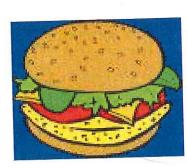


Benefits Fair Workshops Scheduled for Tuesday, April 30, 2013 Workshops will be held in the District Board Room

Workshops will be nere in the		
Time	Topic	Facilitator
10:00-11:00	Post Employment	Benefits Office
10.00 11.00	Benefits with	Staff
	Peralta	
11:00-12:00	Long-Term Care	Trustmark
	and Supplemental	
70	Life Insurance	5 2
9	Products with	4
	Trustmark	
12:00-1:00	Tax-deferred	ZUK Financial
	Planning	Services
a e	Plan what you will	
	own!	







Peralta Community College District Spring 2013 Announcement A of A

Save the Date! Come out and Play
Something for Everyone @ the Alameda County Fair
Saturday, June 29
Food Served from 11 – 3
Come Join Us-The entire Peralta Community is invited to attend! Visit our website.
http://web.peralta.edu/benefits/

PERALTA BENEFITS - EVERYONE

April 12, 2013

Peralta Community College District
Benefits Office
333 East 8<sup>th</sup> Street
Oakland

#### Inside this issue:

Peralta Joins the National Blue Cross Network effective July 1, 2013

Cover story

Benefits Fair on Tuesday, April 30, 2013-Co-sonsored with Sutter Health, *page 3* 

- Come get free health screenings
- Raffles.
- Meet vendors
- Ask guestions
- Bring a friend

Workshop Topics, page 4 Considering Retirement from Peralta?
What every retiree and dependent should know!

Featured Voluntary Benefits Long Term Care & Supplemental Life Insurance

Tax-deferred Planning through the 403(b) and 457 Plan-what's in it for you?

Save the Dates
District Picnic 2013-Sat Jun 29
Alameda County Fair Grounds
Site to be determined
Check the Peralta benefits
homepage
http://web.peralta.edu/benefits/for
future updates

Flex Enrollment: November 1, 2013

- November 30, 2013 for the plan
year January 1, 2014 through
December 31, 2014

Open enrollment begins May 1, and ends May 31, 2013. Attend Benefits Fair on Tuesday, April 30, 2013

Open Enrollment is the annual opportunity for eligible employees/retirees to:

- Change or enroll in medical and/or dental plans
- Add a dependent to the group insurance plan
- The Peralta Community College District proudly offers a competitive and comprehensive core of work-life benefits that may increase your total compensation by 40% or more. Premiums are fully paid for full-time regular employees and their eligible dependents.

Current benefits for full-time employees include:

- Medical, prescription drug and vision coverage
- Delta Dental PPO dental coverage or United HealthCare DMO dental coverage
- Life insurance of 150% of your annual pay up to a \$100,000 maximum benefit
- Long-term Disability coverage
- Employee Assistance Program
- Voluntary participation in a tax-deferred 403(b) and 457 plans

#### If you are benefit-eligible and do nothing...

If you are currently enrolled in our group plans and do nothing, then your medical, dental and vision plan enrollment will continue at your current coverage level.

#### To effect a change...

Complete the Universal Benefit Enrollment Form and submit to the District Benefits Office no later than Friday, May 31, 2013.

#### New for July 1, 2013

National Blue Cross network to replace Private Health Care Systems (PHCS) Network effective July 1, 2013.

The Peralta Community College District Self-Funded plan is changing its' provider network for services received outside of California from PHCS to Anthem Wellpoint BlueCross. This move is a win-win! Covered employees will have access to a wider network across the nation . The district saves on its innetwork costs for employees and retirees! This in-network access follows into retirement for those enrolled in either the Self-Funded Lite Plan or the Self-Funded Traditional Plan.

• What you can expect: Weather or not you make an enrollment change between the two – self funded plans, all members enrolled in the self-funded plan, currently administered by

CoreSource will receive a new card(s) during the last week of June.

- What will be on the new cards: The alpha pre-fix that will be assigned to your alternate ID will be KZU; your current alternate ID will not change; it will only have the KZU added to it when the new ID cards are issued.
- What if you do nothing: If you are currently enrolled in the self funded pland and./or change
  to the self funded plan by the open enrollment deadline, cards will be issued during the last
  week of June
- What you can do to check availability of providers due to the Network Enhancement:
   See page 2.

#### **Health Care Reform 2013**

- Well exams are free (active and post July 1, 2012 retiree plans only)
- Unlimited wellness benefit (active and post July 1, 2012 retiree plans only)
- Summary of Benefits and Coverage required a description of coverage in a uniform format as outlined by the legislation.
- Privacy compliance regarding Protected Health Information and the Health Insurance Portability Act; More passwords, enrorytption; controls on discussions regarding personal health issues.

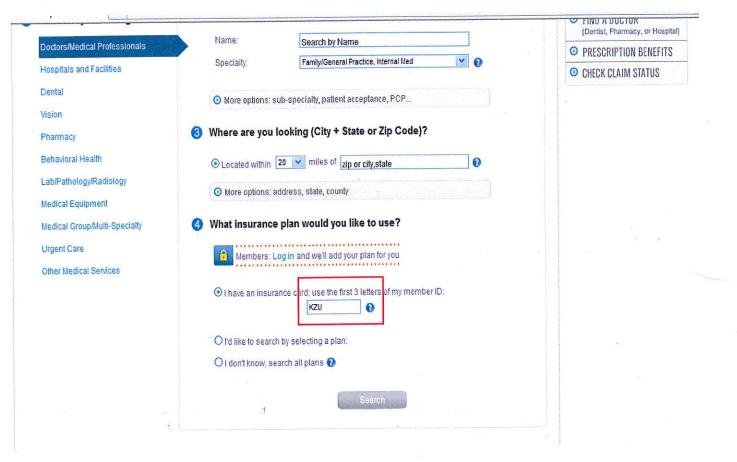


## Peralta Community College District Self-Funded Plan Network Enhancement

The Peralta Community College District Self-Funded plan is changing its' provider network to allow national access to the Blue Cross network. This change will give active and retired employees access to more providers both locally and outside of California. If you are currently on the PHCS network outside of California, your network will change effective 7/1/2013. You can log on to the Anthem Blue Cross network to verify that your provider is affiliated with your new network. If you currently relocate during the year to a 2<sup>nd</sup> residence outside of California, you will no longer need to change your network affiliation to ensure in-network coverage.

The alpha pre-fix that will be assigned to your alternate ID will be KZU; your current alternate ID will not change; it will only have the KZU added to it when the new ID cards are issued.

Members will continue to locate an Anthem provider via www.anthem.com/ca on the Find a Provider page, there is an option for finding a provider by entering the Alpha Prefix. By entering KZU in the field the system will search only providers contracted with Peralta. See screen-print below. Whether the member resides in California or outside of California; you use the same link to find providers.





Live Well for Life"

Peralta Community College District invites you to attend its

Employee & Retiree Spring Fair at the District Office(in the Atrium) 333 E. 8th Street, Oakland

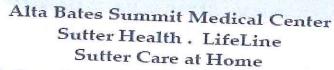




# Tuesday, April 30, 2013

Peralta Community of Retirees, Staff & Faculty

11:00 a.m. - 1:30 p.m. Biometric Screenings: Blood Pressure, BMI, Body Fat Analysis



### Ask an Expert:

Complimentary Screenings, Home Health Care Nutrition • Stress Management Health & Wellness • Healthy Recipes Raffle Prizes & More!

Proudly sponsored by the Peralta Community College District Benefits Office Questions? Contact Jennifer Seibert at (510) 587-7868 or benefits@peralta.edu

Attention Peralta Retirees What is your email address? Help expedite our efficient, electronic communications to you! Please give us your email so that we can keep in touch with you! All email addresses are intended for exclusive use of the District Benefits Office.





Did you know...

- The average age of the Peralta retiree is 66 years (as of December 2012.)
  - The internet has been for common use since the 1980's.

Our average retiree has used the internet for probably half of their lives. So it's about time we embrace the efficient of e-communication with our retirees!