### You're losing 14% revenue every month because 70% of your team isn't getting enough sleep

# RISE helps your reps sleep more and sell more



cameo **Lwitch** 

- ManpowerG

**nbkc**bank



#### With RISE:

- 14% increase in monthly revenue
- 50% increase in outbound calls
- 95% feel more productive
- **100%** feel their company wants them to succeed
- 100% feel their company cares about their wellbeing
- Without ample rest there aren't opportunities to win. By investing with RISE to put our sleep front and center, it's helped our team remember that those nights without sleep add up to big debts.
  - Lexi Bohonnon Vice President Sales Engineering Yext



OKay

ASIC

Sleep Debt



RISE is the only app that unlocks the real-world benefits of better sleep. +14% monthly revenue. No new FTEs. No training. No integration. Start in 15 minutes www.risescience.com | sales@risescience.com

- 1. Attribution analysis available upon request
- 2. National Sleep Foundation: Sleep In America Poll

### How does RISE work?

# Automatically track sleep debt

The most important indicator of how you'll feel and perform today.

## Daily energy schedule

Use your circadian rhythm to optimize productivity throughout the day. Build custom routines with positive habits and reminders to lower sleep debt and perform.

### 

Teams using RISE sleep longer, earlier, and have lower sleep debt\* Bed 1.5 hours earlier Sleep 48 minutes longer Decrease sleep debt 3 hours Normalize bedtimes \*Job Performance in Athletes and Salespeople: An Observational Study of Performance, Sleep, and Mobile App Usage. Study currently in peer review.

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