

## Residential Treatment Consultation Guide

It is the expectation that **before applying** for Intensive Temporary Residential Treatment, a youth's team will have explored all other community and home-based options. This guide should be used as a reference for case managers/case workers before making contact with KEPRO staff. For youth without a case manager, the treating clinician may utilize this guide.

AND

The Youth and Family has been informed and consulted about the risks and benefits of temporary residential treatment. Please review the **ITRT brochure** with the child (if applicable) and family/guardian before applying for ITRT. This guide can be found at <https://www.maine.gov/dhhs/sites/maine.gov/dhhs/files/documents/ocfs/cbhs/provider/documents/section97itrtconsultguide.pdf>

### **Educational Planning**

Be sure you have reviewed the Educational Planning Guide and Included the youth's current school in discussions about potentially applying for ITRT. Find the guide at <https://www.maine.gov/dhhs/ocfs/support-for-families/childrens-behavioral-health/services/residential-treatment>

### **Youth and Family Perspective**

The youth and family may choose to submit a statement related to the eligibility criteria. Please discuss this with the youth and family.

### **Your most up to date Biopsychosocial Assessment and Service Plan should reflect the following:**

- Assessment of strengths and needs of youth and family
  - How has this been used?
  
- Current Behavior/Symptoms (within the past 2 months only)
  - Frequency, intensity, and duration of each behavior
  - How has the team kept track of these behaviors accurately?
  - Have the behaviors occurred across multiple settings?
  - Why does the team feel there is an increase in behaviors at this time? What is happening for the child/family?
  
- Natural Supports
  - Who are they (name and relationship to youth/family)?
  - Genogram and or Ecomap.
  - How are natural supports being used now?
  - How could they be used differently? Include here a discussion of the barriers to

using these differently.

- Professional Supports
  - What do you have in place now (include school)?
  - What have you had in the past? When?
  - How do current providers talk/collaborate?
  - What has worked/what has not worked?
  - What treatment modalities have been used? Has the team considered a different treatment provider or approach (such as MST, ABA, FFT, TF-CBT, MATCH, DBT, or Incredible Years)?
  - Why not intensive in-home services instead of intensive temporary treatment?
  
- Service Plan
  - Has the service plan been updated based on the current treatment assessment?
  - Reflects what has been attempted in response to the increase in behaviors?

**If the Service Plan reflects a need for residential treatment:**

- The referent, member/guardian and treatment team should review the eligibility criteria found in the MaineCare Rule for Sect. 97, found at <http://www.maine.gov/sos/cec/rules/10/ch101.htm> to determine whether an application for Intensive Temporary Residential Treatment is appropriate.
  
- Review the Residential treatment brochure at <https://www.maine.gov/dhhs/sites/maine.gov.dhhs/files/documents/ocfs/cbhs/provider/documents/ITRTbrochure10.21.2020.pdf> with team, family and child (as appropriate) to include:
  - Risks and benefits of residential treatment
  - Family treatment expectations
  - Short lengths of stay
  
- The case manager/case worker supervisory has been consulted
  - What was the result of this consultation?