times are staggered by pods. Parents will receive an email with their camper's pod and drop-off and pick-up time 3 days before camp begins.
- Immediately at drop-off, campers will get with their group of 10 people.
- Campers will keep their backpacks with them when they go to each area of camp.
- Parents will not get out of their car or touch the tablets that we use during drop-off and pick-up.

Staff:

- SAMBICA has designated a "COVID Site Supervisor" to oversee all these measures and ensure that we follow them, as well as make any necessary adjustments.
- All staff members are asked to quarantine for 14 days prior to being around campers.
- Staff members will share living space with 3-4 people, from their own pod, in 10-person cabins, with windows open and fans on to maximize ventilation.

Procedures:

- Camp Store adjustments:
 - o We are transforming Sam's Place into a Sweet Shoppe-style counter where kids will have the opportunity to order and the Store Clerk will bag the items and then pass the bag through our safety barrier.
 - o The Store Clerk will wear a mask at all times and will also be wearing & changing gloves frequently.
 - o Camp store capacity will be very limited to ensure social distancing of 6+ feet between campers not in the same cabin.
 - o Campers will be required to sanitize their hands before entering and wash their hands upon exiting.
 - o Store Clerk will sanitize all areas touched or frequented by campers between each POD.
- Camper families are discouraged from carpooling with those outside your household.
- Garbage cans throughout camp will be touchless.
- Nobody, campers nor staff, has to come to camp. Refund options are available to camper families for any reason and will be available throughout the summer.

FAQ's

1. Will my camper be required to wear a mask?

In order to comply with the most recent order from Governor Inslee regarding face coverings (effective July 25th), SAMBICA is asking all campers and staff to wear face coverings any time they are within 6' of others.

SAMBICA staff has been doing this for the last few weeks and it has gone well. We are hopeful that this statewide directive is becoming fairly routine in each child's life and that camp will simply be an extension of this routine.

Per Washington DOH guidance, masks will not be worn while seated in our outdoor dining area or in and around the water. For SAMBICA, in and around the water includes the beach, dock, and boats. Additional exceptions will absolutely be accommodated for campers whose health or communication needs require them to not wear a mask.

Thank you for your continued patience and flexibility as we work to create a fun, safe community for your camper. Please reach out to kayla@sambica.com with any questions.

2. What will my camper's time on the boats look like?

Boat tubing capacity will be limited to two boat riders and two tubers (on a three-person tube). Seadoo rides will not be given to campers unless they are being towed (wakeboard, kneeboard, tube, etc). Banana boat capacity will be limited to every other seat.

Because of decreased numbers of campers boating, each camper will have the opportunity to get almost as much boating time as previous summers.

3. When will you notify us if camp is cancelled?

In the event that any week of camp needs to be cancelled due to health authority guidance, we will make every effort to make that decision and contact all camper families as soon as possible. Ideally that would be 10 days before the start of camp.

Now that we have specific guidance from DOH that allows camp to happen in any phase, we do not anticipate this happening.

4. Will I have an option to withdraw my registration?

Yes, refund options will be available all summer. Please contact us at 425-746-9110 or sambica@sambica.com to inquire.

5. What is a pod?

A pod is a group of 50 campers and staff who will follow the same schedule throughout the day. Each pod is made up of 5 cabin groups of 10 people. It is essentially a smaller camp within the overall SAMBICA camp. The pod system allows us to have the cabin groups of 10 be spread out and maintain social distancing (6+ feet) from other cabin groups.

6. *How are buddy requests being handled?*

Cabin groups of 10 will be grouped by age, so buddy requests within one grade level should be able to be honored as usual.

7. *What if my campers are siblings and are in different pods? How can I pick them up or drop them off?*

Drop-off and Pick-up times will be able to accommodate this. More details for your specific campers will be sent out the week prior to your camp.

8. *What phases of re-opening will camps be able to run in?*

Washington State DOH has issued guidance for how and when locally attended summer day camps, such as SAMBICA, can run. This guidance, [found here](#), is our authoritative guidance that we will be following. *Importantly, camps are allowed to operate following this guidance in **all phases** of the re-opening process.*

If you have any further questions, please do not hesitate to call us at 425-746-9110.