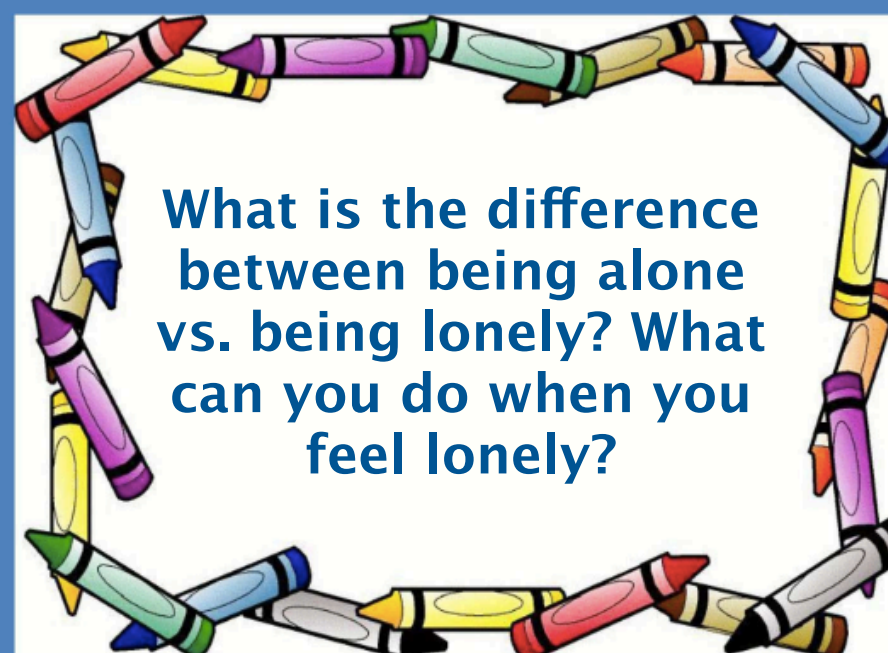
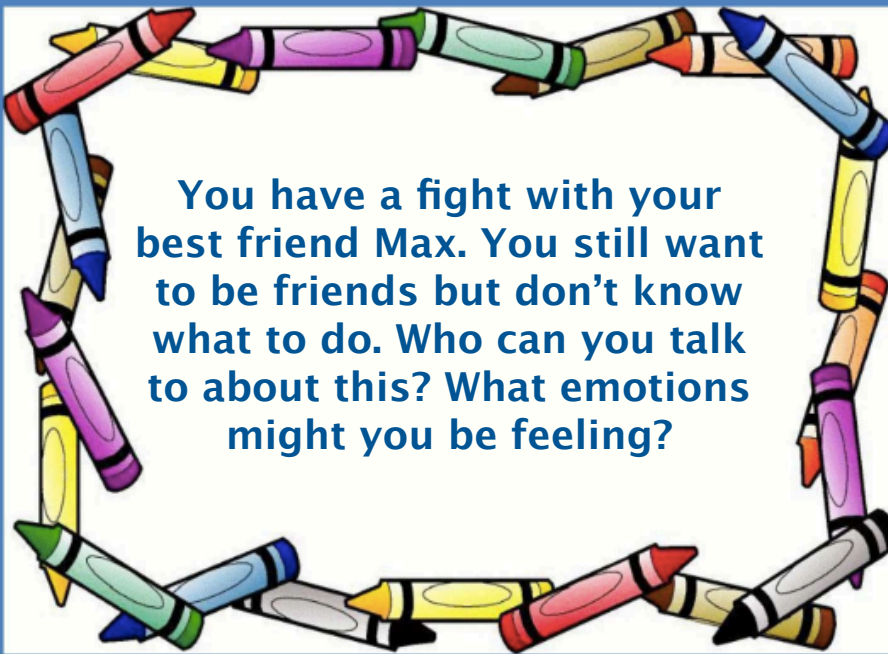


The teacher tells your class to get into groups of two for a project, your best friend Sam decides to partner up with Claire and not you. You feel upset and left out. What can you do?



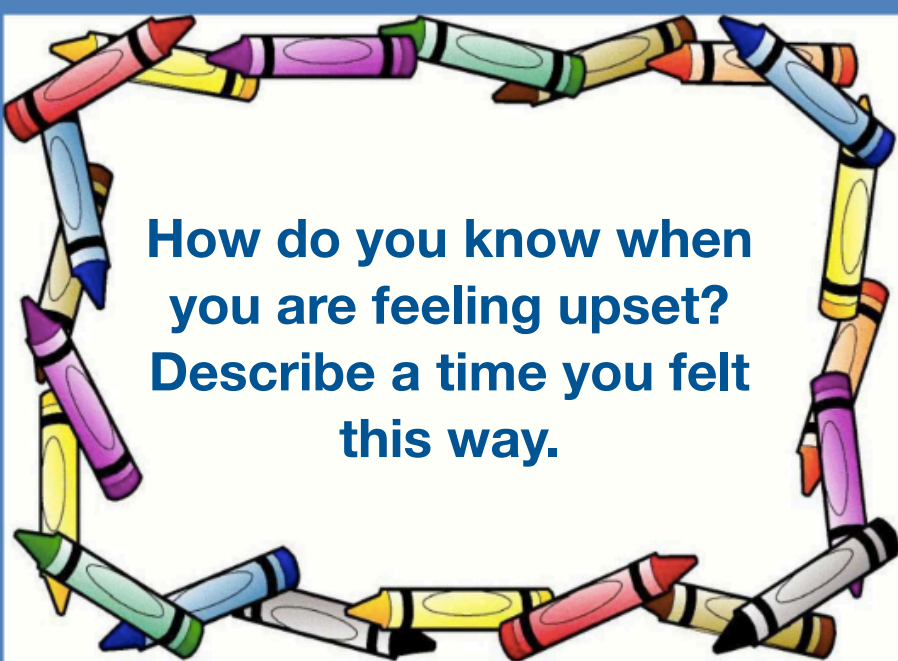
What is the difference between being alone vs. being lonely? What can you do when you feel lonely?



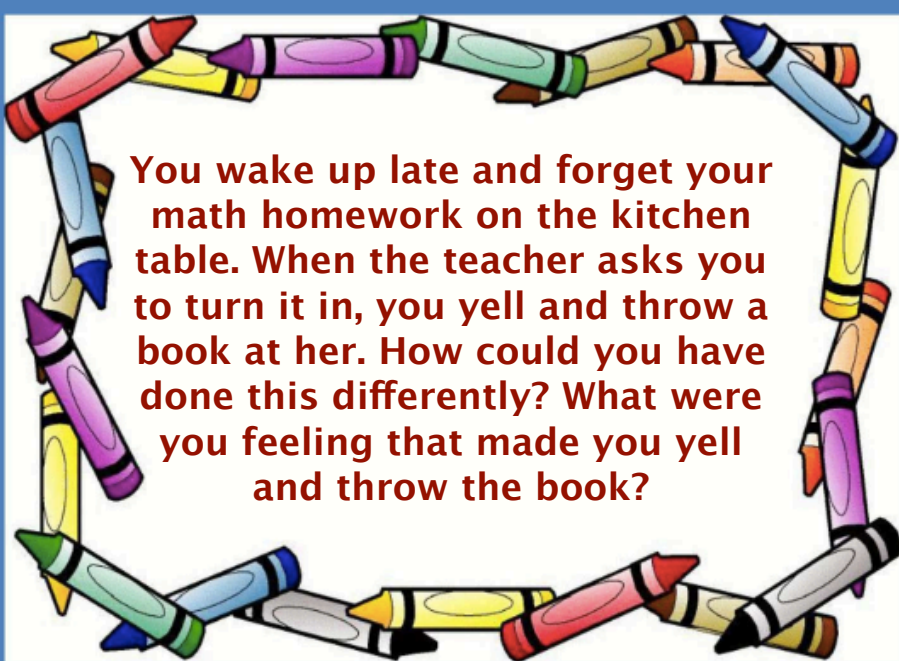
You have a fight with your best friend Max. You still want to be friends but don't know what to do. Who can you talk to about this? What emotions might you be feeling?



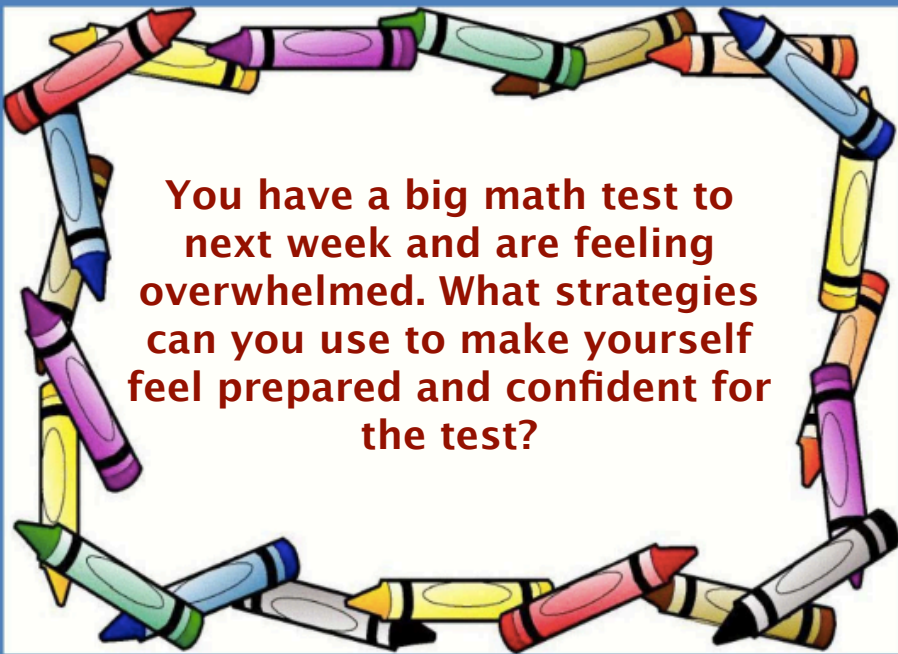
What are 5 things you like about yourself? Why?



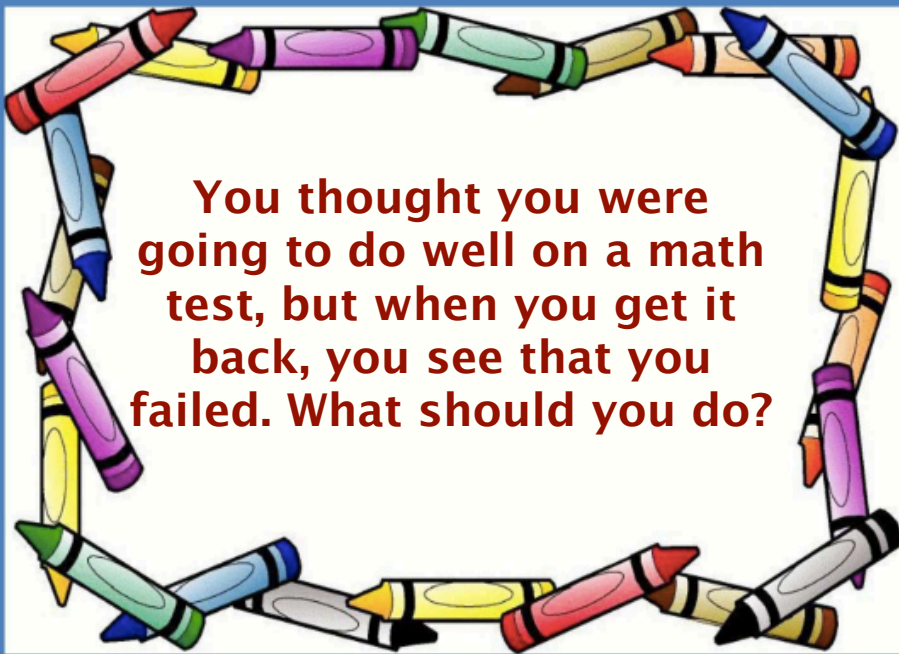
**How do you know when
you are feeling upset?
Describe a time you felt
this way.**



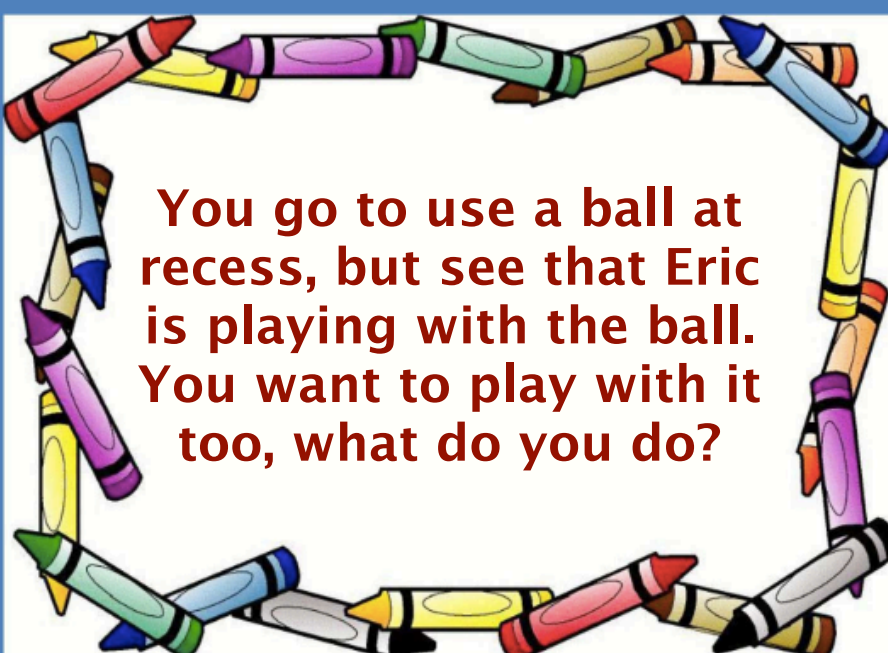
**You wake up late and forget your
math homework on the kitchen
table. When the teacher asks you
to turn it in, you yell and throw a
book at her. How could you have
done this differently? What were
you feeling that made you yell
and throw the book?**



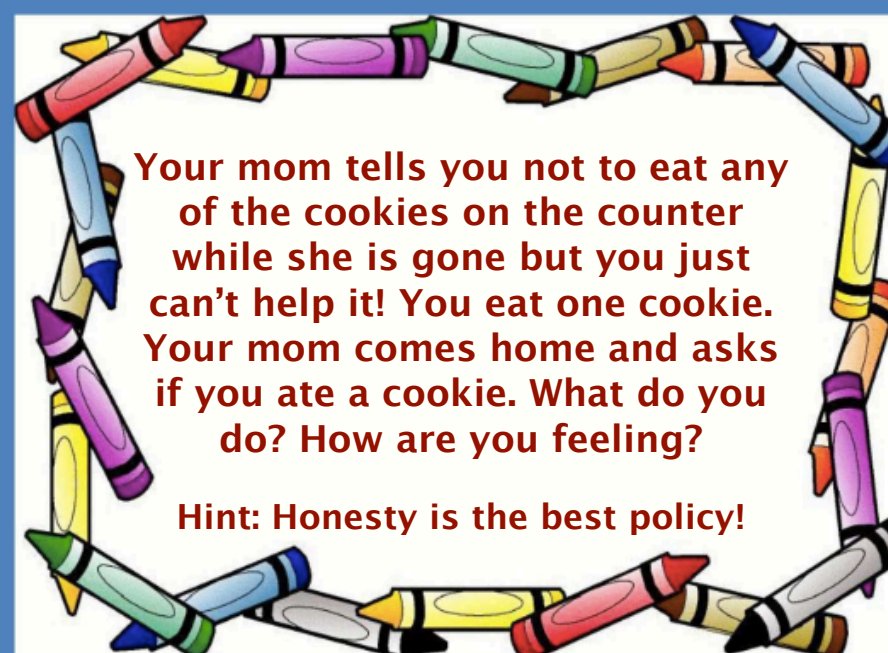
**You have a big math test to
next week and are feeling
overwhelmed. What strategies
can you use to make yourself
feel prepared and confident for
the test?**



**You thought you were
going to do well on a math
test, but when you get it
back, you see that you
failed. What should you do?**

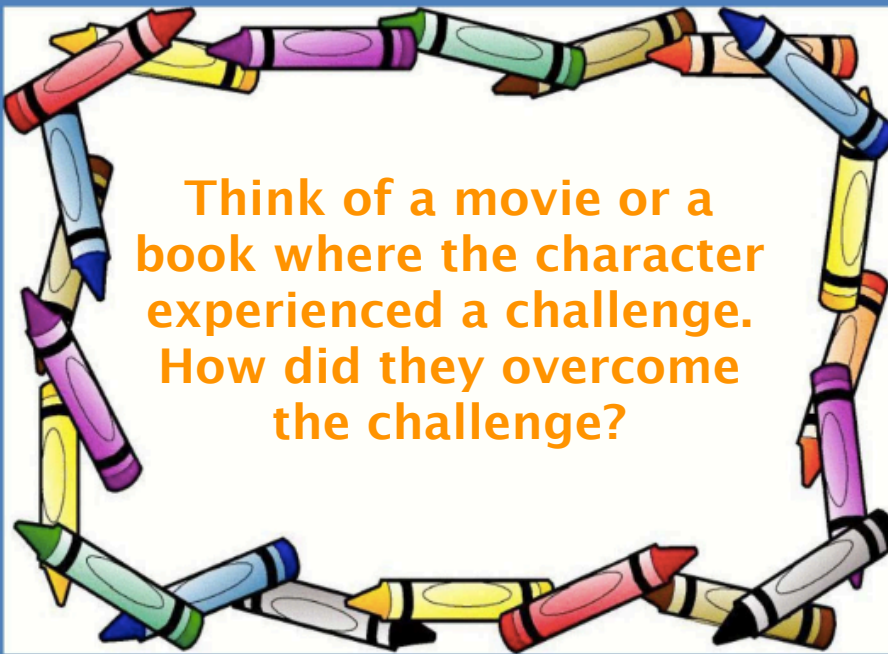


You go to use a ball at recess, but see that Eric is playing with the ball. You want to play with it too, what do you do?

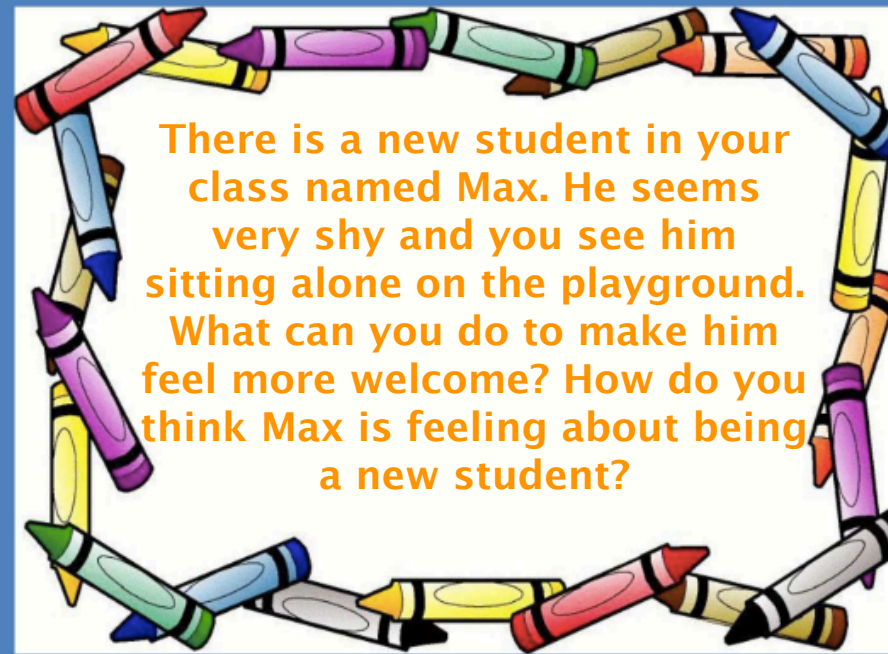


Your mom tells you not to eat any of the cookies on the counter while she is gone but you just can't help it! You eat one cookie. Your mom comes home and asks if you ate a cookie. What do you do? How are you feeling?

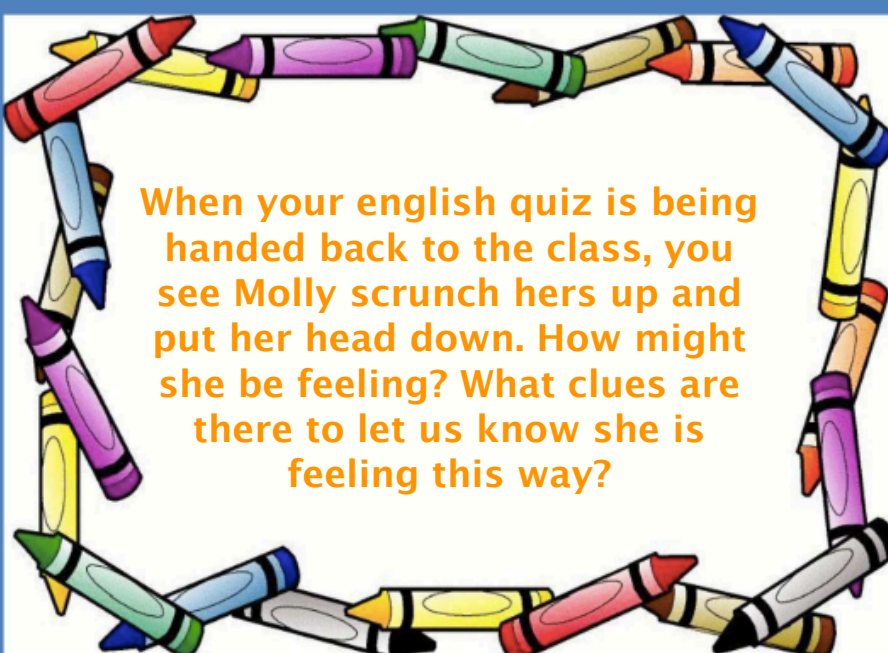
Hint: Honesty is the best policy!



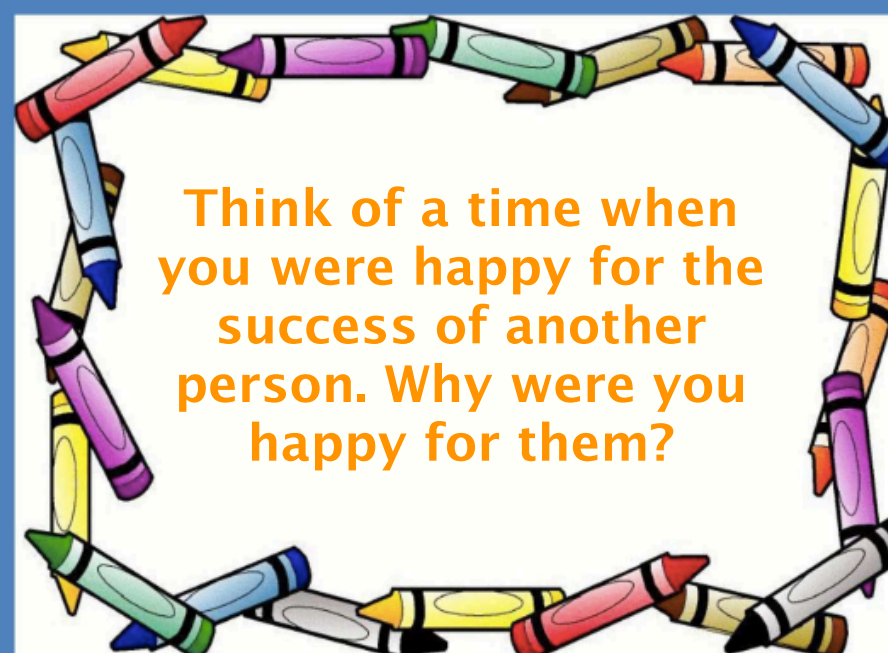
Think of a movie or a book where the character experienced a challenge. How did they overcome the challenge?



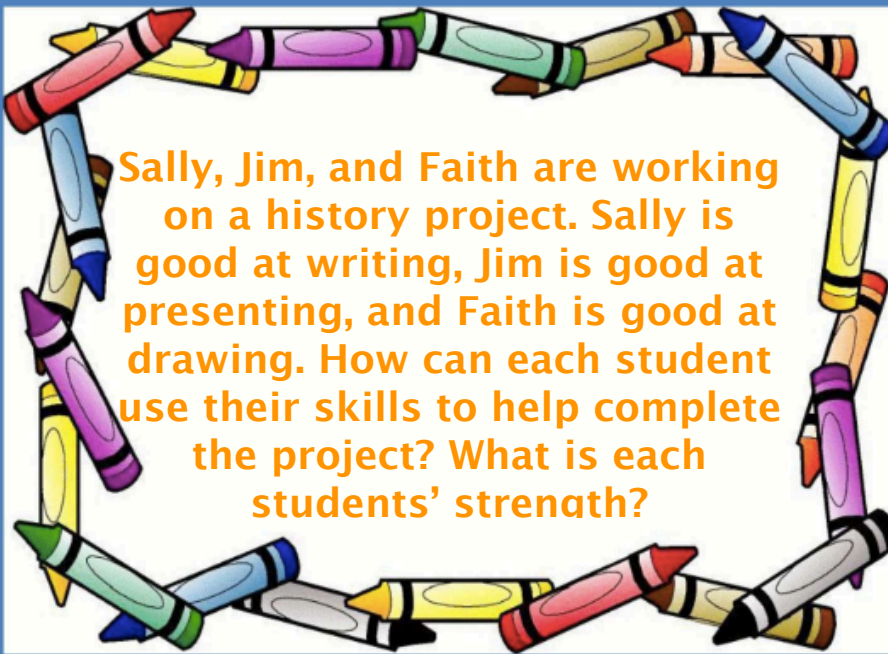
There is a new student in your class named Max. He seems very shy and you see him sitting alone on the playground. What can you do to make him feel more welcome? How do you think Max is feeling about being a new student?



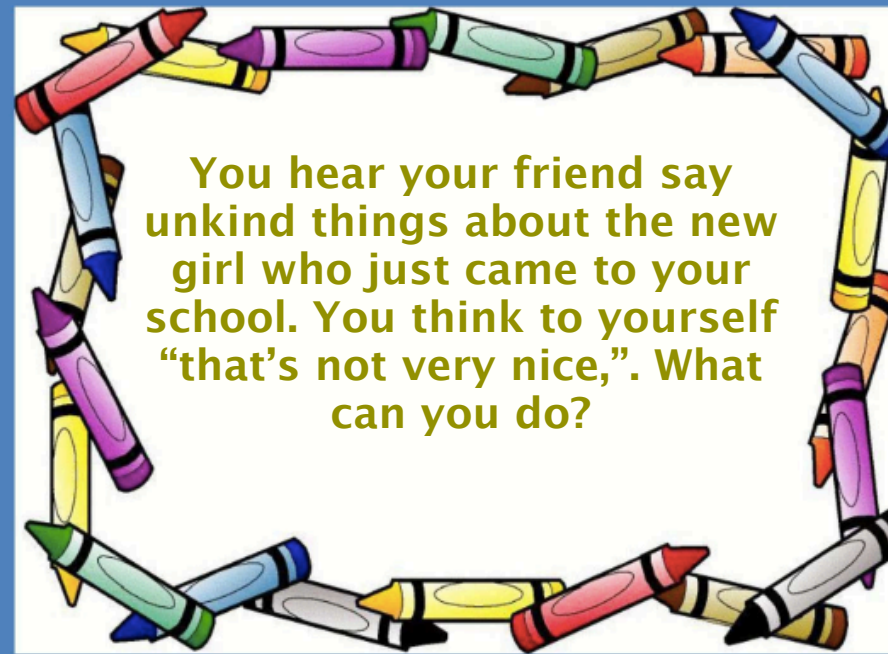
When your english quiz is being handed back to the class, you see Molly scrunch hers up and put her head down. How might she be feeling? What clues are there to let us know she is feeling this way?



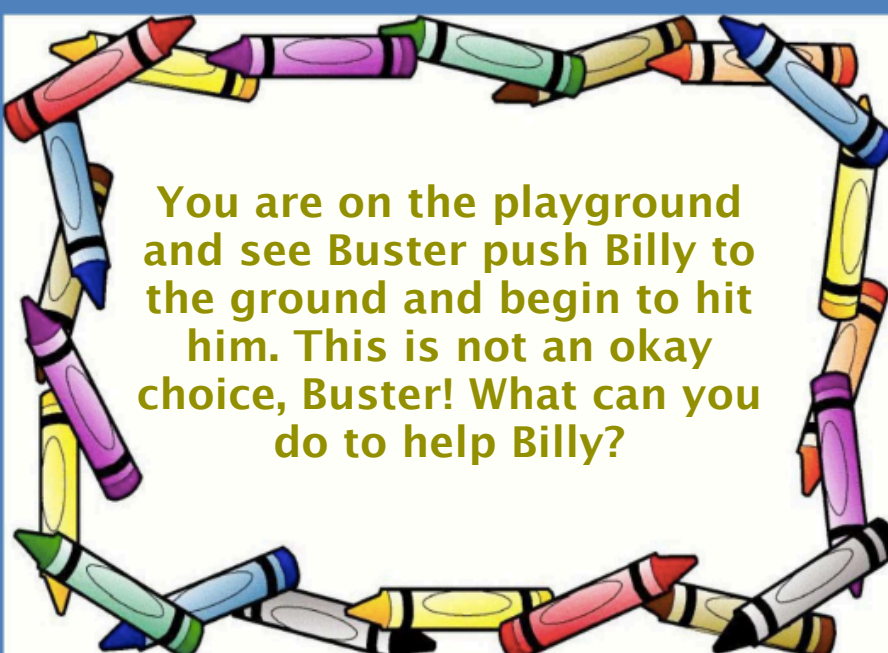
Think of a time when you were happy for the success of another person. Why were you happy for them?




Sally, Jim, and Faith are working on a history project. Sally is good at writing, Jim is good at presenting, and Faith is good at drawing. How can each student use their skills to help complete the project? What is each students' strength?



You hear your friend say unkind things about the new girl who just came to your school. You think to yourself "that's not very nice.". What can you do?



You are on the playground and see Buster push Billy to the ground and begin to hit him. This is not an okay choice, Buster! What can you do to help Billy?

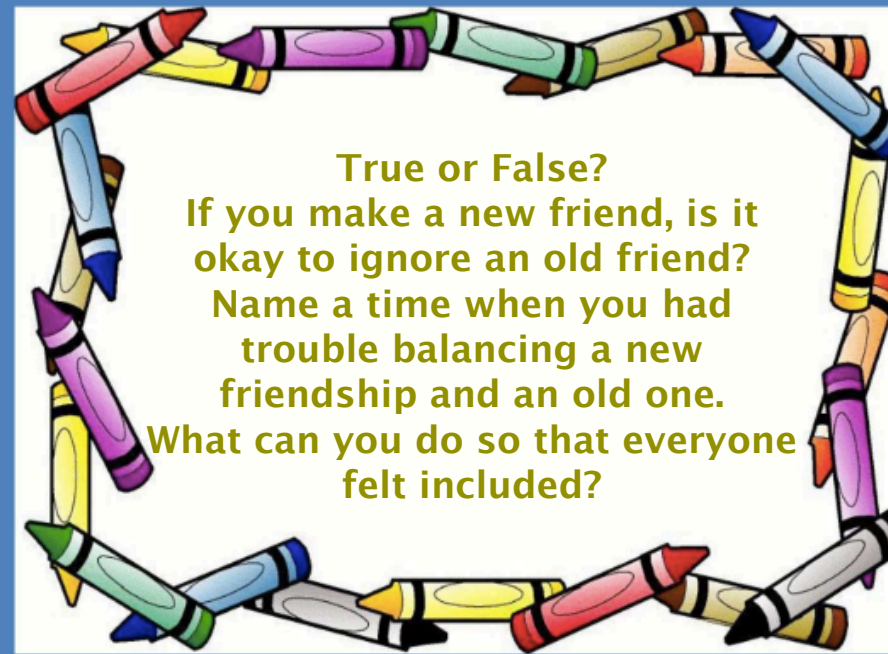


You and your friends are outside playing. You want everyone to play hide-and-go-seek. BUT! Tara wants everyone to play tag. How can you make a compromise so that everyone feels happy?

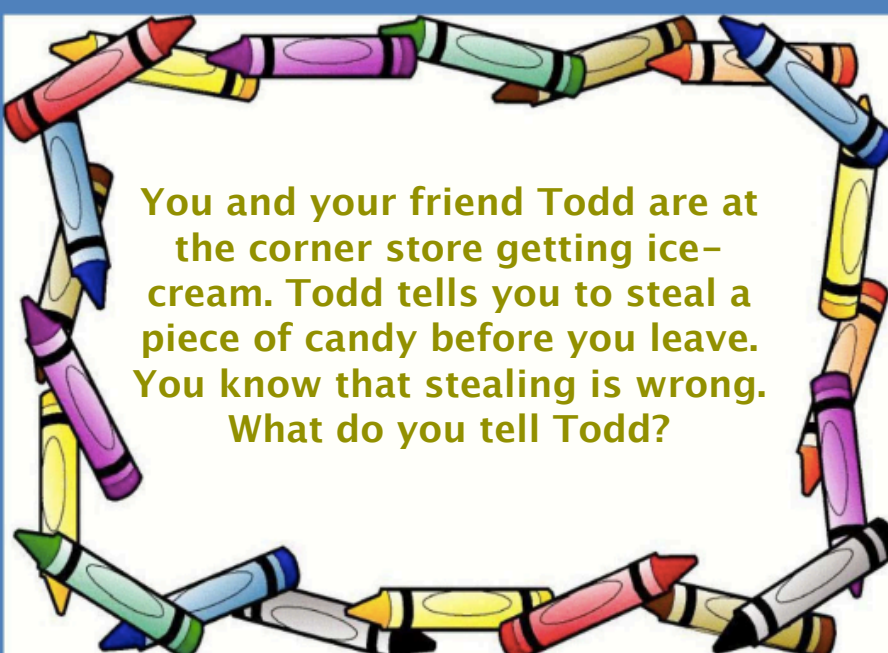


True or False?
A good friends support one another.

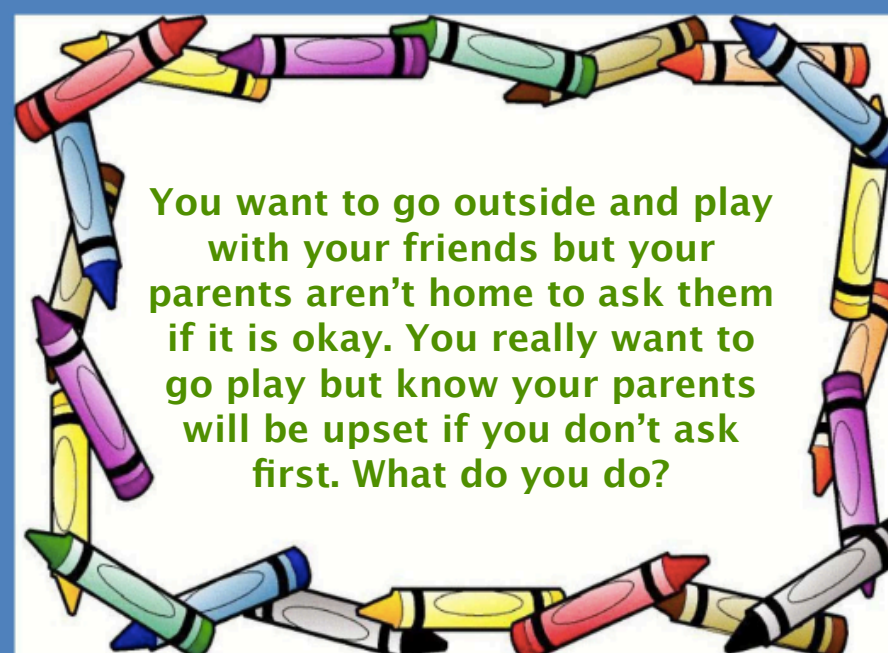
Describe a time when you were a good friend.



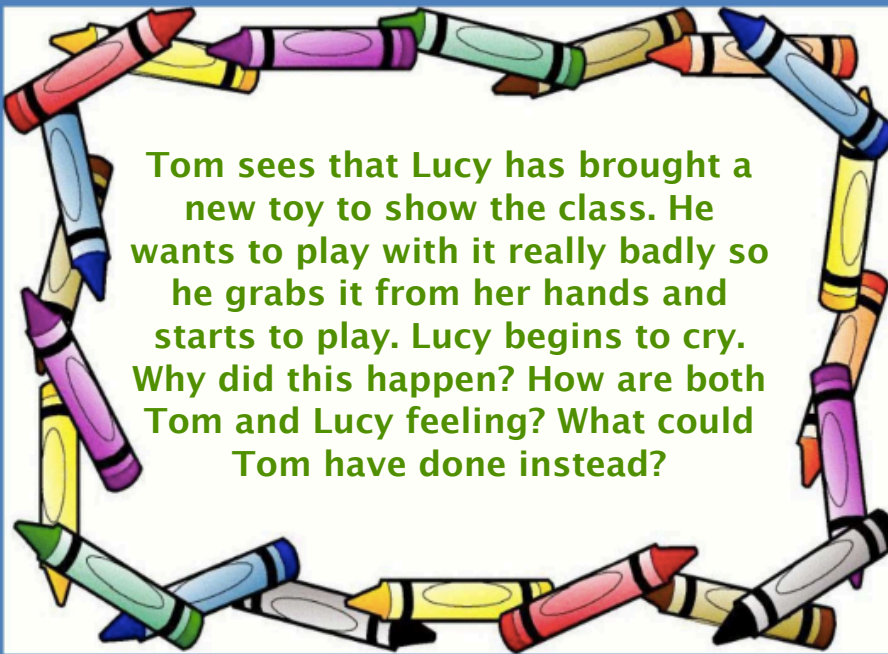
True or False?
If you make a new friend, is it okay to ignore an old friend?
Name a time when you had trouble balancing a new friendship and an old one.
What can you do so that everyone felt included?



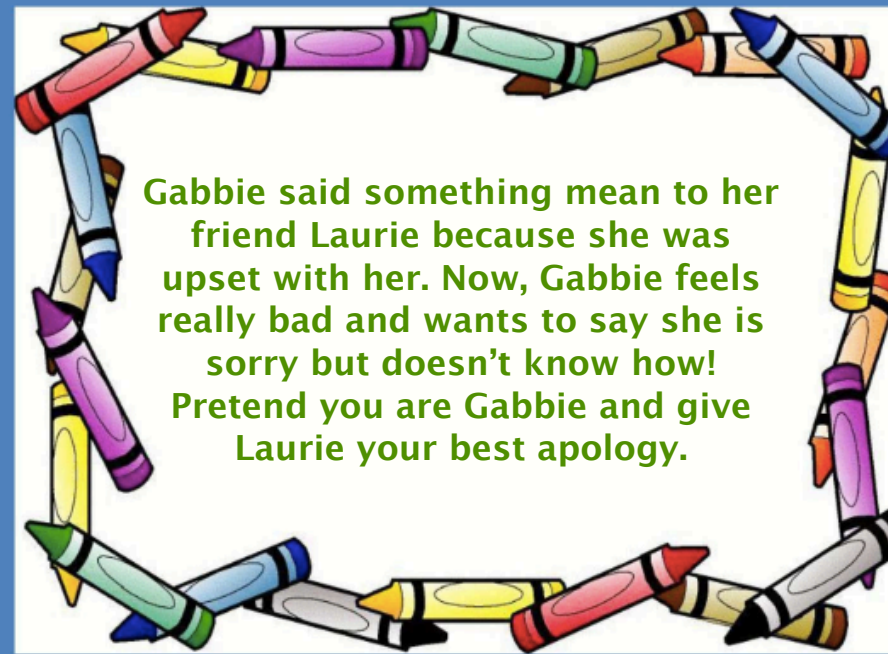
You and your friend Todd are at the corner store getting ice-cream. Todd tells you to steal a piece of candy before you leave. You know that stealing is wrong. What do you tell Todd?



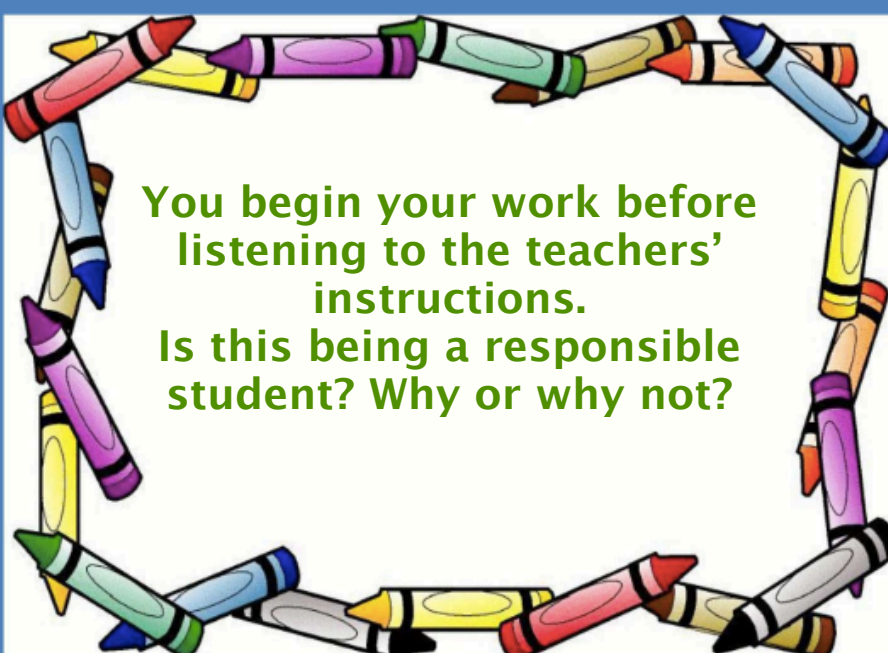
You want to go outside and play with your friends but your parents aren't home to ask them if it is okay. You really want to go play but know your parents will be upset if you don't ask first. What do you do?



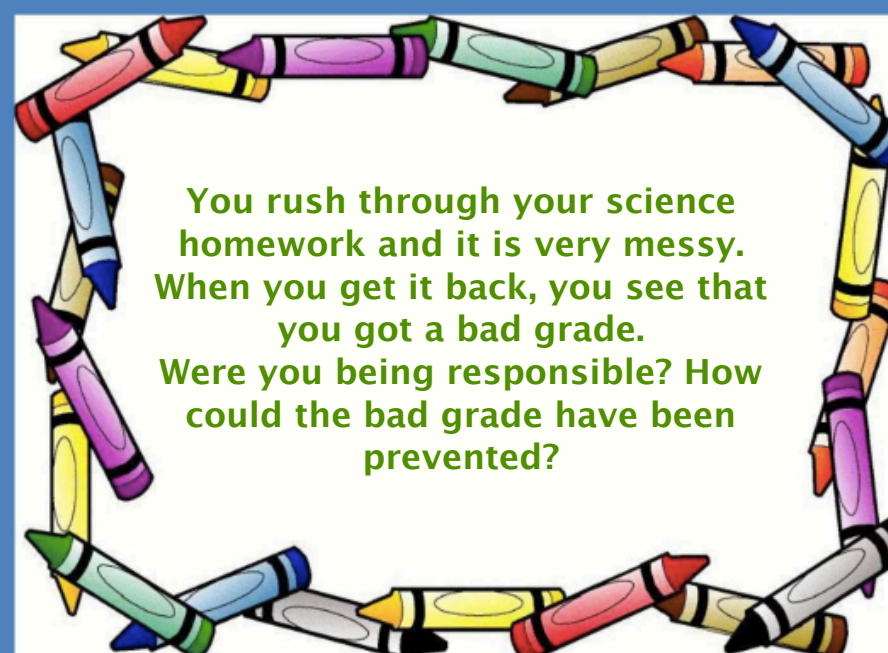
Tom sees that Lucy has brought a new toy to show the class. He wants to play with it really badly so he grabs it from her hands and starts to play. Lucy begins to cry. Why did this happen? How are both Tom and Lucy feeling? What could Tom have done instead?




Gabbie said something mean to her friend Laurie because she was upset with her. Now, Gabbie feels really bad and wants to say she is sorry but doesn't know how! Pretend you are Gabbie and give Laurie your best apology.



You begin your work before
listening to the teachers'
instructions.
Is this being a responsible
student? Why or why not?



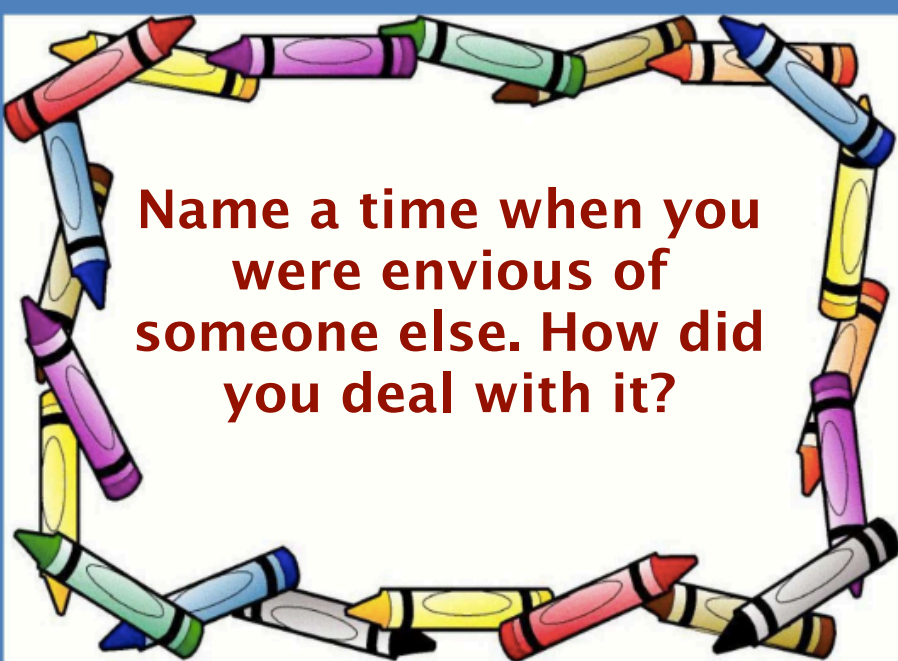
You rush through your science
homework and it is very messy.
When you get it back, you see that
you got a bad grade.
Were you being responsible? How
could the bad grade have been
prevented?



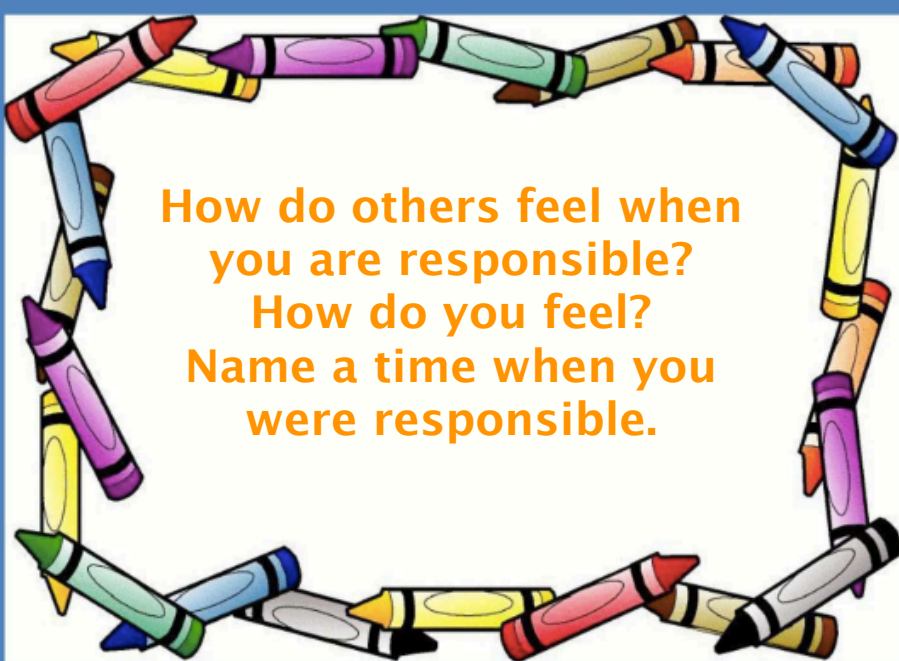
Name 3 things you
should ALWAYS have in
your backpack to make
sure you are prepared
for school.



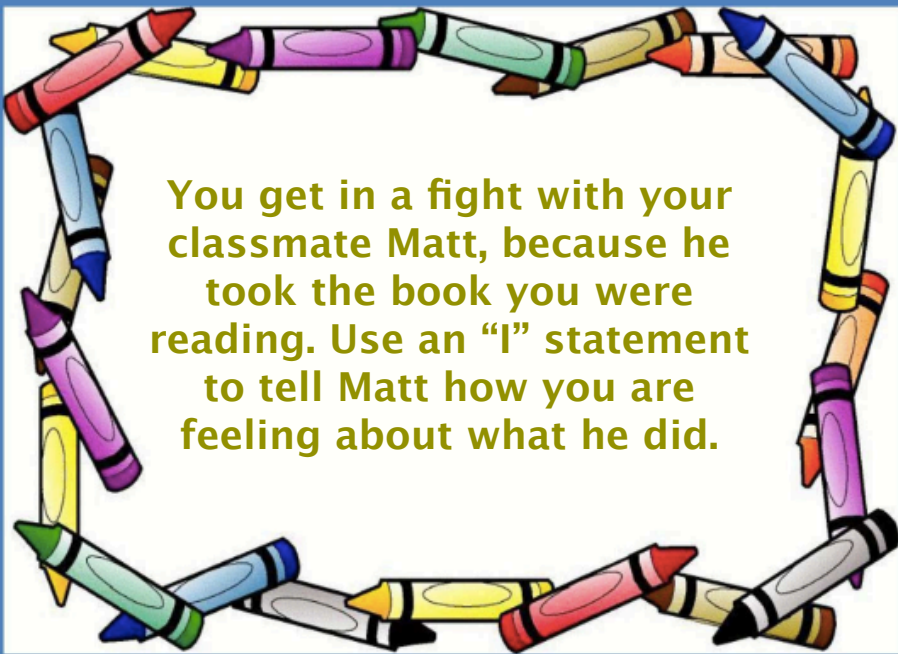
When we are scared
what part of the
brain lights up?



**Name a time when you
were envious of
someone else. How did
you deal with it?**



**How do others feel when
you are responsible?
How do you feel?
Name a time when you
were responsible.**



**You get in a fight with your
classmate Matt, because he
took the book you were
reading. Use an “I” statement
to tell Matt how you are
feeling about what he did.**



The Social and Emotional Skills Card Game

**Fun Scenarios, Role-Playing Activities,
True or False, and More!**

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