



# Novak/Sancinito Learning Day from Home

## Day 26: Farming

We are two Mommas/educators trying to provide options and supports for universally designed remote learning. Join us!

Time	Task	Details
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9.
9:00-9:30am	Get moving!	<b>Options:</b> <ul style="list-style-type: none"><li>• <a href="#">Dance with a chicken</a> to some amazing Techno!</li><li>• Join <a href="#">Cosmic Kids yoga on the farm</a></li><li>• Go outside and plant some fruits and veggies for your garden. Digging is great exercise!</li><li>• Play orange toss! Put a bowl on the ground and toss an orange (or any other fruit or veggie - just be sure not to waste - toy food or balls work too!) from 5 feet back, 10 feet back, 15 feet back. How far can you go and still get your fruit in the bowl? When you're done with the game, enjoy fresh fruit!</li></ul>
9:30-10:30am	Universal Design for Learning!  Farming	If your teacher shared any work for ELA or social studies, dive in now. Right now, many farmers are facing significant challenges because of COVID-19. It's a great time to  <b>Options to learn:</b> <ul style="list-style-type: none"><li>• This Newsela text set on <a href="#">Farming Challenges</a> (free right now) helps students to see the power of innovation and problem finding/solutions when it comes to getting food on our tables! There are 3 articles to choose from! You can change the reading level or translate to Spanish. We love the article, "Mars Inc. looks into truck mishap that spilled Skittles destined for cattle." Note that there are activities that go along with each of these articles!</li><li>• <a href="#">GetEpic</a> has an amazing collection of books (audio and ebooks!) about farming. The collection includes titles about Free Range Farming and Eating Local, among hundreds of other titles.</li><li>• Watch <a href="#">this video of Ben talking about why he wants to be a farmer!</a></li></ul> <b>Options to express what you learned:</b>

If you have any questions:

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		<ul style="list-style-type: none"> <li>• See if there is a local CSA (community supported agriculture) where local families can buy a small “share” of a local farm and pick up fresh produce each week. If there is one around you, consider signing up for a share this summer or simply send them a note or email thanking them for providing local produce for families.</li> <li>• Write a story or children’s book that takes place on a farm. Maybe illustrate, do a real aloud and then send the video to family and friends.</li> </ul>
10:30-12:00	Free Time/Recess	<p>Decide as a family if free time/recess is best before or after lunch. Free time is when the kids are in charge. All screen-free choices are honored here.</p> <p><b>Options:</b></p> <ul style="list-style-type: none"> <li>• Arts &amp; crafts</li> <li>• Sports</li> <li>• Board games &amp; puzzles</li> <li>• Reading</li> <li>• Nature walk or playing outside</li> </ul>
12:00-12:30pm	Lunch	Everyone has to eat at least one fruit and one veggie!
12:30-1:00pm	Organizing Time!	<p>This week, we are going to go through the house and organize places we don’t normally organize. These are usually highly trafficked areas that we don’t stop and organize. The following are options - but be on the lookout for other places too:</p> <ul style="list-style-type: none"> <li>• Organize your fridge! What comes from the farm? Can you organize items by the type of farm they come from? Dairy? Pasture? Fruits? Veggies? Etc.</li> <li>• Take charge of your garden shed. Create a place for potting tools, lawn tools, plant food, and pots.</li> <li>• Do you have an outdoor garden? Get it ready for spring by wedding the beds and turning over the soil. Organize what you will plant and where.</li> <li>• Find all the books about farming on your bookshelf and categorize them. Donate any that are below your reading level. What other categories can you categorize your book into?</li> <li>• Do you have a collection of trucks? Plows, backhoes, tractors, and other big trucks are regularly used on farms! Collect them all, toss those with loose or broken parts, donate those you have outgrown, and organize the rest!</li> </ul>
1:00-1:30pm	Connect	Connect with friends or family members from a digital platform (like Facetime or Zoom) or make something to send in the mail to someone you miss. Maybe connect and make travel plans for this summer!
1:30-2:30pm	Creative Time	<p><b>Options:</b></p> <p>Make art, try a new recipe or try out of the following farm themed ideas.</p>

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		<ul style="list-style-type: none"> <li>• If you have a printer, play <a href="#">Breed Scramble</a>. Find pictures of common cattle breeds online (Examples: Angus, Hereford, Charolais, Brahman, and Shorthorn). Print 8x10 sized pictures. Cut them into puzzle shaped pieces. After all the puzzles are put together, tell students the name of each breed. Explain that some breeds of cattle do better in different environments and each have different traits.</li> <li>• If you don't have a printer, look up the breeds online draw the pictures and then make the puzzle!</li> <li>• <a href="#">Make fruit &amp; veggie art</a>. Create a masterpiece from fruits and veggies and then gobble it up as an afternoon snack.</li> <li>• Choose your favorite farm animal. Using materials you find around your house (boxes, crayons, paper plate, paper towel rolls, paints, newspaper - be creative), create a costume for yourself to look like that farm animal.</li> </ul>
2:30-3:30	Universal Design for Learning!	<p>If your teachers sent you any work for STEM (science or math), review that work and complete it at this time. When you are done, or if you don't have anything on your to-do list, check out the resources that follow.</p> <p>Farming is an incredible science. Choose one of the resources below to learn more.</p> <ul style="list-style-type: none"> <li>• Mystery Science (free right now) has an amazing lesson that helps kids answer the question, "<a href="#">How do you make the biggest fruit in the world.</a>" Meet Mystery Doug and try to solve the mystery of food engineering!</li> <li>• You could also learn more about Dust Bowl Disasters and their impact on agriculture in this <a href="#">Mystery Science lesson</a>.</li> <li>• In this game from WGBH (a PBS station), <a href="#">City Farm</a>, players learn about sustainable practices by growing crops, protecting them against unforeseen problems, and determining how best to conserve resources in this interactive game from WGBH.</li> <li>• <a href="#">Make Your Own Rain Gage!</a> Have you ever wondered how much it rains at your house? Or maybe you want to know just how much water is coming from your sprinkler. Now you can find out by creating your own rain gauge.</li> <li>• <a href="#">Make a mini-greenhouse</a>. This is an activity that is fun to do at home with your family. Farmers around America steward the land, which means they take care of it! You'll learn to take care of the land today as you create your very own miniature greenhouse using recycled products!</li> </ul>
3:30-4:00	Free Reading	Snuggle up with a good book! Bonus points if you find one about farming!
4:00 - 5:30pm	Outside/Indoor Playing	This is kid time (i.e, Parents check email or chat on the phone time). Time to run free! Start a game or join one your sibling wants to play.
5:30-6:00pm	Dinner	Devices not allowed during dinner! Eat together and share highs and lows from the day.

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6:00-6:30pm	More fresh air	<b>Options:</b> Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	<ul style="list-style-type: none"><li>• You can use technology if you were cooperative with everything else during the day.</li><li>• Everyone has to take a shower to clean off germs during this window.</li><li>• 8:30pm bedtime!</li></ul>

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