

## Novak/Sancinito Learning Day from Home Day 24: Thursday, April 16, 2020

We are two Mommas/educators trying to support continuation of learning in our homes. Join us!

Time	Task	Details
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9.
9:00-9:30am	Get moving!	<ul> <li>Options:</li> <li>Get dancing to <u>If I Were Not a GoNoodler</u> to see what some of the GoNoodlers silly jobs would be.</li> <li>Use the <u>USPS route finder</u> to plug in your address. Check out your local postal carriers route and try to walk, run or bike it!</li> <li>Be the family trainer for the morning. Design a workout routine that everyone can do. Model the exercises and do them together.</li> <li>Follow along with this <u>kid dance teacher</u> who will teach you a Kidz Bop routine.</li> </ul>
9:30-10:30am	Universal Design for Learning! Theme: Career Day	<ul> <li>If your teacher shared any work for ELA or social studies, dive in now.</li> <li>What do you want to be when you grow up? We had dreams of being artists, writers, spies and lawyers! Before you get started on your career research, complete the following pre-research steps to get organized: <ul> <li>Generate a list of dream jobs with your family.</li> <li>Now write a list of your best character traits. Are you funny? Creative? This list will help you consider the career that might be best for you.</li> <li>Discuss how one career from your idea list best matches your strengths.</li> </ul> </li> <li>Do you know what it takes to get the job of your dreams? What do people in your dream job actually do? Take some time this morning to research careers from your list.</li> <li>Options: <ul> <li>Use NewsELA to search for more information on your dream job. Learn about the first woman to coach in the Superbowl, becoming a scientist, working as a Pixar animator or the work of an animal adoption agent. This text set has some options for you!</li> </ul> </li> </ul>

		<ul> <li>Little ones can explore the <u>"Imagine That" series</u> to see kids explore their dream careers.</li> <li>This <u>PBS episode on Careers</u> is perfect for elementary students looking for ideas. The video connects interests and skills to future jobs.</li> <li>Now it is time to show off your skills to a future employer. Reflect on your strengths and what you learned from your research to get your dream job with the options below.</li> <li><b>Options:</b> <ul> <li>Write a resume using one of the <u>Canva templates</u>. Be sure to highlight your best skills!</li> <li>Make a video for your dream employer to highlight your strongest character traits and why you would be a good fit for a job.</li> <li>Are you interested in a career in art, science or sports? Show a sample of your work! Create something to share with your new employer to demonstrate your skills.</li> <li>Make a verbal pitch for the job. Prepare some notes and pitch an argument to a family member why you would be the best candidate for your dream job.</li> </ul> </li> </ul>
11:00-12:00	Free Time/Recess	Decide as a family if free time/recess is best before or after lunch. Free time is when the kids are in charge. All screen-free choices are honored here.
12:00-12:30pm	Lunch	Working at a restaurant is hard work. Time to take the lunch orders! Kids are in charge at lunch today for everything from designing the menu choices, setup, cooking and cleaning.
12:30-1:00pm	Helping Job	Look inside and outside your home. Make a to-do list of all the little projects that need to get done. Do you have a garden bed that needs weeding? A nail that needs pounding in? Does your sink need to be cleaned? Every day this week, work together to cross as many things off the list as you can during helping time!
1:00-1:30pm	Connect	Connect with friends or family members from a digital platform (like Facetime or Zoom) or make something to send in the mail to someone you miss.
1:30-2:30pm	Creative Time	<ul> <li>Options:</li> <li>Do you dream of being a builder? Try this <u>DIY wood catapult</u> or build your best architectural masterpiece with MagnaTiles, blocks or Legos</li> <li>If your strengths are in art or music, use this time to polish those skills for your future job. We love <u>Mo Willems Lunch Doodles</u> if you haven't tried it yet!</li> <li>Do you dream of being a singer or performer? This is your chance! Rehearse and share your show!</li> </ul>

2:30-3:30	Universal Design for Learning!	<ul> <li>If your teachers sent you any work for STEM (science or math), review that work and complete it at this time. When you are done, or if you don't have anything on your to-do list, check out the resources that follow.</li> <li>How does science and math impact the workplace? Many of our dream jobs combine science and math in creative and exciting ways. Today's options explore how math and science influence the work at Pixar. Pixar in a Box (a collaboration between Pixar and Khan Academy) is perfect for students grades (3-12). Each topic includes videos, math tutorials and skill practice for students.</li> <li>Options: <ul> <li>Learn about combinatorics like the swarm of robots in Wall-E.</li> <li>Learn about color science from animators, design directors and directors of photography.</li> <li>Learn about the geometry of sets and staging from Pixar's technical directors.</li> <li>Explore additional topics from Pixar in a Box here!</li> </ul> </li> <li>Options for K-3: <ul> <li>Do you want to be a teacher when you grow up? Time to play! Can you lead a math or science lesson with a younger sibling? No siblings around, record a teaching video to share with your teacher or someone you love!</li> <li>Do you want to be a game designer? Create a game that uses a math topic (strategy, visual spatial skills, counting, geometry). Your game can be a card game, board game or outdoor game.</li> </ul> </li> </ul>
		After exploring the options, share what you learned with your science or math teacher.
3:30-4:00	Free Reading	Do you want to be an astronaut? Check out this <u>StoryTime from Space</u> ! Real astronauts read stories from outer space.
4:00 - 5:30pm	Outside/Indoor Playing	This is kid time (i.e, Parents check email or chat on the phone time). Time to run free! Start a game or join one your sibling wants to play.
5:30-6:00pm	Dinner	Dream of being a chef? Help choose and cook tonight's dinner. Eat together and share highs and lows from the day.
6:00-6:30pm	More fresh air	<b>Options:</b> Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	<ul> <li>You can use technology if you were cooperative with everything else during the day.</li> <li>Everyone has to take a shower to clean off germs during this window.</li> <li>8:30pm bedtime!</li> </ul>