

THIS IS HOW YOU CAN HELP TO DEFEND CHILDREN FROM SEXUAL EXPLOITATION.

1 Pause before you share

Sharing child sexual abuse material (CSAM) is illegal, even in an attempt to report it. Check if viral stories are coming from reputable sources before resharing, and take a moment to research if memes concerning child sex trafficking (CST) match up with the facts.

2 Make a report

If you do come across credible evidence of child sexual exploitation, report it to the platform where it was found and to the National Center for Missing & Exploited Children.

[Link in bio for how to report abuse content.](#)

3 Start a fundraiser

There are multiple organizations that have been working in this space for a long time, and they can always use help. Sell cookies, have a Zoom auction—every dollar counts in this fight.

4 Volunteer your time or supplies

Local organizations are often in need of many different skill sets. Starting locally is where you will often see the biggest impact.

5 Build trust

Building a foundation of trust with the children in your life ensures that if something bad happens they will feel safe coming to you.

6 Keep learning

Follow reputable organizations on social media, double check viral stories that seem hard to believe, research local and state laws around child exploitation, and always be open to bringing this conversation into the light. The more we talk about it, the more equipped we are to fight back.

[#KnowWhatYouShare](#)

[#DefendFacts](#)