



Novak/Sancinito Learning Day from Home

Day 9: Thursday, March 26, 2020

We are two Mommas/educators trying to support continuation of learning in our homes. Join us!

Time	Task	Details
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9.
9:00-9:30am	Get moving!	Outdoor Option: <ul style="list-style-type: none">Time for a game of Follow the Leader. Take out bikes, scooters or head out for a hike. Take turns leading the way and choosing the path. Even the little ones get a turn to lead! Indoor Option: <ul style="list-style-type: none">This video will lead you through a game of Move and Freeze.Follow the leader of Cosmic Kids Yoga on a Bear Hunt!Put on Count On Me by Bruno Mars and have a quick dance party!
9:30-11:00am	Universal Design for Learning! Theme: Who's In Charge?	Leadership & Change Today, we're going to learn about today's leaders and leaders from history. Many of the resources include young leaders just like you!. Listen to this read aloud of Say Something from Peter Reynolds to get inspired (read aloud starts around 11 minutes in). Discuss the following questions with your kids to activate prior knowledge: <ul style="list-style-type: none">What makes a good leader?Do you know someone who's a leader? What traits or qualities does this person have? List them together. How does change happen? Review these civics games from iCivics to learn more about how our government works. Try <i>Responsibility Finder</i> and <i>Represent Me!</i> Have an elevator chat (2 min) with someone about what you learned. Everyone can be a leader! Explore the options below to learn more. Kids choose! Options: <ul style="list-style-type: none">Read about 9 Young Leaders Making a Difference Worldwide from Voice of Youth. Sketchnote or draw the qualities of these inspirational kids.

If you have any questions:

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		<ul style="list-style-type: none"> • Watch this video from civil-rights activist Ayanna Najuma called How Kids Changed the World (Scholastic). What surprised you? What did you learn? What more do you want to know? Discuss your responses to these questions and use additional time to learn more about the civil right movement. • Watch this video and read the news story about how one community in Arizona is leading the way with kindness. This article features a mom in New Hampshire who started “Hearts for Healthcare Workers.” Feeling inspired? Write a list of things you can do in your own community to brighten someone’s day. • What does a president do? This e-book from Scholastic (k-1) has audio tools. Sit with a parent or sibling and share what you learned. • Listen to Vashti Harrison read aloud about Mary Blair (K-3) from Little Leaders. Print out and complete these Visionary Women activity sheets from Harrison’s website. Do a little additional research to complete the task. • Watch this talk from one of our favorite authors, Andrea Beaty. She talks about the creation of some of her bestsellers like Ada Twist, Scientist and then starts a read aloud of her recent book Sofia Valdez Future Prez (around 11 minutes in). This beautiful book celebrates the power in all of us to change the world. Write or draw the steps Sofia took to make change happen in a comprehension retell of the book.
11:00-12:00	Free Time/Recess	Decide as a family if free time/recess is best before or after lunch. Free time is when the kids are in charge. All screen-free choices are honored here.
12:00-12:30pm	Lunch	Everyone has to eat at least one fruit and one veggie! At lunch, have a chat about dinner plans. Kids lead the way! Pick a recipe that the kids can help cook and prepare for the family. Check out Recipes Kids Can Make from the Food Network
12:30-1:00pm	Helping Job	Leaders help others. This week we will complete a helping job each day. Empty the dishwasher, clean a room, vacuum, watch a younger sibling or help with the laundry. Add to this list based on what your family needs. Want to be a real leader in your family? Come up with your own problem that needs solving and get the job done!
1:00-1:30pm	Connect	If your teachers are checking in with you, take some time to respond. Also use this time to email your teacher or accept a Zoom invitation to connect. They definitely miss you! Parents and caregivers, this is also a good time to send a quick thank you to the fabulous educators working with your child. Go through your connect list from last week, place a call and connect with a friend.
1:30-2:30pm	Creative Time	Let your imagination lead the way! Options: <ul style="list-style-type: none"> • Watch Drawing With Vashti: How to Draw My Leaders and Dreamers. There are currently three parts to the lessons!

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		<ul style="list-style-type: none"> Lead the way with kindness.. Did you love the nature face challenge last week? If so, use creative time to make more faces and leave them out front to make neighborhood walkers smile!
2:30-3:30	<p>Universal Design for Learning!</p> <p>Take action!</p>	<p>Watch “What Makes An Awesome Leader?” from Kids President. What can you do to make this world more awesome? Think big, think small. Think about what is needed in your neighborhood, community, state, country or world. Lead the way!</p> <p>Options:</p> <ul style="list-style-type: none"> Develop a plan to help your friends, neighbors and community find some hope and happiness during this challenging time. Take inspiration from Arizona’s chalk walk! Get started on your plan and spread the word to those who can help. Sofia Valdez went to her local government to get things done. Write to a local government or school official asking them to consider something you believe is important in your community. Urge them to take action. Make a PSA on iMovie or a similar platform to draw attention to an important issue you care about (animals, environment, kindness). Share with people you know! Student choice! Have another idea on how to make the world better? Even a positive act for just one person can make a big difference.
3:30-4:15	Reading	Leaders are readers! Find a good book, snuggle under a cozy blanket or read to or with someone you love. Try Audible for easy access to hundreds of free books . Feeling sluggish? We love to snack and read:)
4:15 - 5:30pm	Outside/Indoor Playing	This is kid time (i.e, Parents check email or chat on the phone time). Time to run free! Start a game or join one your sibling wants to play. Good leaders also know when to follow!
5:30-6:00pm	Dinner	Kids turn to help cook. Lead the way at dinner tonight. Set the table and help clean up. Share highs and lows from the day.
6:00-6:30pm	More fresh air	Options: Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	<ul style="list-style-type: none"> You can use technology if you were cooperative with everything else during the day! Everyone has to take a shower to clean off germs during this window. 8:30pm bedtime!

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