



Novak/Sancinito Learning Day from Home

Day 17: Tuesday, April 7, 2020

We are two Mommas/educators trying to support the continuation of learning in our homes. Join us!

Time	Task	Details
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9.
9:00-9:30am	Get moving!	Today we are focused on all things art! To get moving, you can go for a morning walk or explore the art of movement by participating in one of these fun options! Options: <ul style="list-style-type: none">• Do an Emoji dance! Raise a flashcard or share a pic of an emoji on the phone, and kids need to dance to the theme of that emoji. Pick music that matches the mood or emotion of the emojis. For example, play a peppy number for a 'happy' emoji and some slow music for a 'sad' emoji.• Play freeze dance! Play your favorite music and when it pauses, everyone has to freeze until the music starts up again.• Work on balance as you're dancing. Have kids place a book over their heads before the music is played. As the music starts, they need to dance and balance the book without letting it fall on the ground.
9:30-11:00am	Universal Design for Learning! Theme: All Things Art!	If your teacher shared any work for ELA or social studies, dive in now. If time remains, take time to explore and appreciate the arts through literacy. Options: <ul style="list-style-type: none">• Travel to Paris, France to see amazing works of art at The Louvre with this virtual field trip.• This Art Adventure lesson from PBS kicks off with a short video and then kids transform their living space into an outdoor area, inspired by Pinkalicious-Peterrific!• Watch an episode of lunch doodles with Mo Willems and think about how art and writing go together to create beautiful books! After watching, try creating your own story with pictures.• Music exploration. What is your favorite song? Listen to it while examining the lyrics. What does the song mean? What was the artist trying to express? Draw a picture, take a

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		<p>photograph, or make up a dance that helps express the meaning of the song.</p> <ul style="list-style-type: none"> ● Artist Deep Dive. Read about or explore the work of one of the artists below. Next, take out your art supplies and try to mimic the artist's style or write an artist statement of your own. <ul style="list-style-type: none"> ○ Charles Phillipe Jean Pierre - View Work Artist Statement ○ Banksy - Read this article from Newsela Artist Bio ○ Frida Khalo - View work Video Bio ○ Andy Yoder - View Work Artist Statement ○ Faith Ringold - View Work Artist Bio ○ Pablo Picasso - View Work Video Bio ○ Jeff Lemire - View Work Artist Bio ○ Vincent Van Gogh - View Work Video Bio ● Poetry is both art and writing. Explore what a haiku is and then use your creativity to write a haiku and build a haiku tunnel book. Possible topics for your haiku: <ul style="list-style-type: none"> ○ Your backyard or park ○ The view from your window ○ Your pet ○ Your favorite food ○ Remember, while haiku poems are <i>often</i> about nature they don't have to be about nature!
11:00-12:00	Free Time/Recess	<p>Decide as a family if free time/recess is best before or after lunch. Free time is when the kids are in charge. All screen-free choices are honored here.</p> <p>Options:</p> <ul style="list-style-type: none"> ● Arts & crafts ● Sports ● Board games & puzzles ● Reading ● Nature walk or playing outside
12:00-12:30pm	Lunch	Everyone has to eat at least one fruit and one veggie!
12:30-1:00pm	Helping Job	Look inside and outside your home. Make a to-do list of all the little projects that need to get done. Do you have a garden bed that needs weeding? A nail that needs pounding in? Does your sink need to be cleaned? Every day this week, work together to cross as many things off the list as you can during helping time!
1:00-1:30pm	Connect	Connect with friends or family members from a digital platform (like Facetime or Zoom) or make something to send in the mail to someone you miss.
1:30-2:30pm	Creative Time	<p>Options:</p> <ul style="list-style-type: none"> ● Take some time to create some land art. Take pics and share them on social media! ● Consider doing some nature weaving. When you are done, hang your creations on your front door like a wreath. ● Try your hand at Shadow Art!

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		<ul style="list-style-type: none"> • Make an erupting car wash. • Try Pixel Art on ABCya.
2:30-3:30pm	Universal Design for Learning!	<p>If your teachers sent you any work for STEM (science or math), review that work and complete it at this time. When you are done, or if you don't have anything on your to-do list, check out the resources that follow.</p> <p>Options:</p> <ul style="list-style-type: none"> • Spirolaterals are a great math/art activity to teach patterns, sequencing, and multiplication. • Create a Tessellation • Time for Geometry! Using construction paper, cut out some of the shapes you see when you walk around your neighborhood. Mix them together and use glue to make your own landscape. Do you want your neighborhood collage to be realistic or imaginary? To be simple or busy? • The Peg + Cat Paint-A-Long game teaches kids basic shapes and encourages them to create shape-based art. • Watch this video, "What is DNA?" Next, try to draw a double helix, a cell, or some of the amino acid shapes. For extra fun, turn your cells or amino blobs into monsters.
3:30-4:00pm	Free Reading	Reading is so important. Get lost in a book.
4:00 - 5:30pm	Outside/Indoor Playing	This is kid time (i.e, Parents check email or chat on the phone time). Time to run free! Start a game or join one your sibling wants to play.
5:30-6:00pm	Dinner	Devices not allowed during dinner! Eat together and share highs and lows from the day.
6:00-6:30pm	More fresh air	Options: Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	<ul style="list-style-type: none"> • You can use technology if you were cooperative with everything else during the day. • Everyone has to take a shower to clean off germs during this window. • 8:30pm bedtime!

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