



Learning Day from Home

Day 3

Time	Task	Details
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9.
9:00-9:30am	Get moving!	<p>Outdoor Option:</p> <ul style="list-style-type: none"> Walk around your neighborhood. Track your steps if you can. Join the 10,000 step challenge! Walk around your home or neighborhood. Draw or take photos of shapes and angles. Talk to your family about what you see. <p>Indoor Option:</p> <ul style="list-style-type: none"> Family dance party! In the spirit of our theme, try to move it, move it in as many shapes and angles as you can! If you need inspiration to get you started, warm up with a little GoNoodle At-Home. This warm-up will get you Footloose.
9:30-10:30am	Universal Design for Learning! Theme: Architecture and angles	<p>Math lesson with angles & shapes (geometry)</p> <ol style="list-style-type: none"> Spend 10-20 minutes on some math skill work if your teacher provided some resources. If you don't have any resources, create flashcards, or practice your skills with Math Playground. After you practice your math facts, choose one or more of the following videos to learn more about geometry: <ul style="list-style-type: none"> This video from PBS shares about all the fun shapes found in rock candy! This BrainPop video introduces the basics of geometry. BrainPop junior has many videos to teach younger learners more about geometry. <p>Options:</p> <ul style="list-style-type: none"> Use what you learned about geometry to create an architectural masterpiece! Label 3 shapes and/or 3 angles in your work. Magnatiles are great for this! Make a geometry monster using these shapes and angles. Make it on art paper or a digital monster. Label 3 shapes and/or 3 angles in your work.
10:30-11:00	Connect	Take some time to connect with friends, family or a favorite teacher. Chat on Facetime or Duo, draw and send a picture, send an email, write a letter or card (to be mailed!) or just call to say hello. Make a list of all

		the people to connect with and use scheduled time later in the week to connect.
11:00-12:00pm	Creative Time	<p>It is time for the fort building contest! More time is available later, so please share by tomorrow!</p> <p>Exemplars:</p> <ul style="list-style-type: none"> • Fort Building Contest in Arkansas, 2018 • Pretty fancy fort options for inspiration <p>Share your fort with family and friends or share it on Twitter #solongfortnitehellofortchallenge Thanks for the #idea @AlexaLepp</p>
12:00-12:30	Lunch	Everyone has to eat at least one fruit and one veggie!
12:30-1:00	Free Time	<p>Options: Revisit your fort and polish it up. Take a picture of your fort and Tweet it (#solongfortnitehellofortchallenge). Tag @KatieNovakUDL and @Teach_Sancinito so we can see your amazing work!</p> <p>Play in your room, play a game with a parent or sibling, color or draw</p>
1:00-1:30	Reading	Snuggle up with your favorite book or read together or as a family. Here is my version of "Doggies" by Sandra Boyton. I've been practicing for a while. (;
1:30-2:30pm	Choose a room	<p>Your fort room is off-limits today!</p> <p>Every day this week, we will choose one room out of a hat, and we will all go in and deep clean everything - windows washed, bedding washed, floors steamed and things collected for trash/donate. If it happens to be your room, you can pick the music. Otherwise, Mom and dad pick. Spring cleaning, woohoo!</p>
2:30-3:30pm	Universal Design for Learning!	<p>The architecture of words! Lots of options today so try for two.</p> <p>Options:</p> <ul style="list-style-type: none"> • Look through magazines for words starting with each letter of the alphabet. Try to find one word for each letter. Collage the words with glue and glitter! • Hunt through magazines or newspapers for prefixes and suffixes in words using this Scholastic guide. Circle or underline your word parts and display them in a creative way. • Words can make beautiful, funny or suspenseful stories. Craft your words into a creative writing story to share. • Watch the Brainpop on parts of speech. Complete the Mad Libs or write your own Mad Libs for a family member to complete.
3:30-4:15	Quiet Time	Options: Read, draw, fold laundry or organize something. Choose an option that relaxes you.
4:15 - 5:30pm	Outside/Indoor	Options: Play in your fort, go for a bike ride, build, bake

	Playing	
5:30-6:00pm	Dinner	Everyone at the table! Share highs and lows from day.
6:00-6:30pm	More fresh air	Options: Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	<ul style="list-style-type: none"> ● You can use technology if you were cooperative with everything else during the day! ● Everyone has to take a shower to clean off germs during this window. ● 8:30pm bedtime!