

State of Maine Residential Treatment Programs Grid

Provider	Location/Referral Contact Info	Beds/Population	Modalities/Trainings	Other
AMHC www.amhc.org	Calais Children's Residential Treatment Program Cathy Sawtelle: csawtelle@amhc.org ph:454-0322 x 805 fax: 454-0232	10 beds- ages 7-19, co-ed	TF-CBT/CBT/Motivational interviewing/Solution Focused MANDT management de-escalation	Single rooms PRNS if prescribed Day Treatment school- IEP determined
Becket www.becket.org	Auburn Lewiston Belgrade Kim Audet: Kimberly.audet@becket.org ph: 431-2155 or 716-1302 fax: 716-1201	12 beds- ages 13-18, females 8 beds – ages 13-18, females 14 beds- age 13-18, males (Problem sexualized behaviors)	ART, CBT, TF-CBT, DBT skills, CBT, Healthy Sexuality program TCI management de-escalation	Single rooms PRNs if prescribed Day Treatment school- IEP determined
Good Will-Hinckley www.gwh.org	Roundel Residential Lisa Sandy and Michelle Dugal lsandy@gwh.org mdugal@gwh.org ph: Lisa 238-4034 and Michelle 238-4035 fax: 238-4007	16 beds- ages 12-21, males	Restorative Justice Practices, a relational model to improve communication and to resolve conflict. TF-CBT and TF-DBT skills Family Systems Therapy TCI management de-escalation	Single rooms No PRNS Day Treatment school on site- IEP
KidsPeace www.kidspeace.org	Kidspace New England- Ellsworth Donna Callahan: donna.callahan@kidspeace.org ph: 667-0909 x2312 fax: 664-6122	44 beds total, ages 8-20, co-ed 11 beds- Belgrade unit-serving youth with MH 33 beds- Rangeley, Liberty, Chamberlain, Schoodic- serving youth with autism	TF-CBT, ABA Ukeru management de-escalation	Some shared rooms No PRNS Day Treatment school on site- IEP
Morrison Center: Opportunity Farm www.morrison-maine.org	New Gloucester Amy Whitmore awhitmore@morrison-maine.org ph:838-2177 fax: 883-6695	7 beds- ages 5-20, co-ed with autism and/or complex intellectual and developmental disabilities	Safety Care management de-escalation	Single rooms Day Treatment schools- IEP

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<p>NFI www.nfinorth.com</p>	<p>Buxton (Beacon House) Bridgton (Bridge Crossing) Bath (Oliver Place) Sidney (Riverbend) Stetson (Stetson Ranch) Bangor (Summit View)</p> <p>Audrey Huot: audreyhuot@nafi.com ph: 1-844-634-hope all referrals email scan</p>	<p>8 beds- ages 13-18, co-ed 10 beds- ages 5-14. co-ed 6 beds- ages 15-18, co-ed 8 beds-, ages 10-20, co-ed 8 beds- ages 10-20, co-ed 6 beds- ages 10-21, co-ed</p>	<p>TF-CBT, normative culture, CBT, solution focused, Motivational interviewing, DBT skills, collaborative problem solving, behavioral interventions Safety care management de-escalation</p>	<p>Some sites offer single rooms PRNS if prescribed 2 programs have Day Treatment schools- IEP</p>
<p>Spurwink www.spurwink.org</p>	<p>Chelsea/Augusta (Kennebec/Deerfield Houses) Cornville (Saddleback/Katahdin Houses) Lewiston/Auburn (Adams/Meadow Houses) Portland/Westbrook (Maple/Wililow/Brook Houses)</p> <p>Maryellen Sullivan & Dan Hibbs Admissions@Spurwink.org ph: 871-1200 fax: 871-1232 ATTN: Spurwink Children's Res Referrals</p>	<p>All units are co-ed/ ages 5-20 14 beds/ 3 beds 8 beds / 12 beds- 7 beds / 11 beds- 12 beds / 13 beds/ 16 beds</p>	<p>Children and Residential Experiences (CARE) Social Communication, Emotional Regulation, and Transactional Supports (SCERTS®) Attachment, Self-Regulation, and Competency (ARC) Cognitive Behavioral Therapy (CBT) Applied Behavior Analysis (ABA) Dialectical Behavior Therapy (DBT) skills Trauma-Focused CBT (TF-CBT) Collaborative Problem Solving (CPS) Motivational Interviewing (MI) Social Thinking</p> <p>TCI and Ukeru management de-escalation</p>	<p>Single rooms No PRN meds Serves youth with autism/ IDD and clients with MH needs Day Treatment schools-IEP</p>
<p>Sweetser North www.sweetser.org</p>	<p>Belfast (Staff Int 1) Belfast (Staff Int 3) Belfast (Staff Int 4) Belfast (Staff Int 5) Winterport</p> <p>Gail Howlett-Brown ghowlett-brown@sweetser.org ph: 294-4875 fax: 294-4732</p>	<p>8 beds- adolescents,, co-ed 7 beds- 7-11, co-ed 7 beds- 11-17, female 6 beds- 11-17, co-ed 9 beds- mix of ages, co-ed</p>	<p>TF-CBT, structural family therapy, DBT, CBT; individual, family therapy and group work</p> <p>TCI management de-escalation</p>	<p>Single rooms No PRN meds Day Treatment schools- IEP</p>
<p>Sweetser South www.sweetser.org</p>	<p>Sweetser- Saco Staff Intensive A (Saco) Sweetser-Saco Staff Intensive B (Saco) Sweetser-Saco Staff Intensive C (Saco) Portland Adolescent Unit</p> <p>Gail Howlett-Brown ghowlett-brown@sweetser.org ph: 294-4875 fax:294-4732</p>	<p>9 beds- 11-17, female 6 beds- 11-17, male 7 beds- 7-11, co-ed 8 beds 11-17, males with problem sexualized bxs</p>	<p>TF-CBT, structural family therapy, DBT, CBT; individual, family therapy and group work</p> <p>Specialized training for PSB/ Adventure based/ropes courses</p> <p>TCI management de-escalation</p>	<p>Single rooms No PRN meds Day Treatment schools- IEP</p>

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<p>The Northern Lighthouse www.tnlh.org</p>	<p>Mars Hill</p> <p>Lindsey Boutot: lindsey.boutot@tnlh.org ph: 425-3880 x106 fax: 425-9048</p>	<p>6 beds 8-21, co-ed</p>	<p>TF-CBT, CBT, DBT skills, attachment work, ABA</p> <p>Safety Care management de-escalation</p>	<p>Single rooms PO PRN meds Large, old, 2 story home with no elevators</p>

Updated 9/15/20 Amanda Hodgkins