

State of Maine Residential Treatment Programs Grid

Provider	Location/Referral Contact Info	Beds/Population	Modalities/Trainings	Other
AMHC www.amhc.org	Calais Children's Residential Treatment Program Cathy Sawtelle: csawtelle@amhc.org ph: 454-0322 x 805 fax: 454-0232	10 beds- ages 7-19, co-ed	TF-CBT/CBT/Motivational interviewing/Solution Focused MANDT management de-escalation	Single rooms PRNS if prescribed Day Treatment school- IEP determined
Becket www.becket.org	Lewiston Belgrade Kim Audet: Kimberly.audet@becket.org ph: 431-2155 or 716-1302 fax: 716-1201	8 beds – ages 13-18, females 14 beds- age 13-18, males (Problem sexualized behaviors)	ART, CBT, TF-CBT, DBT skills, CBT, Healthy Sexuality program TCI management de-escalation	Single rooms PRNs if prescribed Day Treatment school- IEP determined
Good Will-Hinckley www.gwh.org	Roundel Residential Lisa Sandy and Michelle Dugal lsandy@gwh.org mdugal@gwh.org ph: Lisa 238-4034 and Michelle 238-4035 fax: 238-4007	14 beds- ages 12-21, males	Restorative Justice Practices, a relational model to improve communication and to resolve conflict. TF-CBT and TF-DBT skills Family Systems Therapy TCI management de-escalation	Single rooms No PRNS Day Treatment school on site- IEP
KidsPeace www.kidspeace.org	Kidspeace New England- Ellsworth Donna Callahan: donna.callahan@kidspeace.org ph: 667-0909 x2312 fax: 207-412-0147	44 beds total, ages 8-20, co-ed 11 beds- Belgrade unit-serving youth with MH 33 beds- Rangeley, Liberty, Chamberlain, Schoodic- serving youth with autism	TF-CBT, ABA Safety Crisis Management Ukeru management de-escalation (start in OCT)	Some shared rooms No PRNS Day Treatment school on site- IEP
Morrison Center: Opportunity Farm www.morrison-maine.org	New Gloucester Amy Whitmore admissions@morrison-maine.org 207-838-2177 - phone 207-883-6695 - fax	7 beds- 4 beds at the Farmhouse and 3 at the Lodge ages 5-20, co-ed with autism and/or complex intellectual and developmental disabilities	Safety Care management de-escalation	Single rooms Day Treatment schools- IEP
NFI www.nfinorth.com	Buxton (Beacon House) Bridgton (Bridge Crossing) Bath (Oliver Place) Sidney (Riverbend) Stetson (Stetson Ranch) Bangor (Summit View) Audrey Huot: audreyhuot@nafi.com ph: 1-844-634-hope all referrals email scan	8 beds- ages 13-18, co-ed 10 beds- ages 5-14. co-ed 6 beds- ages 15-18, co-ed 8 beds-, ages 10-20, co-ed 8 beds- ages 10-20, co-ed 6 beds- ages 10-21, co-ed	TF-CBT, normative culture, CBT, solution focused, Motivational interviewing, DBT skills, collaborative problem solving, behavioral interventions Safety care management de-escalation	Some sites offer single rooms PRNS if prescribed 2 programs have Day Treatment schools- IEP

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Park Place Gorham http://connectionsforkids.org	William Messer wmesser@connectionsforkids.org 207-615-5482	6 beds, ages 7-13, males only	TF-CBT, ARC Care management de-escalation Motivational Interviewing Structural Family Therapy Collaborative Problem Solving Safety Care Management De-escalation	Single rooms Day treatment or public school in Gorham No PRNs
Spurwink www.spurwink.org	Chelsea/Augusta (Kennebec/Deerfield Houses) Cornville (Saddleback/Katahdin Houses) Lewiston/Auburn (Adams/Meadow Houses) Westbrook (Brook House) Maryellen Sullivan & Dan Hibbs Admissions@Spurwink.org ph: 871-1200 fax: 871-1232 ATTN: Spurwink Children's Res Referrals	All units are co-ed/ ages 5-20 16 beds/ 8 beds 8 beds / 12 beds- 7 beds/13 beds- 16 beds	Children and Residential Experiences (CARE) Social Communication, Emotional Regulation, and Transactional Supports (SCERTS®) Attachment, Self-Regulation, and Competency (ARC) Cognitive Behavioral Therapy (CBT) Applied Behavior Analysis (ABA) Dialectical Behavior Therapy (DBT) skills Trauma-Focused CBT (TF-CBT) Collaborative Problem Solving (CPS) Motivational Interviewing (MI) Social Thinking TCI and Ukeru management de-escalation	Single rooms No PRN meds Serves youth with autism/ IDD and clients with MH needs Day Treatment schools-IEP
Sweetser North www.sweetser.org	Belfast (Staff Int 1) Belfast (Staff Int 3) Belfast (Staff Int 4) Belfast (Staff Int 5) Winterport <u>Gail Howlett-Brown</u> ghowlett-brown@sweetser.org ph: 294-4875 fax: 294-4732	8 beds- adolescents,, co-ed 7 beds- 7-11, co-ed 7 beds- 11-17, female 6 beds- 11-17, co-ed 9 beds- mix of ages, co-ed	TF-CBT, structural family therapy, DBT, CBT; individual, family therapy and group work TCI and CARE management de-escalation	Single rooms No PRN meds Day Treatment schools-IEP
Sweetser South www.sweetser.org	Sweetser- Saco Staff Intensive A (Saco) Sweetser-Saco Staff Intensive B (Saco) Sweetser-Saco Staff Intensive C (Saco) Portland Adolescent Unit Gail Howlett-Brown ghowlett-brown@sweetser.org ph: 294-4875 fax:294-4732	9 beds- 11-17, female 6 beds- 11-17, male 7 beds- 7-11, co-ed 8 beds 11-17, males with problem sexualized bxs	TF-CBT, structural family therapy, DBT, CBT; individual, family therapy and group work Specialized training for PSB/ Adventure based/ropes courses TCI management de-escalation	Single rooms No PRN meds Day Treatment schools-IEP
The Northern Lighthouse www.tnlh.org	Mars Hill Lindsey Boutot: lindsey.boutot@tnlh.org ph: 425-3880 x106 fax: 425-9048	6 beds 8-21, co-ed	TF-CBT, CBT, DBT skills, attachment work, ABA Safety Care management de-escalation	Single rooms PO PRN meds Large, old, 2 story home with no elevators

Updated 8/25/21 Amanda Hodgkins