

Time		
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9.
9:00-10:00am	Get moving!	 Outdoor Option: Play a game of <u>animal tag</u> Take a walk and be on the lookout for animals in the wild or animals walking with their family. How many cute doggies can you find? Indoor Option: Jack Hartmann's <u>Move Like An Animal for the little ones</u> <u>Sun Salutations and Yoga with Animals!</u>
10:00-11:00am	Universal Design for Learning! Theme: Endangered Animals	Fighting for Endangered Animals Today, we're going to adapt the lesson from Exploring Endangered Species. In this lesson, students learn about and develop a plan to protect an endangered species. With our kiddos, we will explore a list of endangered species in our area /www.fws.gov/endangered/ and select one animal (older students can choose their own animal. Alternatively, read this article on the 10 most endangered species. After choosing an animal, will use devices to answer the questions in Part III of the lesson: • Where does the endangered species live? Find where on a map. • What does the endangered species need to survive? Describe its habitat, what it eats, and what, if anything, eats it. • Can the species live in your neighborhood? Why or why not? • Why is the species endangered? Options: Learn more about an endangered animal, why it is endangered, and argue what people could do to help the animal survive. • To give kids ideas about how to help the plight of endangered species, you might read aloud highlights from one of the Success Stories for species in your state. • Create an educational poster about how to help your animal • Create a short skit or record a PSA video about how to help your animal

		Call a relative or friend and share what you learned about how to save your animal
11:00-12:00	Connect with Animals!	Virtual Field Trip to a Zoo! Options: Live Cams at the San Diego Zoo Monterey Bay Aquarium live cams Panda Cam at Zoo Atlanta Animal Cams at Houston Zoo Georgia Aquarium has Jellyfish, Beluga Whales, and more Another great option is this virtual Vocabulary Jam with vocabulary.com. Join this free, friendly, and fierce vocabulary competition with a topic (All About Animals!) that is perfect for today's theme!
12:00-12:30pm	Lunch	Everyone has to eat at least one fruit and one veggie!
12:30-1:30pm	Free Time	It's free time! So kiddos make the choices - but stay away from screens. There is plenty of time for them in the morning and evening. Enjoy the fresh air, listen to music, have a snack or read a magazine. Feel like being an angel face, do a chore or two! (:
1:30-2:30pm	Creative Time	Today, it's all about animals! Options: Make Animal Sock Puppets and then put on a show! Choose one of these adorable animal crafts for kids If you have pets at home, watch them and then draw them, paint them, or make a Lego version of them
2:30-3:30pm	Universal Design for Learning!	Choose 2 articles from the Newsela text set on Endangered Species. This site is amazing because all articles are provided at five different reading levels in English and Spanish. If your kiddos aren't readers yet, you can read an article aloud. And best of all, right now access is free! If you'd rather snuggle up and read from books, collect all the books in your house about animals and have astorytime! Options for Reflection: This site, managed by the Endangered Species Coalition, has 10 Easy Things You Can Do to Save An Endangered Species. Option 2 encourages you to visit a national park. If you don't live near one, you can tour Yellowstone National Park! Mud Volcano, Mammoth Hot Springs, and so much more. Send a letter to a local representative urging them to consider taking action to support an endangered animal like the one here. Your voice matters! Check out the ZooBabies for some of the newest, cutest additions to some of the zoos you may have visited earlier. Many of these babies are endangered. Send a card, an email or a letter welcoming the baby to the world and explaining

		actions the world should take to make the animal better protected.
3:30-4:15pm	Quiet Time	Options: Read, draw, fold laundry or organize something. Choose an option that relaxes you.
4:15 - 5:30pm	Outside/Indoor Playing	This is kid time (i.e, Parents check email or sit down with a bag of popcorn time). It's all about entertaining yourself without looking at a screen. C'mon, you kiddos can do it. Play outside, collect sticks, look for ladybugs. Work together and be creative.
5:30-6:00pm	Dinner	Everyone at the table! Share highs and lows from day.
6:00-6:30pm	More fresh air	Options: Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	 You can use technology if you were cooperative with everything else during the day! Everyone has to take a shower to clean off germs during this window. 8:30pm bedtime!