# TOGETHER WE'RE A WINNING TEAM!







ISF SINDLINGEN





### Why does the International School Frankfurt Rhein-Main have its own Sports Club?

RECEIVE

membership fee

members

backing from ISF

support from parents

first-class, well-maintained sports facilities

access to competitions

access to international sports leagues

Children and young adults who regularly participate in sports will at some point wish to compete against other young athletes. In Germany, official tournaments are not organized through schools but through sports clubs. To be able to participate in competitions within the relegated German divisions, the so-called leagues, you must be a member of a sports club. In order to compete against young athletes of other German clubs, ISF athletes must be members of the Sportverein, ISF Sindlingen e.V.

Additionally, ISF students who are members of our sports club are given the opportunity to compete in international school leagues within Germany, Europe and abroad, such as GISST (German International School Sports Tournament), SABIS\* Regional Tournament and other sporting events.

The sports club offers nine extracurricular activities: badminton, basketball, golf, gymnastics, swimming, soccer, track and field, tennis, and volleyball. Beginners are taught the fundamentals of their chosen sport. Once they have improved, they will eventually advance to compete with their team for medals and trophies.

In addition to organizing training and tournaments, the ISF sports club hosts a variety of sporting activities, such as sport camps during the spring and summer breaks, a festive family ski trip during the winter break and special Sunday swim sessions for families.

However, we are a non-profit organization, which means that besides the annual membership fee, we depend largely on the support of parents, the school and the sports federation in order to provide our students with all these activities. **PROVIDE** 

running of school's sports program

German tournaments regional/national leagues

travel organization

sports camps

ski trip

workshops

assistance for ISF's IGCSE program IB CAS program

support for parents

»Besides being lots of fun, the SV ISF teaches sportsmanship, responsibility, respect, fairness, leadership and team spirit«









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TEAM!





















## students

An opportunity to compete in regional, national and even international sports tournaments – what sports club provides this?

RECEIVE

learn a sport

become part of a team

travel to away-games with your team

earn extra credit for university applications

compete in national/international tournaments

compete in local leagues

athletic success

reach goals

- what sports club provides this?

The sports club at ISF! As a member of the Sportverein ISF Sindlingen

you are given a choice of nine different sports. As a novice, we will teach you all the basic skills. Not a beginner any more? We will help you to become a member of the varsity team, which will enable you to compete for the school.

As an SV ISF athlete you represent the club and the school, always displaying good sportsmanship. This kind of achievement is recognized by universities and other schools! Moreover, participating in our sports program is a wonderful addition to your demanding academic schedule. You will improve your overall fitness, while honing your skills or learning a new sport.

At out-of-town competitions, you will meet many athletes from various schools. During tournaments such as GISST in Munich, Leipzig or Berlin, you will stay at the homes of host families. You are not interested in competing, but you would like to learn a new sport or improve your skills? Great! A number of sports are offered as an SLO (SABIS Student Life Organization\*) activity, which allows you to train without having to compete in tournaments.

**PROVIDE** 

become SV memeber

attend practice sessions

participate in competitions

improve individual performance

reach goals

do well for school

display sportsmanship

be loyal to team

»SV ISF supported my development as a student athlete which ultimately led to athletic scholarships in both the USA and the UK«





## school

Why does ISF equip the Sportverein with an indoor pool, an outdoor all-seasons sports field, tennis courts and a fully equipped gymnasium?

ISF strongly believes that a healthy mind thrives best in a healthy body. Physical education is a solid part of the curriculum from grades 1–9 and operates with the support of the Sportverein. SLO\* offers several sporting activities which are also run by the Sportverein. ISF's outstanding sports program provides the school with a highly attractive incentive for potential students.

**PROVIDE** 

first-class sporting facilities

financial support

access to international sports leagues

No other international school in the area can match the superior facilities or the wide range of sports being offered: a semi-Olympic sized swimming pool, a large well-equipped gymnasium, a basketball court with an electronic scoreboard, several outdoor tennis courts, an artificial turf soccer field and an athletic track with floodlights.

For some especially talented and ambitious athletes, the Sportverein has been a stepping stone for a successful career in sports – along with ISF's high academic reputation. Students can only benefit from their athletic achievements, when applying to renowned universities.

The excellent sports program not only wins over new students for ISF. It also secures the school's existence and guarantees an outstanding position within the  $SABIS^*$  Network.

RECEIVE

unique selling point

help with running physical education program

help with running SLO® sport activities

assistance with IGCSE program IB CAS program

excellent athletic reputation

more students

special status within SABIS® network

»The school with the pool «























## parents

After school: one club, one location, nine different sports – what are the advantages?

In Germany, sports clubs organize official tournaments. If you would like to participate in competitions, you have to be a member of a sports club. The Sportverein was founded in order to enable ISF students to compete in German regional tournaments.

#### RECEIVE

hassle-free logistics (no extra driving to sports clubs)

access to German club system and regional leagues

> children learn new sports

use of the pool on weekends

In general, German sports clubs tend to specialize in one single sport. The SV ISF, however, offers badminton, basketball, golf, gymnastics, swimming, soccer, tennis, track and field, and volleyball.

If your children wish to participate in numerous sports, you don't have to enroll them in various clubs around town any more – SV ISF membership is sufficient. Your children train in a first-class facility and are able to compete in the German regional leagues. What is the key advantage for parents? The membership is a time-saver – You no longer need to drive to individual sports clubs for each child and each sport.

In order to keep our extensive program running efficiently, we rely on your continued support. Please make sure that your child participates in all practice sessions and competitions. We would appreciate your assistance at big sporting events and your hospitality by hosting athletes from other schools during inter-school tournaments.

#### **PROVIDE**

membership fee

active support at sporting events

housing of visiting athletes

motivate children

donations

»What is good for your own children is good for your guests as well.«























## personnel

Coaching young athletes in an international environment and helping them to compete in German sports leagues and international tournaments – sounds exciting!

**PROVIDE** 

certificates qualifications

training

coaching

dedication

role model

It is exciting! Getting to know each other outside the classroom is a rewarding experiencebenefitting teachers, staff members and students. Athletic success can counterbalance academic challenges, thus helping students to stay motivated. Another advantage: when traveling with students to the tournaments, teachers and staff get to discover Germany and Europe.

Coaching provides an excellent opportunity to earn extra money. In addition to that, coaches at ISF can obtain various training certificates and qualifications. Coaches who are not an ISF staff member benefit from the unique international environment of the school.

RECEIVE

perfect sporting facilities

international students

additional training-certificates

trips to tournaments

successful teams

international community

financial compensation

»Striving to master the intercultural and athletic challenges, while competing at the highest level in our GISST Competition, bonds our athletes and coaches together«



## questions?

#### How do I join the Sportverein ISF Sindlingen e.V.?

At the beginning of each new school year (during the first week of term) we conduct try-outs for all sporting activities. In order to participate in the Sportverein program, please hand in a completed application for a full-year membership before the second week of school.

For participation in competitions you also need to provide the Sportverein with a medical certificate and a passport-photo of your child. All current information about fees, direct debit and cancellation periods are provided in the current **yellow handbook**.

Please note: All students who wish to join one of the sports teams or want to participate in sporting activities *must be* members of the Sportverein. Activities organized by SLO\* do not require membership.

We also offer membership for adults (over 18) and for entire families at special rates. As a member you can access our pool on weekends and participate in various sporting activities on offer in addition to regular training sessions.

### How do I qualify for a team?

A selection process at the end of the try-out period helps to guarantee the competitiveness of our athletes and teams. The coaches select the players most suited for their teams. The selection is final. Athletes not chosen at this time will be placed on a waiting list. (Students who join ISF during the school year can try out for a team and may join if they meet the desired requirements.)

### How and where do we practise?

Depending on the sport, teams will practice several times during the week. The actual times and days are listed in the current **yellow Handbook** and on the **bulletin board**.

Participation in ALL training sessions and ALL competitions are a prerequisite for success as an athlete and as a team. If a player is unable to participate in practice/competition, both the coach and the Sportverein need to be informed in a timely manner by the parents. Valid reasons for absence are: academic conflicts, family emergencies and illness. Players who are absent from their team's games and cannot provide valid reasons for the absences may jeopardize their place on the team.

### Who can compete in which league?

Membership in one of the SV ISF teams is a prerequisite for competing in all sports leagues. Team members are required to fulfill given standards of academic standing and conduct. Each team member has to pay the SV membership fee for the current school year.

SV athletes can join all of the leagues as long as the above requirements have been met. Coaches, GISST coordinators or ISF team leaders have the authority to exclude athletes from representing ISF, should they fail to meet the school's standards.

As a rule the following age limits\* apply:

Inter school league participants grades 2–5 Under 14 participants grades 6–8 Varsity participants grades 9–12 Sportvere

Ha



<sup>\*</sup> Age limits may apply for various sports.

## answers!

### What else does an athlete need?

All SV ISF members must sign a GISST player's contract.

The team uniforms will be supplied for each competition and must be washed and returned after the match. The official SV ISF tracksuit is required for away tournaments and can be purchased at school. Members of the swim team must compete in dark blue speedos and bathing caps with the SV ISF logo. The official SV ISF Bulldogs T-Shirt will be handed out for free, as long as supplies last.

#### How are the trips to away tournaments organized?

The athletes' parents are obliged to cover all tournament expenses including transportation, housing of the athletes plus housing of coaches. All expenses are added up and split evenly amongst the entire team. The Sportverein and the GISST coordinator naturally strive to find the best deals for the trip in order to keep costs to a minimum. Students who withdraw their participation (for whatever reason) are still required to pay their share of the travel costs, as bookings are generally non-refundable.

## Where do athletes sleep during away games?

When SV ISF teams travel to overnight tournaments, the athletes are housed by families of the hosting team or school. Vice versa, the SV ISF families must also house the visiting teams. Being willing to "house" guest athletes is a requirement for membership in the Sportverein ISF and is included in the contract: Each family is obliged to take in two or more athletes from another school. Only with "housing" can tournaments be both successful and affordable. It is also a great opportunity to meet students, parents and staff of other international schools. "Housing" is organized by the Sportverein and the GISST coordinators.

What can I do to activly support the SV ISF?

The SV ISF are always in need of **volunteer helpers** and we are grateful to anyone who wants to get involved. These are some of the ways you can support us: at the food stands, as a chaperone/driver at away games, as an assistant coach, as a parent representative for a team, as a photographer, as a timekeeper, as a referee, etc. By the way, you can get involved even if your

German or English language skills are limited - there is plenty to do.

Interested in supporting us? Please contact the sports club manager, one of the coaches or any of the board members.

Email sportsverein@isf-sabis.net or Tel. 069-954319-720.

Your time is limited? **Donations** are greatly appreciated. The SV ISF Sindlingen e.V. is approved as a non-profit organization by the German tax authorities. We will be happy to provide written receipts for all money/material donations from 50,- EUR.

**Bank details**: Frankfurter Sparkasse 1822, IBAN DE11 5005 0201 0200 0340 22, BIC HELADEF1822

There are also different options for sponsoring - just ask us!

rein ISF Sindlingen e.V.

landbook for 2016-17 **Term I** 



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All of this sounds rather complicated – where do I find answers to my questions and who should I contact?

In addition to this general brochure, please use the yellow handbook, which contains all relevant information for the current term. When you have a question, please refer to the handbook first! The **SV Bulletin Board** is located directly across from the Sportverein's office. All current information will be posted there as well as online on Web School. SV competition results and news will be posted online in the »Weekly Update« and will be made available on the SABIS® Digital Platform. Important information or updates pertaining to your child's competitions will be sent to you by email. The direct contact person for each athlete is his/her coach. For further questions or other issues please contact the department head. Each sport and age group has a contact person for parents, who is listed on the bulletin board.

We are present at every school event with an information stand, where we will gladly answer all your questions about our sports club. Just ask us there! We will be delighted to address all your concerns. For all other issues, the SV ISF can be reached by email or post. We have fixed office hours, during which we can be reached by telephone or in person. Please note that our resources as a non-profit organization are limited. We have a manager, a part-time office worker and occasional additional help. We hope that you will understand if we are not always able to answer your questions immediately. Thank you!

FROM SV

brochure

yellow handbook

SV bulletin board

»Weekly Update«

ISF website

information stand at school events

#### **ADRESS**

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Fax (069) 954319-799 sportsverein@isf-sabis.net TO SV

email

telephone

post

office, during office hours

coaches's contact list

SV bulletin board

Tel. (069) 954319-747

**OFFICE HOURS** 

Monday & Wednesday 8:00 - 12:00 am, or by appointment

»Volunteers are not paid – not because they are worthless,

but because they are priceless «





















