



Novak/Sancinito Learning Day from Home

Day 11: Monday, March 30, 2020

We are two Mommas/educators trying to support continuation of learning in our homes. Join us!

Time	Task	Details
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9.
9:00-9:30am	Get moving!	<p>Outdoor Option:</p> <ul style="list-style-type: none"> Just like in the rainforest, your community is made of creatures big and small. Take a nature walk this morning and observe the world around you. Who are the quiet creatures? Who are the noisy creatures? Who are the big creatures? Small creatures? <p>Indoor Option:</p> <ul style="list-style-type: none"> You and Koo Koo Kangaroo can save the rainforest in Superheroes Unite!
9:30-10:30am	Universal Design for Learning! Theme: The Rainforest	<p>The Rainforest</p> <p>If your teachers sent you any work for STEM (science or math), review that work and complete it at this time. When you are done, or if you don't have anything on your to-do list, check out the resources that follow.</p> <p>Today, we are going to learn about the rainforest. Time to get curious! Activate this lesson with a discussion about what you already know about the rainforest. Next, jot down any questions you might have as a family or individually. Use your own curiosity questions to guide your learning.</p> <p>Conservationists say that if we learn about the rainforest's importance, then we will be able to better help keep the habitats and ecosystem safe. Use your curiosity questions and the optional resources below to learn more:</p> <p>Options</p> <ul style="list-style-type: none"> Build your understanding of the rainforest with National Geographic for Kids reading, images and video (K-2). Learn more about the many species living in the rainforest in the animal profiles from the Rainforest Alliance.

If you have any questions:

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		<ul style="list-style-type: none"> ● Explore this collection of short stories to learn more about the students and communities that call the rainforest home. ● Explore the rainforest with this video from SciFi Kids. ● Does being around trees help people feel good? This article from Scientific America explores this idea. (read aloud or 6-8) ● Take a virtual tour of the rainforest with this tool. Try to complete the scavenger hunt (printable)!
11:00-12:00	Free Time/Recess	Decide as a family if free time/recess is best before or after lunch. Free time is when the kids are in charge. All screen-free choices are honored here.
12:00-12:30pm	Lunch	Everyone has to eat at least one fruit and one veggie!
12:30-1:00pm	Helping Job	Last week we learned about how every person can be a leader. You can make your home, school and community strong. Find a problem that needs fixing in or around your home. Offer to help, find a solution and make it happen!
1:00-1:30pm	Connect	Can you think of a fun way to connect with the people you love? Start a “pass it on” dance video or send out pieces of art. If it’s nice out and you have sidewalk chalk, write inspirational messages on your driveway or sidewalk.
1:30-2:30pm	Creative Time	Let your imagination lead the way! Options: <ul style="list-style-type: none"> ● Make a rainstick using this tutorial. Some parental guidance needed! ● Here are some printable rainforest coloring pages.
2:30-3:30	Universal Design for Learning! Robots are Taking Over!	If your teacher shared any work for ELA or social studies, dive in now. Now that you are done, we call you to action! Spread the word about the importance of the rainforest to help keep them safe. Options: <ul style="list-style-type: none"> ● Add facts and important information to your chalk walk designs. Make a special chalk walk display for neighbors to see to learn more about the rainforest and to spread awareness. Use 3-5 important key terms from your research. ● Deforestation is back on this rise in the rainforest. Do what you can through art, writing or another creative force to bring this issue to the attention of others. ● Review your notes from the morning and record a video explaining why we should care more about the rainforests. Send your video to your teacher and a friend. ● Look around and find items in your home that originated in the rainforest. Read about all the things we have because of the rainforest. Let an audience know through video, art or writing what might change if the rainforests disappear. ● Tell the story of a child living in the rainforest or an informational text about the rainforest using BookCreator, this storyteller paper or these printable comic book templates.

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3:30-4:00	Free Reading	Imagine you are under the canopy of the rainforest... Try to make your own canopy out of sheets and blankets and snuggle up with a good book. Add these relaxing rainforest sounds in the background.
4:00 - 5:30pm	Outside/Indoor Playing	This is kid time (i.e, Parents check email or chat on the phone time). Time to run free! Start a game or join one your sibling wants to play.
5:30-6:00pm	Dinner	Devices not allowed during dinner! Eat together and share highs and lows from the day.
6:00-6:30pm	More fresh air	Options: Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	<ul style="list-style-type: none"> • You can use technology if you were cooperative with everything else during the day! Everyone has to take a shower to clean off germs during this window. • 8:30pm bedtime!

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