



Healthcare Highways Health Plan  
Preventative Care Coordination Benefit  
**Cervical Cancer Screening**



### ***The importance of getting a screening for cervical cancer.***

Getting screened for cancer is never an easy choice to make, but one that can be beneficial, as:

- Cancer screening tests can help find cancer at an early stage, before symptoms appear
- When abnormal tissue or cancer is found early, it may be easier to treat or cure.<sup>1</sup>

### ***When should I get a screening for cervical cancer?***

Talk with your doctor about which testing option is right for you. How often you need to get screened depends on how old you are and which screening tests you get.

#### **IF YOU ARE 21 to 29 YEARS OLD**

You should start getting Pap tests at age 21. If your Pap test result is normal, your doctor may tell you that you can wait three years until your next Pap test.

#### **IF YOU ARE 30 to 65 YEARS OLD**

Talk to your doctor about which testing option is right for you

#### **IF YOU ARE OLDER THAN 65**

Your doctor may tell you that you don't need to be screened anymore if

- You have had normal screening test results for several years, or
- You have had your cervix removed as part of a total hysterectomy for non-cancerous conditions like fibroids.

### ***Our Care Coordination team is here to help you.***

The good news is that as a health plan member, you have access to complimentary care coordination services, which includes a quality and prevention benefit to help you keep track of visits and check-ups.

Our records indicate that you are due for a cervical cancer screening. Your care coordination team will walk you through the process and answer any questions you have along the way.

### ***Call for assistance.***

Remember, your care coordination team is always available to answer any questions. If you need assistance with finding a provider or have more questions, **please call your care coordination team at 1-844-218-3906.**

<sup>1</sup><https://www.cancer.gov/about-cancer/screening/patient-screening-overview-pdq>