



# Novak/Sancinito Learning Day from Home

## Day 16: Monday, April 6, 2020

We are two Mommas/educators trying to support the continuation of learning in our homes. Join us!

Time	Task	Details
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9.
9:00-9:30am	Get moving!	<b>Options:</b> <ul style="list-style-type: none"><li>As you are walking, stretching, or playing catch, share some of your favorite stories. Here are some prompts that may inspire your storytelling.<ul style="list-style-type: none"><li>What was your favorite story or book when you were little? Tell it from memory?</li><li>What is one of the funniest things that have ever happened to you?</li><li>Who do you miss right now? What's a great story about when you were with them?</li></ul></li><li>Play a game of Princess and the Pea! (<a href="#">activity #3 on this link</a>) Just like the fairy story 'Princess and the Pea' kids must detect the 'pea'. Use tennis balls or golf balls – lay some cushions, mats and different soft objects around the room and under some of them place the balls. Kids must each sit on one and decide whether there is a pea or not. If they are correct they stay in for the next round. If they are incorrect are they out.</li><li>Play <a href="#">this fun outdoor game</a> for kids who like fairy tales (note: they may be squealing around your yard like a pig!)</li></ul>
9:30-10:30am	Universal Design for Learning!  Theme: Fables and Folktales	If your teacher shared any work for ELA or social studies, dive in now.  Now that you are done, it's time to enjoy some fables and folktales and then craft your own. A folktale is a story, usually anonymous, that is passed down orally. Fables, fairy tales, and legends are all examples of folktales. Fables are short narratives, making a moral point, traditionally by animal characters who act like human beings. Today, there will be many options and choices to learn more about folktales and write your own!  <b>Options:</b> <ul style="list-style-type: none"><li><a href="#">Kids Gen Folktales for Children</a> houses a large collection of folktales for children.</li></ul>

If you have any questions:

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		<ul style="list-style-type: none"> <li>• <a href="#">Hootie Owl's Stories to Grow By</a> has folktales from around the world. Best of all - many are audio podcasts so young readers can listen.</li> <li>• <a href="#">Storynory</a> has free access to countless folktales, including Grimm's fairy tales and Aesop's fables</li> </ul> <p>Once you have read some folktales, it's time to create your own. This <a href="#">lesson plan template, from Scholastic</a>, will guide you.</p> <p><b>Options:</b></p> <ul style="list-style-type: none"> <li>• Draw, write, illustrate, or type your story.</li> <li>• Once you write your folktale, consider acting it out live or on video.</li> <li>• Not ready to act? Use puppets or stuffed animals and make a movie.</li> <li>• Consider calling relatives during Connect time to share your folktale.</li> </ul>
11:00-12:00	Free Time/Recess	<p>Decide as a family if free time/recess is best before or after lunch. Free time is when the kids are in charge. All screen-free choices are honored here.</p> <p><b>Options:</b></p> <ul style="list-style-type: none"> <li>• Arts &amp; crafts</li> <li>• Sports</li> <li>• Board games &amp; puzzles</li> <li>• Reading</li> <li>• Nature walk or playing outside</li> </ul>
12:00-12:30pm	Lunch	Everyone has to eat at least one fruit and one veggie!
12:30-1:00pm	Helping Job	Look inside and outside your home. Make a to-do list of all the little projects that need to get done. Do you have a garden bed that needs weeding? A nail that needs pounding in? Does your sink need to be cleaned? Every day this week, work together to cross as many things off the list as you can during helping time!
1:00-1:30pm	Connect	<p>Connect with friends or family members from a digital platform (like Facetime or Zoom) or make something to send in the mail to someone you miss.</p> <p>This is a great time to share your folktales with friends or relatives. Read them the story, share it from memory, or act it out. If you want to make a set for your puppet show, here's a way to do it <a href="#">with a cardboard box</a> if you have one laying around!</p>
1:30-2:30pm	Creative Time	<p><b>Options:</b></p> <ul style="list-style-type: none"> <li>• Create a fairy trail or fairy garden outside or inside in a small box.</li> <li>• Use Legos to make a castle that would be the perfect setting for a fairytale.</li> <li>• Most families have at least one recipe that has been passed down through the generations just like folktales. Share these</li> </ul>

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		recipes, the stories you can connect to them, and if you have ingredients on hand, maybe make it together!
2:30-3:30	Universal Design for Learning!	<p>If your teachers sent you any work for STEM (science or math), review that work and complete it at this time. When you are done, or if you don't have anything on your to-do list, check out the resources that follow.</p> <p>Today, you will learn all about fables and folktales. The folktale, <a href="#">One Grain of Rice: A Mathematical Folktale</a> is a great story to teach exponential growth. Either read aloud to kids or have them read it independently or aloud to one another. After they are done, choose one or more activities below to help kids learn more about exponential growth.</p> <p><b>Options:</b></p> <ul style="list-style-type: none"> <li>• If you want your kids to experience exponential growth, here is <a href="#">an activity, using Legos</a>, based on the folktale above.</li> <li>• For students in grade 5-8, there is a great <a href="#">Cyberchase activity</a> on PBS learning media, where students are introduced to a problem that gives them a sense of how quickly exponential growth accrues.</li> <li>• This site, Population Education has <a href="#">a great riddle for learners</a> to solve about a son asking his dad for an allowance. Provide access to calculators and let kids try to figure it out!</li> </ul>
3:30-4:00	Free Reading	If you fell in love with folktales and fables, keep reading them. If not, choose a good book and snuggle up inside or outside to get lost in that book for a half-hour. Have little ones that aren't readers yet? Ask them to "read" the pictures to tell a story or listen to an audiobook on a free platform.
4:00 - 5:30pm	Outside/Indoor Playing	This is kid time (i.e, Parents check email or chat on the phone time). Time to run free! Start a game or join one your sibling wants to play.
5:30-6:00pm	Dinner	Devices not allowed during dinner! Eat together and share highs and lows from the day.
6:00-6:30pm	More fresh air	<b>Options:</b> Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	<ul style="list-style-type: none"> <li>• You can use technology if you were cooperative with everything else during the day. Consider watching a Disney fairy tale like Cinderella or Snow White.</li> <li>• Everyone has to take a shower to clean off germs during this window.</li> <li>• 8:30pm bedtime!</li> </ul>

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