



Novak/Sancinito Learning Day from Home

Day 19: Thursday, April 9, 2020

We are two Mommas/educators trying to support continuation of learning in our homes. Join us!

Time	Task	Details
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9.
9:00-9:30am	Get moving!	Options: <ul style="list-style-type: none">• Today, if you go on a walk - try to listen to all the animals communicating. Can you hear dogs barking? Bird tweeting? Crickets chirping? Listen carefully and take note of all the animals you hear. What do you think they are trying to say?
9:30-11:00am	Universal Design for Learning! Theme: The Power of Communication	If your teacher shared any work for ELA or social studies, dive in now. Do you know that all living beings crave connection and communicate with each other. Sometimes, it's a little isolating being here in our house because we miss our friends and families, but we are lucky that we can still communicate with them. Today, we're going to focus on the power of communication, why communication is so important, and learn some pretty amazing things about how other living things communicate. Options: <ul style="list-style-type: none">• It is so important to communicate our feelings to others - but first, we have to understand all the core emotions we have. Use Brene Brown's list of core emotions to talk about feelings with kiddos. The following activities provide options for expression:<ul style="list-style-type: none">○ Write each of the core emotions on a piece of paper or index card. Play a game where you take turns acting out what the emotion looks like, or share scenarios that would make you feel that way.○ Draw an emoji next to all the core emotions or draw pictures that represent the emotions.○ Read a stack of books. After reading each book, discuss the characters emotions by using Brown's list as a scaffold. What was the emotion the character was feeling? Why?• Here are some great activities to help young kids learn how to read body language. Some great ideas from Understood.org

If you have any questions:

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		<ul style="list-style-type: none"> • Read this Newsela article (remember you can adjust the reading level) about how animals always take turns when they are talking! • Introduce your kiddo to another language to communicate through the Duolingo app. With the app, children can explore and learn many different languages ranging from Spanish and French to Russian and Vietnamese. Download Duolingo in the iTunes App Store and Google Play Store. • PBS Learning Media has four great resources for learning more about animal communication. Check them out. There is even a birdsong quiz! • Teach kids one of these five (5) secret codes to communicate in a secret letter!
11:00-12:00	Free Time/Recess	<p>Decide as a family if free time/recess is best before or after lunch. Free time is when the kids are in charge. All screen-free choices are honored here.</p> <p>Options:</p> <ul style="list-style-type: none"> • Play a good ole' fashioned game of "Telephone," where you whisper in someone's ear and they communicate what they heard to the next person, and the next person until the message gets all jumbled! • Sports • Board games & puzzles: There are great board games that embrace language and communication: Think Taboo, Headbandz, Scrabble Jr,... • Reading • Nature walk or playing outside
12:00-12:30pm	Lunch	Everyone has to eat at least one fruit and one veggie!
12:30-1:00pm	Helping Job	Look inside and outside your home. Make a to-do list of all the little projects that need to get done. Do you have a garden bed that needs weeding? A nail that needs pounding in? Does your sink need to be cleaned? Every day this week, work together to cross as many things off the list as you can during helping time!
1:00-1:30pm	Connect	Connect with friends or family members from a digital platform (like Facetime or Zoom) or make something to send in the mail to someone you miss. Consider using one of the secret codes you learned about!
1:30-2:30pm	Creative Time	<p>Options:</p> <ul style="list-style-type: none"> • Play a game of Picture-Telling. Have a variety of pictures for each child. Give each a time limit and let them describe what they see in story form. • Communicate how you're feeling with arts and crafts! Maybe review some of Brene Brown's core emotions for inspiration as you create.
2:30-3:30	Universal Design for Learning!	If your teachers sent you any work for STEM (science or math), review that work and complete it at this time. When you are done, or

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		<p>if you don't have anything on your to-do list, check out the resources that follow.</p> <p>Have you ever heard of math talk? Using communication in the classroom to represent, explain, justify, agree, and disagree shapes the way students learn mathematics and it's an incredibly important practice. Today, as you are practicing math in one of the following ways, make lots of time for math talk! These sentence stems are great to support math talk.</p> <p>Options:</p> <ul style="list-style-type: none"> • Have students play games and solve problems on Math Playground • Use Splash math to practice math facts • Greg Tang math has some awesome games to play. Don't forget to communicate your thought process through math talk! • For older students, here are some challenging math riddles. Give your kids one and see how they attack the problem!
3:30-4:00	Free Reading	When authors write books, they are communicating their stories to us. Sit and hear everything an author is telling you. Pay close attention to what you think the characters are feeling. How do you know?
4:00 - 5:30pm	Outside/Indoor Playing	This is kid time (i.e, Parents check email or chat on the phone time). Time to run free! Start a game or join one your sibling wants to play.
5:30-6:00pm	Dinner	Devices not allowed during dinner! Eat together and share highs and lows from the day. Be sure to communicate all you've learned!
6:00-6:30pm	More fresh air	Options: Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	<ul style="list-style-type: none"> • You can use technology if you were cooperative with everything else during the day. • Everyone has to take a shower to clean off germs during this window. • 8:30pm bedtime!

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