



Novak/Sancinito Learning Day from Home

Day 23: Wednesday, April 15, 2020

We are two Mommas/educators trying to support continuation of learning in our homes. Join us!

Today's lesson is inspired by the AMAZING work of kindergarten teacher, Kerry Sundholm and her lesson, [What is Weather?](#) For kindergarten students.

Time	Task	Details
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9.
9:00-9:30am	Get moving!	Before you get moving, start your day with this 3 minute mindfulness exercise from GoNoodle called Weather the Storm . Now that your mind has slowed down, get your body moving! Options: <ul style="list-style-type: none">You can have an "indoor recess" by dancing along with this It's Raining Cats and Dogs video from GoNoodle. It involves a lot of "high-fiving!"Koo Koo Kangaroo has a fun dance-along called Awesome Rainbows. After you're done, make a rainbow in chalk outside, or complete this Make A Rainbow science activity. All you need is a glass of water and a flashlight.Go for a walk around the neighborhood. Notice the clouds and the weather. Compare it to the weather yesterday and make predictions about the weather tomorrow.
9:30-10:30am	Universal Design for Learning! Theme: Weather!	If your teacher shared any work for ELA or social studies, dive in now. If not, take some time to learn more about the weather! Newsela has a great text set of articles about the weather (free login and access). Choose one or more, change the reading level so it's perfect, and dive in. Options: <ul style="list-style-type: none">Go through your books and find all the ones about weather. Here are some great digital ones:<ul style="list-style-type: none">Al Gore reads "Brave Irene" about a little girl who braves a snowstorm.The International Children's Library has Vayu, the Wind

If you have any questions:

Katie Novak, @katienovakudl, katie@novakeducation.com

Alison Sancinito, @Teach_Sancinito, Alison_Sancinito@gmail.com

		<ul style="list-style-type: none"> ○ You can borrow Weather: Poems for All Seasons from the Open Library ● Play Sid the Science Kid's, "Weather Surprise" ● Play Dress for the Weather on abcya! ● Older students can play Weather Dog (grades 3-8) and answer weather related trivia. ● Watch short video clips, like Peep and the Big Wide World's episode on Stormy Weather, on types of weather. ● Share pictures of different weather and ask kids to draw what they would wear and do in that weather.
10:30-12:00	Free Time/Recess	<p>Decide as a family if free time/recess is best before or after lunch. Free time is when the kids are in charge. All screen-free choices are honored here.</p> <p>Options:</p> <ul style="list-style-type: none"> ● Arts & crafts ● Sports ● Board games & puzzles ● Reading ● Nature walk or playing outside
12:00-12:30pm	Lunch	Everyone has to eat at least one fruit and one veggie!
12:30-1:00pm	Organizing Time!	<p>This week, we are going to go through the house and organize places we don't normally organize. These are usually highly trafficked areas that we don't stop and organize. The following are options - but be on the lookout for other places too:</p> <ul style="list-style-type: none"> ● Arrange all your books by the color of the binding like this. ● Help to organize bathroom, kitchen, or junk drawers. ● Go through clothes and put aside the ones that don't fit anymore to give to younger siblings to donate. ● Go through all your socks and find matches. The ones without matches may make great sock puppets during creative time! ● Take some time and organize all your toys. When you find broken pieces or toys you don't use anymore, create piles for trash and donate.
1:00-1:30pm	Connect	Connect with friends or family members from a digital platform (like Facetime or Zoom) or make something to send in the mail to someone you miss. If you call someone far away you can ask about the weather and compare it to your own!
1:30-2:30pm	Creative Time	<p>Options:</p> <ul style="list-style-type: none"> ● Create a cloud classification craft ● Have some paint? Make these homemade windchimes.
2:30-3:30	Universal Design for Learning!	If your teachers sent you any work for STEM (science or math), review that work and complete it at this time. When you are done, or if you don't have anything on your to-do list, check out the resources that follow.

If you have any questions:

Katie Novak, @katienovakudl, katie@novakeducation.com

Alison Sancinito, @Teach_Sancinito, Alison_Sancinito@gmail.com

		<p>Mystery Science has some great lessons on weather. There are six (6) lessons to choose from - each with its own video with Mystery Doug (free with login). Once you're done, choose one of the activities that follows to share what you're learned about the weather.</p> <p>Options:</p> <ul style="list-style-type: none"> • Make a weather report. Provide Scaffolds for younger learners: I Am a Weather Reporter Form <ul style="list-style-type: none"> • Today is a ___ day. • The sky is ___. • The clouds are ___ clouds. • They look ___. • It ___ raining right now. • The current temperature is ___ degrees. • The wind is _____. • Draw a picture of different types of weather and draw the types of activities that people do in that weather and what they wear. • Have dress up clothes or dolls with different clothing options and allow kids to choose a type of weather and put on the types of clothes that would be needed for that weather type. • Put out a bunch of dress up clothes including goggles and rain boots. Ask kids to dress up and role play what type of weather they are playing in.
3:30-4:00pm	Free Reading	Snuggle up with a good book!
4:00 - 5:30pm	Outside/Indoor Playing	This is kid time (i.e, Parents check email or chat on the phone time). Time to run free! Start a game or join one your sibling wants to play.
5:30-6:00pm	Dinner	Devices not allowed during dinner! Eat together and share highs and lows from the day.
6:00-6:30pm	More fresh air	Options: Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	<ul style="list-style-type: none"> • You can use technology if you were cooperative with everything else during the day. • Everyone has to take a shower to clean off germs during this window. • 8:30pm bedtime!

If you have any questions:
Katie Novak, @katienovakudl, katie@novakeducation.com
Alison Sancinito, @Teach_Sancinito, Alison_Sancinito@gmail.com